

**2019
Southern California Swimming
June Age Group
Invitational**

June 13-16, 2019

Open to:

Desert: BLUE
Metro: ARSC, BPAC, BAC, CAA, CALI, CERR, COMM, DARE, DWNY, FROG, KSST, LACT, LBSH, LDST, OAS, MSAC, NSST, PRMT, RAPD, REV, RFSH, PASA, SGSG, SPS, ULTR, VKNG, WAC, WPA
Orange: BREA, BGST, EAST, ORCA, SCAC, SCAL, SEAL
Pacific: BAY, BHST, ECCA, JCA, KSWM, LMST, MASI, MBD, PAC, SGAC, TCS, TSFA, VISN, WEST
Eastern: FAC, CHS, CHWP, CROC, DUCK, IEAQ, JET, MBA, MMST, PASS, PST, RIVR, SCOR, SRSC, MESA, OTTR, TPST, YST



La Mirada Splash Regional Aquatics Center

La Mirada, California

Hosted by:

Southern California Swimming

and La Mirada Armada

2019 SOUTHERN CALIFORNIA SWIMMING

June Age Group Invitational

Thursday, Friday, Saturday, Sunday – June 13-16, 2019

Sanctioned By: USA-Swimming & Southern California Swimming

Sponsored By: La Mirada Armada

Sanction Number: #S19-169

Entries Due: 5:00PM, Wed, June 5, 2019

Entries Due: Entries must be **received** by 5PM PDT on Wednesday, June 5, 2019. Entry may be received electronically, USPS, delivery service (no signature required) or hand delivered.

Eligibility: Open to 2019 USA Swimming registered swimmers registered in SCS:

Desert: BLUE Metro: ARSC, BPAC, BAC, CAA, CALI, CERR, COMM, DARE, DWNY, FROG, KSST, LACT, LBSH, LDST, OAS, MSAC, NSST, PRMT, RAPD, REV, RFSH, PASA, SGSG, SPS, ULTR, VKNG, WAC, WPA Orange: BREA, BGST, EAST, ORCA, SCAC, SCAL, SEAL Pacific: BAY, BHST, ECCA, JCA, KSWM, LMST, MASI, MBD, PAC, SGAC, TCS, TSFA, VISN, WEST Eastern: FAC, CHS, CHWP, CROC, DUCK, IEAQ, JET, MBA, MMST, PASS, PST, RIVR, SCOR, SRSC, MESA, OTTR, TPST, YST

who have met and can prove the posted "June Invite" time standard. **Out of District swimmers** will be limited to 160 swimmers at each site on a first come, first serve basis (Ventura, La Mirada and Irvine); the list of swimmers, requested site and \$10 non-refundable deposit/swimmer should be submitted to the SCS office. Registration application must be received by the meet entry deadline by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B.

Facility: La Mirada Splash Regional Aquatics Center competition pool is an eight lane 50m x 25yd course. Warm-up/warm-down lanes in a separate 25-yard pool will be open during the meet. The competition course has been certified in accordance with 104.2.2(C), on file with USA Swimming. Depth east end 7', west end 14'. **CANOPY set up no sooner than 4:00pm. Wednesday.**

Directions: La Mirada Splash – 13806 La Mirada Blvd., La Mirada, CA 90638. From the Santa Ana Fwy south, exit at Valley View, travel EAST, turn RIGHT at Rosecrans, LEFT at La Mirada Blvd., turn RIGHT at Civic Center. From the 5Fwy north, exit at Beach Blvd, proceed north, turn LEFT at La Mirada Blvd., turn RIGHT into Civic Center. Parking is available.

Meet Start Times: Preliminary sessions will begin at **8:30 a.m.** Finals sessions will begin no sooner than 1 hour after the completion of the final heat of the 12 & under timed finals events each day. 12 & under timed finals will begin at least 45 minutes after the last preliminary heat of the day (Sun after the 800).

