

IRVINE NOVAQUATICS 2020 SCS SR Q CHALLENGE SHORT COURSE SWIM MEET QUALIFIER

Sanctioned by: USA Swimming and SCS
Sanction Number: S20-027
Sponsored by: Irvine Novaquatics
Orange Committee

DATE OF MEET: January 18 & 19, 2020
ENTRIES RECEIVED BY 5:00 PM: January 8, 2020 (Wednesday)

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

Afternoon Session will begin no sooner than 11:00am or 45 minutes after the conclusion of the AM Session.

POOL: WILLIAM WOOLETT JR. AQUATICS CENTER, 4601 Walnut Avenue, Irvine CA 92604

COURSE: WILLIAM WOOLETT JR. AQUATICS CENTER is a 50 meter by 25 yard pool with 8-10 competitive lanes with warmup/warmdown area available. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Measurements at Start and Turn Ends Lanes 1 – 10 = 7'.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.

MEET REFEREE: Janet Knoepfel shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to janetwk1014@gmail.com.

RULES: USA Swimming rules will govern. Current SCS Meet procedure will be enforced and take precedence over any errors or omissions on this entry form. In accordance with the 2020 SCS Swim Guide. Swimmers must check-in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, a swimmer may not check-in or scratch. All coaches and officials must have completed the CDC or NFHS online Concussion course. All coaches must have completed the CAT.

SPECIAL NOTICES: Swimmers may swim a maximum of FIVE (5) Individual events per day. The 500 and 1000 yard Freestyle events will be swum alternating girls and boys. Swimmers in the 500 and 1000 Yard Freestyle are requested to provide timers for three heats and their own lap counters. **ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.** The Top 6 finishers for each event will be eligible to compete at the SCS Senior Q Challenge Meet. Additionally, up to 6 athletes per event will be selected for consideration as part of 12 at large swimmers to be selected by SCS; to compete at the SCS Senior Q Challenge Meet. All swimmers competing in the SCS Senior Q Challenge Meet must declare their intent, to the meet admin by the end of the last session on Sunday, January 19, 2020.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2020 USA Swimming REGISTERED. All Clubs must be 2020 USA Swimming member clubs to be represented at this meet, otherwise, swimmers will be unattached. Registration application must be received by WEDNESDAY, January 8, 2020 by the meet processor, administrative referee or SCS Office. There are substantial penalties for swimmer and club (2020 Swim Guide) if USA Swimming registration is completed at the meet. Before the first day of the meet, a swimmer may change his/her affiliation by the standard procedure. At the meet, a swimmer may UNATTACH (not Attach or Re-attach) by notifying the Admin Referee in writing and paying the appropriate fee. All athletes 18 or older must complete the free online ATHLETE PROTECTION TRAINING within 30 days of turning 18, in order to compete. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP) will govern this meet.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet

SUBMITTED TIMES: Times submitted must be BEST RECORDED TIMES short course or long course from this or preceding swim season (NO WORK OUT TIMES). Swimmers must have achieved the stated time standard listed for an event after September 1, 2019. This is a PROOF OF TIME meet. Entries will be run through SWIMS Times Recon prior to the meet.

ENTRY FEE: **\$7.50 for each INDIVIDUAL EVENT, plus \$14.00 SURCHARGE per swimmer must accompany each individual entry card.** E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, JANUARY 8, 2020. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED. PLEASE MAIL IN A BUSINESS SIZE ENVELOPE.

MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING
EMAIL TO: bonniejos5@aol.com
And MAIL TO: BONNIE JOSEPH
(Include Swimmer's name and SCS Number) 447 E. 19TH Street
Costa Mesa, CA 92647

For further meet Information contact Bonnie Joseph at bonniejos5@aol.com Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

IRVINE NOVAQUATICS 2020 SCS SR CHALLENGE SHORT COURSE SWIM MEET QUALIFER

Date of Meet: January 18 & 19, 2020

Entries Due: Wednesday, January 8, 2020

Times submitted must be Best Recorded Times Short Course Times

YOU MAY SWIM A MAXIMUM OF 5 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

All events are Timed Finals

Women Saturday, January 18, 2020 8:30am Men

No.	Min SC	Min LC	Event	Min SC	Min LC	No
1	2:05.59	2:22.59	200 Yard Freestyle	1:54.79	2:11.19	2
3	1:13.69	1:24.19	100 Yard Breaststroke	1:06.09	1:15.89	4
5	2:20.99	2:37.09	200 Yard Butterfly	2:07.59	2:23.59	6
7	26.99	30.49	50 Yard Freestyle	24.09	27.59	8
9	2:21.59	2:41.69	200 Yard Individual Medley			
			400 Yard Individual Medley	4:34.59	5:13.09	10
11	1:04.79	1:13.99	100 Yard Backstroke	58.39	1:07.59	12
13	5:33.89	4:59.69	500 Yard Freestyle			
			1000 Yard Freestyle	11:23.49	10:17.49	14

Women Sunday, January 19, 2020 8:30am Men

No.	Min SC	Min LC	Event	Min SC	Min LC	No.
15	1:04.19	1:11.79	100 Yard Butterfly	57.39	1:04.89	16
17	2:39.89	3:01.49	200 Yard Breaststroke	2:23.99	2:44.39	18
19	57.89	1:06.19	100 Yard Freestyle	52.39	59.69	20
21	5:01.49	5:40.69	400 Yard Individual Medley			
			200 Yard Individual Medley	2:08.69	2:27.19	22
23	2:18.79	2:38.69	200 Yard Backstroke	2:06.59	2:25.69	24
			500 Yard Freestyle	5:33.89	4:59.69	26
25	10:46.16	9:37.49	1000 Freestyle			

Swimmers in the 500/1000 Yard Freestyle events should be prepared to provide a timer for 3 heats and will be providing their own lap counter.

Distance events will be swum alternating Men and Women