

CANYONS AQUATIC CLUB

RED WHITE AND BLUE MEMORIAL DAY SWIM MEET 2014

Friday, May 23rd – Sunday, May 25th – No swimming on Monday, May 26th

Sanctioned by: USA Swimming & Southern California Swimming
Sponsored by: Canyons Aquatic Club
Dates of Meet: Friday, May 23-Sunday, May 25, 2014
Warm Up Times: Friday – 2:30 p.m. Sat/Sun – 7:00 a.m.

Sanction: 14-103
Received by Entry Deadline: Wednesday May 14, 2014 5:00 pm
Meet Start Time: Friday – 4:00 pm Sat/Sun 9:00 am

POOL/DIRECTIONS:	Santa Clarita Aquatic Center 20850 Centre Pointe Parkway • Santa Clarita, CA 91350 • 14 FWY NORTH: Take GOLDEN VALLEY exit. Left on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway. From 14 FWY SOUTH: Take GOLDEN VALLEY exit. Right on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway.
COURSE:	The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard (20 lane) x 50 meter (8 lane) pool. Competition courses have been certified in accordance with 104.22.2(C). Pool depth at start and turn end is 7'6".
WARM UP:	All lanes will open for USA Swimming Member Coach supervised warm up Friday 2:30-3:45 pm and Sat/Sun 7:00-8:45 am. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will be open 45 min before the start of the meet or at the discretion of the meet referee. The competition pool will be closed 15 min before the start of each session. A separate warm-up/warm-down 25-yard (10 lane) x 25 Meter (8 lane) pool will be open during the meet.
MEET REFEREE:	The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to this person.
RULES:	USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. Meet will limit entries to meet the "4 hour" rule. Swimmers must check in with Clerk of the Course 30 minutes before the start of each session for the first 4 events of that session. After the event has been officially closed, swimmers may not check in or scratch. Swimmers must swim their actual age group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on May 23, 2014 to enter this meet. Each team will be requested to provide timers. Swimmers competing in the 800 and 1500 are requested to provide their own timers for three heats and their own lap counters. A swimmer may swim a maximum of four (4) events per day. To compete in OPEN events, a swimmer must be at least 11 years old and must meet the stated minimum time standard. Host reserves the right to double end the meet based on entries. Host reserves the right to swim two-per-lane for the 400, 800 & 1500 freestyle. The 400 IM, 400, 800 and 1500 Freestyle events will be swum alternating girls and boys. All events will be swum fastest to slowest. 11-12 Swimmers may swim the 400 Free Friday or Sunday – not both.
RECORDING DEVICES AND MEDIA NOTICE:	The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms or restrooms. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.
SWIMWEAR:	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.
DECK CHANGING:	Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
RACING START CERTIFICATION:	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
ELIGIBILITY:	Open to 2014 USA Swimming registered swimmers. Registration application must be received by Wednesday, May 14, 2014 by 5 pm by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B.
CHANGE OF AFFILIATION:	Before the meet, a swimmer may change affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only UNATTACH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.
SUBMITTED TIMES:	Times submitted must be best-recorded short course or long course times from this or preceding swim season (no workout times). All non-conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standard listed for an event. Discrepancy in the submitted times can lead to disciplinary action.
AWARDS:	INDIVIDUAL EVENTS: Blue, Red & White Divisions. RIBBONS: 1 st through 8 th . Ribbons will be awarded to the following age groups: 5-10, 11-12. 13 & over and Open events will not be awarded.
ENTRY FEE:	\$3.25 for each INDIVIDUAL EVENT, along with a \$7.50 SURCHARGE per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks may incur a service fee. E-mail entry (entry .zip file) will be accepted only when received with an attached .pdf file including the electronic signature of the coach and will be dated as "official" at that time. Individual entries via email will NOT be accepted. Full payment (single team check made payable to Southern California Swimming) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Individual Entries will be accepted on an SCS consolidated entry card. Card must be completely filled out including USA Swimming Registration number.
ENTRY DEADLINE:	Entries must be received by the processor no later than 5 pm, Wednesday, May 14, 2014 . If meet fills before deadline, entries will be rejected – last received, first rejected. You should enclose a self-addressed stamped envelope or postcard if you wish to confirm receipt of your entry. Receipt of entries will not be verified by phone or email.
MAIL/EMAIL ENTRIES TO:	Bettie Williams • Canyons Aquatic Club • PO Box 83538 • Los Angeles CA 90083-0538 • blwswim@earthlink.net • Hand deliver: 5405 W. Slauson Avenue, Los Angeles CA 90056-1046

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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GIRLS			FRIDAY EVENING 4:00 PM START		BOYS		
	LC MIN	SC MIN	AGE	EVENT	LC MIN	SC MIN	
1	6:31.20	5:48.20	Open	400 Meter Individual Medley	6:32.30	5:48.90	2
3	6:18.80	6:59.50	11-12	400 Meter Freestyle	6:18.10	7:05.30	4
5**	3:02.70	2:42.00	7-10	400 Meter Freestyle	3:02.40	2:41.80	6**
7	22:11.60	21:32.10	Open	1500 Meter Freestyle	22:10.90	21:51.50	8

