

# GOLDEN WEST SWIM CLUB FREAKY HALLOWEEN SPRINT MEET

\*\*\*LOCATION CHANGE\*\*\*

DATE OF MEET:

October 28 & 29, 2017

Sanctioned by: USA Swimming and SCS  
Sanction Number: S17-262  
Sponsored by: GOLDEN WEST SWIM CLUB  
Orange Committee

ENTRIES RECEIVED BY 5:00PM:

**October 18, 2017 (WEDNESDAY)**

WARM UP TIME: 7:30 AM (Sat/Sun)  
MEET START TIME: 9:00 AM (Sat/Sun)

**The afternoon Session will begin no sooner than 12:00 pm or 45 minutes after the conclusion of the Morning Session.**

**POOL:** JSERRA CATHOLIC HIGH SCHOOL, 26351 Junipero Serra Road, San Juan Capistrano, CA 92675. Take the I-5 South, Exit Junipero Serra Road and turn right. Proceed under the pedestrian bridge and turn left into the athletic facilities or right into the school. PARKING is \$5.00 PER DAY.

**COURSE:** JSERRA CATHOLIC HIGH SCHOOL POOL is an outdoor 50 meter by 25 yard pool with 8 competition lanes and warm-up space available. This competition course has been certified in accordance with 104.2.2 ( C ). Pool Depth Measurements at Start and Turn End = Lanes 1 - 10 = 7'.

**WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

**MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

**SPECIAL NOTICE:** SWIMMERS MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY. RELAYS WILL BE SWUM TIME PERMITTING. Golden West Swim Club will limit entries to meet the "4 hour" rule for each session. THIS MEET IS OPEN TO ALL SCS ORANGE COMMITTEE MEMBERS and LBSH. Relays will be swum time permitting. 7-8 swimmers may enter 5-8 or 7-10 events but not a combination. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

**RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2017 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on **October 28, 2017**.

## RECORDING DEVICES

**& MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, IS NOT PERMITTED in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. The meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**DECK CHANGES:** Deck changes are prohibited.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet. Please see the Tech Suit Policy on the SCS Website.

## RACING START

**CERTIFICATION:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2017 or 2018 USA Swimming members. SCS athletes must be members of the Orange Committee or LBSH to be eligible for entry into this meet. Registration application must be received by **OCTOBER 19, 2016** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in the SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.

## CHANGE OF

**AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

## SUBMITTED

**TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

**AWARDS:** All age groups will be broken into two groups by entered times. The dividing point will be determined after all entries are submitted.

**GOBLINS (Group 1 – Faster times)**  
**GHOSTS (Group 2 – Slower Times)**  
**HEAT WINNERS**

**RIBBONS 1<sup>st</sup> through 6<sup>th</sup>**  
**RIBBONS 1<sup>st</sup> through 6<sup>th</sup>**  
**PUMPKINS**

**ENTRY FEE:** \$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry. Relays are \$10.00 per relay team entered and is due and payable on deck at the meet. E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

**ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00 PM, WEDNESDAY, OCTOBER 18, 2017. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

**NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.**

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	JULSONLL@AOL.COM
MAIL TO:	LYNDA JULSON
	25552 Loganberry Lane
	Lake Forest, CA 92630

For further meet information email: [Tracymaurer60@gmail.com](mailto:Tracymaurer60@gmail.com) Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# GOLDEN WEST SWIM CLUB FREAKY HALLOWEEN SPRINT MEET

Date of Meet: October 28 & 29, 2017

ENTRIES RECEIVED BY 5:00 PM: **October 18, 2017 (Wednesday)**

Times submitted must be Best Recorded Times short course or long course.

