Buenaventura Swim Club April Long Course BRW April 27-28, 2019

SANCTIONED BY: Southern California Swimming, USA Swimming SPONSORED BY: Buenaventura Swim Club and Coastal Committee. DATE: April 27-28, 2019 WARM-UP: 7:30 AM

POOL: Ventura Community Park Aquatics Center, 901 S. Kimball Rd.

DIRECTIONS: From 126 freeway, exit on S. Kimball Rd and go south. The aquatic center will be on the right hand side.

<u>Course</u>: Long Course – Pool is an outdoor 50mx25y pool with up to 8 competition swimming lanes. The competition course has been certified in accordance with 104.2.2[©]. Pool depth at start: 7feet, at turn end: 10 feet.

SANTION No: \$19-130

START OF THE MEET: 9:00 am

RECEIVED BY DEADLINE: 5:00 pm, April 17, 2019

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 8:30-9:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. ALL SWIMMERS MUST USE **3-POINT SLIDE IN ENTRY INTO THE POOL**. The pool will close 15 minutes before the start of each session. The meet host reserves the right to assign warm-up lanes, times, and add warm-up sessions if needed.

MEET REFEREE: The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Contact Information: Leanne Colvin, ltc5@hotmail.com

<u>RULES</u>: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers may swim up to 5 events each day. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on April 27, 2019 to enter this meet. Timers are requested to be provided by each team. ALL COACHES AND OFFICIALS MUST COMPLETE THE CDC OR NFHS CONCUSSION ONLINE COURSE.

<u>RECORDING DEVICES & MEDIA NOTICE</u>: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy posted on the <u>SCS Website</u>.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

<u>ELIGIBILITY</u>: Open to Coastal Committee who hold 2019 USA Swimming registration. **Registration applications must be received by Wednesday, March 20, 2019 at 5 pm** by meet processor, administrative referee or SCS Office. Late applications will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition**. Out of LSC entries will be accepted space available, please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer form to the SCS Office. At the meet, a swimmer may only UNATTCH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

<u>SUBMITTED TIMES</u>: Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close meet administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: Awards 1-8 places for 5-6,7-8,9-10,11-12

ENTRY FEES: \$4.00 for each individual event along with a \$10.00 surcharge per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry .zip file) will be accepted ONLY when received with an attached.PDF file <u>including electronic signature</u> of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded**.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5PM, WEDNESDAY April 17, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

Make Checks payable to: Southern California Swimming	Mail Entries to:	BUEN April Swim Meet c/o Erica Johnson
Email for team electronic entries only: ericajohnson.swim@gmail.com		321 Cuyler Harbor Drive
Questions: SCS Office (310)684-1151		Camarillo, CA 93012

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SATURDAY, April 27, 9:00 am, warm-up 7:30 am									
WOMEN		TIME STA	NDARDS		TIME STANDARDS			MENS	
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT#	
1	11-12	BRW	BRW	100 FREE					
2	5-8,9-10	BRW	BRW	100 FREE	BRW	BRW	5-8,9-10	3	
4	11-12	BRW	BRW	100 BREASTSTROKE					
5	5-8*,9-10	2.04.40	1.49.10	100 BREASTSTROKE	2.03.10	1.49.70	5-8*,9-10	6	
7	11-12	BRW	BRW	50 BUTTERFLY					
8	5-8,9-10	BRW	BRW	50 BUTTERFLY	BRW	BRW	5-8,9-10	9	
10	11-12	BRW	BRW	50 BACKSTROKE					
11	5-8,9-10	BRW	BRW	50 BACKSTROKE	BRW	BRW	5-8,9-10	12	
13	11-12	3.25.00	3.01.30	200 I.M.					
14	5-8*,9-10	3.49.30	3.23.50	200 I.M.	3.50.40	3.24.50	5-8*,9-10	15	
16	11-12		•	200 FREE RELAY			11-12	17	
18	5-10	DECK EI	NTERED	200 FREE RELAY	DECK ENTERED		5-10	19	
20	11-12			400 MEDLEY RELAY	1		11-12	21	
22	9-10	*3:02.70*	*2:42*	400 FREESTYLE	*3:02.40*	*2:41.80*	9-10	23	
24	11 & OV	6.18.80	6.59.50	400 FREESTYLE	6.18.10	7.05.30	11 & OV	25	

