## 2022 Southern California Swimming SUMMER JUNIOR OLYMPIC CHAMPIONSHIPS

July 21-24, 2022



Thursday/Friday/Saturday/Sunday Prelims and Finals

Hosted By: Southern California Swimming & Riverside Aquatics Association



# 2022 SOUTHERN CALIFORNIA SWIMMING SUMMER JUNIOR OLYMPIC CHAMPIONSHIPS

Hosted by Riverside Aquatics Association Riverside Aquatics Complex at Riverside Community College July 21 - 24, 2022

**SANCTION: #S22-150** 

**ELECTRONIC E-MAIL ENTRY PROCEDURE:** Electronic entry is the preferred method of entry. Entry zip file will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. Relays must be pre-entered on electronic entry. Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the email entry. **Failure to comply will be referred to the SCS Board of Review.** Entry updates (added events or time updates) will be processed when received by the processor by the entry deadline. Please see Updates and Late Qualifications below on meet form for NEW events achieved after deadline. Deletions will NOT be refunded. **Entry on an SCS Individual Entry Form will be accepted.** Card must be completely filled out including USA Swimming registration number.

**OPEN TO:** Southern California Swimming members affiliated or training with the following teams:

Coastal: All

Desert: SAND, LVSC, DSS, BLUE, BCH, NLVA

Eastern: ALL (except SDA, DSRT)

Metro: DWNY, TRID, BSC, LDST, COMM, CAA, DUCK, KSST, PASA, MPMR, SGSG, WAC, MSST, SPS

Orange: CMAC, EAST, COTO, RIPT, TST, SCAL, AAA, BREA

Pacific: CITI, SHRK, TSM, RYL, LASC

Unattached Swimmers (not affiliated with a team)

ELIGIBILITY: OPEN ONLY TO 2022 SOUTHERN CALIFORNIA SWIMMING, USA Swimming REGISTERED SWIMMERS, who have met the

SCS Summer JO time standard in each event entered. Registration application must be received by the meet entry deadline by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. Before the first day of the meet, a swimmer may change his/her affiliation by the standard procedure. At the meet, a swimmer may UNATTACH (but not attach or reattach) by notifying the

Administrative Referee in writing and paying the appropriate fee.

DIRECTIONS: Riverside Aquatics Complex. 4800 Magnolia Ave. Riverside. CA • From the 91 Fwy, exit at 14th St., go west to Olivewood.

turn left, turn right on Saunders/City College Dr., turn right on Saunders (first street on right). Pool is at the end of Saunders.

**PARKING:** Special event parking passes are required for this aquatic event. One-day passes are \$5.00. Parking attendants will be selling passes

on site prior to the start of each session. For online parking passes: https://www.credentialsops.com/CGI-BIN/gacgiord.pgm?ALUMPPD01270 or use the Parkmobile app. Visitors will NOT be able to park in staff parking.

FACILITY: RCC is currently requiring proof of vaccination or a negative COVID-19 test within 48 hours of arrival at the facility.

COURSE: The Riverside Aquatics Complex at Riverside Community College competition pool is an outdoor 25 yard x 50 meter (9 lane) pool.

Competition course has been certified in accordance with 104.22.2(C) on file with USA Swimming. Pool depth is 8' at start end is 7.0'

and turn end is 13'. Colorado Timing will be used.

WARM UP: The competition pool will be available for assigned warm up at 7:00 am each day of the competition. A separate 25 yd. 8 lane

warm up pool and another separate 25 yd. x 6 lane warm up pool will be available throughout the competition. SCS warm up policy will be enforced. All swimmers must use three point, slide in entries into the pool for warm up, no jumping or diving.

RULES: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions

on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first four events on each day prelims or timed finals sessions will close one-half hour prior to the start of

the meet. Swimmers must compete in their own age group. Age on July 21, 2022 determines age for the meet.

All prelims and timed finals events will be swum fast to slow.

All coaches and officials on deck must complete the CDC or NFHS Concussion online course.

All athletes 18 years or older must complete online ATHLETE PROTECTION TRAINING in order to compete.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn

in any USA Swimming sanctioned or approved competition. Tech suits are NOT permitted for 5-12 swimmers.

