

LVSC FROSTY FLING 2026



Sanctioned by: USA Swimming & Southern California Swimming
Sponsored By: LVSC of Desert Committee
MEET DATES: Friday Dec 4 and Sat Dec 5, 2026
Warm-up: 3:30pm Friday / 11:30am Saturday

Sanction No. #S26-228
Received by deadline: 5pm, November 25, 2026
Meet Start Time: 4:30pm Friday December 4, 2026

POOL ADDRESS: 101 S. Pavilion Center Dr, Las Vegas, NV 89144

DIRECTIONS: Pavilion Center Drive, off Charleston Blvd. Next to Palo Verde High School

Pool Dimensions: Competition will be held in short course yards. Indoor 50 meter x 25 yard pool with 8 competition lanes and 6 adjacent warm up lanes. The competition course has been certified in accordance with 104.2.2(C) on file with USA Swimming.

Pool depth: Start End 6'5" Turn End 6'5"

MEDICAL SUPERVISION: Certified lifeguards provided by the facility will be available at this meet (Article 202.4.11.N)

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 3:30-4:20pm Friday (depending on number of entries, Friday warmup may be split), and 11:30am-12pm Saturday. Saturday second session warmup will begin immediately following the conclusion of the first session. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned and will open 30 minutes before the start of the meet. The pool will close 10 minutes before the start of the session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

RULES: USA Swimming rules will govern this meet. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule for 12-Under swimmers, unless a championship meet. This meet will be pre-seeded. Deadline to submit scratches is 5pm on Thurs 12/3 for Friday events and 5pm on Fri 12/4 for Sat events.** All events are timed finals. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on December 4, 2026 to enter this meet. Timers are requested to be provided by each team. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 individual events per day. All coaches and officials on deck must complete the CDC or NFHS Concussion course, and must complete the CANRA Mandatory Reporting course prior to the start of the meet. All persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with AQUA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech suits are NOT permitted at this meet for 12-Under swimmers. Please see the Tech Suit Policy on the SCS website: www.socalswim.org**

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

DISABILITY: Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

ELIGIBILITY: Open to LVSC, LIFE, and SAND athletes who hold 2026/2027 USA Swimming Registration. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. Out of LSC entries will be accepted space available; please submit a copy of registration with entry. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (APT) prior to the start of the meet in order to compete. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302 of the USA Swimming Rules and Regulations.

CHANGE OF AFFILIATION: Club transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim seasons (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration may convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Medals 1st-3rd, Ribbons 4th-8th will be awarded for Boys/Girls by age groups: 10&Under, 11-12, 13&Over. 10&Under events will not award separately for 8&Under swimmers. However, 8&Under events (25, 26, 29, 30, 33, 34, 37, 38) will award separately. **No awards for events 53-58.**

ENTRY FEES: \$6.00 for individual event along with a **\$15.00 surcharge per swimmer**. Outreach athletes are **\$15.00** flat fee for the meet. Teams must provide proof of outreach athlete status by including a copy of their team roster when submitting entries. NO REFUNDS. Returned checks will incur a service fee.

ENTRY SUBMISSIONS: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, Wednesday, NOVEMBER 25, 2026. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

E-mailed team entry (entry. zip file) will be accepted ONLY when received with an attached PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (SINGLE TEAM CHECK) for an e-mailed zip file entry due to the meet admin before warm-up of the first session. Failure to comply will be referred to the Board of Review. Team entry updates (added events) will be processed when received by the meet processor by the entry deadline. Added events (entered swimmers) may be submitted by hard

copy (including e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE PERMITTING. DO NOT RE-SEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

If entering individually, emailed or texted entries are not accepted. Please enter using the SCS Individual Meet Entry Form. Entries are accepted, SPACE PERMITTING, when the entry is received TOGETHER with a check, money order or cash, by the meet processor.

Make Checks Payable to LAS VEGAS SWIM CLUB

E-Mail Entries to: Kyle Dawidian

Kdawidian003@gmail.com

The Meet Referee will be in charge of this meet, any questions regarding the conduct of the meet should be directed to the Meet Referee.

Meet Director: Alana Dawidian, alanadawidian@gmail.com

Meet Referee: Diana LaMar, dianalamar123@yahoo.com

Admin Referee/Meet Processor: Kyle Dawidian, kdawidian003@gmail.com

SCS office (310-684-1151)

USA SWIMMING MEET 360:

Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership

During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted.

Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit www.usaswimming.org/report

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy govern this meet.**



LVSC Frosty Fling 2026 Order of Events

GIRLS	Min Time	Friday PM	Min Time	BOYS
Event	SC Yards	Warm Up 3:30pm / Start 4:30pm	SC Yards	Event
1		11 & Over 200 Freestyle		2
3		10 & Under 50 Breaststroke		4
5		11 & Over 50 Breaststroke		6
7		10 & Under 50 Backstroke		8
9		11 & Over 50 Backstroke		10
11		10 & Under 50 Butterfly		12
13		11 & Over 50 Butterfly		14
15		10 & Under 50 Freestyle		16
17		11 & Over 50 Freestyle		18
19		10 & Under 100 Individual Medley		20
21		11 & Over 100 Individual Medley		22

GIRLS	Min Time	Saturday First Session	Min Time	BOYS
Event	SC Yards	Warm Up 11:30am / Start 12:15pm	SC Yards	Event
23		10 & Under 200 Freestyle		24
25		8 & Under 25 Backstroke		26
27		10 & Under 100 Backstroke		28
29		8 & Under 25 Butterfly		30
31		10 & Under 100 Butterfly		32
33		8 & Under 25 Breaststroke		34
35		10 & Under 100 Breaststroke		36
37		8 & Under 25 Freestyle		38
39		10 & Under 100 Freestyle		40
41		10 & Under 200 Individual Medley		42

GIRLS	Min Time	Saturday Second Session	Min Time	BOYS
Event	SC Yards	30 Minute Warm Up Begins Immediately Following Conclusion of 1 st Session	SC Yards	Event
43		11 & Over 100 Butterfly		44
45		11 & Over 100 Backstroke		46
47		11 & Over 200 Individual Medley		48
49		11 & Over 100 Breaststroke		50
51		11 & Over 100 Freestyle		52
53		11 & Over 200 Backstroke*		54
55		11 & Over 200 Breaststroke*		56
57		11 & Over 200 Butterfly*		58

Additional Notes:

- 8&Under swimmers may compete in both 8&Under and 10&Under events in any combination, but will not be awarded separately for 10&Under events
- 11&Over events will be split into 11-12 and 13&Over for awards. ***No awards events 53-58***
- *Depending on time and number of entries, events 53-58 may be combined

UPDATED: 09/09/2026

Emergency Action Plan (EAP)

Lifeguards- Pavilion Center Pool Lifeguards will be on duty during the entire duration of the meet.

First Aid Station location: In Lifeguard Office next to locker rooms

Medical Responses:

Medical emergencies—Call 911 and notify lifeguard at the meet. **Control crowd around the victim. Notify the meet referee and meet Admin.**

Fire —Call 911 and Notify lifeguard and meet officials.

Nearest Fire Department Fire Station --- Fire Station 7. 10101 Banbury Cross Dr. Las Vegas NV 89144. Non-emergency # 702-229-0366. Emergency call 911

Law Enforcement & Civil Disturbances Emergencies—Call 911, notify lifeguard, and meet officials.

Nearest Police Department--- Summerlin Area Command Station. 11301 Redpoint Dr. Las Vegas NV 89138. Non-emergency # 702-828-9400. Emergency call 911

Missing Person/Child---Notify the Admin & Meet Referee. Obtain descriptions of the missing person and announce as appropriate for help to locate the missing person. Contact law enforcement if more support is needed.

Life safety:

Weather Emergencies, Earthquake, Hazardous Materials Emergencies—Adhere to the facility EAP protocols and if need to evacuate the facility by following the directions of the facility, meet marshals and meet officials.

Thunder and lightning—Clear the pool immediately. All occupants must leave the pool and the pool deck for at least 30 minutes after the last lightning strike.

Closest Hospital—Summerlin Hospital Medical Center. 657 N Town Center Dr. Las Vegas NV 89144. 702-233-7000.

Closest Urgent Care---UMC Quick Care. 9320 W Sahara Ave. Las Vegas NV 89117. 702-383-3850.

SCS emergency contacts (within ONE hour of an incident)

Contact SCS General Chair Stacy Smith at 818-665-6284 for urgent administrative, medical, or law enforcement responses within 1 hour. Leave a voice message or text 911 SCS & your name, incident, and brief details.