Warm-up times: Controlled assigned warm-ups will begin each day at 7:00 a.m. in the competition pool. The competition pool will be closed at 8:20 a.m. with supervised warm-up/warm-down available in the adjoining pool. Warm-up procedures will be posted at the pool. Swimmers must be under the supervision of a USA Swimming member coach during warmups. There will be assigned warm-up times. Three point – slide in entries must be used by all swimmers entering warm up, no jumping or diving allowed.

Meet Referee: The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Meet Referee: Mary Jo Swalley (mjsbear64@gmail.com)

Rules: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first 4 events (prelims) or 4 events (timed finals) will close one-half hour prior to the start of the session. Swimmers must compete in their own age group. Age on June 13, 2019, determines age for the meet. Prelims and timed finals sessions will be swum fast to slow. A swimmer **may enter a maximum of 9 events** for which the time standard has been met and can be verified.

Limit: a swimmer **may swim no more than 6 individual events during the meet, nor more than 3 individual events per day.**

Recording Devices & Media Notice: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted for 7-10-year-old at this meet.

Deck Changes: Deck Changes are prohibited.

Change of Affiliation: Before the meet a swimmer may change his/her club affiliation by submitting a Club Transfer Form and the appropriate fee to the Swim Office. At the meet a swimmer may **UNATTACH** (may not attach or reattach) by notifying the Administrative Official/Referee in writing and paying the appropriate fee.

Distance Events: The 800 / 1500-meter freestyle events (all age groups combined) will be swum:

- Fastest to slowest alternating girls & boys heats. ALL heats of 800 & 1500 at end of prelims on Thursday and Sunday, respectively.
- If entries warrant, the 800 and/or 1500 events will be swum two swimmers per lane
- **1500 check in closes 9:00am Thursday; 800 check in closes 30 minutes after the start of Finals on Saturday**
Swimmers in the 800 and 1500 freestyle must supply their own timers and lap counters.

Submitted/Qualifying Times: This is a proof-of-time meet. **Proof of time is required through SWIMS, the National Times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition, (b) a USA Swimming observed competition, (c) a USA Swimming approved competition, or (d) a FINA approved competition. Times in the database are not meet entry only proof of entered time.** Submit ACTUAL times achieved for each event. If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". When entering electronically, "L" or "Y" must be specified, and a proof of time report included. If using an individual entry form, time must be clearly marked with either "L" or "Y". **Times must have been achieved on or after Sept. 1, 2017 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by SCS) - refer to SCS Swim Guide. Discrepancies in submitted times may lead to disciplinary action.**

Entry Procedure: Team Electronic Entry is highly preferred.

- Electronic entry will be accepted ONLY when received with:
 1. Entry file (.zip or .sd3)
 2. Proof of time report showing meet and dates for each entry (.pdf or Word)
 3. Full payment (single team check or certified funds) for a team electronic entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. If monies are not received by the start of the meet, the swimmers will not be allowed to compete.
- Individual entry: Submit a completed individual entry form with payment.

Last Ditch Entries from June 5-9:-

- Swimmers achieving a new event for the first time from the due date of June 5, of the JAG entry to the Sunday prior to the meet, June 9, may be entered in the meet by submission of an addition TEAM entry using the new entry file title: **"Last Ditch 2019 RMDA JAG"**. **This new event file and instructions will be posted on the SCS website on Thursday morning, June 6th. These new event entries must be submitted no later than 11:59pm PST, on Monday, June 10th**
- These entries cannot be used to improve the seed time of a prior entry. A team representative must enter any swimmer with new qualifying times, **to the meet processor, Alina de Armas armadaswimming@gmail.com.**

Fees: Individual surcharge (including relay-only swimmers): \$14.00. Event fee: \$6.50 per event. Relays: \$21.00 per relay. Returned checks will incur a service fee per SCS policy

Scoring/Awards:

- Individual scoring: 1-16 (USA Swimming Rules); relay scoring: double individual points.
- Distinctive custom medals will be awarded for 1-8 places in individual events and 1-3 places in relay events.
- Certificates are available on request for places 9-16.
- Awards for 7-10 and 11-12 age groups will be given for Timed Finals events only; 11-14 events awarded as one age group.
- 19 & over are not eligible for scoring or awards.