RACING START Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a

CERTIFICATION: racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of

the swimmer or the swimmer's legal quardian to ensure compliance with this requirement.

**DECK CHANGES:** Deck changes are prohibited

RECORDING DEVICES &

MEDIA NOTICE: The use of audio visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms.

Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes

participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and

open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

MEET REFEREE: The Meet Referee is in charge of the conduct of the meet. Meet Referee is Mike Sheppard, e-mail:

cattywampus@roadrunner.com

MEET START

Preliminaries and Relay sessions will begin at 8:30 a.m. Warmups for FINALS sessions will begin no sooner than 2 hours after the completion of the final heat of the preliminary session. THE FIRST FOUR EVENTS each day will close for check-in 30

minutes before the posted start time of the meet that day.

DISTANCE EVENTS:

TIMES:

The 800 / 1500-meter freestyle events (all age groups combined) are "timed finals" with standard seeding procedures. Events will be swum fastest to slowest alternating girls & boys heats. If entries warrant, the 800 Free and/or 1500 Free events will be swum two swimmers per lane. Swimmers in the 1500 must check in by an hour before the event is to be swum on Thursday. Swimmers in the 800 must check in by 5 p.m. on Saturday to be seeded in the event on Sunday. Coaches may check swimmers in for the 800 & 1500. Swimmers in the 800 and 1500 Freestyle should be prepared to supply a timer for three heats. Swimmers are also responsible for providing their own lap counters. The fastest heat of 1500 will be swum in the

evening finals.

EVENT LIMIT: A swimmer may enter NO more than NINE events that meet qualifying time standards. Swimmers may swim a MAXIMUM of

THREE (3) individual events per day, but may swim NO MORE than SIX individual events for the meet.

COMBINED

EVENTS:

The 13/14 and 15 & UP events will be combined for PRELIMS and TIMED FINALS (excluding relays). FINALS will be swum, scored, and awarded by age group.

scored, and awarded by age group.

FINALS: A consolation and championship final (16 swimmers) will be offered for all events. Relays, 800 & 1500 freestyle are timed finals.

The national finals' scratch rule will be used.

A swimmer must scratch or place intent on an event within 30 minutes of announcement of preliminary results. A finals "no-show" (original top 16 places only) will be removed from the remainder of the meet. A swimmer missing his/her last finals event of the meet will be fined \$50 due to SCS before his/her next SCS competition.

19 & up swimmers will be considered for finals, space available.

SUBMITTED TIMES:

Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". For Seeding purposes ONLY: after entries close, non-conforming times will be converted by meet administration.

If using an entry card, time on front of card must be clearly marked with either "L" or "Y". If entering electronically, "L" or "Y" must be indicated on proof of time sheet. (See 2022 SCS Swim Guide or <a href="https://www.socalswim.org">www.socalswim.org</a> for SHORT COURSE YARD and SHORT COURSE METER time standards) Time standards must have been achieved on or after Sept.1, 2020, and must be verifiable. Meets outside SCS or non USA Swimming meets are provable only with official results subject to SCS approval. (Refer to 2022 SCS Swim Guide.)

As a reminder: No updated times will be accepted after the meet entry deadline

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PROOF OF TIME: This is a proof of time meet. All entry times will be verified through the USA Swimming SWIMS times database. An unverified entry time must be proven prior to the beginning of the competition or the swimmer or relay will be scratched from that event. Only swimmers and/or relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in the USA Swimming Rules & Regulations (207.8.3)

DISABLED SWIMMER

ENTRY:

A swimmer with a disability may enter a 200-meter event (except the 200 IM), if her/his 100-meter entry time qualifies for the 200-meter event; likewise, a 400-meter event if her/his 200-meter time qualifies for the 400-meter event. A swimmer so entered

shall be seeded in the slowest heat and swim the lesser distance.

**ENTRIES DUE:** 

Entries must be RECEIVED no later than 5 p.m. Wednesday, July 13, 2022. Relays must be pre-entered by coaches with provable times. NO LATE ENTRIES will be accepted. All entries not meeting the deadline WILL BE REJECTED. To avoid any concern regarding receipt of entry card enclose a self-addressed stamped envelope or postcard. No certified, registered, special delivery or mail requiring a signature will be accepted. If signature is not waived, entry WILL BE REJECTED. Receipt of entry will NOT be confirmed by phone -or- by email. Note: keep a copy of entry form for your records.

