LVSC SPRINT FLING 2025

Sanctioned by: USA Swimming & Southern California Swimming

Sponsored By: LVSC of Desert Committee
Date of Meet: Friday, October 24, 2025
Warm-up: 4:30-5:05 pm Friday, October 24, 2025

Sanction No. S25-227

Entries Received by deadline: 5 pm Friday October 17, 2025

Start of Meet: 5:15pm Friday October 24, 2025

POOL: 101 S. Pavilion Center Pool, Las Vegas, NV 89144

DIRECTIONS: Pavilion Center Drive, off Charleston Blvd. Next to Palo Verde High School

<u>COURSE</u>: Competition will be held in short course yards. Indoor 50 meter x 25 yard pool with 6 competition lanes and 1 adjacent warm up lane. Depending on the number of entries, course may be expanded to 8 lanes with warmup/warmdown lanes available in the shallow end. The competition course has been certified in accordance with 104.3.2(C) on file with USA Swimming. Pool depth: start end 6'5" turn end 6'5"

MEDICAL SUPERVISION: Certified lifeguards provided by the facility will be available at this meet (Article 202.4.11.N)

<u>WARM-UP Procedures:</u> All lanes will be open for USA Swimming Member Coach supervised warm-up between 4:30-5:05 pm Friday (depending on number of entries, Friday warmup may be split). Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned and will open 30 minutes before the start of the meet. The pool will close 10 minutes before the start of the session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

<u>MEET REFEREE:</u> The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the Meet Referee, Will Freshour (<u>wfreshour@yahoo.com</u>).

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 Hour" rule for 12-under swimmers. This meet will be pre-seeded. Scratches should be submitted to host team by 5 pm on Thursday, October 23. All events are timed finals. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on October 24, 2025 to enter this meet. Timers are required to be provided by each team. Events will be swum fastest to slowest. Swimmer may swim a maximum of 4 events. All coaches and officials on deck must complete the CDC or NFHS Concussion course, and must complete the CANRA Mandatory Reporting course prior to the start of the meet. All persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

<u>DRONES:</u> Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

<u>SWIMWEAR:</u> Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with AQUA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech suits are NOT permitted at this meet for 12-Under swimmers.** Please see the Tech Suit Policy on the SCS website: <u>www.socalswim.org</u>

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

<u>DISABILITY</u>: Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

ELIGIBILITY: Open to LVSC and LIFE athletes who hold 2025/2026 USA Swimming Registration. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. Out of LSC entries will be accepted space available; please submit a copy of registration with entry. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (APT) prior to the start of the meet in order to compete. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302 of the USA Swimming Rules and Regulation.

<u>CHANGE OF AFFILIATION:</u> Club transfers (unattach or attach) can only be completed online in SWIMS 3.0 At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0.

<u>SUBMITTED TIMES</u>: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim seasons (**NO WORK OUT TIMES**). For seeding purposes only, after entries close, Meet Administration may convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Ribbons 1st-8th will be awarded for Boys/Girls by age groups:8&under, 10&under, 11-12, 13&Over. 10&under events will <u>not</u> award separately for 8&under <u>swimmers</u>. However, 8&under <u>events</u> (3, 6, 9, 14, 17) will be awarded separately.

ENTRY FEES: \$5.00 for each individual event along with a \$10.00 surcharge per swimmer must accompany each individual entry card. Outreach athletes are \$15.00 flat fee for the meet. Teams must provide proof of outreach athlete status by including a copy of their team roster when submitting entries. NO REFUNDS. Returned checks will incur a service fee.

ENTRIES SUBMISSIONS: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, FRIDAY, October 17, 2024. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

E-mailed entry (entry. zip file) will be accepted ONLY when received with an attached PDF file <u>including electronic signature</u> of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) is due to the meet admin before warm-up of the first session. Failure to comply will be referred to the Board of Review. Team entry updates (added events) will be processed when received by the meet processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (including e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE PERMITTING. DO NOT RE-SEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

If entering individually, emailed or texted entries are not accepted. Please enter using the SCS Individual Meet Entry Form. Entries are accepted, SPACE PERMITTING, when the entry is received TOGETHER with a check, money order or cash, by the meet processor.

Make Checks Payable to LAS VEGAS SWIM CLUB

E-Mail Entries to: Kyle Dawidian

kdawidian003@gmail.com

The Meet Referee will be in charge of this meet, any questions regarding the conduct of the meet should be directed to the Meet Referee.

Meet Director: Katey Carlson, coachkateylvsc@gmail.com

Meet Referee: Will Freshour, wfreshour@yahoo.com

Admin Referee/Meet Processor: Kyle Dawidian, kdawidian003@gmail.com

SCS office (310-684-1151)

USA SWIMMING MEET 360:

Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership

During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted.

Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit www.usaswimming.org/report

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Current USA Swimming rules, including the current Minor Athlete Abuse Prevention Policy govern this meet.



Sprint Fling 2025 Order of Events

Event #	Age Group	Event Name
1	Mixed 11 & over	100 Free
2	Mixed 10 & under	100 Free
3	Mixed 8 & under	50 Free
4	Mixed 11 & over	50 Fly
5	Mixed 10 & under	50 Fly
6	Mixed 8 & under	25 Free
7	Mixed 11 & over	50 Back
8	Mixed 10 & under	50 Back
9	Mixed 8 & under	25 Breast
10	Mixed 11 & over	100 IM
11	Mixed 10 & under	100 IM
12	Mixed 11 & over	50 Breast
13	Mixed 10 & under	50 Breast
14	Mixed 8 & under	25 Back
15	Mixed 11 & over	50 Free
16	Mixed 10 & under	50 Free
17	Mixed 8 & under	25 Fly
18	Mixed 11 & over	100 Back
19	Mixed 10 & under	100 Back
20	Mixed 11 & over	100 Breast
21	Mixed 10 & under	100 Breast
22	Mixed 11 & over	100 Fly
23	Mixed 10 & under	100 Fly
24	Mixed 11 & over	500 Free

Additional Notes:

8 &under swimmers may compete in both 8&under and 10&under events in any combination, but will not be awarded separately for 10&under events

UPDATED: 9/20/2025