GIRLS			SATURDAY MORNING 9:00 AM START		BOYS			GIRLS			SUNDAY MORNING 9:00 AM START		BOYS		
	LC MIN	SC MIN	AGE	EVENT	LC MIN	SC MIN			LC MIN	SC MIN	AGE	EVENT	LC MIN	SC MIN	
9	2:57.70	2:37.20	11-12	200 Meter Freestyle	2:58.40	2:37.80	10	41	3:25.00	3:01.30	11-12	200 Meter Individual Medley	3:25.30	3:01.70	42
11	3:02.70	2:42.00	7-10	200 Meter Freestyle	3:02.40	2:41.80	12	43	3:30.20	3:06.50	7-10	200 Meter Individual Medley	3:31.20	3:07.40	44
13	B/R/W	B/R/W	11-12	50 Meter Breaststroke	B/R/W	B/R/W	14	45	B/R/W	B/R/W	11-12	50 Meter Backstroke	B/R/W	B/R/W	46
15	B/R/W	B/R/W	5-6/7-10	50 Meter Breaststroke	B/R/W	B/R/W	16	47	B/R/W	B/R/W	5-6/7-10	50 Meter Backstroke	B/R/W	B/R/W	48
17	B/R/W	B/R/W	11-12	100 Meter Backstroke	B/R/W	B/R/W	18	49	B/R/W	B/R/W	11-12	100 Meter Freestyle	B/R/W	B/R/W	50
19	1:50.30	1:36.80	7-10	100 Meter Backstroke	1:50.50	1:37.00	20	51	1:59.20	1:46.10	5-6/7-10	100 Meter Freestyle	1:54.60	1:42.00	52
21	B/R/W	B/R/W	11-12	100 Meter Butterfly	B/R/W	B/R/W	22	53	B/R/W	B/R/W	11-12	50 Meter Butterfly	B/R/W	B/R/W	54
23	1:49.70	1:37.40	7-10	100 Meter Butterfly	1:49.80	1:37.60	24	55	B/R/W	B/R/W	5-6/7-10	50 Meter Butterfly	B/R/W	B/R/W	56
25	B/R/W	B/R/W	11-12	50 Meter Freestyle	B/R/W	B/R/W	26	57	B/R/W	B/R/W	11-12	100 Meter Breaststroke	B/R/W	B/R/W	58
27	B/R/W	B/R/W	5-6/7-10	50 Meter Freestyle	B/R/W	B/R/W	28	59	2:02.40	1:49.10	7-10	100 Meter Breaststroke	2:03.10	1:49.70	60

AFTERNOON SESSION WILL BEGIN NO SOONER THAN 12:00 PM

GIRLS			SATURDAY AFTERNOON		BOYS			GIRLS			SUNDAY AFTERNOON		BOYS		
	LC MIN	SC MIN	AGE	EVENT	LC MIN	SC MIN			LC MIN	SC MIN	AGE	EVENT	LC MIN	SC MIN	
29	B/R/W	B/R/W	13 & Over	200 Meter Freestyle	B/R/W	B/R/W	30	61	B/R/W	B/R/W	13 & Over	200 Meter Individual Medley	B/R/W	B/R/W	62
31	B/R/W	B/R/W	13 & Over	100 Meter Breaststroke	B/R/W	B/R/W	32	63	B/R/W	B/R/W	13 & Over	100 Meter Freestyle	B/R/W	B/R/W	64
33	3:09.20	2:46.20	Open	200 Meter Backstroke	3:11.80	2:51.40	34	65	3:31.00	3:08.80	Open	200 Meter Breaststroke	3:31.20	3:09.00	66
35	B/R/W	B/R/W	13 & Over	100 Meter Butterfly	B/R/W	B/R/W	36	67	B/R/W	B/R/W	13 & Over	100 Meter Backstroke	B/R/W	B/R/W	68
37	B/R/W	B/R/W	13 & Over	50 Meter Freestyle	B/R/W	B/R/W	38	69	3:05.70	2:43.20	Open	200 Meter Butterfly	3:07.20	2:47.40	70
39	11:44.20	12:58.60	Open	800 Meter Freestyle	11:43.70	13:09.80	40	71	5:47.30	6:24.60	Open	400 Meter Freestyle	5:46.60	6:29.80	72

Entries are limited to 4 individual events per day • All events will be seeded fast to slow • 11-12 swimmers entering OPEN events must meet the listed time standard • 11-12 swimmers may swim the 400 Free Friday OR Sunday – not both • B/R/W events do not have a minimum time standard • ** 7-10 400 FREE – ENTER 200 FREE LONG COURSE TIME; MUST HAVE ACHIEVED A BLUE TIME STANDARD ** • 5-6 swimmers meeting the listed time standard or the following conditions may enter 7-10 events. A swimmer may swim "up" (not "down") one distance if: A. 5-6 swimmers meeting 5-8 Blue standard in a 50 yd/mtr event may enter 7-10 100 yd/mtr event in, same stroke; B. 5-6 swimmers meeting 5-8 Blue in 100 yd/mtr freestyle or 100 yd IM may enter 7-10 200 free or 200 IM. • The 400 IM, 400, 800 and 1500 Freestyle will be swum alternating girls and boys • 800 & 1500 Freestyle swimmers are requested to provide lap counters and their own timers for three heats • Meet may be double ended, and the 400, 800 and 1500 Freestyle may be swum two-per-lane, based on entries • Hotel and restaurant information available on the Canyons website: www.canyons.org