

ANAHEIM AQUATICS ASSOCIATION SHORT COURSE AGE GROUP SWIM MEET

DATE OF MEET:

December 2 & 3, 2023

Sanctioned by: USA Swimming and SCS
Sanction Number: S23 - 325
Sponsored by: Anaheim Aquatics Association
Orange Committee

ENTRIES RECEIVED BY 5:00PM: **November 22, 2023 (WEDNESDAY)**

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

**This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: AAA, DA, FAST, PTRT, SACA, SOCIAL, STOP, WASC

PM session will begin no sooner than 11:30 am or 35 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee

POOL: CANYON HIGH SCHOOL, 220 S. IMPERIAL HIGHWAY, ANAHEIM, CA.

COURSE: CANYON HIGH SCHOOL pool is an outdoor 25 yard pool with eight (8) swimming lanes and a warm up area. This competition course has been certified in accordance with 104.2.2 (C), on file with USA Swimming. Pool Depth Measurements at Start End Lane 1 = 6.1' to Lane 8 = 4.8', Turn End Lane 1 = 11.7' to Lane 8 = 4.7'.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.

MEET REFEREE: Andrew Jones shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to awljones@yahoo.com.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2023 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. **THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION.** After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group determined by their age on **December 2, 2023.** All coaches and officials on deck must complete the CDC or NFHS Concussion course, CANRA and CA. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0) will govern this meet.

SPECIAL NOTICE: Swimmers may swim a maximum of THREE (3) events per day. **AAA will limit entries to meet the "4 Hour" rule for each session.** Each Team is asked to provide timers. Swimmers in the 500 Freestyle and the 1000 Freestyle and are asked to provide timers for three heats. Please provide your own lap counters. There will be a minimum of two 30 minute warm-up periods per session or at the discretion of the meet referee. Teams will be notified as to which warm-up period they have been assigned prior to the first day of the meet. **ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST. RELAYS WILL BE SWUM, TIME PERMITTING.**

RECORDING DEVICES

& MEDIA NOTICE: The use of audio-visual recording devices including cell phones are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

DECK CHANGES: Deck Changes are prohibited.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech Suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet for 12 & Under swimmers.

RACNG START

CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2023 or 2024 USA Swimming members. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late of deck registration will be accepted. In order to compete, all athletes 18 or older must complete the free online ATHLETE PROTECTION TRAINING prior to the start of the meet.

CHANGE OF

AFFILIATION: Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached but is responsible for completing the Club Transfer process online in SWIMS 3.0.

SUBMITTED

TIMES: Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by the meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at "NT" (see 2023 Swim Guide for exceptions). Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: INDIVIDUAL EVENTS: "Blue" "Red" and "White" Division RIBBONS 1st through 8th
RELAYS: RIBBONS 1st through 3rd
The following age groups will be awarded: 5/6, 7/8, 7-10, 11/12

ENTRY FEE: **\$5.50 for each INDIVIDUAL EVENT, plus \$15.00 SURCHARGE per swimmer must accompany each individual entry, \$10.00 per deck entered Relay.** E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted by due date if SPACE IS AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00PM, WEDNESDAY, NOVEMBER 22, 2023. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

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| MAKE CHECKS PAYABLE TO: | ANAHEIM AQUATICS ASSOCIATION |
| EMAIL TO: | DIVANJ@COX.NET |
| And MAIL TO: | JUDI DIVAN |
| (Include Swimmer's name and SCS Number) | 33561 CALLE MIRAMAR |
| | SAN JUAN CAPISTRANO, CA 92675 |

For further meet Information email kenny@anaheimaquatics.org Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

ANAHEIM AQUATICS ASSOCIATION SHORT COURSE AGE GROUP SWIM MEET

Date of Meet: December 2 & 3, 2023

Entries Must be Received by: **November 22, 2023 (Wednesday)**

**AAA WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION
YOU MAY SWIM A MAXIMUM OF 3 EVENTS PER DAY**

**ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST
Times submitted must be Best Recorded Times short course or long course.**

PM Session will begin no sooner than 11:30 am or a minimum of 30 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee

The Following teams may enter this meet: AAA, DA, FAST, PTRT, SACA, SOCAL, STOP, WASC

| Girls | | Saturday, December 2, 2023 | | | 8:30 am | Boys | |
|-------|---------------|----------------------------|----------------------------|------|---------|------|--|
| No. | | Age | Event | Age | No. | | |
| 1 | | 7-10 | 200 Yard Freestyle | 7-10 | 2 | | |
| 3 | | 5-8 | 100 Yard Freestyle | 5-8 | 4 | | |
| 5 | | 7-10 | 50 Yard Backstroke | 7-10 | 6 | | |
| 7 | | 5-8 | 25 Yard Backstroke | 5-8 | 8 | | |
| 9 | | 7-10 | 100 Yard Breaststroke | 7-10 | 10 | | |
| 11 | | 5-8 | 50 Yard Breaststroke | 5-8 | 12 | | |
| 13 | | 7-10 | 50 Yard Butterfly | 7-10 | 14 | | |
| 15 | | 5-8 | 25 Yard Butterfly | 5-8 | 16 | | |
| 17 | | 7-10 | 50 Yard Freestyle | 7-10 | 18 | | |
| 19 | | 5-8 | | 5-8 | 20 | | |
| 21 | | 7-10 | 100 Yard Individual Medley | 7-10 | 22 | | |
| 23 | Coach Entered | 5-8 | 100 Yard Freestyle Relay | 5-8 | 24 | | |
| 25 | On Deck | 7-10 | 200 Yard Freestyle Relay | 7-10 | 26 | | |

