Orange Committee's November ABC Meet – Hosted by Orange County GOLD

DATE OF MEET: November 14 & 15, 2026

Sanctioned by: USA Swimming and SCS
Sanction Number: S26 - 236
Sponsored by: Orange County GOLD
Orange Committee

ENTRIES RECEIVED BY 5:00 PM: **November 4, 2026 (Wednesday)**

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

The following teams may enter this meet: AAA, GGA, GOLD, PTRT, SACA, SOCAL, SPRT, WASC

PM Session will begin no sooner than 11:00 AM or 45 minutes after the conclusion of the AM Session

---

POOL: **VILLA PARK HIGH SCHOOL**, Located at 18042 Taft Avenue, Villa Park,CA 92861

COURSE: VILLA PARK HIGH SCHOOL pool is an outdoor 25 yard pool with up to TEN (10) swimming lanes and a warm-up area. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Start End = 13', Turn End = 7'.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be ***NO DIVING*** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED**. All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.

MEET REFEREE: Carol Cracchiolo shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to Fixn2b@att.net

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2026 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers in the first four events of each session must check in **THIRTY MINUTES** prior to the start of their respective session. Swimmers must swim in their actual Age Group as determined by their age on **November 14, 2026**. All Coaches and Officials on deck must complete the CDC or NFHS Concussion course, CAT and CANRA. Meet Check-in may or may not be available depending on the site's guidelines. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 3.0) will govern this meet.

SPECIAL NOTICE: **SWIMMERS MAY SWIM A MAXIMUM OF FOUR (4) EVENTS PER DAY**. GOLD will limit entries to meet the "4 Hour" rule for each session. Each team is asked to provide timers. Relays will be swum, time permitting. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas are open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted at this meet for 12 & Under swimmers.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming Coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2026 or 2027 USA Swimming REGISTERED. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. In order to compete, all athletes 18 or older must complete the free online ATHLETE PROTECTION TRAINING prior to the start of the meet.

CHANGE OF AFFILIATION: Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached but is responsible for completing the Club Transfer process online in SWIMS 3.0.

SUBMITTED TIMES: Times submitted must be ***BEST RECORDED TIMES*** short course or long course from this or preceding swim season **(NO WORK OUT TIMES**). After entries close, meet admin will convert non-conforming times for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

QUALIFYING TIMES: If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2026 Swim Guide for exceptions). After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS: RIBBONS 1 – 8 will be awarded to 5/6, 7/8, 7-10, 11/12, 13 & Up for "C" and "B" Divisions Only

ENTRY FEE: **$6.00 for each INDIVIDUAL EVENT, plus $15.00 SURCHARGE** *per swimmer must accompany each individual entry car.* $10.00 per Deck Entered Relay. E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Coaches entering any qualified Outreach athletes in this meet, must provide their team outreach registration roster from SWIMS/USA Swimming to the Meet Admin, when sending their team entry report and file, listing the outreach athletes' name. The outreach athlete entry fee is a flat $15.00 fee.

DISABILITY: Coaches entering swimmers with disabilities that require any reasonable accommodation or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, November 4, 2026. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.
PLEASE MAIL IN A BUSINESS SIZE ENVELOPE. DO NOT FOLD "White" ENTRY CARD---PLEASE.

MAKE CHECKS PAYABLE:	Orange County GOLD
EMAIL:	darlys.ankeny@gmail.com
And MAIL TO:	Darlys Ankeny
(Include Swimmer's name and SCS Number)	2918 Laureltree Drive
	Ontario, CA 91761

For further meet Information email jaolszewski@hotmail.com Receipt of entry *will not* be verified by phone or email.

Orange Committee's November ABC Meet – Hosted by Orange County GOLD

DATE OF MEET: November 14 & 15, 2026

Sanctioned by: USA Swimming and SCS
ENTRIES RECEIVED BY 5:00 PM: **November 4, 2026 (Wednesday)**
Sanction Number: S26 - 236
Sponsored by: Orange County GOLD
Orange Committee
WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

The following teams may enter this meet: AAA, GGA, GOLD, PTRT, SACA, SOCAL, SPRT, WASC

PM Session will begin no sooner than 11:00 AM or 45 minutes after the conclusion of the AM Session

---

USA Swimming Meet 360:

Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership.

