



Pacific Committee August Finale!

August 3, 2013

Entries due Wednesday, July 24, 2013

Warm Up Time: 7:30 am

Meet Start Time: 9:00 am

SWIMMERS MAY SWIM A MAXIMUM 3 INDIVIDUAL EVENTS

GIRLS	MIN	MAX	AGE		Distance	STROKE	MAX	MIN	BOYS
1		2:42.01	7-10	RW	200 yd.	Freestyle	2:41.81		1
2		2:24.11	11-12	RW	200 yd.	Freestyle	2:24.61		3
4		2:16.11	13&up	RW	200 yd.	Freestyle	2:10.91		5
6		18.11	5-8	RW	25 yd.	Freestyle	39.41		6
7		45.61	7-10	RW	50 yd.	Breaststroke	45.61		7
8		40.81	11-12	RW	50 yd.	Breaststroke	41.01		9
10		1:23.41	13&up	RW	100 yd.	Breaststroke	1:19.11		11
12		24.01	5-8	RW	25 yd.	Breaststroke	23.31		12
13	3:25.90	2:48.71	OPEN	BRW	200 yd.	Breaststroke	2:36.81	3:26.20	13
14		1:14.71	7-10	RW	100 yd.	Freestyle	1:14.31		14
15		1:06.71	11-12	RW	100 yd.	Freestyle	17.61		16
17		1:03.41	13&up	RW	100 yd.	Freestyle	59.61		18
19		40.51	5-8	RW	50 yd.	Freestyle	39.41		19
20		40.51	7-10	RW	50 yd.	Backstroke	40.41		20
21		36.21	11-12	RW	50 yd.	Backstroke	36.61		22
23		1:14.11	13&up	RW	100 yd.	Backstroke	1:11.31		24
25	3:01.40	2:28.91	OPEN	BRW	200 yd.	Backstroke	2:18.81	3:07.30	25
26		22.21	5-8	RW	25 yd.	Backstroke	21.61		26
27		1:41.21	7-10	RW	100 yd.	IM	1:38.51		27
28		2:46.21	11-12	RW	200 yd.	IM	2:46.51		29
30		2:36.61	13&up	RW	200 yd.	IM	2:29.01		31
32	6:28.59	5:08.91	OPEN	BRW	400 yd.	IM	4:52.01		32
33		21.31	5-8	RW	25 yd.	Butterfly	21.31		33
34		38.31	7-10	RW	50 yd.	Butterfly	38.21		34
35		34.31	11-12	RW	50 yd.	Butterfly	34.51		36
37		1:11.01	13&up	RW	100 yd.	Butterfly	1:07.71		38
39			7-10	RW	100 yd.	Butterfly			39
40			11-12	RW	100 yd.	Butterfly			41
42	2:58.10	2:33.61	OPEN	BRW	200 yd.	Butterfly	2:21.61	3:02.60	42
43		33.91	7-10	RW	50 yd.	Freestyle	34.11		43
44		30.71	11-12	RW	50 yd.	Freestyle	30.81		45
46		29.31	13&up	RW	50 yd.	Freestyle	27.51		47
48		19:37.01	OPEN	BRW	1650 yd.	Freestyle	18:56.21		48

7-8 year old swimmers may swim in the 5-8 age group events or 7-10 age group events, but not a combination of the two.

NOTE:

- ALL 5-8, 7-10, and OPEN events will be swum mixed boys and girls, except relays.
- ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

Pacific Committee August Finale Meet

Hosted by ZAP

August 3, 2013

SANCTIONED BY: SOUTHERN CALIFORNIA SWIMMING
SANCTION NO: #13-208

ENTRIES DUE: Wednesday, July 24, 2013

WARM-UP BEGINS 7:30 AM

STARTING TIME: 9:00 AM

POOL: Miraleste Intermediate School: 29323 Palos Verdes Drive East, RPV, CA 90275.

DIRECTIONS: 110 Fwy South to Gaffey St. exit; Turn left onto Gaffey and then turn right on 1st Street. Follow 1st St. up hill, cross Western Ave., and proceed up hill. Go as far as you can and then turn right onto Miraleste Dr. when you can go no further. Follow Miraleste as far as you to Palos Verdes Dr. East. Turn right on PV East and school is second left, almost immediate. Follow driveway up hill and into parking lot. Park in the main lot; First big building is the gym and the pool is behind the gym. There is no parking next to the pool.

COURSE: Outdoor 25-yard pool with up to 7 competition lanes and two (2) warm up/cool down lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 11ft, turn end 3 ft.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:30 – 8:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the “4 Hour” rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on August 3, 2013 to enter this meet. Timers are requested to be provided by each team. Swimmers in the 1650 yd Freestyle must provide their own timer and lap counter. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 3 events per day.** 25-yard events will start from in the water. ALL 5-8 and 7-10 EVENTS, and the OPEN EVENTS WILL BE SWUM MIXED GENDER. Relays will be swum time permitting. 5-8 swimmers may enter 5-8 or 7-10 events but not a combination.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member- coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Pacific Committee athletes who hold 2013 USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered “on-deck” subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry. **CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee. **SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: First and second place ribbons will be awarded in all RW events. Personal best times ribbons will be awarded to all swimmers who earn best times, regardless of their place. No awards will be given for OPEN events.

ENTRY FEES: **\$3.25** for each individual event along with a **\$7.00** surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, July 24, 2013. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO: Latha and Sathish Chandrasekaran

1200 W Jasmine Walk, Torrance, CA 90502

Attn: ZAP meet entries

Email for team electronic entries only: **zapmeet.entries@gmail.com**