

## TEAM REBEL AQUATICS SC 2020 MID-WINTER INVITE

Sanctioned by: USA Swimming & Southern California

Sponsored By: Team Rebel Aquatics

Date of meet: January 11-12, 2020

Warm Up: Sat./Sun. 7:30 am PM session after end of AM session

Sanction No. 20-002

Received by deadline: 5:00 pm, January 1, 2020

Start of Meet: Sat./Sun. 8:30 am and session not before 11:00 am

Open to all SCS Desert Committee Teams and out of SCS LSC Teams

**FACILITY:** Jim Reitz Pool at the University of Nevada, Las Vegas, NV

**DIRECTIONS:** The swim center is located at the northwest corner of the campus, accessible from Harmon/Swenson Ave. Parking is free on weekends. The natatorium is located in the MPE building complex. Entrance to the swimming pool is located on the North end of the pool.

**COURSE:** Indoor, 8-lane 25 yard course with adjacent 8 lanes 25 yard for warm up and warm down. The competition course has been certified in compliance with 104.2.2(C) and on file at USA Swimming. Pool depth: start end 7 ft., turn end 9 ft. A bulkhead is separating the competition and warm up/down pool.

**WARM-UP PROCEDURES:** All lanes will be open for USA Member Coach supervised warm-up and will begin at 7:30 am Saturday/Sunday. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes may be open 30 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3- point slide in entry into the pool for warm up. No jumping or diving.

**MEET REFEREE:** The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Cheryl Pearson at [cherylpearson.lv@gmail.com](mailto:cherylpearson.lv@gmail.com)

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on January 11, 2020 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 1000 Freestyle, events 91/92 are requested to furnish their own timers for three heats and lap counters in the 1000 Freestyle, events 91/92. Events will be swum fastest to slowest. Swimmer may swim a maximum of 5 events per day. **All coaches and officials on deck must complete the CDC or NFHS Concussion course.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet. Please see Tech Suit policy on the SCS website [www.socalswim.org](http://www.socalswim.org).

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to Desert Committee athletes who hold a 2020 USA Swimming Registration and out of SCS LSC teams. Registration application must be received by the entry due date by the meet processor, administrative referee or SCS office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meet, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry. **ALL athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING in order to compete.**

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a Club Transfer Form to the Swim Office. At the meet a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the best recorded times short course or long course from this or the preceding swim season (NO WORK OUT TIMES). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

**AWARDS:** Blue: Ribbons 1<sup>st</sup>-8<sup>th</sup> place. Red: Ribbons 1<sup>st</sup>-8<sup>th</sup> place. White: Ribbons 1<sup>st</sup>-8<sup>th</sup> place. No awards for Open or 13 and over. Ribbons may be requested only at the Admin Table.

**ENTRY FEES:** \$4.00 for each individual event along with a \$10.00 swimmer surcharge and a \$10.00 facility charge per swimmer. This must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (etry.zip file) will be accepted ONLY when received with an attached PDF file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

**ENTRIES CLOSE:** ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00 P.M, Wednesday January 1, 2020. IF THE MEET FILLS PRIOR TO THE DEADLINE ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card to the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

Make checks payable to Southern California Swimming.

MAIL ENTRIES TO: Kathy Guerrero, 1729 Navajo Lake Way, Las Vegas, NV 89128.

E-mail for team electronic entries only: [swimmernom05@gmail.com](mailto:swimmernom05@gmail.com)

Questions: please contact the Meet Processor or the SCS office at 310-684-1151

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Current USA Swimming rules, including Minor Athlete Abuse Prevention Policy (MAAPP) govern this meet.

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Saturday Morning					Sunday Morning					
Min Time	Warm Up 7:30 Start 8:30	Min Time		Min Time	Warm Up 7:30 Start 8:30	Min Time		Min Time		
SC yards		SC yards		SC yards		SC yards		SC Yards		
Girls	Event	Boys		Girls	Event	Boys				
1	7-10 100 IM	2		47	3:23.50	7-10 200 IM	3:24.50	48		
3	5-8 100 IM	4		49		5-8 100 FREESTYLE		50		
5	7-10 50 Breastroke	6		51		7-10 50 Backstroke		52		
7	5-8 25 Breastroke	8		53		5-8 25 Freestyle		54		
9	7-10 100 Butterfly	10		55		7-10 100 Freestyle		56		
11	5-8 50 Backstroke	12		57		5-8 50 Butterfly		58		
13	7-10 50 Freestyle	14		59		7-10 50 Butterfly		60		
15	5-8 50 Freestyle	16		61		5-8 25 Backstroke		62		
17	7-10 100 Backstroke	18		63		7-10 100 Breaststroke		64		
19	5-8 25 Butterfly	20		65		5-8 50 Breaststroke		66		
21	02:56.8	7-10 200 Freestyle	02:56.8	22		7-10 500 Freestyle		68		
You may swim 5-8 or 7-10 but no combination					500 swimmers must provide timers and counters					
Saturday Afternoon					Sunday Afternoon					
Min Time	Warm up begins after AM session	Min Time		Min Time	Warm up begins after AM	Min Time		Min Time		
SC yards	PM wil not begin prior to 11 AM	SC yards		SC yards	Session. PM not before 11	SC yards		SC yards		
Girls	Event	Boys		Girls	Event	Boys				
23	5:48.20	OPEN 400 iM	5:48.90	24		11-14 200 IM		70		
25		11-14 200 Freestyle		26		15 & up 200 IM		72		
27		15 & up 200 Freestyle		28		11-14 100 Freestyle		74		
29		11-14 100 Breastroke		30		15 & up 100 Freestyle		76		
31		15 & up 100 Breaststroke		32		11-14 50 Backstroke		78		
33		11-14 100 Butterfly		34		79	3:08.80	OPEN 200 Breastroke	3:09.0	80
35		15 & up 100 Butterfly		36		81		11-14 50 Butterfly		82
37	2:46.20	OPEN 200 Backstroke	2:51.40	38		83		11-14 100 IM		84
39		11-14 50 Freestyle		40		85		11-14 100 Backstroke		86
41		15 & up 50 Freestyle		42		87		15 & up 100 Backstroke		88
43	2:43.20	OPEN 200 Butterfly	2:47.40	44		89		11-14 50 Breastroke		90
45	6:24.60	OPEN 500 Freestyle	6:29.80	46		91	12:58.60	OPEN 1000 Freestyle	13:09.80	92
					Swimmers in the 500 and 1000 must provide their own timers and counters					