

## FAC IMX Challenge SC Meet

Sanctioned by: Southern California Swimming

Sponsored By: FAC & Eastern Committee

Date of Meet: March 24-25, 2018

Warm-up: 7:00 am Sat. & Sun.

**POOL:** Fontana Park Aquatics Center, 15556 Summit Ave. Fontana 92336 (at the corner of Knox Ave.).

**DIRECTIONS:** From the 15 fwy, exit Summit Ave and go east. Turn north at Knox then left into the Aquatic Center parking. From the 210 fwy eastbound, turn north onto the 15 fwy and exit Summit as above; from the 210 westbound, exit Citrus and turn right, then left at Summit, right at Knox.

**COURSE:** Outdoor 25 yd x 44 meter pool with 8 competition lanes and 4 warm-up lanes. The competition course has been certified in accordance with 104.2.2(C), on file with USA Swimming. Pool depth: start end In 1: 12' In 8 7', turn end In 1 12' In 8 7'.

**WARM-UP Procedures:** Safety Rule: All swimmers must use a three point slide in entries when entering the pool for warm up or warm down. All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00-8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. The pool will close 15 minutes before the start of each session.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the meet referee - Mike Sheppard cattywampus@roadrunner.com

**RULES:** USA swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on March 24, 2018 to enter this meet. Timers are requested to be provided by each team. 400 IM and 500 freestyle will be swum fastest to slowest. Swimmers are requested to provide their own timers for any events. Swimmers must provide their own lap counters for the 500 free. **Swimmer may swim a maximum of 4 events per day.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms), any time athletes, coaches, officials, and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted at this meet. **Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: [www.socalswim.org](http://www.socalswim.org).**

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with the requirement.

**ELIGIBILITY:** Open to Eastern Committee athletes who hold 2018 USA Swimming Registration. Registration application must be received **by the meet entry deadline** by the meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer Form** to the swim office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

**AWARDS:** The meet is set up as an IMR/IMX meet. Each swimmer is encouraged to enter the entire event lineup for the meet, either the IMR slate or the IMX slate of events, based on his/her age. IMR/IMX scores will be calculated and the highest scoring swimmers from each age group and gender will be eligible for the awards. IMR awards will be given to the top 8 male and female swimmers with the highest cumulative times for 5-8, 9, 10, 11, 12, 13, 14, 15 & up. IMX awards will be given to the top 8 male and female swimmers with the highest IMX scores for 9, 10, 11, 12, 13, 14, 15 & up. First through third place team trophies will also be awarded.

The IMR events are as follows:

5 – 8:	50 free, 25 back, 25 breast, 25 fly, 100 IM (Pentathlon, is not an official USA Swimming IMR event)
9 – 10 years old:	100 free, 50 back, 50 breast, 50 fly, 100 IM
11 – 12 years old:	200 free, 50 back, 50 breast, 50 fly, 100 IM
13 -14, 15 & up:	200 free, 100 back, 100 breast, 100 fly, 200 IM

The IMX events are as follows:

9 – 10 years old:	200 free, 100 back, 100 breast, 100 fly, 200 IM
11 – 12 years old:	500 free, 100 back, 100 breast, 100 fly, 200 IM
13 -14, 15 & up:	500 free, 200 back, 200 breast, 200 fly, 200 IM, 400 IM

**ENTRY FEES:** **\$3.50** for each individual event along with a **\$8.00** surcharge **per swimmer** must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry.zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00 PM, WEDNESDAY, March 14, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make checks payable to Southern California Swimming

Email for team electronic entries only: [darlys.ankeney@gmail.com](mailto:darlys.ankeney@gmail.com)

Questions: SCS Office (310-684-1151) or meet processor

Sanction No. S18-060

Received by deadline: 5:00 pm, Wednesday, March 14, 2018

Start of Meet: 8:30am Sat. & Sun.

MAIL ENTRIES TO: Darlys Ankeney

2918 Laurel Tree Dr.

Ontario, CA 91761

It is understood and agreed that USA swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