SUNDAY, April 28 9:00 am, warm up 7:30 am									
WOMEN		TIME STANDARDS			TIME STANDARDS			MEN	
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT #	
57	11-12	2.57.70	2.37.20	200 FREESTYLE					
58	5-8*,9-10	3:19.30	2:56.80	200 FREESTYLE	3:19.00	2:56.50	7-10	59	
60	11-12	BRW	BRW	50 BREASTSTROKE					
61	5-8,9-10	BRW	BRW	50 BREASTSTROKE	BRW	BRW	5-8,9-10	62	
63	11-12	BRW	BRW	50 FREESTYLE					
64	5-8,9-10	BRW	BRW	50 FREESTYLE	BRW	BRW	5-8,9-10	65	
66	11-12	BRW	BRW	100 BACKSTROKE					
67	5-8*,9-10	BRW	BRW	100 BACKSTROKE	BRW	BRW	5-8*,9-10	68	
69	11-12	BRW	BRW	100 BUTTERFLY					
70	5-8*,9-10	1.49.70	1.37.40	100 BUTTERFLY	1.49.80	1.37.60	5-8*,9-10	71	
72	11-12			200 MEDLEY RELAY			11-12	73	
74	5-10	DECK ENTERED		200 MEDLEY RELAY	DECK ENTERED		5-10	75	
76	11-12			400 FREE RELAY]		11-12	77	
78	11 & OV	6:55.10	6:07.30	400 IM	6:33.00	5:47.30	11 & OV	79	

				SATURDAY, April 27						
No earlier than 45 minutes after the close of the morning session										
WOMEN		TIME ST/	ANDARDS		TIME ST	ANDARDS		MEN		
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT #		
				100 FREESTYLE	BRW	BRW	11-12	26		
27	13-14	BRW	BRW	100 FREESTYLE	BRW	BRW	13-14	28		
29	15 & OV	BRW	BRW	100 FREESTYLE	BRW	BRW	15 & OV	30		
				50 BUTTERFLY	BRW	BRW	11-12	31		
	13-14	3.17.40	2.55.10	200 BUTTERFLY	3.08.90	2.47.30	13-14	33		
32	15 & OV	3.13.00	2.50.90	200 BUTTERFLY	2.54.80	2.34.40	15 & OV			
	11-12	3.22.60	2.58.10	200 BUTTERFLY	3.24.20	3.02.60	11-12			
				100 BREASTSTROKE	BRW	BRW	11-12	34		
35	13-14	BRW	BRW	100 BREASTSTROKE	BRW	BRW	13-14	36		
37	15 & OV	BRW	BRW	100 BREASTSTROKE	BRW	BRW	15 & OV	38		
				50 BACKSTROKE	BRW	BRW	11-12	39		
	13-14	3.19.60	2.54.50	200 BACKSTROKE	3.09.20	2.45.10	13-14			
40	15 & OV	3.12.70	2.56.70	200 BACKSTROKE	3.00.70	2.37.30	15 & OV	41		
	11-12	3.26.50	3.01.40	200 BACKSTROKE	3.29.40	3.07.30	11-12	1		
				200 I.M.	BRW	BRW	11-12	42		
43	13-14	BRW	BRW	200 I.M.	BRW	BRW	13-14	44		
45	15 & OV	BRW	BRW	200 I.M.	BRW	BRW	15 & OV	46		
47	13-14			200 FREE RELAY			13-14	48		
49	15 & OV	DECKE	NTERER	200 FREE RELAY	DECK ENTERED		15 & OV	50		
51	13-14	DECKE	NTERED	400 MEDLEY RELAY	DECKE	NIEKED	13-14	52		
53	15 & OV]		400 MEDLEY RELAY	15 & OV			54		
61	11 & OV	23.13.30	22.57.70	1500 FREESTYLE	22.51.70	22.35.80	11 & OV	62		

