



Canyons Aquatic Club
16th ANNUAL CANYONS CRANBERRY CLASSIC
Friday, November 17-Sunday, November 19, 2023

Sanctioned by: USA-S & Southern California Swimming
Sponsored By: Canyons Aquatic Club.
Date of Meet: Friday, November 17-Sunday, November 19, 2023
Warm Up Times: Friday - 2:30pm, Sat/Sun - 7:30 am

Sanction No. #S23-241
Received by Entry deadline: 5:00 pm, Nov. 8th, 2023
Meet Start: Friday - 4:00pm, Sat/Sun - 9:00 am

POOL: The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard (20 lane) x 50 meter (8 lane) pool. Competition courses have been certified in accordance with 104.22.2 C. Pool depth at start and turn end is 7'6".

DIRECTIONS: Santa Clarita Aquatic Center 20850 Centre Pointe Parkway, Santa Clarita, CA 91350. 14 FWY North: Take Golden Valley exit. Left on Golden Valley. Right on Centre Pointe Parkway. Right into second driveway. From 14 FWY South: Take Golden Valley exit. Right on Golden Valley. Right on Centre Pointe Parkway. Right into second driveway.

COURSE: The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard x 50 meter, 20 lane pool. A separate warm-up/warm-down 10-lane, 25-yard course pool will be open during the meet. Competition courses have been certified in accordance with 104.22.2(C) on file with USA Swimming. Pool depth at start and turn end is 7'6". Saturday and Sunday a.m. sessions will be run on two courses – girls on the North Course, odd events, boys on the South Course, even events. If the entries in an a.m. session do not warrant running two courses, the morning session will be collapsed, running the events in sequential order. The warm-up pool will be moved to 8 lanes in the competition pool if the meet is collapsed. Friday, Saturday and Sunday afternoon sessions will be run on one course unless the number of entries warrant running two courses – in that case, the girls will be run on the North Course, odd events, and the boys will be run on the South Course, even events. All events will be swum fast to slow.

WARM UP: All lanes will open for USA Swimming Member Coach supervised warm up Friday 2:30-3:45 pm and Sat/Sun 7:30-8:45 am. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will be open 45 min before the start of the meet or at the discretion of the meet referee. The competition pool will be closed 15 min before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Scot Ranslem, sco-translem@discover.com

RULES: Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 2.0 (MAAPP 2.0), govern this meet. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. Meet will limit entries to meet the "4 hour" rule. Coaches need to turn in scratches to Admin, during warm-up. Heat sheets will be available on Meet Mobile. Swimmers must swim their actual age group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on Nov. 17, 2023 to enter this meet. A swimmer may swim a maximum of three (3) events per day. 11-12 Swimmers can swim only one session on Saturday and Sunday. All coaches and officials on deck must have completed the CDC or NFHS Concussion Course, Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 2.0 (MAAPP 2.0), will govern this meet. Coaches and officials on deck must have completed the CANRA Mandatory Reporting training. This meet will follow all State, Local and Facility guidelines as it pertains to Covid-19. Meet check-in may or may not be available depending on the site's guidelines. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (APT) in order to compete.

LOCKER ROOMS: Locker rooms available for athletes only on the competition deck and water slide pool deck. All non-athletes can use the bathrooms between the the competition pool and warm-down pool.

RECORDING DEVICES & MEDIA NOTICE: The use of any audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are NOT permitted for 5-12 swimmers. Tech suits are permitted for 13-Up. Please see the Tech Suit Policy on the SCS website: www.socialswim.org

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.



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ELIGIBILITY: Open to USA SWIMMING athletes who hold 2023 or 2024 USA Swimming Registration. Registration application must be received by Wednesday, Nov. 8th at 5:00 PM. by the meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. All athletes 18 years or must complete the free online Athlete Protection Training (APT) to compete in the meet.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only UNATTACH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be best-recorded short course or long course times from this or preceding swim season (no workout times). After entries close, for seeding purposes only, meet administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standard listed for an event. Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: INDIVIDUAL EVENTS: RIBBONS: 1st through 8th. Ribbons will be awarded to the following age groups: 5-8, 9/10, and 11/12. Open events and 13 and over events will not be awarded.