Individual emailed, scanned, or texted entries will not be accepted.

**CHANGE OF** AFFILIATION:

Before the meet a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the SCS office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach or reattach at the meet.

**ENTRY** 

PROCEDURE: Team Electronic Entry is highly preferred.

Electronic entry will be accepted ONLY when received with:

- 1. Entry file (.zip or .sd3)
- 2. Proof of Time report showing meet and dates for each entry (.pdf or Word)
- 3. Full payment (single team check or certified funds) for a team electronic entry must be postmarked with 48 hours of the email entry. Failure to comply will be referred to the SCS Board of Review. If monies are not received by the start of the meet, the swimmers will not be allowed to compete.

Individual entry: Submit a completed Individual Entry Form (www.socalswim.org under "Forms" with payment. Individual emailed, scanned, or texted entry will not be accepted.

**UPDATES** AND LATE

Swimmers achieving a new event for the first time from the due date of the RAA JO Championships entry to the Sunday prior to the meet (July 21-24), may enter the meet by submission of an additional team entry using the entry file under the title of QUALIFICATION: "Last Ditch Entries 2022 SCS/RAA JO Championship". The instructions and meet event file will be on the SCS website on Thursday morning (July 14h). These entries must be submitted no later than 11 p.m. PST on Monday, July 18, 2022. These entries cannot be used to improve the seed time of a prior entry. A team representative must enter any swimmers new qualifying times, or any swimmers not previously entered using the New Qualifying Swims entry file and submitting it to the Administrative Referee, Susie Sheppard at e-mail: suzshep@roadrunner.com on or before Monday, July 18, 2022.

AWARDS: Individual: 1st-8th places, custom medals.

> 1st-3rd place teams, custom medals. Relays:

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

> 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2 Relays:

**RELAYS:** 

A \$21.00 fee must accompany all relay entries. Relays must be pre-entered with provable times Entry deadline for relays is 5 p.m. Wednesday, July 13, 2022. RELAY ONLY swimmers must pay the \$24.00 surcharge per swimmer. Changes/Adds for Relay Only swimmers DUE NO later than 6pm, Wednesday, July 20. 2022 Refunds for relay entry fees according to SCS rules only. The fastest two heats of relays in each event will swim at the end of the evening finals each day; all other relays will swim at the end of prelims.

A club entering a single relay in an event must meet the published Summer JO soft cut as a team time or based on the aggregate of the team's fastest 4 swimmers in that age group over the qualifying period (past 18 months).

A club entering multiple relays in an event must meet the published Summer JO hard cut for each of the relays entered. Teams must use the aggregate of each listed swimmer's individual best times. Swimmers used to prove relays must be in the age group of the relay on the first day of the meet. Team times are not allowed when entering multiple relays in an event.

NOTE: When entering the 13-Up 200 Medley Relays, teams must enter a provable 400 Medley time.

**FNTRY FFFS: \$6.50** per individual event. **\$24.00** surcharge per swimmer.

\$21.00 per relay event. \$24.00 surcharge each for relay only swimmers.

NO REFUNDS - RETURNED CHECK will incur a service fee per SCS policy

MAKE CHECKS PAYABLE TO – RIVERSIDE AQUATICS ASSOCIATION

Mail entries to: RAA JOs

c/o Susie Sheppard 11110 Davis Street Moreno Valley, CA 92557

EMAIL TEAM ELECTRONIC ENTRY FILES TO: <a href="mailto:suzshep@roadrunner.com">suzshep@roadrunner.com</a>

Hand delivered to: SAME AS ABOVE

FOR INFORMATION: Contact Kevin Timko, RAA Meet Director kevintimkoraa@gmail.com

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#### TIME TRIALS: Sanction #S22-151

Will be swum provided all three JO meets can offer Time Trials between the AM/PM sessions of selected days, time permitting. 3 events per day limit applies (JO events + Time Trials = 3 events per day or less). Deck Entered.