Relays: Relays for 7-10 and 11-12 age groups are conducted at the conclusion of the timed final session. Relays for 13-14, 15-18, 11&up will be combined and seeded by national championship format (fastest two heats of each gender followed by remaining heats fastest to slowest alternating by gender) and conducted at the conclusion of the finals' session. The 11/UP relays are **non-scoring** relays and **not** be awarded. A club may enter one relay in an event without proof of time provided it enters only that one relay. A club entering more than one relay in an event must provide proof of time (meeting June Inv time standard) for each relay entered; maximum of three relays per events. Relays (\$21.00 per relay) and relay only swimmers (\$14.00 swimmer surcharge) **must be pre-entered.**

Finals: A consolation and championship final (16 swimmers) will be offered for 11-14 events, 13-14 events, and 15-18 events. 11-14 events are combined finals; there are no 11-12 finals at the meet. Relays, 800 & 1500 freestyle are timed finals. **The national finals' scratch rule will be used.** A swimmer must scratch or place an intent on an event within 30 minutes of announcement of preliminary results. Final "no-show" (original top places only) except last day will be removed from the remainder of the meet. A \$50.00 fine will be assessed to the swimmer for a no show in her/his last event of the meet. 19&Up swimmers will be considered for finals, space available.

Entries must be received by Wednesday, June 5, 2019

Make checks payable to: Southern California Swimming

Mail entries to: RMDA "June Age Group" c/o **ALINA DE ARMAS,** P.O. BOX 63,
SIMI VALLEY, CA 93062-0063

Email to: armadaswimming@gmail.com

Hand delivered to: 2724 Loraine Place, Simi Valley, CA 93065

NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED. To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. Receipt of entries will not be verified by phone or e-mail.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

RMDA JAG 2019

Thursday - June 13, 2019 - Preliminary Session, Start Time 8:30 AM

Evt No.	GIRLS	EVENT	AGE	BOYS	Evt No.
1	2:23.70	200 FREESTYLE	13-14	2:18.10	2
	2:17.10		15/UP	2:05.40	
3	2:46.10	200 BACKSTROKE	11-14	2:41.00	4
	2:41.80		15/UP	2:29.10	
5	2:44.00	200 I.M.	13-14	2:36.80	6
	2:37.10		15/UP	2:23.90	
7	20:01.00	1500 FREE	11-14	19:42.30	8
	19:45.00		15/UP	19:02.60	
9	10:16.40	800 FREE RELAY	13-14	9:54.00	10
11	10:18.80		15-18	9:27.20	12
13	10:18.80		11/Up	9:27.20	14

Friday - June 14, 2019 - Preliminary Session, Start Time 8:30 AM

15	3:07.80	200 BREASTSTROKE	11-14	2:59.60	16
	3:04.60		15/UP	2:47.70	
17	1:13.30	100 BUTTERFLY	13-14	1:10.60	18
	1:09.60		15/UP	1:02.70	
19	4:55.10	400 FREESTYLE***	13-14	4:49.20	20
	4:47.90		15/UP	4:27.00	
21	5:31.80	400 MED RELAY	13-14	5:16.50	22
23	5:35.10		15-18	5:05.30	24
25	5:35.10		11/Up	5:05.30	26

Friday - June 14, 2019 - Timed Finals Session

27	2:55.80	200 FREESTYLE	7-10	2:57.10	28
29	1:22.20	100 BACKSTROKE	11-12	1:23.10	30
31	1:35.10	100 BACKSTROKE	7-10	1:34.90	32
33	1:33.40	100 BREASTSTROKE	11-12	1:33.30	34
35	1:46.90	100 BREASTSTROKE	7-10	1:48.40	36
37	35.60	50 BUTTERFLY	11-12	35.80	38
39	41.50	50 BUTTERFLY	7-10	41.00	40
41	5:22.60	400 FREESTYLE	11-12	5:25.00	42
43	5:52.90	400 MED RELAY	11-12	5:54.60	44

Short course (yards) time standards are available on <http://www.socalswim.org/> and in the 2019 SCS Swim Guide as the "June AG" standard.

