



SCS October 2015 SCY SENIOR INVITATIONAL Hosted by RIVERSIDE AQUATICS ASSOC.

October 17-18, 2015

SANCTIONED BY: USA Swimming/Southern California Swimming
SPONSORED BY: Southern California Swimming & Riverside Aquatics Association

SANCTION NO: S15-253

TIMED FINALS

DATE OF MEET: Saturday, Sunday October 17-18, 2015

ENTRIES DUE: Received by 5pm Wednesday, October 7, 2015

START TIMES: 9:00 am Sat & Sun.

WARM-UP: 7:30 a.m. Saturday and Sunday

POOL: RIVERSIDE AQUATICS COMPLEX, 4800 Magnolia Avenue, Riverside, CA. 92506. Exit 14th Street from 91 Freeway. Go West to Olivewood and turn left. Turn right on Saunders/City College Drive. Turn right onto Saunders (First street on right). The pool is at the end of Saunders.

COURSE: RIVERSIDE AQUATICS COMPLEX POOL is an outdoor 25 yard by 50 meter pool with 10 competition swimming lanes and a warm-up/warm down area. This competition course has been certified in accordance with 104.2.2 (C). Pool Depth Start End=8', Turn End=8'.

WARM-UP: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a current 2014 or 2015 USA Swimming member coach. There will be NO DIVING into the pool during these times except into the designated sprint lane(s) as directed by the meet referee. WARM-UP RULES WILL BE ANNOUNCED AND POSTED.

Warmups will begin at 7:30 a.m. Saturday and Sunday. Doors to the facility will open at 7:00 a.m.

PARKING

PARKING PERMITS REQUIRED cost is \$5 a day. Passes can be purchased online at

INFORMATION: <https://www.credentialsops.com/CGI-BIN/gacgiord.pgm?ALUMPPD01270>; from parking meters on site; or via ParkNOW! mobile phone app.

MEET REFEREE: The Meet Referee will be in charge of the meet. Any questions regarding conduct of the meet should be made directly to that person.

RULES: USA Swimming Rules will govern. Current SCS Meet procedure for Timed Finals Meets will be enforced and take precedence over any errors or omissions on this form. (See 2015 SCS Swim Guide): Check-in is required for all events; after each event is closed, a swimmer may not check-in or scratch. The first four events on each day session will close one-half hour prior to the start of the meet.

RECORDING DEVICES & MEDIA NOTICE: The use of audio visual recording devices, including cell phones, is not permitted in locker rooms, changing areas, or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY & AFFILIATION: Open to all athletes who hold 2015 or 2016 USA Swimming Registration. Registration application must be received by Wednesday, October 7, 2015 (5 pm) by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" and subject to penalties in SCS Swim Guide Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

QUALIFYING TIMES: Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". Times must have been achieved on or after September 1, 2014 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by SCS) - refer to 2015 SCS Swim Guide. Do not submit NT (no time) or ET (estimated time). Discrepancies in submitted times may lead to disciplinary action. Coaches, swimmers & parents are reminded that this is a proof-of-time meet. NOTE: All entry times will be verified in advance through the USA SWIMS database.

NOTE: Proof of time is required through SWIMS, the National Times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition, (b) a USA Swimming observed competition, (c) a USA Swimming approved competition, or (d) a FINA approved competition. Times in the database are not meet entry only proof of entered time.

RELAYS: All relays must be pre-entered. Relays will be swum at the discretion of the meet referee based on the meet timeline. No relay-only swimmers are allowed. Relay fee is \$15/relay. Times must be verifiable.

ENTRY LIMIT: A swimmer may enter all events for which the time standard has been met and can be verified. A swimmer can swim no more than five (5) individual events per day. A swimmer who meets the automatic time standard for one or two individual events may enter the event(s) and up to three total events; a swimmer who meets the automatic time standard for three or four events may enter the events and up to five total events; a swimmer may enter up to 2 Bonus events/day and a maximum of 4 Bonus events for the meet; a swimmer meeting the automatic time standard in five or more events must prove all events entered. Label bonus events "B".

ENTRY FORMAT: Individual entry charge of \$4.50 per entered event plus \$15.00 surcharge must accompany each entry card. Club Electronic entry is encouraged. If submitting a Southern California Consolidated Entry Card for swimmer card must be completely filled out including entire USA Swimming registration number. A check for the total amount must accompany each entry to the address below (NOT THE SWIM OFFICE). You should enclose a self-addressed stamped envelope or postcard to confirm receipt of your entry.

NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY.

ELECTRONIC E-MAIL ENTRY PROCEDURE: Electronic entry is the preferred method of entry. Entry zip file will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events or time updates) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes email) ONLY. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Electronic entries are to be sent to: mykidsswimmom@att.net. Entry on an SCS consolidated entry card will be accepted. Card must be completely filled out including USA Swimming registration number. Mail to: Connie Gonzales 2908 Gilbert Avenue, Corona CA 92881

DO NOT E-MAIL INDIVIDUAL ENTRIES

MAKE CHECKS PAYABLE TO – SOUTHERN CALIFORNIA SWIMMING

Email entries to: mykidsswimmom@att.net

For Information:

Meet Director: Shawn O'Brien – shawnobrienraaswim@gmail.com

Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.



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START TIMES: 9:00 am Sat & Sun.

ENTRIES DUE: Received by 5pm Wednesday, October 7, 2015
WARM-UP: POOL WILL BE OPEN FOR WARM UP SAT/SUN ~7:30 am

All events will be swum fastest to slowest.

DISTANCE EVENTS:

The 1000 and 1650 Y Freestyle will be swum fast to slow with alternating heats of women and men. Swimmers in the 1000 and 1650 Y Freestyle are requested to supply a timer for three (3) heats. Swimmers are also responsible for providing their own lap counters.

Event #	Qualifying Standards WOMEN		EVENTS	Qualifying Standards MEN		Event #
	SCY	LCM		SCY	LCM	
Saturday, October 18						
1	2:02.99	2:19.69	200 Freestyle	1:52.39	2:08.49	2
3	4:55.39	5:33.89	400 Ind Medley	4:29.09	5:06.79	4
5	2:18.09	2:33.89	200 Butterfly	2:04.99	2:20.59	6
7	26.39	29.89	50 Freestyle	23.59	26.99	8
9	2:15.89	2:35.39	200 Backstroke	2:03.99	2:22.69	10
11	1:12.09	1:22.39	100 Breaststroke	1:04.69	1:14.29	12
13			400 Medley Relay			14
15	11:09.99	10:05.19	1000 Freestyle	10:33.39	9:25.99	16

Sunday, October 19

Event #	Qualifying Standards WOMEN		EVENTS	Qualifying Standards MEN		Event #
	SCY	LCM		SCY	LCM	
17	2:18.69	2:38.39	200 Ind Medley	2:05.99	2:24.19	18
19	56.69	1:04.79	100 Freestyle	51.29	58.49	20
21	1:02.79	1:10.19	100 Butterfly	56.19	1:03.49	22
23	5:27.19	4:53.69	500 Freestyle	5:05.49	4:32.89	24
25	2:36.59	2:57.79	200 Breaststroke	2:20.99	2:40.99	26
27	1:03.99	1:12.39	100 Backstroke	57.19	1:06.09	28
29			400 Free Relay			30
31	18:46.99	19:18.49	1650 Freestyle	17:40.69	18:04.29	32