

DSRT LC Meet JAG Qualifier

Sanctioned by: USA Swimming & Southern California Swimming
Sponsored By: DSRT & Eastern Committee
Date of Meet: June 1-2, 2019
Warm-up: 7:00 am, Saturday & Sunday

Sanction No. S19-189
Received by deadline: 5:00 pm, Wednesday, May 22, 2019
Start of Meet: 8:30 am, Saturday & Sunday

POOL: Silverado High School 14048 Cobalt Rd. Victorville, CA 92392

DIRECTIONS: I-15 north to US-395 north. Turn right onto Dos Palmas Rd., then left onto Cobalt Rd. Pool will be on the left.

COURSE: Outdoor 50 meter x 25 yard with 7 competition lanes and warm up lanes. Pool depth: start end 13'7" turn end 7'. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Andrew Jones awljones@sbcglobal.net

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on June 1, 2019 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 400 and 800 freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted at this meet. **Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org.**

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to the following Eastern Committee teams athletes who hold 2019 USA Swimming Registration: BLSC, CCAQ, USMA, CROC, DSRT, HVDA, HILL, IEAQ, JET, MESA, MVAQ, PDSC, PASS, PST, RST, STAR, TMEC, VA, YST Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place Red Division: Ribbons 1st - 6th place
White Division: Ribbons 1st - 6th place Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: \$4.00 for each individual event along with a \$10.00 surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$10.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, May 22, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

Email for team electronic entries only: fredies6@hotmail.com

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

MAIL ENTRIES TO: Julie Fredericks

P O Box 624

Yucaipa, CA 92399

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DSRT LC JAG Qualifier June 1-2, 2019

ENTRIES RECEIVED BY 5:00 PM: May 22, 2019 (Wednesday)

****This meet is subject to the 4 hour rule per session, relays swum time permitting.**

Open to the following Eastern Committee teams:

BLSC, CCAQ, USMA, CROC, DSRT, HVDA, HILL, IEAQ, JET, MESA, MVAQ, PDSC, PASS, PST, RST, STAR, TMEC, VA, YST

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

No awards for open events, swimmers must be at least 11 years old to compete in open events.

Events will be swum fastest to slowest.

Events with distances 400m or more will be swum alternating girls and boys.

Swimmers are requested to have own timers and lap counters (800 & 1000)

Saturday

GIRLS	MIN	AGE			STROKE	MIN	BOYS
1		11-12	BRW	200	m	Freestyle	2
3	3:19.30	7-10	BR	200	m	Freestyle	3:19.00 4
5		11-12	BRW	50	m	Backstroke	6
7		7-10	BRW	50	m	Backstroke	8
9		5-8	BRW	50	m	Backstroke	10
11		11-12	BRW	100	m	Butterfly	12
13		7-10	BRW	100	m	Butterfly	14
15		11-12	BRW	100	m	Breaststroke	16
17		7-10	BRW	100	m	Breaststroke	18
19		11-12	BRW	50	m	Freestyle	20
21		7-10	BRW	50	m	Freestyle	22
23		5-8	BRW	50	m	Freestyle	24
25	Deck	11-12	BRW	200	m	Free Relay	Deck 26
27	Entered	7-10	BRW	200	m	Free Relay	Entered 28
29		5-8	BRW	200	m	Free Relay	30
31	5:47.30	Open		400	m	Freestyle	5:46.60 32

*****There will be a 45 minute break between sessions*****

33	3:09.20	Open		200	m	Backstroke	3:11.80 34
35	3:31.00	Open		200	m	Breast	3:31.20 36
37		13-14	BRW	100	m	Butterfly	38
39		15-up	BRW	100	m	Butterfly	40
41		13-14	BRW	100	m	Freestyle	42
43		15-up	BRW	100	m	Freestyle	44
45		13-14	BRW	200	m	IM	46
47		15-up	BRW	200	m	IM	48
49	Deck	13-14	BRW	200	m	Free Relay	Deck 50
51	Entered	15-up	BRW	200	m	Free Relay	Entered 52

*****BREAK DETERMINED BY MEET REFEREE*****

53	22:11.60	Open		1500	m	Freestyle	22:10.90 54
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Sunday

GIRLS	MIN	AGE			STROKE	MIN	BOYS
55		11-12	BRW	200	m	IM	56
57	3:49.30	7-10	BR	200	m	IM	3:50.40 58
59		11-12	BRW	50	m	Butterfly	60
61		7-10	BRW	50	m	Butterfly	62
63		5-8	BRW	50	m	Butterfly	64
65		11-12	BRW	100	m	Backstroke	66
67		7-10	BRW	100	m	Backstroke	68
69		11-12	BRW	50	m	Breaststroke	70
71		7-10	BRW	50	m	Breaststroke	72
73		5-8	BRW	50	m	Breaststroke	74
75		11-12	BRW	100	m	Freestyle	76
77		7-10	BRW	100	m	Freestyle	78
79		5-8	BRW	100	m	Freestyle	80
81	Deck	11-12	BRW	200	m	Medley Relay	Deck 82
83	Entered	7-10	BRW	200	m	Medley Relay	Entered 84
85		5-8	BRW	200	m	Medley Relay	86
87	6:31.20	Open		400	m	IM	6:32.30 88

*****There will be a 45 minute break between sessions*****

89	3:05.70	Open		200	m	Butterfly	3:07.20 90
91		13-14	BRW	100	m	Breaststroke	92
93		15-up	BRW	100	m	Breaststroke	94
95		13-14	BRW	200	m	Freestyle	96
97		15-up	BRW	200	m	Freestyle	98
99		13-14	BRW	100	m	Backstroke	100
101		15-up	BRW	100	m	Backstroke	102
103		13-14	BRW	50	m	Freestyle	104
105		15-up	BRW	50	m	Freestyle	106
107	Deck	13-14	BRW	400	m	Medley Relay	Deck 108
109	Entered	15-up	BRW	400	m	Medley Relay	Entered 110

*****BREAK DETERMINED BY MEET REFEREE*****

111	11:44.20	Open		800	m	Freestyle	11:43.70 112
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