

CSSC Holiday Meet

November 30-December 2, 2018



SANCTIONED BY: Southern California Swimming, USA Swimming
SPONSORED BY: Conejo Simi Swim Club and Coastal Committee.
DATE: November 30-December 2, 2018
WARM-UP: Friday 4 PM, Sat. & Sun. 7:30 AM

SANTION No: S18-335
RECEIVED BY DEADLINE: 5:00 pm, November 20, 2018
START OF THE MEET :Friday 5 PM, Sat. & Sun. 9:00 am

POOL: Rancho Simi Community Pool, 1765 Royal Ave., Simi Valley, California

DIRECTIONS: From East, 118 Freeway to Erringer Road, South to Royal Avenue, turn Right to pool. From West, 101 Freeway to 23 Freeway North, turn Right on Olsen Road, turn Right on Royal Avenue to pool.

COURSE: Outdoor 50-meter x 25 yard with 8 competition lanes and 7 warm-up lanes will be available. The competition course has been certified in accordance with 104.2.2(C), on file with USA Swimming. Pool depth: start end 6 ft, turn end 14 ft.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 8:30-9:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. **ALL SWIMMERS MUST USE 3-POINT SLIDE IN ENTRY INTO THE POOL.** The pool will close 15 minutes before the start of each session. The meet host reserves the right to assign warm-up lanes, times, and add warm-up sessions if needed.

MEET REFEREE: The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Contact Information: Leanne Colvin, ltc5@hotmail.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH.** Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on November 30, 2018 to enter this meet. Timers are request to be provided by each team. Swimmers competing in the 400 IM, 500 Free , 1000 Free and 1650 Free are requested to furnish their own timers for three heats and lap counters. Events will be swum fastest to slowest. Distance events will be swum alternating girls and boys. **Swimmers may swim a maximum of 4 events each day. Afternoon session will start 45 minutes after the close of the morning session. ALL COACHES AND OFFICIALS MUST COMPLETE THE CDC OR NFHS CONCUSSION ONLINE COURSE.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy posted on the [SCS Website](#).

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Coastal Committee who hold 2018 or 2019 USA Swimming registration. **Registration applications must be received by Wednesday, November 20, 2018 at 5 pm** by meet processor, administrative referee or SCS Office. Late applications will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available, please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer form to the SCS Office. At the meet, a swimmer may only UNATTCH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close meet administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: Blue/Red/White Divisions: Ribbons for ages 12 & under are awarded to 1-8 places for ages 5 - 6, 7 - 8, 9 - 10 and 11 - 12.

ENTRY FEES: \$4.00 for each individual event along with a \$10.50 surcharge per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry .zip file) will be accepted ONLY when received with an attached.PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5PM, WEDNESDAY November 20, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

Make Checks payable to: Southern California Swimming
Email for team electronic entries only: ericajohnson.swim@gmail.com
Questions: SCS Office (310) 684-1151

Mail Entries to: CSSC Holiday Meet c/o Erica Johnson
321 Cuyler Harbor Drive
Camarillo, CA 93012

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

CSSC Holiday Meet

November 30-December 2, 2018



Friday, November 30th Session Begins @ 5:00pm

Girls	Age	Time STD (MIN)	Event	Time STD (MIN)	Age	Boys
1	7-10	3:23.50	200 I.M.	3:24.50	7-10	2
3	Open	6:07.30	400 I.M.	5:48.90	Open	4
5	11/12	6:59.50	500 Free	7:05.30	11/12	6
7	Open	21:32.10	1650 Free	21:51.50	Open	8

