

SAN CLEMENTE AQUATICS "BRW" SHORT COURSE AGE GROUP SWIM MEET

Sanctioned by: USA Swimming and SCS
Sanction Number: S19-269
Sponsored by: San Clemente Aquatics
Orange Committee

DATE OF MEET: October 12 & 13, 2019
ENTRIES RECEIVED BY 5:00PM: OCTOBER 2, 2017 (WEDNESDAY)

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

**This is an Orange Committee Meet, the following teams are eligible to enter: COTO, DA, GSC, LTSC, ORCA, RAYS, SCAL, SCAT, SET, SOKA, STOP, WASC

2ND Sessions will begin no sooner than 11:00 AM or 30 Minutes (per session) after the conclusion of the 1ST Session or at the discretion of the meet Referee

- POOL:** VISTA HERMOSA SPORTS PARK, 987 Vista Hermosa, San Clemente, CA. Drop off in front of complex only, ample parking in the 3 lots.
- COURSE:** VISTA HERMOSA SPORTS PARK POOL is a 25 yard by 50 meter pool with 8 swimming lanes and a warmup area. This competition course has been certified in accordance with 104.2.2 (C), on file with USA Swimming. Pool Depth Start End = 10', Turn End = 10'.
- WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.
- MEET REFEREE:** Cami Stein shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to CamiStein2019@gmail.com.
- RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2019 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH.** Swimmers in the first four events of each session must check in THIRTY MINUTES prior to the start of the session. Swimmers must swim in their actual Age Group as determined by their age on **October 12, 2019** and must be at least 5 Years old. All coaches on deck must complete the CDC of NFHS Concussion course.
- SPECIAL NOTICE:** Swimmers may swim a maximum of THREE events per day. **SCAT will limit entries to meet the "4 Hour" rule for each session.** Each team is asked to provide timers. Swimmers in the 500 Yard Freestyle and the 400 IM are requested to provide timers for three heats. Please provide your own lap counters. 7/8 year old swimmers may enter 5-8 or 7-10 events but not a combination. If needed, 200's of stroke will be swum alternating girls & boys. **ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.** AM sessions will swim combined girls and boys. PM sessions will swim by GENDER. Relays will be swum time permitting.
- RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
- DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **"Tech" suits are not permitted at this meet.** Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS Website.
- DECK CHANGES:** Deck Changes are prohibited.
- RACING START CERTIFICATION:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2019 or 2020 USA SWIMMING REGISTERED. SCS athletes must be members of the Orange Committee. NO ON-DECK ENTRIES. Registration applications must be received by **October 2, 2019** by the meet processor, administrative referee or SCS office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, part One, III, B. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (within 30 days of their 18th birthday) in order to compete.
- CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.
- SUBMITTED TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
- QUALIFYING TIMES:** If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at the minimum (see 2018 Swim Guide for exceptions). After entries close, non-conforming times will be converted by meet admin for seeding purposes only.
- AWARDS:** INDIVIDUAL EVENTS: "BLUE" and "RED" and "WHITE" Divisions: RIBBONS 1st through 8th
Ribbons will be awarded to the following age groups: 5/6, 7/8, 7-10, 11/12
- ENTRY FEES:** **\$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry card.** Relays - \$10.00. E-Mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. Do not resend an entry file. A REPLACEMENT FILE FOR THE TEAM WILL NOT BE PROCESSED. Deletions will NOT be refunded.
- ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, OCTOBER 2, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL TO:	suzshep@roadrunner.com
OR MAIL TO:	Susie Sheppard
(Include Swimmer's name and SCS Number)	11110 Davis Street, Moreno Valley, CA 92557

For further meet information call: Kymberly Sabins 949-922-2574 Receipt of entry will not be verified by phone or email

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

SAN CLEMENTE AQUATICS "BRW" SHORT COURSE AGE GROUP SWIM MEET

Date of Meet: October 12 & 13, 2019

ENTRIES RECEIVED BY 5:00PM: **October 2, 2019 (WEDNESDAY)**

Times submitted must be Best Recorded Times short course or long course.

