

# Mesa October BRW SC

Sanctioned by: USA Swimming & Southern California Swimming  
Sponsored By: Mesa & Eastern Committee  
Date of Meet: October 16-18, 2015  
Warm-up: 3:30 Friday, 7:00 am Sat/Sun

Sanction # S15-255  
Received by deadline: 5:00 pm, October 7, 2015  
Start of Meet: 5:00 pm Friday, 8:30 am Sat/Sun

**\*\*Please note:** Friday night session only will be hosted by FAC at Fontana Aquatics Center, Saturday & Sunday at the Drop Zone

**POOL:** The Drop Zone Water Park, 2165 Trumble Rd., Perris, CA

**DIRECTIONS:** From the 215 (north or south), exit Hwy 74 East. Turn left on Trumble Rd. Pool on right side after the baseball park.

**COURSE:** Outdoor 50M x 25Y with 8 competition lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 13'10" - to 7', turn end 13'10" to 7'. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

**WARM-UP Procedures:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH.** Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on October 16, 2015 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in distances 400 and over are requested to furnish their own timers for three heats and lap counters. Events will be swum fastest to slowest. **Swimmers may swim a maximum of 4 events per day.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

**DECK CHANGING:** Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to the following Eastern Committee teams whose athletes who hold 2015 USA Swimming Registration: CCAQ, HCOR, HDA, HVDA, MESA, MVAQ, PDSC, PST, RAA, RST, STAR, TMEC, TPST. **Registration application must be received by October 7, 2015 (Wednesday 5 PM)** by meet processor, administrative referee, or SCS Office. Registration application received after the meet entry deadline will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, **swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a Club Transfer form to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

**AWARDS:** Blue Division: Medals 1st-3rd, Ribbons 4th-6th Red & White divisions: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place

Relays: Medals 1<sup>st</sup>, Ribbons 2nd -3<sup>rd</sup> place

**ENTRY FEES:** **\$3.50** for each individual event along with a **\$7.00** surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, October 7, 2015. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

**Make Checks payable to Southern California Swimming**  
Email for team electronic entries only: [ruszim@hotmail.com](mailto:ruszim@hotmail.com)  
Questions: SCS Office (800) 824-6206

**MAIL ENTRIES TO:** **Jan Szuszkiewicz**  
23283 Sonnet Dr.  
Moreno Valley, CA 92557

*It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

# MESA BRW SC October Meet

Entries must be received by 5:00 pm - Wednesday, October 7, 2015

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

7/8 year old swimmers may enter 5-8 age group or 7-10 but not any combination of the two.

No awards for open events, swimmers must be at least 11 years old and meet minimum time standard.

Events will be swum fastest to slowest.

7-10 swimmers use 200 Free times to enter 500 Free.

11-12 swimmers use 200 IM times to enter 400 IM.

This meet is subject to the 4 hour rule per session, relays swum time permitting.

Events with distances 400y or more will be swum alternating girls and boys, requested to provide own timers and lap counters .

## FRIDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
1	2:46.20/	OPEN	BR	200 yd	Backstroke	2:51.40/ 2
3	3:23.50/	7-10	BR	200 yd	IM	3:24.50/ 4
5	3:08.80/	OPEN		200 yd	Breaststroke	3:09.00/ 6
7	2:56.80/	7-10	BR	200 yd	Freestyle	2:56.50/ 8
9	21:32.10/	OPEN		1650 yd	Freestyle	21:51.50/ 10

\*\*Please note:

Friday night session will be at FAC Site only

Fontana Park Aquatics Center

15556 Summit Ave. Fontana 92336 ( at the corner of Knox Ave)

Saturday and Sunday, all sessions at the MESA site

The Drop Zone in Perris, just east of the I-215

## SATURDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
		11-12	BRW	100 yd	Backstroke	11
12		7-10	BRW	100 yd	Backstroke	13
14	/26.61	5-8	W	25 yd	Backstroke	/25.91 15
		11-12	BRW	50 yd	Butterfly	16
17		7-10	BRW	50 yd	Butterfly	18
19	55.60/	5-8	BR	50 yd	Butterfly	56.40/ 20
		11-12	BRW	50 yd	Freestyle	21
22		7-10	BRW	50 yd	Freestyle	23
24	48.60/	5-8	BR	50 yd	Freestyle	47.30/ 25
	Deck	11-12	BRW	200 yd	Medley Relay	Deck 26
27	Entered	7-10	BRW	200 yd	Medley Relay	Entered 28
29		5-8	BRW	100 yd	Medley Relay	30
		11-12	BRW	100 yd	Breaststroke	31
32		7-10	BRW	100 yd	Breaststroke	33
34	/28.81	5-8	W	25 yd	Breaststroke	/28.01 35
		11-12	BRW	200 yd	IM	36
37		5-8	BR	100 yd	IM	38
		11-12	BRW	100 yd	Butterfly	39
40	**2:42.00/	7-10	B	500 yd	Freestyle	**2:41.80/ 41