During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be grated.

Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587- 7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit www.usaswimming.org/report.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Orange Committee's November ABC Meet - Hosted by OC GOLD

Date of Meet: November 14 & 15, 2026

ENTRIES RECEIVED BY 5:00 PM: November 4, 2026 (Wednesday)

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.
YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

GOLD WILL LIMIT ENTRIES TO MEET THE 4 HOUR RULE FOR EACH SESSION.
Times submitted must be Best Recorded Times short course or long course.

AAA, GGA, GOLD, PTRT, SACA, SOCAL, SPRT, WASC

Girls — Saturday, November 14, 2026 — 9:00 am — Boys

No.	Minimum	Age	Event	Minimum	No.
1		7-10	200 Yard Individual Medley		2
3		5-8	100 Yard Individual Medley		4
5		7-10	100 Yard Butterfly		6
7		5-8	25 Yard Butterfly		8
9		7-10	100 Yard Backstroke		10
11		5-8	50 Yard Backstroke		12
13		7-10	50 Yard Breaststroke		14
15		5-8	25 Yard Breaststroke		16
17		7-10	50 Yard Freestyle		18
19		5-8			20
21	Coach Entered	5-10	200 Yard Medley Relay	Coach Entered	22
23	8:36.69	9-10	500 Yard Freestyle	8:24.29	24

Second session will begin no sooner than 11:00am or 45 minutes after the end of the AM Session

25		13 & Up	200 Yard Individual Medley		26
27		11/12			28
29		13 & Up	100 Yard Freestyle		30
31		11/12			32
33		13 & Up	50 Yard Butterfly		34
35		11/12			36
37		11 & Up	200 Yard Backstroke		38
39		13 & Up	100 Yard Breaststroke		40
41		11/12			42
43		13 & Up	50 Yard Backstroke		44
45		11/12			46
47		11 & Up	200 Yard Butterfly		48
49	Coach Entered	11 & Up	200 Yard Medley Relay	Coach Entered	50
51	7:16.89	11 & Up	500 Yard Freestyle	6:59.89	51
53	6:31.69	11 & Up	400 Yard Individual Medley	6:17.09	54

Girls — Sunday, November 9, 2025 — 9:00am — Boys

No.	Minimum	Age	Event	Minimum	No.
55		7-10	200 Yard Freestyle		56
57		5-8	100 Yard Freestyle		58
59		7-10	50 Backstroke		60
61		5-8	25 Yard Backstroke		62
63		7-10	100 Yard Individual Medley		64
65		5-8	50 Yard Butterfly		66
67		7-10			68
69		5-8	25 Yard Freestyle		70
71		7-10	100 Yard Freestyle		72
73		5-8	50 Yard Breaststroke		74
75		7-10	100 Yard Breaststroke		76
77	Coach Entered	5-10	200 Yard Free Relay	Coach Entered	78
79	3:42.09	9-10	400 Yard Individual Medley	3:38.59	80

Second session will begin no sooner than 11:00am or 45 minutes after the end of the AM Session

81		13 & Up	200 Yard Freestyle		82
83		11/12			84
85		13 & Up	50 Yard Breaststroke		86
87		11/12			88
89		13 & Up	100 Yard Backstroke		90
91		11/12			92
93		11 & Up	200 Yard Breaststroke		94
95		13 & Up	50 Yard Freestyle		96
97		11/12			98
99		13 & Up	100 Yard Butterfly		100
101		11/12			102
103		13 & Up	100 Yard Individual Medley		104
105		11/12			106
107	Coach Entered	11 & Up	200 Yard Freestyle Relay	Coach Entered	108
109	15:02.69	11 & Up	1000 Yard Freestyle	14:43.49	110

Swimmers entering the 400 IM, 500 Free, 1000 Free must meet the minimum time standard and are are asked to provide timers and lap counters.
9 - 10 year olds must enter the 400 IM with their 200 IM time that meets the stated minimum time standard.
Relays will be swum time permitting
13 & Up Swimmers entering the 50's of stroke must enter the event with their 50 stroke time.