Saturday, December 1st Morning Session Begins @ 9:00am

9	7-10	2:56.80	200 FREE	2:56.50	7-10	10
11	5-8	1:28.40	100 FREE	1:25.00	5-8	12
13	7-10	BRW	50 FLY	BRW	7-10	14
15	5-8	BRW	25 FLY	BRW	5-8	16
17	7-10	BRW	100 BACK	BRW	7-10	18
19	5-8	BRW	50 BACK	BRW	5-8	20
21	7-10	BRW	100 BREAST	BRW	7-10	22
23	5-8	BRW	50 BREAST	BRW	5-8	24
25	7-10	BRW	50 FREE	BRW	7-10	26
27	5-8	BRW	50 FREE	BRW	5-8	28

Sunday, December 2nd, Morning Session Begins @ 9:00am

53	7-10	BRW	100 I.M.	BRW	7-10	54
55	5-8	1:41.20	100 I.M.	1:38.50	5-8	56
57	7-10	BRW	50 BACK	BRW	7-10	58
59	5-8	BRW	25 BACK	BRW	5-8	60
61	7-10	BRW	100 FLY	BRW	7-10	62
63	5-8	BRW	50 FLY	BRW	5-8	64
65	7-10	BRW	100 FREE	BRW	7-10	66
67	5-8	BRW	25 FREE	BRW	5-8	68
69	7-10	BRW	50 BREAST	BRW	7-10	70
71	5-8	BRW	25 BREAST	BRW	5-8	72

Saturday, December 1st, Afternoon Session will not begin prior to 12:00pm, 45 Minute Warm-up at Conclusion of Morning Session

29	11/12	BRW	200 FREE	BRW	11/12	30
31	13 Over	BRW	200 FREE	BRW	13 Over	32
33	11/12	BRW	50 BACK	BRW	11/12	34
35	OPEN	3:01.40	200 BACK	3:07.30	OPEN	36
37	11/12	BRW	100 BREAST	BRW	11/12	38
39	13 Over	BRW	100 BREAST	BRW	13 Over	40
41	11/12	BRW	50 FREE	BRW	11/12	42
43	13 Over	BRW	50 FREE	BRW	13 Over	44
45	11/12	BRW	100 FLY	BRW	11/12	46
47	13 Over	BRW	100 FLY	BRW	13 Over	48
49	11/12	BRW	100 I.M.	BRW	11/12	50

Sunday, December 2nd Afternoon Session will not begin prior to 12:00pm, 45 Minute Warm-up at Conclusion of Morning Session

73	11/12	BRW	200 I.M.	BRW	11/12	74
75	13 Over	BRW	200 I.M.	BRW	13 Over	76
77	11/12	BRW	100 FREE	BRW	11/12	78
79	13 Over	BRW	100 FREE	BRW	13 Over	80
81	OPEN	3:25.90	200 BREAST	3:26.20	OPEN	82
83	11/12	BRW	50 BREAST	BRW	11/12	84
85	13 Over	BRW	100 BACK	BRW	13 Over	86
87	11/12	BRW	100 BACK	BRW	11/12	88
89	OPEN	2:58.10	200 FLY	3:02.60	OPEN	90
91	11/12	BRW	50 FLY	BRW	11/12	92

Break determined by the Referee

51	13 Over	6:59.50	500 FREE	7:05.30	13 Over	52
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Break determined by the Referee

93	Open	12:58.60	1000 FREE	13:09.80	Open	94
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Entries will be limited to the 4 hour rule

Swimmers for Friday Evening and the 500 Free and 1000 Free are requested to provide their own timers.

Swimmers in the 500 Free, 1000 Free, and 1650 Free are requested to provide their own lap counters.

The 400 IM, 500 Free, 1000 Free, and the 1650 will be swum Fast to Slow, alternating Girls and Boys

7-8 SWIMMERS MAY ENTER 5-8 OR 7-10 EVENTS BUT NOT A COMBINATION

If length of sessions combined is 4 hours or less, sessions will be combined as follows:

Saturday: 9-12, 29-32, 13-16, 33-34, 17-20, 35-38, 21-24, 39-44, 25-28, 45-52

Sunday: 53-56, 73-78, 57-60, 79-82, 61-64, 83-84, 65-68, 85-88, 69-72, 89-94

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