

MESA BRW SC WAG Last Ditch Qualifier

Sanctioned by: USA Swimming & Southern California Swimming

Sanction No. S19-363

Sponsored By: MESA & Eastern Committee

Received by deadline: 5:00 pm, Wednesday November 27, 2019

Date of Meet: December 6 – 8, 2019

Start of Meet : 5:00 pm Friday, 8:30 am Saturday & Sunday

Warm-up: 4:00 pm Friday, 7:00 am Saturday & Sunday

POOL: The Drop Zone Water Park, 2165 Trumble Rd., Perris, CA 92585

DIRECTIONS: From the 215 (north or south), exit Hwy 74 East. Turn left on Trumble Rd. Pool on right side after the baseball park.

COURSE: Outdoor 50M x 25Y with 10 competition lanes. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end 13'10" - to 7', turn end 13'10" to 7'. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. The pool will close 15 minutes before the start of each session.

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Kent Li
kli.0302@computerville.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on November 8, 2019 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in events 400y or longer are requested to furnish their own timers for three heats and lap counters. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website:**
www.socalswim.org

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Athletes who hold 2019 USA Swimming Registration. The following teams from the Eastern Committee: CCCC, FAC, FSON, HVDA, MESA, MMST, MVAQ, OTTR, PDSC, PST, RAA, RIVR, RST, SRSC, STAR, TMEC, TPST, USMC, VA, YST

Registration application must be received by the meet entry deadline by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted space available; please submit a copy of registration with entry. **Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") will govern this meet. All athletes 18 years of age and older must complete the online Athlete Protection Training (APT), to compete in the meet.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place Red Division: Ribbons 1st - 6th place
White Division: Ribbons 1st - 6th place Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: \$4.00 for each individual event along with a \$10.00 surcharge **per swimmer must accompany each individual entry card.**

NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry, zip file) will be accepted **ONLY** when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY**. Prior to entry deadline new swimmers accepted **SPACE AVAILABLE**. **DO NOT RESEND AN ENTRY FILE.** A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$10.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, November 27, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO: Susie Sheppard
11110 Davis St.
Moreno Valley, CA 92557

Email for team electronic entries only: suzshep@roadrunner.com Questions: please contact the Meet Processor or the SCS office (310-684-1151)

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

WAG Last Ditch BRW SC Meet
December 6 -8, 2019

ENTRIES MUST BE RECEIVED BY 5:00 PM: November 27, 2019 (Wednesday)

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

***500/1000/1650 free will be swum alternating girls and boys. Swimmers should provide their own timers and/or lap counters.

FRIDAY night session only will be hosted by MESA only for both meets at Dropzone Water Park- Perris

GIRLS	min/max	age	distance	stroke	min/max	BOYS
1	5:48.20/	OPEN	400 yd	IM	5:48.90/	2
3	3:23.50/	7-10	BR 200 yd	IM	3:24.50/	4
5	2:46.20/	OPEN	200 yd	Backstroke	2:51.40/	6
7	**2:56.80/	7-10	BR 500 yd	Freestyle	**2:56.50/	8
9	6:24.60/	11-12	BR 500 yd	Freestyle	6:29.80/	10
11	21:32.10/	OPEN	1650 yd	Freestyle	21:51.50/	12

Events will be swum fastest to slowest.

Relays swum time permitting.

This meet is subject to the 4 hour rule per session.

Must be at least 11 for open events with 11-12 blue minimum time.

** 7-10 Use 200 Free Time to enter 500 Free

11-12s may swim either event 9-10 or 129-130, not both

No awards for open events.

SATURDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
		11-12	BRW 200 yd	Freestyle		13
14	2:56.80/	7-10	BR 200 yd	Freestyle	2:56.50/	15
		11-12	BRW 50 yd	Breaststroke		16
17		7-10	BRW 50 yd	Breaststroke		18
19	1:02.80/	5-8	BR 50 yd	Breaststroke	1:01.20/	20
21		5-8	BRW 25 yd	Breaststroke		22
		11-12	BRW 50 yd	Freestyle		23
24		7-10	BRW 50 yd	Freestyle		25
26	48.60/	5-8	BR 50 yd	Freestyle	47.30/	27
		11-12	BRW 100 yd	Butterfly		28
29		7-10	BRW 100 yd	Butterfly		30
31		5-8	BRW 25 yd	Butterfly		32
		11-12	BRW 100 yd	Backstroke		33
34		7-10	BRW 100 yd	Backstroke		35
		11-12	BRW 100 yd	IM		36
37		7-10	BRW 100 yd	IM		38
	Deck	11-12	BRW 200 yd	Medley Relay	Deck	39
40	Entered	7-10	BRW 200 yd	Medley Relay	Entered	41
42		5-8	BRW 100 yd	Medley Relay		43

SUNDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
		11-12	BRW 100 yd	Freestyle		73
74		7-10	BRW 100 yd	Freestyle		75
76	1:46.10/	5-8	BR 100 yd	Freestyle	1:42.00/	77
78		5-8	BRW 25 yd	Freestyle		79
		11-12	BRW 50 yd	Butterfly		80
81		7-10	BRW 50 yd	Butterfly		82
83	55.60/	5-8	BR 50 yd	Butterfly	56.40/	84
		11-12	BRW 100 yd	Breaststroke		85
86		7-10	BRW 100 yd	Breaststroke		87
		11-12	BRW 50 yd	Backstroke		88
89		7-10	BRW 50 yd	Backstroke		90
91	57.80/	5-8	BR 50 yd	Backstroke	56.30/	92
93		5-8	BRW 25 yd	Backstroke		94
	3:01.30/	11-12	BR 200 yd	IM	3:01.70/	95
96		5-8	BRW 100 yd	IM		97
98	Deck	7-10	BRW 200 yd	Freestyle Relay	Deck	99
	Entered	11-12	BRW 200 yd	Freestyle Relay	Entered	100
101		5-8	BRW 100 yd	Freestyle Relay		102

*****Minimum 45 Minute break*****

44	3:01.30/	11-12	BR 200 yd	IM	3:01.70/	
45		13-14	BRW 200 yd	IM		46
47		15-up	BRW 200 yd	IM		48
49		11-12	BRW 100 yd	Freestyle		
50		13-14	BRW 100 yd	Freestyle		51
52		15-up	BRW 100 yd	Freestyle		53
54		11-12	BRW 50 yd	Butterfly		
55		13-14	BRW 100 yd	Backstroke		56
57		11-12	BRW 100 yd	Backstroke		
58		15-up	BRW 100 yd	Backstroke		59
60		11-12	BRW 100 yd	Butterfly		
61		13-14	BRW 100 yd	Butterfly		62
63		15-up	BRW 100 yd	Butterfly		64
65		11-12	BRW 100 yd	Breaststroke		
66	Deck	13-14	BRW 200 yd	Medley Relay	Deck	67
68	Entered	15-up	BRW 200 yd	Medley Relay	Entered	69
70		11-12	BRW 200 yd	Medley Relay		
71	6:24.60/	OPEN	500 yd	Freestyle	6:29.80/	72

*****Minimum 45 Minute break*****

103	2:43.20/	OPEN	200 yd	Fly	2:47.40/	104
105		11-12	BRW 50 yd	Backstroke		
106	3:08.80/	OPEN	200 yd	Breaststroke	3:09.00/	107
108		11-12	BRW 50 yd	Freestyle		
109		13-14	BRW 50 yd	Freestyle		110
111		15-up	BRW 50 yd	Freestyle		112
113		11-12	BRW 50 yd	Breaststroke		
114		13-14	BRW 100 yd	Breaststroke		115
116		15-up	BRW 100 yd	Breaststroke		117
118		11-12	BRW 200 yd	Freestyle		
119		13-14	BRW 200 yd	Freestyle		120
121		15-up	BRW 200 yd	Freestyle		122
123		11-12	BRW 100 yd	IM		
124	Deck	13-14	BRW 200 yd	Freestyle Relay	Deck	125
126	Entered	11-12	BRW 200 yd	Freestyle Relay	Entered	
127		15-up	BRW 200 yd	Freestyle Relay		128
129	12:58.60/	OPEN	1000 yd	Freestyle	13:09.80/	130