



# 2013 Pacific Committee Short Course A/G Championship Hosted by: Rose Bowl Aquatics

Meet Date: February 22-24, 2013    Entry Due Date: Wednesday February 13, 2013

**FRIDAY February 22, 2013** - All events are swum and awarded as Timed Finals. Two courses will run concurrently. The Girls' course is on the south side of facility and the Boys' course is the north side of facility. 400 IM and 1650 Freestyle will be contested combined fastest to slowest, but awarded 11-12, 13-14 and 15 & UP.

## FRIDAY – February 22, 2013 - 3:30 PM WARM UP – 4:30 PM START

South Course - GIRLS					North Course - BOYS				
EV#	MAX TIME	EVENT	AGE			AGE	EVENT	MAX TIME	EV #
1	5:08.78	400 IM	11-12			11-12	400 IM	5:03.92	2
	4:44.35	400 IM	13-14			13-14	400 IM	4:29.33	
	4:32.00	400 IM	15 & OV			15 & OV	400 IM	4:08.52	
3		500 Freestyle	5-10			5-10	500 Freestyle		4
5	20:05.38	1650 Freestyle	11-12			11-12	1650 Freestyle	20:06.69	6
	18:26.30	1650 Freestyle	13-14			13-14	1650 Freestyle	17:36.55	
	17:48.04	1650 Freestyle	15 & OV			15 & OV	1650 Freestyle	16:14.95	

**SATURDAY and SUNDAY -February 23-24, 2013** - All Individual events will be swum Heats and Finals. The 5-10 and 11-12 individual events will be contested on the South course of the facility. All combined events (11-12/13-14 and 15 & OV) will be contested on the North course of facility. A Consolation heat of 8 and a Championship Final heat of 8 will be swum in the Final session for each individual event, except the 11-12, 13-14, and 15&over 500 Freestyle events, which will have a Championship Final heat of 8 only. All relays will be swum in the Final session as "timed finals". 5-10 events will be seeded and swum in prelims and finals as 5-10. However following finals, any 5-8 swimmer in Consols or Finals will be awarded points and awards as 5-8 age group. All Prelims heats will be swum fastest to slowest.

**Prelim's start time Saturday and Sunday may be adjusted earlier to ensure reasonable final's start time. Coaches will be advised after entry deadline.**

## SATURDAY – February 23, 2013 7:00 AM WARM UP -8:30 AM START

South Course - Girls & Boys 12 & Under						North Course- Girls & Boys (Combined Events 11-12/13-14, 13-14 & 15 & Over)					
Girls' Ev#	Girls' Max Time	AGE	EVENT	Boys' Max Time	Boys' Ev#	Girls' Ev#	Girls' Max Time	AGE	EVENT	Boys' Max Time	Boys' Ev#
7	2:05.11	11-12	200 Freestyle	2:02.82	8	37	2:06.74	15&Ov	200 Backstroke	1:55.62	38
9	2:20.22	5-10	200 Freestyle	2:19.69	10		2:24.83	11-12/13-14		2:23.58	
							2:13.13			2:06.39	
11	1:06.08	11-12	100 Backstroke	1:05.26	12	39	52.30	15&Ov	100 Freestyle	46.88	40
13	1:14.56	5-10	100 Backstroke	1:14.97	14		54.75	13-14		51.30	
15	26.58	11-12	50 Freestyle	25.98	16	41	2:07.27	15&Ov	200 IM	1:55.02	42
17	29.45	5-10	50 Freestyle	29.35	18		2:13.66	13-14		2:05.82	
19	1:06.37	11-12	100 IM	1:05.33	20	43	1:06.36	15&Ov	100 Breaststroke	59.42	44
21	1:13.98	5-10	100 IM	1:14.34	22		1:10.75	13-14		1:05.41	
23	34.66	11-12	50 Breaststroke	34.05	24	45	2:07.75	15& Ov	200 Butterfly	1:55.58	46
25	38.88	5-10	50 Breaststroke	39.30	26		2:30.25	11-12/13-14		2:28.93	
							2:15.10			2:06.48	
27	1:04.81	11-12	100 Butterfly	1:03.89	28	47	5:00.91	15& Ov	500 Freestyle	4:35.63	48
29	1:14.97	5-10	100 Butterfly	1:14.94	30		5:14.50	13-14		4:59.14	
31		11-12	200 Medley Relay		32	49		15& Ov	200 Medley Relay		50
33		5-10	200 Medley Relay		34			13-14			
35		11-12	400 Free Relay		36			15& Ov			
						51		13-14	400 Free Relay		52