After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

GWSC WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

The afternoon session will begin no sooner than 12:00PM or 45 minutes after the conclusion of the Morning Session

Girls		Saturday, October 28, 2017 9:00 am		Boys	
No.		Age	Event	No	
1		7-10	100 Yard Backstroke	2	
3		7-10	25 Yard Freestyle	4	
5		5-8	25 Yard Freestyle	6	
7		7-10	50 Yard Butterfly	8	
9		5-8	50 Yard Butterfly	10	
11		7-10	100 Yard Freestyle	12	
13		5-8	100 Yard Freestyle	14	
15		7-10	25 Yard Breaststroke	16	
17		5-8	25 Yard Breaststroke	18	
19		7-10	50 Yard Backstroke	20	
21		5-8	50 Yard Backstroke	22	
23		7-10	200 Yard Individual Medley	24	
25	Relays	5-8	100 Yard Freestyle Relay	26	
27	Deck	7-10	100 Yard Freestyle Relay	28	
29	Entered by	5-8	200 Yard Medley Relay	30	
31	Coaches	7-10	200 Yard Medley Relay	32	

Girls		Sunday, October 29, 2017 9:00 am		Boys	
No.		Age	Event	No	
69		7-10	50 Yard Freestyle	70	
71		5-8	50 Yard Freestyle	72	
73		7-10	100 Yard Breaststroke	74	
75		7-10	25 Yard Butterfly	76	
77		5-8	25 Yard Butterfly	78	
79		7-10	50 Yard Breaststroke	80	
81		5-8	50 Yard Breaststroke	82	
83		7-10	100 Yard Butterfly	84	
85		7-10	25 Yard Backstroke	86	
87		5-8	25 Yard Backstroke	88	
89		5-8	100 Yard Individual Medley	90	
91		7-10	100 Yard Individual Medley	92	
93	Relays	5-8	100 Yard Medley Relay	94	
95	Deck	7-10	100 Yard Medley Relay	96	
97	Entered by	5-8	200 Yard Freestyle Relay	98	
99	Coaches	7-10	200 Yard Freestyle Relay	100	

PM Sessions will begin no sooner than 12:00pm or 45 min. after the conclusion of the AM Sessions or at the discretion of the meet Referee

33		13 & Up	100 Yard Backstroke	34	
35		11/12	100 Yard Backstroke	36	
37		13 & Up	25 Yard Freestyle	38	
39		11/12	25 Yard Freestyle	40	
41		13 & Up	25 Yard Breaststroke	42	
43		11/12	25 Yard Breaststroke	44	
45		13 & Up	50 Yard Butterfly	46	
47		11/12	50 Yard Butterfly	48	
49		13 & Up	100 Yard Freestyle	50	
51		11/12	100 Yard Freestyle	52	
53		13 & Up	50 Yard Backstroke	54	
55		11/12	50 Yard Backstroke	56	
57		13 & Up	200 Yard Individual Medley	58	
59		11/12	200 Yard Individual Medley	60	
61	Relays	13 & Up	100 Yard Freestyle Relay	62	
63	Deck	11/12	100 Yard Freestyle Relay	64	
65	Entered by	13 & Up	200 Yard Medley Relay	66	
67	Coaches	11/12	200 Yard Medley Relay	68	

101		13 & Up	50 Yard Freestyle	102	
103		11/12	50 Yard Freestyle	104	
105		13 & Up	100 Yard Breaststroke	106	
107		11/12	100 Yard Breaststroke	108	
109		13 & Up	25 Yard Butterfly	110	
111		11/12	25 Yard Butterfly	112	
113		13 & Up	25 Yard Backstroke	114	
115		11/12	25 Yard Backstroke	116	
117		13 & Up	50 Yard Breaststroke	118	
119		11/12	50 Yard Breaststroke	120	
121		13 & Up	100 Yard Butterfly	122	
123		11/12	100 Yard Butterfly	124	
125		13 & Up	100 Yard Individual Medley	126	
127		11/12	100 Yard Individual Medley	128	
129	Relays	13 & Up	100 Yard Medley Relay	130	
131	Deck	11/12	100 Yard Medley Relay	132	
133	Entered by	13 & Up	200 Yard Freestyle Relay	134	
135	Coaches	11/12	200 Yard Freestyle Relay	136	

\*\*\*Relays will be swum time permitting. LBSH may attend this meet.

7-8 swimmers may enter 5-8 or 7-10 events but not a combination.