YOU MAY SWIM A MAXIMUM OF 3 EVENTS PER DAY

SCA WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

PM Session will begin no sooner than 11:00 AM or 30 Minutes (per session) after the conclusion of the AM Session or at the discretion of the Meet Referee

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

RELAYS WILL BE SWUM TIME PERMITTING

AM SESSIONS ARE COMBINED BOYS AND GIRLS, PM SESSIONS WILL BE SWUM BY GENDER

The following teams may enter this meet: COTO, DA, GSC, LTSC, ORCA, RAYS, SCAL, SCAT, SET, SOKA, STOP, WASC

Girls Saturday, October 12, 2019 9:00 am Boys

No.	Age	Event	Age	No.
1	7-10	100 Yard Individual Medley	7-10	1
2	5-8	100 Yard Individual Medley	5-8	2
3	7-10	50 Yard Breaststroke	7-10	3
4	5-8	25 Yard Breaststroke	5-8	4
5	7-10	100 Yard Butterfly	7-10	5
6	5-8	50 Yard Backstroke	5-8	6
7	7-10	50 Yard Freestyle	7-10	7
8	5-8	50 Yard Freestyle	5-8	8
9	7-10	100 Yard Backstroke	7-10	9
10	5-8	25 Yard Butterfly	5-8	10
11	7-10	200 Yard Medley Relay	Deck Entered	11
12	5-8	100 Yard Medley Relay	by Coach	12
13	7-10	200 Yard Freestyle	7-10	13

Girls Sunday, October 13, 2019 9:00 am Boys

No.	Age	Event	Age	No.
43	5-8	100 Yard Freestyle	5-8	43
44	7-10	50 Yard Backstroke	7-10	44
45	5-8	25 Yard Freestyle	5-8	45
46	7-10	100 Yard Freestyle	7-10	46
47	5-8	50 Yard Butterfly	5-8	47
48	7-10	50 Yard Butterfly	7-10	48
49	5-8	25 Yard Backstroke	5-8	49
50	7-10	100 Yard Breaststroke	7-10	50
51	5-8	50 Yard Breaststroke	5-8	51
52	7-10	200 Yard Freestyle Relay	Deck Entered	52
53	5-8	100 Yard Freestyle Relay	by Coach	53
54	7-10	200 Yard Individual Medley	7-10	54

PM Session will begin no sooner than 11:00 AM or 30 Minutes (per session) after the conclusion of the AM Session or at the discretion of the Meet Referee

15	11/12	200 Yard Freestyle	11/12	16
17	13 & Up	200 Yard Freestyle	13 & Up	18
19	11/12	50 Yard Breaststroke	11/12	20
21	13 & Up	100 Yard Breaststroke	13 & Up	22
23	11/12	100 Yard Butterfly	11/12	24
25	11/12	200 Yard Backstroke	11/12	26
	13 & Up	200 Yard Backstroke	13 & Up	
27	11/12	100 Yard Breaststroke	11/12	28
29	13 & Up	50 Yard Freestyle	13 & Up	30
31	11/12	50 Yard Freestyle	11/12	32
33	11/12	200 Yard Butterfly	11/12	34
	13 & Up	200 Yard Butterfly	13 & Up	
35	11/12	100 Yard Individual Medley	11/12	36
37	13 & Up	400 Yard Freestyle Relay	Deck Entered	38
39	11/12	400 Yard Freestyle Relay	by Coach	40
41	13 & Up	400 Yard Individual Medley	13 & Up	42
	11/12	400 Yard Individual Medley	11/12	

7/8 swimmers may enter 5-8 or 7-10 events but not a combination

55	11/12	200 Yard Individual Medley	11/12	56
57	13 & Up	200 Yard Individual Medley	13 & Up	58
59	11/12	100 Yard Freestyle	11/12	60
61	13 & Up	100 Yard Freestyle	13 & Up	62
63	11/12	50 Yard Backstroke	11/12	64
65	11/12	200 Yard Breaststroke	11/12	66
	13 & Up	200 Yard Breaststroke	13 & Up	
67	11/12	50 Yard Butterfly	11/12	68
69	13 & Up	100 Yard Butterfly	13 & Up	70
71	11/12	100 Yard Backstroke	11/12	72
73	13 & Up	100 Yard Backstroke	13 & Up	74
75	11/12	400 Yard Medley Relay	Deck Entered	76
77	13 & Up	400 Yard Medley Relay	by Coach	78
79	11/12	500 Yard Freestyle	11/12	80
81	13 & Up	500 Yard Freestyle	13 & Up	82

Swimmers in the 500 Yard Freestyle and 400 Individual Medley are asked to provide timers for three heats and your own lap counters
If needed, 200's of stroke will be swum alternating girls and boys.