## Sunday - February 24, 2013 7:00AM WARM UP - 8:30AM START

South Course - Girls & Boys 12 & Under						North Course- Girls & Boys (Combined Events 11-12/13-14, 13-14 & 15 & Over)					
Girls' Ev#	Girls' Max Time	AGE	EVENT	Boys' Max Time	Boys' Ev#	Girls' Ev#	Girls' Max Time	AGE	EVENT	Boys' Max Time	Boys' Ev#
53	57.73	11-12	100 Freestyle	56.40	54	81	1:50.14	15&OV	200 Freestyle	1:41.66	82
55	1:04.44	5-10	100 Freestyle	1:04.35	56		1:57.69	13-14		1:51.64	
57	29.26	11-12	50 Butterfly	28.80	58	83	57.45	15&OV	100 Butterfly	51.57	84
59	32.64	5-10	50 Butterfly	34.28	60		1:00.66	13-14		56.73	
61	5:33.49	11-12	500 Freestyle	5:30.32	62	85	2:24.94	15&OV	200 Breaststroke	2:11.90	86
63	1:14.77	11-12	100 Breaststroke	1:13.80	64		2:44.13	11-12/13-14		2:42.79	
							2:32.76			2:22.56	
65	1:24.65	5-10	100 Breaststroke	1:25.30	66	87	58.30	15&OV	100 Backstroke	52.80	88
67	30.86	11-12	50 Backstroke	30.58	68		1:01.88	13-14		58.59	
69	34.57	5-10	50 Backstroke	34.78	70	89	24.24	15&OV	50 Freestyle	21.64	90
71	2:21.99	11-12	200 IM	2:18.92	72		25.34	13-14		23.65	
73	2:38.66	5-10	200 IM	2:39.35	74	91		15&OV	200 Free Relay		92
75		11-12	200 Free Relay		76			13-14			
77		5-10	200 Free Relay		78	93		15&OV	400 Medley Relay		94
79		11-12	400 Medley Relay		80			13-14			



**2013 Pacific Committee  
Short Course Age Group Championship  
February 22-24, 2013**

**Sanctioned By:** Southern California Swimming  
**Hosted By:** Rose Bowl Aquatics (Pacific Committee)  
**Date of Meet:** February 22-24, 2013  
**Warm Up Times:** 3:30PM Friday, 7:00AM SAT/SUN

**Sanction Number:** 13-036  
**Received By Deadline:** 5PM February 13, 2013  
**Start of Meet:** 4:30PM FRI, 8:30AM SAT/SUN  
**Finals Start:** 4:30PM or 2 hours following end of Prelim session whichever is later.

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**Prelim's start time Saturday and Sunday may be adjusted earlier to ensure reasonable final's start time. Coaches will be advised after entry deadline.**

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**Entries Due:** Entries must be **received** by 5PM PDT on Wednesday, Feb. 13, 2013. Entry may be received electronically, USPS, delivery service or hand delivered.

**Facility:** A twenty-lane 25-yard outdoor pool. The meet will be contested on two courses in all sessions. On Friday, Girls will compete on the South course and Boys will compete on the North course. Saturday and Sunday: Younger course (12 & Under) at South end and Older course (13 & Older) at North end. Friday events will all be timed finals. Saturday and Sunday events (except relays) will be heats and finals. Lanes for warm up and warm down will be available throughout the meet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. Pool depth at start end is 6' 7" and pool depth at turn end is 6' 7".

**Directions:** 360 N. Arroyo Blvd., Pasadena, CA 91103. Please use Google Maps, MapQuest or Thomas Guide for directions. Pool at the far southeast end of the Rose Bowl parking area, past tennis courts. There are signs in the area directing you to the Rose Bowl. The Aquatic Center is 1000 yards directly south of the Rose Bowl.

**Warm-up Procedures:** The warm-up for the timed finals session on Friday will start at 3:30PM. Controlled warm-ups will begin on Sat-Sun at 7:00 AM in the competition pool. The competition pool will be closed at 8:15 AM, with supervised warm-up/warm-down available in the adjoining pool. Warm-up procedures will be posted at the pool. Swimmers must be under the supervision of a USA Swimming member coach during warm ups.

**Meet Referee:** The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.

**Meet Start Times:** The timed finals session on Friday will start at 4:30PM. Preliminary sessions will begin at **8:30 AM** on Saturday and Sunday. Finals sessions will begin at 4:30 PM or 2 hours following the end of the Prelim session, whichever is later.

**Rules:** USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first four events on each day (prelims or timed finals sessions) will close one-half hour prior to the start of the meet. Relay entries each day are due by the end of the Prelim session. Swimmers must compete in their own age group. Age on Feb 22, 2013 determines age for the meet. Prelims and Timed Finals events will be run fast to slow. The meet will be contested in two courses -Younger Course (12 & Under) and Older Course (13 & Up) for both Prelim and Finals sessions.

**Finals:** A consolation and championship final (16 swimmers) will be offered for 5-10, 11-12, 11-12/13-14 events, 13-14 events, and 15-18 events. 11-12/13-14 events are combined finals. All events contest on Friday and Relays are timed finals. 11-12, 13-14, and 15 & Over 500 Freestyle events will be championship finals only (no consols).

**Final Scratch Rule:** The National Finals' Scratch Rule will be used. A swimmer must scratch or place intent on an event within 30 minutes of announcement of preliminary results. Final "no-show" (original top places only), except last day, will be removed from the remainder of the meet. A \$50.00 fine will be assessed to the swimmer for a "no show" in her/his last event of the meet. 19 and Up swimmers will be considered for finals, space available.

