

Buenaventura Swim Club Long Course March BRW

March 30-31, 2019



SANCTIONED BY: Southern California Swimming, USA Swimming
SPONSORED BY: Buenaventura Swim Club and Coastal Committee.
DATE: March 30-31, 2019
WARM-UP: 8:30 AM

SANTION No: S19-087
RECEIVED BY DEADLINE: 5:00 pm, March 20, 2019
START OF THE MEET: 9:00 am

POOL: Ventura Community Park Aquatics Center, 901 S. Kimball Rd.

DIRECTIONS: From 126 freeway, exit on S. Kimball Rd and go south. The aquatic center will be on the right hand side.

Course: Long Course – Pool is an outdoor 50mx25y pool with up to 8 competition swimming lanes. The competition course has been certified in accordance with 104.2.2©. Pool depth at start: 7feet, at turn end: 10 feet.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 8:30-9:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. **ALL SWIMMERS MUST USE 3-POINT SLIDE IN ENTRY INTO THE POOL.** The pool will close 15 minutes before the start of each session. The meet host reserves the right to assign warm-up lanes, times, and add warm-up sessions if needed.

MEET REFEREE: The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Contact Information: Leanne Colvin, ltc5@hotmail.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers may swim up to 5 events each day.** Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on March 30, 2019 to enter this meet. Timers are requested to be provided by each team. **ALL COACHES AND OFFICIALS MUST COMPLETE THE CDC OR NFHS CONCUSSION ONLINE COURSE.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy posted on the [SCS Website](#).

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Coastal Committee who hold 2019 USA Swimming registration. **Registration applications must be received by Wednesday, March 20, 2019 at 5 pm** by meet processor, administrative referee or SCS Office. Late applications will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available, please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer form to the SCS Office. At the meet, a swimmer may only UNATTCH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close meet administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: Awards 1-8 places for 5-6,7-8,9-10,11-12

ENTRY FEES: \$4.00 for each individual event along with a \$10.00 surcharge per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry .zip file) will be accepted ONLY when received with an attached.PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5PM, WEDNESDAY March 20, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

Make Checks payable to: Southern California Swimming
Email for team electronic entries only: ericajohnson.swim@gmail.com
Questions: SCS Office (310)684-1151

Mail Entries to: BUEN March Swim Meet c/o Erica Johnson
321 Cuyler Harbor Drive
Camarillo, CA 93012

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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March 30-31, 2018



SATURDAY, March 30, 9:00 am, warm-up 7:30 am						
MIXED		GIRLS TIME STANDARDS		BOYS TIME STANDARDS		
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS
1	11-12	BRW	BRW	200 I.M.	BRW	BRW
2	7-10	3.30.20	3.23.50	200 I.M.	3.50.40	3.24.50
3	11-12	BRW	BRW	100 FREESTYLE	BRW	BRW
4	7-10	BRW	BRW	100 FREESTYLE	BRW	BRW
5	5-8	BRW	BRW	100 FREESTYLE	BRW	BRW
6	11-12	BRW	BRW	50 BUTTERFLY	BRW	BRW
7	7-10	BRW	BRW	50 BUTTERFLY	BRW	BRW
8	5-8	BRW	BRW	50 BUTTERFLY	BRW	BRW
9	11-12	BRW	BRW	100 BREASTSTROKE	BRW	BRW
10	7-10	BRW	BRW	100 BREASTSTROKE	BRW	BRW
11	11-12	BRW	BRW	50 BACKSTROKE	BRW	BRW
12	7-10	BRW	BRW	50 BACKSTROKE	BRW	BRW
13	5-8	BRW	BRW	50 BACKSTROKE	BRW	BRW
14	5-12	**DECK ENTERED		200 FREE RELAY	**DECK ENTERED	
15	9-10	3:02.70*	2:42.00*	400 FREESTYLE	3:02.40*	2:41.80*
16	15&OV	5.47.60	6.29.90	400 FREESTYLE	5.26.40	6.05.30
	13-14	5.55.80	6.32.30	400 FREESTYLE	5.44.30	6.20.30
	11-12	6.18.80	6.59.50	400 FREESTYLE	6.18.10	7.05.30