ENTRY FEE: \$5.50 for each INDIVIDUAL EVENT, along with a \$15.50 SURCHARGE per swimmer must accompany each individual entry card. NO RE-FUNDS. Returned checks may incur a service fee. E-mail entry (entry .zip file) will be accepted only when received with an attached .pdf file including the electronic signature of the coach and will be dated as "official" at that time. Full payment (single team check made payable to Southern California Swimming) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRY DEADLINE: Entries must be received by the processor no later than 5 pm, Wednesday, November 8, 2023. If meet fills before deadline, entries will be rejected – last received, first rejected. You should enclose a self-addressed stamped envelope or postcard if you wish to confirm receipt of your entry. Receipt of entries will not be verified by phone or email. Late/deck entries will not be accepted.

ENTRIES: Make Checks payable to Canyons Aquatic Club; Email for team electronic entries only: ericajohnson.swim@gmail.com

USA SWIMMING DISCLAIMER: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



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MAAPP: CANYON AQUATIC CLUB CRANBERRY CLASSIC MEET

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy 2.0("MAAPP 2.0"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.

OFFICIALS BRIEFING (NO TIMERS):

- This meet is conducted according to current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy.
- Make sure all interactions with athletes are observable and interruptible.
- Deck changing is prohibited. Report instances of deck changing to the meet referee/meet director.
- There is a separate restroom for athletes and all other adults. Make sure that you are only using the facility marked for you. The restrooms adjacent to the pool are for athletes only. The water slide bathrooms are open for adults.

COACHES BRIEFING:

- This meet is conducted according to current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy.
- Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions.
- Deck changing is prohibited. Make sure you tell all your athletes this. If they are seen deck changing you can expect that someone will come and remind them or you as their coach of this expectation.
- Remind your athletes of appropriate behavior in the restrooms. Be sure to include that the use of any devices that record or take photos are prohibited in the rest rooms. There are no changing facilities due to COVID-19.
- There is a separate restroom for athletes and all other adults. Make sure that you are only using the facility marked for you. The restrooms adjacent to the pool are for athletes only. The water slide bathrooms are open for adults.
- As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rub-downs, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needling, and cupping.



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EMERGENCY ACTION PLAN : CANYON AQUATIC CLUB CRANBERRY CLASSIC MEET

Event: Canyons Cranberry Classic
Location: Santa Clarita Aquatic Center, 20850 Centre Pointe Parkway, Santa Clarita, CA 91350
Host: Canyons Aquatic Club
Date: 11/17-11/19
Time: Friday - 4:00-8:00pm, Sat/Sun - 9:00am-7:00pm
Host Team Contact: Sean Kakumu – (661) 877-3776
Meet Referee: Scot Ranslem – (661)510-5133 – scotranslem@discover.com
Meet Admin: Erica Johnson - (805) 504-5093 - ericajohnson.swim@gmail.com

MEDICAL RESPONSE AND LAW ENFORCEMENT

Emergency: Dial 911
Medical Assistance or First Aid: Call 911 / Control crowds around victim / await assistance from first responders
Medical Emergency: Call 911
Fire Department: Los Angeles County Fire Department – 27223 Henry Mayo Drive, Valencia, CA 91355 – Call 911 / (661)257-4144
Closest Hospital: Henry Mayo Hospital – 23845 McBean Parkway, Valencia, CA 91355 – Call 911 / (661) 200-2000
Closest Urgent Care: Facey Immediate Care – 26357 McBean Parkway #120, Valencia, CA 91355 (661)222-2643
Law Enforcement: Santa Clarita Sheriff's Department – 23740 Magic Mountain Parkway, Santa Clarita, CA 91355 – (661)255-1121

For Civil Disturbance, dial 911, notify meet manager, separate uninvolved parties to a safe area.
For Suspicious Persons, dial 911, notify meet manager, maintain a safe distance until law enforcement responds.
For Missing Person/ Child, notify meet manager, obtain description of missing person, announce as appropriate for help in locating missing person, contact law enforcement if needed to report missing person.