\*\*\*\*\*Break determined by Meet Referee\*\*\*\*\*

42	5:48.20/	OPEN		400 yd	IM	5:48.90/ 43
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\*\*\*\*\*45 Minute break or no earlier than 1:00 pm start\*\*\*\*\*

44		11-12	BRW	50 yd	Backstroke	
45		13-14	BRW	100 yd	Fly	46
47		11-12	BRW	100 yd	Fly	
48		15-up	BRW	100 yd	Fly	49
50		11-12	BRW	50 yd	Breaststroke	
51		13-14	BRW	100 yd	Backstroke	52
53		11-12	BRW	100 yd	Backstroke	
54		15-up	BRW	100 yd	Backstroke	55
56	Deck	11-12	BRW	200 yd	Medley Relay	Deck
57	Entered	13-14	BRW	200 yd	Medley Relay	Entered 58
59		15-up	BRW	200 yd	Medley Relay	60
61		11-12	BRW	50 yd	Freestyle	
62		13-14	BRW	50 yd	Freestyle	63
64		15-up	BRW	50 yd	Freestyle	65
66		11-12	BRW	200 yd	IM	
67		13-14	BRW	200 yd	IM	68
69		15-up	BRW	200 yd	IM	70
71	12:58.60/	OPEN		1000 yd	Freestyle	13:09.80/ 72

## SUNDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
		11-12	BRW	200 yd	Freestyle	73
74		7-10	BRW	100 yd	Butterfly	75
76	/25.61	5-8	W	25 yd	Butterfly	/25.61 77
		11-12	BRW	50 yd	Breaststroke	78
79		7-10	BRW	50 yd	Breaststroke	80
81	1:02.80/	5-8	BR	50 yd	Breaststroke	1:01.20/ 82
	Deck	11-12	BRW	200 yd	Freestyle Relay	Deck 83
84	Entered	7-10	BRW	200 yd	Freestyle Relay	Entered 85
86		5-8	BRW	100 yd	Freestyle Relay	87
		11-12	BRW	100 yd	Freestyle	88
89		7-10	BRW	100 yd	Freestyle	90
91	1:46.10/	5-8	BR	100 yd	Freestyle	1:42.00/ 92
		11-12	BRW	100 yd	IM	93
94		7-10	BRW	100 yd	IM	95
96	/21.71	5-8	W	25 yd	Freestyle	/21.11 97
		11-12	BRW	50 yd	Backstroke	98
99		7-10	BRW	50 yd	Backstroke	100
101	57.80/	5-8	BR	50 yd	Backstroke	56.30/ 102

\*\*\*\*\*Break determined by Meet Referee\*\*\*\*\*

103	6:24.60/	OPEN		500 yd	Freestyle	6:29.80/ 104
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\*\*\*\*\*45 Minute break or no earlier than 1:00 pm start\*\*\*\*\*

105	2:43.20/	OPEN		200 yd	Butterfly	2:47.40/ 106
107		11-12	BRW	100 yd	Freestyle	
108		13-14	BRW	100 yd	Freestyle	109
110		15-up	BRW	100 yd	Freestyle	111
112		11-12	BRW	100 yd	IM	
113	Deck	13-14	BRW	200 yd	Freestyle Relay	Deck 114
115	Entered	11-12	BRW	200 yd	Freestyle Relay	Entered
116		15-up	BRW	200 yd	Freestyle Relay	117
118		11-12	BRW	100 yd	Breaststroke	
119		13-14	BRW	100 yd	Breaststroke	120
121		15-up	BRW	100 yd	Breaststroke	122
123		11-12	BRW	50 yd	Butterfly	
124		13-14	BRW	200 yd	Freestyle	125
126		11-12	BRW	200 yd	Freestyle	
127		15-up	BRW	200 yd	Freestyle	128