SUNDAY, March 31, 9:00 am, warm-up 7:30 am						
MIXED		GIRLS TIME STANDARDS		BOYS TIME STANDARDS		
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS
27	11-12	BRW	BRW	200 FREESTYLE	BRW	BRW
28	7-10	3.19.30	2.56.80	200 FREESTYLE	3.19.00	2.56.50
29	11-12	BRW	BRW	50 BREASTSTROKE	BRW	BRW
30	7-10	BRW	BRW	50 BREASTSTROKE	BRW	BRW
31	5-8	BRW	BRW	50 BREASTSTROKE	BRW	BRW
32	11-12	BRW	BRW	100 BACKSTROKE	BRW	BRW
33	7-10	BRW	BRW	100 BACKSTROKE	BRW	BRW
34	5-8	BRW	BRW	50 FREESTYLE	BRW	BRW
35	11-12	BRW	BRW	50 FREESTYLE	BRW	BRW
36	7-10	BRW	BRW	50 FREESTYLE	BRW	BRW
37	11-12	BRW	BRW	100 BUTTERFLY	BRW	BRW
38	7-10	BRW	BRW	100 BUTTERFLY	BRW	BRW
39	5-12	**DECK ENTERED		200 MEDLEY RELAY	**DECK ENTERED	
40	15&OV	6.37.70	5.51.50	400 I.M.	6.12.80	5.28.80
	13-14	6.55.10	6.07.30	400 I.M.	6.33.00	5.47.30
	11-12	6.55.10	5.48.20	400 I.M.	6.39.39	5.47.30

SATURDAY, March 30						
NO EARLIER THAN 45 MINUTES AFTER THE CLOSE OF THE MORNING SESSION						
MIXED		GIRLS TIME STANDARDS		BOYS TIME STANDARDS		
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS
17	15&OV	BRW	BRW	200 I.M.	BRW	BRW
18	13-14	BRW	BRW	200 I.M.	BRW	BRW
19	15&OV	BRW	BRW	100 FREESTYLE	BRW	BRW
20	13-14	BRW	BRW	100 FREESTYLE	BRW	BRW
21	15&OV	3.13.00	2.50.90	200 BUTTERFLY	2.54.80	2.34.40
	13-14	3.17.40	2.55.10	200 BUTTERFLY	3.08.90	2.47.30
	11-12	3.22.60	2.43.20	200 BUTTERFLY	3.24.20	3.02.61
22	13-14	BRW	BRW	100 BREASTSTROKE	BRW	BRW
23	15&OV	BRW	BRW	100 BREASTSTROKE	BRW	BRW
24	15&OV	3.12.70	2.48.10	200 BACKSTROKE	3.00.70	2.37.30
	13-14	3.19.60	2.54.50	200 BACKSTROKE	3.09.20	2.45.10
	11-12	3.26.50	2.46.20	200 BACKSTROKE	3.29.40	3.07.30
25	13&OV	**DECK ENTERED		200 FREE RELAY	**DECK ENTERED	
26	15&OV	22.54.80	22.18.40	1500 FREESTYLE	21.49.00	21.32.00
	13-14	23.13.30	22.57.70	1500 FREESTYLE	22.51.70	22.35.80
	11-12	23.55.39	21.32.10	1500 FREESTYLE	23.25.49	22.37.49

SUNDAY, March 31						
NO EARLIER THAN 45 MINUTES AFTER THE CLOSE OF THE MORNING SESSION						
MIXED		GIRLS TIME STANDARDS		BOYS TIME STANDARDS		
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS
41	15&OV	BRW	BRW	200 FREESTYLE	BRW	BRW
42	13-14	BRW	BRW	200 FREESTYLE	BRW	BRW
43	15&OV	BRW	BRW	100 BUTTERFLY	BRW	BRW
44	13-14	BRW	BRW	100 BUTTERFLY	BRW	BRW
45	15&OV	3.41.90	3.17.30	200 BREASTSTROKE	3.20.40	2.57.80
	13-14	3.43.00	3.18.20	200 BREASTSTROKE	3.33.00	3.06.40
	11-12	3.50.20	3.08.80	200 BREASTSTROKE	3.50.40	3.26.20
46	13-14	BRW	BRW	100 BACKSTROKE	BRW	BRW
47	15&OV	BRW	BRW	100 BACKSTROKE	BRW	BRW
48	13-14	BRW	BRW	50 FREESTYLE	BRW	BRW
49	15&OV	BRW	BRW	50 FREESTYLE	BRW	BRW
50	13&OV	**DECK ENTERED		200 MEDLEY RELAY	**DECK ENTERED	
51	15&OV	12.04.70	13.24.70	800 FREESTYLE	11.28.00	12.53.30
	13-14	12.31.70	13.45.80	800 FREESTYLE	12.01.30	13.30.70
	11-12	12.29.19	12.58.60	800 FREESTYLE	12.15.19	13.30.19

- Relays will be swum time permitting
- Swimmers in the 400 free, 400 IM, 800 free, and 1500 free are requested to provide a timer for a minimum of 3 heats
- Swimmers in the 800 & 1500 Free are requested to supply their own lap counters
- ** 9-10 400 FREE – ENTER 200 FREE LONG COURSE TIME: MUST HAVE ACHIEVED A BLUE TIME STANDARD **

- Swimmers may compete in ONLY ONE age group: swimmers aged 7*8 may swim either as 5-8 or 7-10, not any combination
- If the length of combined sessions is projected to be 4 hours or less, sessions will be combined and renumbered