**Events 91-96 (Sunday-400 free relays) will be offered at the end of prelims as well as in finals; results will be combined for scoring, Intent to swim at the end of prelims must be declared by 30 minutes are the start of Finals on Saturday.
*** 400 IM and 400 Free in prelims will alternate girls and boys, fastest to slowest

Saturday - June 15, 2019 - Preliminary Session, Start Time 8:30 AM

Evt No.	GIRLS	EVENT	AGE	BOYS	Evt No.
45	1:06.00	100 FREESTYLE	13-14	1:02.30	46
	1:02.60		15/UP	57.00	
47	1:16.80	100 BACKSTROKE	13-14	1:13.60	48
	1:12.70		15/UP	1:06.80	
49	5:47.20	400 IM***	11-14	5:35.60	50
	5:38.60		15/UP	5:12.60	
51	5:31.80	200 MED RELAY*	13-14	5:16.50	52
53	5:35.10		15-18	5:05.30	54
55	5:35.10		11/UP	5:05.30	56
57	2:13.20		13-14	2:00.80	58
59	2:15.60	200 FREE RELAY	15-18	2:00.80	59
61	2:15.60		11/Up	2:00.80	62

Saturday - June 15, 2019 - Timed Finals Session

63	3:20.00	200 IM	7-10	3:17.70	64
65	2:53.20	200 IM	11-12	2:52.20	66
67	43.70	50 BACKSTROKE	7-10	43.60	68
69	38.30	50 BACKSTROKE	11-12	38.60	70
71	1:20.70	100 FREESTYLE	7-10	1:19.30	72
73	1:10.20	100 FREESTYLE	11-12	1:09.60	74
75	2:33.60	200 FREE RELAY	7-10	2:32.40	76
77	2:19.60		11-12	2:17.60	78
79	2:59.40	200 MED RELAY	7-10	2:58.90	80
81	2:40.90		11-12	2:41.20	82

Sunday - June 16, 2019 - Preliminary Session, Start Time 8:30 AM

Evt No.	GIRLS	EVENT	AGE	BOYS	Evt No.
83	2:50.00	200 BUTTERFLY	11-14	2:45.30	84
	2:40.90		15/UP	2:25.00	
85	30.40	50 FREESTYLE	13-14	28.70	86
	29.10		15/UP	26.40	
87	1:26.50	100 BREASTSTROKE	13-14	1:22.50	88
	1:23.60		15/UP	1:14.50	
89	10:47.90	800 FREESTYLE	11-14	10:21.80	90
	10:22.30		15/UP	9:48.50	
91	4:47.60	400 FREE RELAY**	13-14	4:31.60	92
93	4:49.60		15-18	4:21.60	94
95	4:49.60		11/Up	4:21.60	96

Sunday - June 16, 2019 - Timed Finals Session

97	2:33.20	200 FREESTYLE	11-12	2:32.70	98
99	49.50	50 BREASTSTROKE	7-10	49.50	100
101	43.20	50 BREASTSTROKE	11-12	43.30	102
103	1:37.60	100 BUTTERFLY	7-10	1:38.50	104
105	1:20.70	100 BUTTERFLY	11-12	1:21.50	106
107	36.50	50 FREESTYLE	7-10	36.10	108
109	32.40	50 FREESTYLE	11-12	32.20	110
111	5:02.40	400 FREE RELAY	11-12	5:00.40	112