

YST "Fly Into Spring" April BR/W LC Meet

Sanctioned by: USA Swimming & Southern California Swimming Sanction No. S18-062
Sponsored by: YST & Eastern Committee Received by deadline: 5:00 pm, Wednesday April 11, 2018
Date of Meet: April 21-22, 2018 Start of Meet: 8:30 am, Saturday & Sunday
Warm-up: 7:00 am, Saturday & Sunday

POOL: Crafton Hills College Aquatics Center - 11711 Sand Canyon Road, Yucaipa, CA 92399 **CLOSED DECK** - only athletes, officials, coaches, and volunteer workers will be permitted on deck. Teams are allowed one team photographer per session who must see YST & College Administrator prior to each session. **NO FOOD ALLOWED ON DECK.** Teams may set up tarps/EZ Ups in grass area only, no folding chairs or tarps/EZ Ups in spectator bleachers. Additional meet parking in lots I & H.

DIRECTIONS: From I-10 W, exit Yucaipa Blvd, turn left. From I-10 E, exit Yucaipa Blvd, turn right At Sand Canyon Rd/14th St, turn left. College entrance is on the right.

COURSE: Outdoor 50 meter x 25 yard with 7 competition lanes plus one lane will be open for warm-up/down throughout the meet. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end 7', turn end 7'.

WARM-UP Procedures: Safety Rule: All swimmers must use a three point slide in entries when entering the pool for warm up or warm down. All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Mike Sheppard - cattywampus@roadrunner.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on April 21, 2018 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 400 and 800 freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted at this meet. **Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org**

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to all Eastern Committee athletes who hold 2018 USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place Red Division: Ribbons 1st - 6th place
White Division: Ribbons 1st - 6th place Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: \$4.00 for each individual event along with a \$9.00 surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, April 11, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming
Email for team electronic entries only: fredies6@hotmail.com
Questions: SCS Office (310-684-1151) or meet processor

MAIL ENTRIES TO: Julie Fredericks
PO Box 624
Yucaipa, CA 92399

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

High School swimmers are responsible for making sure they are UNATTACHED at this meet.

YST "Fly Into Spring" April LC Meet
 April 21-22, 2018

ENTRIES MUST BE RECEIVED BY 5:00 PM: April 11, 2018 (Wednesday)

This meet is subject to the 4 hour rule per session. Relays swum time permitting.
 Times submitted must be best recorded times short or long course, maximum 4 individual events per day.
 Events will be swum fastest to slowest, starred events swum together awarded separately.
 7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups
 No awards for open events - swimmers must be at least 11 years old and meet time standard to compete in open events.
 Events 400 m and longer will be swum alternating girls and boys, swimmers are requested to provide own timers and lap cc
11-12 year old swimmers entering the 400 IM enter 200 IM times.

Saturday							
GIRLS	MIN	AGE			STROKE	MIN	BOYS
1	2:57.70	11-12	BR	200	m Freestyle	2:58.40	2
3	3:19.30	7-10	BR	200	m Freestyle	3:19.00	4
5	3:05.70	11-12	B	200	m Butterfly	3:07.20	6
7	1:05.30	5-8	BR	50	m Backstroke	1:03.80	8
9	45.40	11-12	BR	50	m Backstroke	45.80	10
11	50.60	7-10	BR	50	m Backstroke	50.50	12
13	3:25.00	11-12	BR	200	m IM	3:25.30	14
15	3:49.30	7-10	BR	200	m IM	3:50.40	16
17	38.00	11-12	BR	50	m Freestyle	37.60	18
19	41.90	7-10	BR	50	m Freestyle	41.50	20
21	54.70	5-8	BR	50	m Freestyle	53.30	22
23	1:49.10	11-12	BR	100	m Breaststroke	1:49.20	24
25	2:02.40	7-10	BR	100	m Breaststroke	2:03.10	26
27	3:09.20	11-12	B	200	m Backstroke	3:11.80	28
29		5-8		200	m Free Relay		30
31	Deck Entered	7-10		200	m Free Relay	Deck Entered	32
33		11-12		200	m Free Relay		34
*****BREAK DETERMINED BY MEET REFEREE*****							
35	5:47.30	OPEN		400	m Freestyle	5:46.60	36
*****45 MINUTE BREAK*****							
37*		13-14	BRW	200	m Backstroke		38*
37*		15-up	BRW	200	m Backstroke		38*
39		13-14	BRW	100	m Butterfly		40
41		15-up	BRW	100	m Butterfly		42
43		13-14	BRW	50	m Freestyle		44
45		15-up	BRW	50	m Freestyle		46
47*	6:55.10	13-14	BR	400	m IM	6:33.00	48*
47*	6:37.70	15-up	BR	400	m IM	6:12.80	48*
49		13-14	BRW	200	m Freestyle		50
51		15-up	BRW	200	m Freestyle		52
53		13-14	BRW	100	m Breaststroke		54
55		15-up	BRW	100	m Breaststroke		56
57		13-14		200	m Free Relay		58
59	Deck Entered	15-up		200	m Free Relay	Deck Entered	60

Sunday									
GIRLS	MIN	AGE			STROKE	MIN	BOYS		
61	3:31.00	11-12	B	200	m Breaststroke	3:31.20	62		
63	1:02.40	5-8	BR	50	m Butterfly	1:03.20	64		
65	41.90	11-12	BR	50	m Butterfly	42.70	66		
67	47.20	7-10	BR	50	m Butterfly	47.00	68		
69	3:07.90	11-12	B	400	m IM (use 200 time)	3:08.20	70		
71	1:59.20	5-8	BR	100	m Freestyle	49.80	72		
73	1:22.40	11-12	BR	100	m Freestyle	56.00	74		
75	1:32.00	7-10	BR	100	m Freestyle	3:08.20	76		
77	1:10.30	5-8	BR	50	m Breaststroke	1:54.60	78		
79	50.20	11-12	BR	50	m Breaststroke	1:22.00	80		
81	56.00	7-10	BR	50	m Breaststroke	1:31.60	82		
83	1:37.60	11-12	BR	100	m Backstroke	1:39.00	84		
85	1:50.30	7-10	BR	100	m Backstroke	1:50.50	86		
87	1:35.30	11-12	BR	100	m Butterfly	1:36.10	88		
89	1:49.70	7-10	BR	100	m Butterfly	1:49.80	90		
91		11-12		200	m Medley Relay		92		
93	Deck Entered	7-10		200	m Medley Relay	Deck Entered	94		
95		5-8		200	m Medley Relay		96		
*****BREAK DETERMINED BY MEET REFEREE*****									
97	22:11.60	OPEN		1500	m Freestyle	22:10.90	98		
*****45 MINUTE BREAK*****									
99*		13-14	BRW	200	m Butterfly		100*		
99*		15-up	BRW	200	m Butterfly		100*		
101		13-14	BRW	100	m Backstroke		102		
103		15-up	BRW	100	m Backstroke		104		
105*		13-14	BRW	200	m Breaststroke		106*		
105*		15-up	BRW	200	m Breaststroke		106*		
107		13-14	BRW	100	m Freestyle		108		
109		15-up	BRW	100	m Freestyle		110		
111		13-14	BRW	200	m IM		112		
113		15-up	BRW	200	m IM		114		
115	Deck Entered	13-14		200	m Medley Relay	Deck Entered	116		
117		15-up		200	m Medley Relay		118		