**Recording Devices & Media Notice:** The use of audio visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**Swimwear:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

**Deck Changing:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**Racing Start Certification:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Eligibility:** Open to 2013 USA Swimming registered swimmers registered with Pacific Committee teams. Registration application must be received by **Wednesday, Feb 13 at 5pm** by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B.

**Change of Affiliation:** Before the meet a swimmer may change his/her club affiliation by submitting a Club Transfer Form and the appropriate fee to the Swim Office. At the meet a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**Submitted Times:** This is a championship meet. All swimmers must have achieved a time for all events entered. No Times (NT) entries will not be accepted. Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". If using a white card, time on front of card must be clearly marked with either "L" or "Y" with proof of time yards/meters on the back of the card. If entering electronically, "L" or "Y" must be indicated on proof of time sheet. Times must have been achieved on or after Sept. 1, 2011 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by SCS) - refer to 2013 SCS Swim Guide. Do not submit NT (no time) or ET (estimated time). Discrepancies in submitted times may lead to disciplinary action. Coaches, swimmers & parents are reminded that this is a proof-of-time meet. **NOTE: All entry times will be verified in advance through the USA SWIMS database.**

**Scoring:** This is a team-scoring meet. Points and awards will be given for 5-10; 11-12; 13-14; 15-UP age groups scoring in final session of the meet. Teams are allowed 2 scoring relays per event, age group, and gender. The top 16 placing relays will be awarded and scored.

**Relays – A swimmer “Club Champs auto cut” at 200 yards/meters or longer of a stroke, but not “Club Champs auto” in the 50 or 100 yard/meter of that stroke MAY swim that stroke in a relay. 13 & up “Club Champs auto” swimmers for the 100 yard/meter of a stroke (Butterfly, Backstroke, Breaststroke) may NOT swim that stroke in a 200 yard/meter medley relay.**

Individual Events	Scoring															Awards:	
	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1	Individual events Medals 1-8 - Ribbons 9-16
Relays	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2	Relays Medals 1-3 - Ribbons 4-16

**Team trophies to be awarded 1<sup>st</sup> to 6<sup>th</sup> Gold and Silver Levels. Teams will be divided into levels according to total number of splashes entered in the meet.**

**Awards:** Distinctive custom medals will be awarded for 1-8 places in all individual events and 1-3 in relay events. Ribbons will be awarded for places 9-16 in individual events and 4-16 for relay events. Swimmers who are 19 years and older are not eligible for awards.

**Entry Limit:** All events have a Super JO automatic qualifier max. A swimmer can swim no more than EIGHT (8) individual events during the meet, and no more than THREE (3) individual events per day, including time trials.

**Relays:** Relays are deck-entered and will be swum as timed-final events in the final sessions, following the individual events. A club may enter no more than TWO (2) relays in an event. Relay fee is \$12.00 per entry, and relay-only swimmers (\$12.00) swimmer surcharge. Coaches must turn in relay entries and scratches by the end of prelims each day.

**Distance Events:** Swimmers are responsible for providing their own lap counters and are requested to supply timers for three heats of 1650.

**Entry Procedure:** Team Electronic Entry is highly preferred. Electronic entry will be accepted ONLY when received with an attached Word or pdf file including electronic signature of coach AND PROOF OF TIME and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check or certified funds) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Returned checks will incur a service fee per SCS policy. For an individual entry, submit a Southern California Swimming Consolidated Entry Card for each swimmer. Card must be completely filled out, including entire USA Swimming registration number. To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

**Any swimmer that was accepted to swim an event at Club Champs (per Jan. 28 psych sheet) MAY NOT enter that event in this Pacific Champs meet!**

**Fees:** Individual entry charge of **\$4.75 per entered event** plus **\$12.00 surcharge** per athlete must accompany each entry. Relays will be deck-entered at \$12.00 each, payable on entry.

Make checks payable to: Southern California Swimming

Mail entries: Bettie Williams  
P O Box 83538  
Los Angeles, CA 90083

For Information contact : Maureen Lennon [maureen@lennonassociates.com](mailto:maureen@lennonassociates.com) or  
Bettie Williams- [blwswim@earthlink.net](mailto:blwswim@earthlink.net)  
Meet Hand Delivery - 5405 West Slauson Avenue Los Angeles, CA 90056

**NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED.**

### TIME TRIALS:

**Time Trials:** SANCTION NO: 13-037 - Time trials will be swum, Saturday and Sunday during the break, *time permitting*, for athletes entered in meet. Availability, conduct and details of time trials will be announced at the beginning of the prelim session. Time trial cards are to be purchased at the admin desk (\$10.00 per time trial event). Swimmers participating in time trials will be limited to the overall “event per day” entry limits (champs events + time trials = 3 ind. events per day or less). Swimmer may swim an event only once as a time trial. Order of swim for time trial events will be at the discretion of the time trial Administrative Referee.