| Girls | | Sunday, December 3, 2023 | | | 8:30am | Boys | |
|-------|---------------|--------------------------|----------------------------|------|--------|------|--|
| No. | | Age | Event | Age | No. | | |
| 55 | | 7-10 | 200 Yard Individual Medley | 7-10 | 56 | | |
| 57 | | 5-8 | 100 Yard Individual Medley | 5-8 | 58 | | |
| 59 | | 7-10 | 100 Yard Backstroke | 7-10 | 60 | | |
| 61 | | 5-8 | 50 Yard Backstroke | 5-8 | 62 | | |
| 63 | | 7-10 | 100 Yard Freestyle | 7-10 | 64 | | |
| 65 | | 5-8 | 25 Yard Freestyle | 5-8 | 66 | | |
| 67 | | 7-10 | 100 Yard Butterfly | 7-10 | 68 | | |
| 69 | | 5-8 | 50 Yard Butterfly | 5-8 | 70 | | |
| 71 | | 7-10 | 50 Yard Breaststroke | 7-10 | 72 | | |
| 73 | | 5-8 | 25 Yard Breaststroke | 5-8 | 74 | | |
| 75 | Coach Entered | 7-10 | 200 Yard Medley Relay | 7-10 | 76 | | |
| 77 | On Deck | 5-8 | 100 Yard Medley Relay | 5-8 | 78 | | |

PM Session will begin no sooner than 11:30 am or a minimum of 30 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee

| | | | | | | | |
|----|---------------|---------|----------------------------|---------|----|--|--|
| 27 | | 11/12 | 200 Yard Freestyle | 11/12 | 28 | | |
| 29 | | 13 & Up | | 13 & Up | 30 | | |
| 31 | | 11/12 | 50 Yard Backstroke | 11/12 | 32 | | |
| 33 | | 13 & Up | 100 Yard Breaststroke | 13 & Up | 34 | | |
| 35 | | 11/12 | | 11/12 | 36 | | |
| 37 | | 13 & Up | 100 Yard Butterfly | 13 & Up | 38 | | |
| 39 | | 11/12 | | 11/12 | 40 | | |
| 41 | | 13 & Up | 200 Yard Backstroke | 13 & Up | 42 | | |
| 41 | | 11/12 | | 11/12 | 42 | | |
| 43 | | 11/12 | 100 Yard Freestyle | 11/12 | 44 | | |
| 45 | | 13 & Up | | 13 & Up | 46 | | |
| 47 | | 11/12 | 100 Yard Individual Medley | 11/12 | 48 | | |
| 49 | Coach Entered | 13 & Up | 400 Yard Freestyle Relay | 13 & Up | 50 | | |
| 51 | On Deck | 11/12 | 200 Yard Freestyle Relay | 11/12 | 52 | | |
| 53 | 6:32.30 | 13 & Up | 500 Yard Freestyle | 6:20.30 | 54 | | |
| | 6:59.50 | 11/12 | | 7:05.30 | | | |

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|-----|---------------|---------|----------------------------|----------|-----|--|--|
| 79 | | 11/12 | 200 Yard Individual Medley | 11/12 | 80 | | |
| 81 | | 13 & Up | | 13 & Up | 82 | | |
| 83 | | 11/12 | 50 Yard Breaststroke | 11/12 | 84 | | |
| 85 | | 13 & Up | 100 Yard Backstroke | 13 & Up | 86 | | |
| 87 | | 11/12 | | 11/12 | 88 | | |
| 89 | | 13 & Up | 200 Yard Breaststroke | 13 & Up | 90 | | |
| 89 | | 11/12 | | 11/12 | 90 | | |
| 91 | | 11/12 | 50 Yard Butterfly | 11/12 | 92 | | |
| 93 | | 13 & Up | 200 Yard Butterfly | 13 & Up | 94 | | |
| 93 | | 11/12 | | 11/12 | 94 | | |
| 95 | | 13 & Up | 50 Yard Freestyle | 13 & Up | 96 | | |
| 97 | | 11/12 | | 11/12 | 98 | | |
| 99 | Coach Entered | 13 & Up | 400 Yard Medley Relay | 13 & Up | 100 | | |
| 101 | On Deck | 11/12 | 200 Yard Medley Relay | 11/12 | 102 | | |
| 103 | 13:45.80 | 13 & Up | 1000 Yard Freestyle | 13:30.70 | 104 | | |
| | 13:44.69 | 11/12 | | 13:30.19 | | | |

*The 500 and 1000 Freestyle will be swum alternating girls and boys, and are asked to provide timers for 3 heats and their own lap counters.

There will be two 30 minute warm-up periods per session. Teams will be notified as to which warm-up period they have been assigned prior to the first day of the meet
****Relays will be swum, time permitting**