## FAC IMR/IMX Challenge SC Meet

AGE	WOMEN #	TIME STANDARDS		EVENT	TIME STANDARDS		MEN #
		YARDS	METERS		YARDS	METERS	
<b>SATURDAY March 24, 8:30 AM START; 7:00 warm-up</b>							
11-12	1	BRW	BRW	200 IM	*	*	****
11-12	****	*	*	500 Freestyle	BR	BR	2
9-10	3	BRW	BRW	200 IM	BRW	BRW	4
9-10	5	BRW	BRW	100 IM	BRW	BRW	6
11-12	7	BRW	BRW	100 IM	BRW	BRW	8
9-10	9	BRW	BRW	100 Breaststroke	BRW	BRW	10
11-12	11	BRW	BRW	100 Breaststroke	BRW	BRW	12
9-10	13	BRW	BRW	50 Breaststroke	BRW	BRW	14
11-12	15	BRW	BRW	50 Breaststroke	BRW	BRW	16
9-10	17	BRW	BRW	100 Freestyle	BRW	BRW	18
<b>SATURDAY, March 24, no earlier than 12:00PM</b>							
13 & up	19	BR	BR	400 IM	*	*	****
13 & up	****	*	*	500 Freestyle	BR	BR	20
5-8	21	BRW	BRW	100 IM	BRW	BRW	22
13 & up	23	BRW	BRW	100 Butterfly	BRW	BRW	24
13 & up	25	BR	BR	200 Backstroke	*	*	****
13 & up	****	*	*	200 Butterfly	BR	BR	26
13 & up	27	BRW	BRW	100 Breaststroke	BRW	BRW	28
5-8	29	BRW	BRW	50 Freestyle	BRW	BRW	30
13 & up	31	BR	BR	200 Breaststroke	*	*	****
13 & up	****	*	*	200 IM	BRW	BRW	32

AGE	WOMEN #	TIME STANDARDS		EVENT	TIME STANDARDS		MEN #
		YARDS	METERS		YARDS	METERS	
<b>SUNDAY March 25, 8:30 AM START; 7:00 warm-up</b>							
11-12	33	BR	BR	500 Freestyle	*	*	****
11-12	****	*	*	200 IM	BRW	BRW	34
11-12	35	BRW	BRW	200 Freestyle	BRW	BRW	36
9-10	37	BRW	BRW	200 Freestyle	BRW	BRW	38
9-10	39	BRW	BRW	50 Backstroke	BRW	BRW	40
11-12	41	BRW	BRW	50 Backstroke	BRW	BRW	42
9-10	43	BRW	BRW	100 Backstroke	BRW	BRW	44
11-12	45	BRW	BRW	100 Backstroke	BRW	BRW	46
9-10	47	BRW	BRW	50 Butterfly	BRW	BRW	48
11-12	49	BRW	BRW	50 Butterfly	BRW	BRW	50
9-10	51	BRW	BRW	100 Butterfly	BRW	BRW	52
11-12	53	BRW	BRW	100 Butterfly	BRW	BRW	54
<b>SUNDAY, March 25, no earlier than 12:00PM</b>							
13 & up	55	BR	BR	500 Freestyle	*	*	****
13 & up	****	*	*	400 IM	BR	BR	56
5-8	57	BRW	BRW	25 Breaststroke	BRW	BRW	58
13 & up	59	BRW	BRW	200 Freestyle	BRW	BRW	60
5-8	61	BRW	BRW	25 Backstroke	BRW	BRW	62
13 & up	63	BR	BR	200 Butterfly	*	*	****
13 & up	****	*	*	200 Backstroke	BR	BR	64
13 & up	65	BRW	BRW	100 Backstroke	BRW	BRW	66
5-8	67	BRW	BRW	25 Butterfly	BRW	BRW	68
13 & up	69	BRW	BRW	200 IM	*	*	****
13 & up	****	*	*	200 Breaststroke	BR	BR	70

**Swimmers must sign up for either IMR event set or the IMX event set (for their age group) to be eligible for an award**

**The 200 IM (events 32/69) is applicable to both the 13 & up IMR and IMX series**

### IMR/IMX Events

**5-8 Sprint IMR;** 50 Fr, 25 Bk, 25 Br, 25 Fl, 100 IM (Events: 29/30, 61/62, 57/58, 67/68, 21/22)

**9-10 IMR;** 100 Fr, 50 Bk, 50 Br, 50 Fl, 100 IM (Events: 17/18, 39/40, 13/14, 47/48, 5/6)

**11-12 IMR;** 200 Fr, 50 Bk, 50 Br, 50 Fl, 100IM (Events: 35/36, 41/42, 15/16, 49/50, 7/8)

**13 & up IMR;** 200 Fr, 100 Bk, 100 Br, 100 Fl, 200 IM (Events: 59/60, 65/66, 27/28, 23/24, 32/69)

**9-10 IMX;** 200 Fr, 100 Bk, 100 Br, 100 Fl, 200 IM (Events: 37/38, 43/44, 9/10, 51/52, 3/4)

**11-12 IMX;** 500 Fr, 100 Bk, 100 Br, 100 Fl, 200 IM (Events; 2/33, 45/46, 11/12, 53/54, 1/34)

**13 & up IMX;** 500 Fr, 200 Bk, 200 Br, 200 Fl, 200 IM, 400 IM (Events: 20/55, 25/64, 31/70, 26/63, 32/69, 19/56)