

CHS Summer Sharkfest RW SC Meet

Sanctioned by: USA Swimming & Southern California Swimming

Sanction No. S19-248

Sponsored By: CHS & Eastern Committee

Received by deadline: 5:00 pm, Wednesday July 10, 2019

Date of Meet: July 20-21, 2019

Start of Meet: 8:30 am, Saturday & Sunday

Warm-up: 7:00 am, Saturday & Sunday

POOL: Chino Hills High School 16150 Pomona Rincon Rd. Chino Hills 91709

DIRECTIONS: From the East-Take 60 West, exit Central & make a left. Make another left on Pomona Rincon, school is on the right. From the West, take 60 East, exit Central & make a right. Make a left on Pomona Rincon, school is on the right.

COURSE: Outdoor 25 yard x 35 meter pool with 8 competition lanes and two warm-up lanes. Pool depth: start end 8, turn end 8. The competition course has been certified in accordance with 104.2.2(C).

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Paul Szuszkiewicz - pszsz@hotmail.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on July 20, 2019 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 Freestyle are requested to furnish their own lap counters and timers for three heats. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org.**

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Eastern Committee athletes who hold 2019 USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry. **As of June 23, 2019, all athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (within 30 days of turning 18), in order to compete.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee..

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers may not enter events in which they have achieved the MAXIMUM time listed or faster. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS: Team High Point plaques for 1st thru 6th place based on scoring below.

Red Division: Medals for 1st thru 3rd place; Ribbons for 4th thru 6th place White Division: Ribbons for 1st thru 6th place

Relays: Medals for 1st place; Ribbons for 2nd thru 3rd place Events will be scored for places first through sixth and relays 1st through 3rd as follows: Red division: 20, 16, 14, 12, 11, 10 White division: 8, 6, 4, 3, 2, 1 Relays: 40, 32, 28

ENTRY FEES: **\$4.00** for each individual event along with a **\$10.00** surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$8.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, July 10, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO:

Jan Szuszkiewicz

Email for team electronic entries only: ruszim@hotmail.com

23283 Sonnet Dr.

Questions: SCS Office (310-684-1151) or meet processor

Moreno Valley, CA 92557

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Summer Sharkfest RW SC Meet

hosted by CHINO HILLS Aquatics

July 20-21, 2019

ENTRIES MUST BE RECEIVED BY 5:00 PM: Wednesday, July 10, 2019

This meet is subject to the 4 hour rule per session.

Events will be swum fastest to slowest, starred events swum together awarded separately.

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

500 yd events will be swum alternating girls and boys, swimmers are requested to provide own timers, and lap counters.

5-8 year olds may swim a distance only once (may not swim the same distance both Saturday and Sunday).

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

Saturday

Girls	Min/Max				Min/Max	Boys
1	/1:17.71	11-12	100	yd	IM	/1:17.71
2	/1:41.21	5-8	100	yd	IM	/1:38.51
3						3
4	/1:26.61	7-10	100	yd	IM	/1:26.91
5						5
6*	/25.61	5-8	25	yd	Butterfly	/25.61
7*						7*
8	/38.31	7-10	50	yd	Butterfly	/38.21
9						9
10	/34.31	11-12	50	yd	Butterfly	/34.51
11	/28.81	5-8	25	yd	Breaststroke	/28.01
12						12
13	1:02.80/52.31	5-8	50	yd	Breaststroke	1:01.20/51.01
14						14
15	/1:40.01	7-10	100	yd	Breaststroke	/1:40.51
16						16
17	/1:28.91	11-12	100	yd	Breaststroke	/1:29.01
18	/26.61	5-8	25	yd	Backstroke	/25.91
19						19
20	57.80/48.11	5-8	50	yd	Backstroke	56.30/46.81
21						21
22	/1:28.61	7-10	100	yd	Backstroke	/1:28.71
23						23
24	/1:17.91	11-12	100	yd	Backstroke	/1:20.51
25*	/21.71	5-8	25	yd	Freestyle	/21.11
26*						26*
27	/1:14.71	7-10	100	yd	Freestyle	/1:14.31
28						28
29	/1:06.71	11-12	100	yd	Freestyle	/1:06.21
30	Mixed	5-8	100	yd	Medley Relay	Mixed
31	DECK	7-10	200	yd	Medley Relay	DECK
32						32
33	ENTERED	11-12	200	yd	Medley Relay	ENTERED
Minimum 45 minute Break						
	/34.31	11-12	50	yd	Butterfly	/34.51
34						34
35	/1:11.01	13-14	100	yd	Butterfly	/1:07.71
36						36
37	/1:11.11	15-UP	100	yd	Butterfly	/1:05.11
38						38
	/1:28.91	11-12	100	yd	Breaststroke	/1:29.01
39						39
40*	/3:01.71	13-14	200	yd	Breaststroke	/2:50.81
41*						41*
40*	/3:00.81	15-UP	200	yd	Breaststroke	/2:43.01
41*						41*
	/1:17.91	11-12	100	yd	Backstroke	/1:20.51
42						42
43*	/2:39.61	13-14	200	yd	Backstroke	/2:31.01
44*						44*
43*	/2:33.81	15-UP	200	yd	Backstroke	/2:23.91
44*						44*
	/1:06.71	11-12	100	yd	Freestyle	/1:06.21
45						45
46	/1:03.41	13-14	100	yd	Freestyle	/59.61
47						47
48	/1:02.81	15-UP	100	yd	Freestyle	/57.41
49						49
	/1:17.71	11-12	100	yd	IM	/1:17.71
50						50
51	/2:36.61	13-14	200	yd	IM	/2:29.01
52						52
53	/2:37.71	15-UP	200	yd	IM	/2:21.71
54						54
		11-12	200	yd	Medley Relay	
55						55
56	DECK	13-14	200	yd	Medley Relay	DECK
57						57
58	ENTERED	15-UP	200	yd	Medley Relay	ENTERED
59						59
60*	/5:59.61	13-14	500	yd	Freestyle	/5:48.61
61*						61*
60*	/5:57.41	15-UP	500	yd	Freestyle	/5:34.81
61*						61*