				SUNDAY, April 28				
		No ear	lier than 45 mi	nutes after the close of the	morning sessi	on		
WOMEN		TIME STAN	IDARDS		TIME STANDARDS			MEN
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT
				200 FREESTYLE	BRW	BRW	11-12	80
81	13-14	BRW	BRW	200 FREESTYLE	BRW	BRW	13-14	82
83	15 & OV	BRW	BRW	200 FREESTYLE	BRW	BRW	15 & OV	84
				100 BUTTERFLY	BRW	BRW	11-12	85
86	13-14	BRW	BRW	100 BUTTERFLY	BRW	BRW	13-14	87
88	15 & OV	BRW	BRW	100 BUTTERFLY	BRW	BRW	15 & OV	89
				50 BREASTSTROKE	BRW	BRW	11-12	90
	13-14	3.43.00	3.18.20	200 BREASTSTROKE	3.33.00	3.06.40	13-14	92
91	15 & OV	3.41.90	3.17.30	200 BREASTSTROKE	3.20.40	2.57.80	15 & OV	
	11-12	3.50.20	3.25.90	200 BREASTSTROKE	3.50.40	3.26.20	11-12	
				100 BACKSTROKE	BRW	BRW	11-12	93
94	13-14	BRW	BRW	100 BACKSTROKE	BRW	BRW	13-14	95
96	15 & OV	BRW	BRW	100 BACKSTROKE	BRW	BRW	15 & OV	97
				50 FREESTYLE	BRW	BRW	11-12	98
99	13-14	BRW	BRW	50 FREESTYLE	BRW	BRW	13-14	100
101	15 & OV	BRW	BRW	50 FREESTYLE	BRW	BRW	15 & OV	102
103	13-14			200 MEDLEY RELAY			13-14	104
105	15 & OV			200 MEDLEY RELAY			15 & OV	106
107	13-14	DECK EN	IEKED	400 FREE RELAY	DECK ENTERED 13-14 15 & OV		13-14	108
109	15 & OV			400 FREE RELAY			15 & OV	110
111	OPEN	12.29.19	13.45.80	800 FREESTYLE	12.15.19	13:30.70	OPEN	112

- Relays will be swum time permitting
- 400 IM, 400, 800, and 1500 freestyle will be swum fastest to slowest, alternating girls and boys
- Swimmers in the 400 free, 400 IM, 800 free, and 1500 free are requested to provide a timer for a minimum of 3 heats
- Swimmers in the 800 & 1500 Free are requested to supply their own lap counters
- Distance events will be combined into as few heats as possible.
- ** 9-10 400 FREE ENTER 200 FREE LONG COURSE TIME: MUST HAVE ACHIEVED A BLUE TIME STANDARD **
- Women/Men heats will alternate for all distance events (400 Freestyle, 400 I.M., 1500 Freestyle, 800 Freestyle)
- If length of combined sessions is projected to be 4 hours or less, sessions will be combined and events will be renumbered.

*SPECIAL NOTE: REQUIREMNTS FOR 5-8 EVENTS

5-6 swimmers meeting the listed time standard or the following conditions may enter 5-8* events:

- a) If swimmer's time meets the 5-8 red standard for 50 of stroke, may enter 100 of stroke
- b) If swimmer's time meets the 5-8 blue standard for 100 free or 100 IM, may enter 200 free or 200 IM
- c) If swimmer has equaled or bettered the 5-8 red standard in three events may enter 100 back, breast, and/or fly
- d) If swimmer has equaled or bettered the 5-8 Blue standard in three events may enter 200 free or 200 IM