LIFE SAFETY

Earthquake: Adhere to facility emergency procedures. Notify all occupants to clear pool immediately. Call 911 if needed. Evacuate all persons in attendance to parking lot or front lawn away from all buildings. Contact all teams and request an accountability check.
Weather Emergencies: Notify all occupants to clear the pool immediately. If lightning in the area, all occupants must leave the pool and the deck for at least 30 minutes after the last lightning strike in the area.
Fires: Call 911. Clear the pool immediately. Evacuate all persons in attendance to parking lot or safe area outside of structure. Contact all teams and request an accountability check. Await emergency response outside structure and report to responding personnel if all persons are accounted for.
Hazardous Materials: Call 911. Evacuate all persons in attendance to a safe area away from and upwind of any hazardous material.
Electrical Emergency: Call 911. Notify all occupants to clear the pool immediately. Isolate the area of hazard and deny entry. Move all attendees to a safe area away from the hazard.

EMERGENCY CONTACTS

For life and Safety: Dial 911 and state nature of emergency
CANY Board President: Scott Bleitz – (323) 206-0126
SCS Coastal Committee: Alina de Armas – (805) 444-0317
SCS Coastal Officials Chair: Omar de Armas – (805) 522-4134
SCS Chair: Stacy Smith: – (714) 742-3764
SCS Safe Sport Chair: Chantal Woodard: – (704) 941-7374

Document any incident as soon as possible. Include witness name and contact information, statements, timeline, and facts as happened.

LOCATION DYNAMICS

Outdoor Facility
One 50Mx25 Yard Pool w/ two SCY courses, One 10Mx25Y Pool w/ 10 SCY warm-down lanes
2 Exits East Side, 1 Exit North Side, 2 Exits West side– Direct to outside
1 additional exit (WestSide) through the restroom/locker room that lead outside
AED Located in lifeguard office



9-10 500 free enter 200 free time meeting time standard. • All events will be seeded fast to slow • Open events: Swimmers must be at least 11 years old and meet minimum time standard • The 400 IM, 500, & 1000 Freestyle will be swum alternating girls and boys • 400 IM, 500, 1000 & 1650 Freestyle swimmers are requested to provide lap counters and their own timers for three heats • 1650 for girls and boys will swim on both courses • There will be a total of only four heats for the 1650 for both courses for girls and boys, first come first entered. • Girls will swim the 1650 on Saturday evening only. Boys will swim the 1650 on Sunday evening only. • 11-12 Swimmers can swim only one session on Saturday and Sunday. Hotel and restaurant information available on the Canyons website: www.canyons.org

GIRLS		NOV. 17 - FRIDAY EVENING EVENING SESSION - 4:00 PM START			BOYS		
SC MIN	LC MIN	AGE	EVENT	SC MIN	LC MIN	LC MIN	
1	1:31.69	ABC	9-10	100 Yard Individual Medley	1:28.89	ABC	2
3	ABC	ABC	11-12	100 Yard Individual Medley	ABC	ABC	4
5	5:37.59	6:25.89	Open	400 Yard Individual Medley	5:17.09	6:04.69	6
7	2:40.39*	3:02.29*	9-10	500 Yard Freestyle	2:34.59*	2:57.49*	8
9	7:08.79	6:23.89	11-12	500 Yard Freestyle	6:57.29	6:15.49	10
11	12:41.19	11:29.29	Open	1000 Yard Freestyle	12:23.89	11:13.99	12

