

TCC BRW SC Meet

Sanctioned by: USA Swimming & Southern California Swimming

Sanction No. S19-291

Sponsored By: TCC & Eastern Committee

Received by deadline: 5:00 pm, Wednesday, October 2, 2019

Date of Meet: October 11-13, 2019

Start of Meet: Friday at 5:00 pm, Saturday & Sunday at 8:30 am

Warm-up: Friday night at 4:00 pm, Saturday & Sunday at 7:00 am

Friday session only POOL: Palm Desert Aquatic Center 73751 Magnesia Falls Drive, Palm Desert, CA 92260

DIRECTIONS: From the I-10 Freeway, exit south on Monterey to Magnesia Falls Drive. Aquatic center is on right.

COURSE: Outdoor 50 meter x 25 yard with 8 competition lanes and 8 additional warm up lanes. The competition course has been certified in accordance with 104.2.2(C) on file with USA Swimming without touchpads. Pool depth: start end 6'8", turn end 12'8".

Saturday & Sunday sessions - POOL: The Claremont Club, located at 1777 Monte Vista Ave. Claremont, CA 91711.

DIRECTIONS: Take Interstate 10 East or West to the Monte Vista exit. Follow Monte Vista North. At Claremont Blvd. turn left. Or take Interstate 210 East or West to Baseline Rd exit. Go West to Monte Vista and turn left. At Claremont Blvd, turn right. Turn right into The Claremont Club parking lot. The 50 meter by 25 yard pool is directly ahead.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Paul Szuszkiewicz pszs@hotmail.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on October 11, 2019 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in events 400y or longer are requested to furnish their own timers for three heats and lap counters. Events will be swum **fastest to slowest. Swimmer may swim a maximum of 4 individual events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Eastern Committee athletes from the following teams who hold 2019 or 2020 USA Swimming Registration.: BLSC, CHWP, CHS, CCAQ, FSON, DUCK, HILL, IEAQ, MESA, MBA, MMST, RIVR, SRSC, TCC, VA

Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry. **As of June 23, 2019, all athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (within 30 days of turning 18), in order to compete.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place Red Division: Ribbons 1st - 6th place
White Division: Ribbons 1st - 6th place Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: \$4.00 for each individual event along with a \$10.00 surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted **ONLY** when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY.** Prior to entry deadline new swimmers accepted **SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE.** A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$10.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, October 2, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO:

Email for team electronic entries only: ruszim@hotmail.com

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

Jan Szuszkiewicz

1437 E Palm Ave

Redlands, CA 92374

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

TCC BRW SC Meet October 11-13

ENTRIES MUST BE RECEIVED BY 5:00 PM: October 2, 2019 (Wednesday)

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

***400 IM and 500, 1000, and 1650 frees will be swum alternating girls and boys heats and swimmers provide own timers and/or lap counters.

FRIDAY - at Palm Desert Aquatic Center only for both October meet sites

GIRLS	min/max	age		distance	stroke	min/max	BOYS
1	2:46.20/	OPEN		200 yd	Backstroke	2:51.40/	2
3	3:23.50/	7-10	BR	200 yd	IM	3:24.50/	4
5	3:08.80/	OPEN		200 yd	Breaststroke	3:09.00/	6
7	**2:42.00/	7-10	B	500 yd	Freestyle	**2:56.50/	8
9	6:59.50/	11-12	BR	500 yd	Freestyle	7:05.30/	10
11	12:58.60/	OPEN		1000 yd	Freestyle	13:09.80/	12

SATURDAY

GIRLS	min/max	age		distance	stroke	min/max	BOYS
		11-12	BRW	100 yd	Backstroke		13
14		7-10	BRW	100 yd	Backstroke		15
		11-12	BRW	50 yd	Butterfly		16
17		7-10	BRW	50 yd	Butterfly		18
19	55.60/	5-8	BR	50 yd	Butterfly	56.40/	20
21		5-8	BRW	25 yd	Butterfly		22
		11-12	BRW	50 yd	Freestyle		23
24		7-10	BRW	50 yd	Freestyle		25
26	48.60/	5-8	BR	50 yd	Freestyle	47.30/	27
		11-12	BRW	200 yd	IM		28
29		7-10	BRW	100 yd	IM		30
31		5-8	BR	100 yd	IM		32
		11-12	BRW	100 yd	Breaststroke		33
34	2:02.40/	7-10	BR	100 yd	Breaststroke	1:49.70/	35
36		5-8	BRW	25 yd	Breaststroke		37
		11-12	BRW	100 yd	Butterfly		38
39	Deck	5-8	BRW	100 yd	Medley Relay	Deck	40
41	Entered	7-10	BRW	200 yd	Medley Relay	Entered	42
		11-12	BRW	200 yd	Medley Relay		43