Entry fee is \$15.00 per event, no refunds after seeding. Open only to 2022 SCS swimmers who are entered in at least 1 individual event or relay in the JO's. The Administrative Referee will determine the order of events.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Concussion Informed Consent Acknowledgement Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.

**MAAPP 2.0 Statement:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), will govern this meet.

**COVID 19 Acknowledgment.** We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death.

According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

**COVID 19 Sanction Requirements:** Amendment of Articles 202.4 and 202.6 of the USA Swimming Rules to require certain COVID-related precautions in order to issue meet sanctions and approvals.

As always, USA Swimming, Local Swimming Committees (LSC) and club activities must follow state and local guidelines.



# 2022 SOUTHERN CALIFORNIA SWIMMING SUMMER JUNIOR OLYMPIC CHAMPIONSHIPS

Hosted by the Riverside Aquatics Assoc. and Southern California Swimming July 21-24, 2022

### ORDER OF EVENTS

THURSDAY, JULY 21. 8:30 AM START. Warm up - 7 AM

SATURDAY, JULY 23, 8:30 AM START. Warm up - 7 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
1	1:21.70	11-12	100 M Back	1:22.50	2
3	2:46.70	13-14	200 M Back	2:40.50	4
	2:42.80	15 & UP	200 M Back	2:31.70	
5	1:20.00	11-12	100 M Fly	1:21.00	6
7	2:55.40	13-14	200 M Fly	2:48.30	8
	2:47.20	15 & UP	200 M Fly	2:32.00	
9	1:09.90	11-12	100 M Free	1:09.70	10
11	1:06.00	13-14	100 M Free	1:02.50	12
	1:04.30	15 & UP	100 M Free	58.10	
13	20:25.30	13-14	1500 M Free*	19:48.40	14
	20:09.10	15 & UP	1500 M Free*	18:56.10	
15	9:52.10	13-14	800 M Fr Relay	9:28.20	16
17	9:30.80	15 & UP	800 M Fr Relay	8:48.90	18

NOTE: The 1500 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys, with the Fastest Heat of Girls and Boys swimming as the last two individual events of the Finals session. The 1500 M Freestyle will be placed and scored by Age Group. Swimmers in the 1500 M Freestyle should provide one (1) timer for three (3) heats, as well as providing their own lap counters. 1500 FREE will be closed to swim one hour prior to the event swimming.

FRIDAY, JULY 22, 8:30 AM START. Warm up - 7 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
19	1:38.30	5-10	100 M Fly	1:38.70	20
21	2:24.20	13-14	200 M Free	2:17.00	22
	2:19.20	15 & UP	200 M Free	2:07.70	
23	2:54.90	5-10	200 M Free	2:55.20	24
25	2:32.10	11-12	200 M Free	2:31.10	26
27	1:33.90	5-10	100 M Back	1:34.90	28
29	5:49.50	13-14	400 M IM	5:34.50	30
29	5:43.20	15 & UP	400 M IM	5:18.70	
31	49.10	5-10	50 M Breast	50.00	32
33	42.70	11-12	50 M Breast	42.90	34
35	1:27.60	13-14	100 M Breast	1:22.60	36
	1:25.20	15 & UP	100 M Breast	1:16.60	
37	2:28.80	5-10	200 M Fr Relay	2:30.10	38
39	2:12.60	11-12	200 M Fr Relay	2:12.10	40
41	2:06.60	13-14	200 M Fr Relay	1:59.70	42
43	2:03.50	15 & UP	200 M Fr Relay	1:51.40	44
45	2:54.70	5-10	200 M Med Relay	2:57.10	46
47	2:33.00	11-12	200 M Med Relay	2:34.30	48
49	5:15.20	13-14	200 M Med Relay**	5:02.20	50
51	5:12.60	15 & UP	200 M Med Relay**	4:38.50	52

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
53	1:20.10	5-10	100 M Free	1:20.30	54
55	5:20.90	11-12	400 M Free	5:25.30	56
57	5:02.90	13-14	400 M Free	4:54.00	58
37	4:55.00	15 & UP	400 M Free	4:31.10	
59	41.20	5-10	50 M Fly	41.50	60
61	35.30	11-12	50 M Fly	35.50	62
63	1:14.40	13-14	100 M Fly	1:10.40	64
03	1:11.70	15 & UP	100 M Fly	1:04.00	
65	3:17.10	5-10	200 M IM	3:17.30	66
67	2:52.00	11-12	200 M IM	2:52.60	68
69	2:43.40	13-14	200 M IM	2:35.10	70
	2:38.90	15 & UP	200 M IM	2:25.30	
71	5:35.10	11-12	400 M Med Relay	5:38.60	72
73	5:15.20	13-14	400 M Med Relay	5:02.20	74
75	5:12.60	15 & UP	400 M Med Relay	4:38.50	76

SUNDAY, JULY 24, 8:30 AM START. Warm up - 7 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
77	1:46.40	5-10	100 M Breast	1:48.30	78
79	1:32.10	11-12	100 M Breast	1:33.00	80
81	3:08.80	13-14	200 M Breast	3:00.20	82
	3:06.60	15 & UP	200 M Breast	2:49.50	
83	43.30	5-10	50 M Back	43.60	84
85	38.00	11-12	50 M Back	38.20	86
87	1:16.80	13-14	100 M Back	1:13.70	88
87	1:14.90	15 & UP	100 M Back	1:08.20	
89	36.20	5-10	50 M Free	36.00	90
91	32.10	11-12	50 M Free	31.90	92
93	30.40	13-14	50 M Free	28.60	94
	29.60	15 & UP	50 M Free	26.60	
95	10:36.80	13-14	800 M Free*	10:12.20	96
	10:20.60	15 & UP	800 M Free*	9:42.60	
97	4:48.20	11-12	400 M Fr Relay	4:49.70	98
99	4:34.50	13-14	400 M Fr Relay	4:21.20	100
101	4:24.60	15 & UP	400 M Fr Relay	4:01.20	102

\* NOTE: The 800 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys. The fastest Heat of Girls and Boys swimming the 800 M Freestyle will be during the Finals session after events #82 and #88, respectively. Swimmers in the 800 M Freestyle should provide one (1) timer for three (3) heats, as well as providing their own lap counters. 800 FREE will close for check in at 5:00 pm Saturday. Coaches may check swimmers in for the 800.

<sup>\*\*</sup> NOTE: Enter 13-14 and 15-Up 200 Medley Relay using 400 Medley Relay proven time.

### Riverside Aquatics Association Swim Team is Proud to Host



## **Southern California Swimming 2022 Summer Junior Olympics** July 21-24, 2022



### **Partnering Hotels**



Marriott Riverside 3400 Market Street, Riverside, CA 92501

9 blocks from the Riverside Aquatics Complex Reservations: (800) 228-9290 Group Code: JOY

Booking Link: https://www.marriott.com/event-reservations/reservation-link.mi?

id=1650911715687&key=GRP&app=resvlink

Rate: \$145.00

Amenities: Complimentary Wi-Fi and Parking \$20.00



**Courtyard by Marriott Riverside Downtown** 1510 University Avenue, Riverside, CA 92507

1.5 Miles to Riverside Aquatics Complex

Reservations: (951) 276-1200 Group Code: OLY

Booking Link: https://www.marriott.com/event-reservations/reservation-link.mi?

id=1650407440266&key=GRP&app=resvlink

Rate: \$129.00

Amenities: Complimentary Wi-Fi and Parking \$10.00



#### Quality Inn

1590 University Avenue, Riverside, CA 92507

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1.5 miles from Riverside Aquatics Complex

Reservations: (951) 683-6000

Rate: \$119.00

Amenities: Complimentary hot breakfast, Wi-Fi, and Parking

\*\*If calling a hotel directly to make your reservation, please reference group code or "RAA Junior Olympics" for discounted rate\*\*

#### **Competition Location**

**Riverside Aquatics Complex Riverside City College** 4800 Magnolia Avenue, Riverside, CA 92506



PARKING PERMIT REQUIRED \$5.00/day passes available onsite or online: https://parkmobile.jo





PARKMOBILE.COM