Sunday

Girls	Min/Max				Min/Max	Boys
62	/2:46.21	11-12	200	yd	IM	
63*	/26.61	5-8	25	yd	Backstroke	/25.91
64*						64*
65	/40.51	7-10	50	yd	Backstroke	/40.41
66						66
67	/36.21	11-12	50	yd	Backstroke	/36.61
68	/21.71	5-8	25	yd	Freestyle	/21.11
69						69
70	/40.51	5-8	50	yd	Freestyle	/39.41
71						71
72	/33.91	7-10	50	yd	Freestyle	/34.11
73						73
74	/30.71	11-12	50	yd	Freestyle	/30.81
75	/25.61	5-8	25	yd	Butterfly	/25.61
76						76
77	55.60/46.31	5-8	50	yd	Butterfly	56.40/47.01
78						78
79	/1:29.31	7-10	100	yd	Butterfly	/1:29.41
80						80
81	/1:16.11	11-12	100	yd	Butterfly	/1:18.21
82*	/28.81	5-8	25	yd	Breaststroke	/28.01
83*						83*
84	/45.61	7-10	50	yd	Breaststroke	/45.61
85						85
86	/40.81	11-12	50	yd	Breaststroke	/41.01
87	/1:28.41	5-8	100	yd	Freestyle	/1:25.01
88						88
89	/2:42.01	7-10	200	yd	Freestyle	/2:41.81
90						90
91	/2:24.11	11-12	200	yd	Freestyle	/2:24.61
92		5-8	100	yd	Freestyle Relay	
93						93
94	DECK	7-10	200	yd	Freestyle Relay	DECK
95						95
96	ENTERED	11-12	200	yd	Freestyle Relay	ENTERED
Minimum 45 minute Break						
	/36.21	11-12	50	yd	Backstroke	/36.61
97						97
98	/1:14.11	13-14	100	yd	Backstroke	/1:11.31
99						99
100	/1:14.51	15-UP	100	yd	Backstroke	/1:08.21
101						101
	/30.71	11-12	50	yd	Freestyle	/30.81
102						102
103	/29.31	13-14	50	yd	Freestyle	/27.51
104						104
105	/29.31	15-UP	50	yd	Freestyle	/26.51
106						106
	/1:16.11	11-12	100	yd	Butterfly	/1:18.21
107						107
108*	/2:40.51	13-14	200	yd	Butterfly	/2:33.31
109*						109*
108*	/2:36.61	15-UP	200	yd	Butterfly	/2:21.61
109*						109*
	/40.81	11-12	50	yd	Breaststroke	/41.01
110						110
111	/1:23.41	13-14	100	yd	Breaststroke	/1:19.11
112						112
113	/1:23.91	15-UP	100	yd	Breaststroke	/1:15.81
114						114
		11-12	200	yd	IM	/2:24.61
115						115
116*	/2:16.11	13-14	200	yd	Freestyle	/2:10.91
117*						117*
116*	/2:16.41	15-UP	200	yd	Freestyle	/2:04.81
117*						117*
		11-12	200	yd	Freestyle	/2:46.51
118		15-up	200	yd	Freestyle Relay	
119						119
120	DECK	13-14	200	yd	Freestyle Relay	DECK
121						121
	ENTERED	11-12	200	yd	Freestyle Relay	ENTERED
122						122