GIRLS - NORTH		NOV. 18 - SATURDAY MORNING SESSION - 9:00 AM START			BOYS - SOUTH		
SC MIN	LC MIN	AGE	EVENT	SC MIN	LC MIN	LC MIN	
13	ABC	ABC	11-12	200 Yard Freestyle	ABC	ABC	14
15	2:57.19	3:20.99	9-10	200 Yard Freestyle	2:47.99	3:06.69	16
17	ABC	ABC	11-12	50 Yard Breaststroke	ABC	ABC	18
19	ABC	ABC	9-10	50 Yard Breaststroke	ABC	ABC	20
21	ABC	ABC	5-8	50 Yard Breaststroke	ABC	ABC	22
23	ABC	ABC	11-12	100 Yard Backstroke	ABC	ABC	24
25	ABC	ABC	9-10	100 Yard Backstroke	ABC	ABC	26
27	ABC	ABC	5-8	25 Yard Backstroke	ABC	ABC	28
29	ABC	ABC	11-12	100 Yard Butterfly	ABC	ABC	30
31	ABC	ABC	9-10	100 Yard Butterfly	ABC	ABC	32
33	ABC	ABC	5-8	50 Yard Butterfly	ABC	ABC	34
35	ABC	ABC	11-12	50 Yard Freestyle	ABC	ABC	36
37	ABC	ABC	9-10	50 Yard Freestyle	ABC	ABC	38
39	ABC	ABC	5-8	25 Yard Freestyle	ABC	ABC	40

GIRLS - NORTH		NOV. 19 - SUNDAY MORNING SESSION - 9:00 AM START			BOYS - SOUTH		
SC MIN	LC MIN	AGE	EVENT	SC MIN	LC MIN	LC MIN	
53	ABC	ABC	11-12	200 Yard Individual Medley	ABC	ABC	54
55	3:15.59	3:43.19	9-10	200 Yard Individual Medley	3:13.19	3:40.79	56
57	ABC	ABC	11-12	50 Yard Backstroke	ABC	ABC	58
59	ABC	ABC	9-10	50 Yard Backstroke	ABC	ABC	60
61	ABC	ABC	5-8	50 Yard Backstroke	ABC	ABC	62
63	ABC	ABC	11-12	100 Yard Freestyle	ABC	ABC	64
65	ABC	ABC	9-10	100 Yard Freestyle	ABC	ABC	66
67	ABC	ABC	5-8	50 Yard Freestyle	ABC	ABC	68
69	ABC	ABC	11-12	50 Yard Butterfly	ABC	ABC	70
71	ABC	ABC	9-10	50 Yard Butterfly	ABC	ABC	72
73	ABC	ABC	5-8	25 Yard Butterfly	ABC	ABC	74
75	ABC	ABC	11-12	100 Yard Breaststroke	ABC	ABC	76
77	ABC	ABC	9-10	100 Yard Breaststroke	ABC	ABC	78
79	ABC	ABC	5-8	25 Yard Breaststroke	ABC	ABC	80

GIRLS - NORTH		NOV. 19 - SUNDAY MORNING SESSION - 9:00 AM START			BOYS - SOUTH		
SC MIN	LC MIN	AGE	EVENT	SC MIN	LC MIN	LC MIN	
81	ABC	ABC	13 & Over	200 Yard Individual Medley	ABC	ABC	82
83	ABC	ABC	13 & Over	100 Yard Freestyle	ABC	ABC	84
85	2:57.29	3:23.99	Open	200 Yard Breaststroke	2:43.99	3:10.79	86
87	ABC	ABC	13 & Over	100 Yard Backstroke	ABC	ABC	88
89	2:36.89	2:59.19	Open	200 Yard Butterfly	2:26.89	2:47.99	90

GIRLS - NORTH		NOV. 19 - SUNDAY MORNING SESSION - 9:00 AM START			BOYS - SOUTH		
SC MIN	LC MIN	AGE	EVENT	SC MIN	LC MIN	LC MIN	
AFTERNOON SESSION WILL BEGIN NO SOONER THAN 12:00 PM OR 45 MINUTES AFTER THE COMPLETION OF THE MORNING SESSION.							
91	21:02.90	21:17.20	Open	1650 Yard Freestyle			92



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