*****Minimum 45 Minute break*****

44	2:43.20/	OPEN		200 yd	Butterfly	2:47.40/	45
46		11-12	BRW	100 yd	Breaststroke		
47		13-14	BRW	50 yd	Freestyle		48
49		11-12	BRW	50 yd	Freestyle		
50		15-up	BRW	50 yd	Freestyle		51
52		11-12	BR	50 yd	Butterfly		
53		13-14	BRW	100 yd	Backstroke		54
55		11-12	BRW	100 yd	Backstroke		
56		15-up	BRW	100 yd	Backstroke		57
58		13-14	BRW	200 yd	IM		59
60		11-12	BRW	200 yd	IM		
61		15-up	BRW	200 yd	IM		62
63		11-12	BRW	100 yd	Freestyle		
64		13-14	BRW	100 yd	Freestyle		65
66		15-up	BRW	100 yd	Freestyle		67
68	Deck	11-12	BRW	200 yd	Medley Relay	Deck	
69	Entered	13-14	BRW	200 yd	Medley Relay	Entered	70
71		15-up	BRW	200 yd	Medley Relay		72
73	6:24.60/	11-up	BR	500 yd	Freestyle	6:29.80/	74

Events will be swum fastest to slowest.

Relays swum time permitting.

This meet is subject to the 4 hour rule per session.

Must be at least 11 for open events with 11-12 blue minimum time.

** 7-10 Use 200 Free Time to enter 500 Free

No awards for open events.

11-12s may enter either events 9-10 or 73-74, not both

SUNDAY

GIRLS	min/max	age		distance	stroke	min/max	BOYS
		11-12	BRW	200 yd	Freestyle		75
76	1:49.70/	7-10	BR	100 yd	Butterfly	1:37.60/	77
		11-12	BRW	50 yd	Breaststroke		78
79		7-10	BRW	50 yd	Breaststroke		80
81	1:02.80/	5-8	BR	50 yd	Breaststroke	1:01.20/	82
		11-12	BRW	100 yd	Freestyle		83
84		7-10	BRW	100 yd	Freestyle		85
86	1:46.10/	5-8	BR	100 yd	Freestyle	1:42.00/	87
		11-12	BRW	100 yd	IM		88
89		5-8	BRW	25 yd	Freestyle		90
		11-12	BRW	50 yd	Backstroke		91
92		7-10	BRW	50 yd	Backstroke		93
94	57.80/	5-8	BR	50 yd	Backstroke	56.30/	95
96		5-8	BRW	25 yd	Backstroke		97
	Deck	11-12	BRW	200 yd	Freestyle Relay	Deck	98
99	Entered	7-10	BRW	200 yd	Freestyle Relay	Entered	100
101		5-8	BRW	100 yd	Freestyle Relay		102
103	2:56.80/	7-10	BR	200 yd	Freestyle	2:56.50/	104

*****Minimum 45 Minute break*****

105	5:48.20/	OPEN		400 yd	IM	5:48.90/	106
107		11-12	BRW	50 yd	Breaststroke		
108		13-14	BRW	100 yd	Breaststroke		109
110		15-up	BRW	100 yd	Breaststroke		111
112		11-12	BRW	50 yd	Backstroke		
113		13-14	BRW	100 yd	Butterfly		114
115		11-12	BRW	100 yd	Butterfly		
116		15-up	BRW	100 yd	Butterfly		117
118		11-12	BRW	200 yd	Freestyle		
119		13-14	BRW	200 yd	Freestyle		120
121		15-up	BRW	200 yd	Freestyle		122
123		11-12	BRW	100 yd	IM		
124	Deck	13-14	BRW	200 yd	Freestyle Relay	Deck	125
126	Entered	11-12	BRW	200 yd	Freestyle Relay	Entered	
127		15-up	BRW	200 yd	Freestyle Relay		128
129	21:32.10/	OPEN		### yd	Freestyle	21:51.50/	130

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet.