

ORANGE REGIONAL COMPETITIVE AQUATICS RED/WHITE SHORT COURSE AGE GROUP MEET

Sanctioned by: USA Swimming and SCS
Sanction Number: S17-069
Sponsored by: Orange Regional Competitive Aquatics
Orange Committee

DATE OF MEET: March 25 & 26, 2017
ENTRIES RECEIVED BY 5:00PM: MARCH 15, 2017 (WEDNESDAY)

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

The following Orange Committee Teams may enter this meet: AZOT, CMAC, DA, GSC, GWS, JCCW, NBS, ORCA, SACA, SCAC, SCAT, SEAL, SET, SPLA, SWRD, WASC
PM Session begins no sooner than 11:00 AM or 35 minutes per warm up session or longer at the discretion of Meet Referee after the end of the AM Session

POOL: EL MODENA HIGH SCHOOL, 3920 E. Spring St., Orange, CA 92869. Take the 55 Freeway to Chapman Avenue East. East on Chapman Avenue to Prospect, turn Left. Go to Spring Street, turn Right. El Modena High School will be on the Right.

COURSE: EL MODENA HIGH SCHOOL POOL is an outdoor 25 yard pool with eight (8) swimming lanes and a warm-up area. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Measurement at Start End: Lanes 1 – 8 = 6', Turn End: Lanes 1 – 6 = 13', Lanes 7 – 8 = 6'.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2017 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers in the first four events of each session must check in **THIRTY MINUTES** prior to the start of their respective session. Swimmers must swim in their actual Age Group as determined by their age on **March 25, 2017**. Relay Swimmers must be Red or White level in any relay stroke they are swimming. Swimmers are not permitted to swim a stroke in a relay if they hold a Blue time in any distance of that stroke.

SPECIAL NOTICE: SWIMMERS MAY SWIM A MAXIMUM OF FIVE (5) EVENTS PER DAY. ORCA will limit entries to meet the "4 Hour" rule for each session. Each Team is asked to provide timers. Relays will be swum, time permitting. 7-8 swimmers may compete in 5-8 or 7-10 events but not a combination. Warm up sessions will be assigned, each team will be notified. The 400 IM and 500 Freestyle will be swum alternating girls and boys. Swimmers in the 500 Freestyle are asked to provide timers and their own lap counters. 7-10 swimmers entering the 500 free must enter with 200 yard free time. **ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted at this meet.

DECK CHANGING: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas are open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2017 USA SWIMMING REGISTERED. SCS athletes must be members of the Orange Committee. NO ON-DECK ENTRIES. Registration application must be received by WEDNESDAY, MARCH 15, 2017 by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. REGISTRATION APPLICATIONS MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. There are substantial penalties to swimmer and Club (See 2016 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. **A swimmer may not attach at the meet.**

SUBMITTED TIMES: Times submitted must be **BEST RECORDED TIMES short course or long course** from this or preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

QUALIFYING TIMES: Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2016 Swim Guide for exceptions).

AWARDS: Red and White DIVISIONS: RIBBONS 1st through 8th
RELAYS: RIBBONS 1st through 3rd
Ribbons will be awarded to the following age groups: 5/6, 7/8, 7-10, 11/12 (7/8 swimmers entering 7-10 events will be awarded as such)

ENTRY FEE: **\$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry card.** \$10.00 per deck entered Relay. E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, MARCH 15, 2017. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	8CGONZALES@GMAIL.COM
And MAIL TO:	CONNIE GONZALES
	2908 Gilbert Avenue
	Corona, CA 92881

For further meet Information call: Mark Tierney: 714-648-2111 or email mtierney@socal.rr.com Receipt of entry will not be verified by phone.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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7-8 swimmers may enter 5-8 or 7-10 events but not a combination.

400 Yard IM and the 500 Yard Freestyle will be swum alternating girls and boys.

Swimmers in the 500 Free are asked provide timers and their own lap counters.

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

Times submitted must be Best Recorded Times short course or long course.

RELAYS WILL BE SWUM, TIME PERMITTING

ORCA WILL LIMIT ENTRIES TO MEET THE 4 HOUR RULE FOR EACH SESSION.

YOU MAY SWIM A MAXIMUM OF 5 EVENTS PER DAY

Girls		Saturday, March 25, 2017			9:00 am		Boys	
No.	Maximum	Age	Event	Maximum	No.			
1	2:42.01	7-10	500 Yard Freestyle	2:41.81	2			
3	1:28.41	5-8	100 Yard Freestyle	1:25.01	4			
5	1:26.61	7-10	100 Yard Individual Medley	1:26.91	6			
7	22.21	5-8	25 Yard Backstroke	21.61	8			
9	1:28.61	7-10	100 Yard Backstroke	1:28.71	10			
11	40.51	5-8	50 Yard Freestyle	39.41	12			
13	45.61	7-10	50 Yard Breaststroke	45.61	14			
15	48.11	5-8	50 Yard Backstroke	46.81	16			
17	33.91	7-10	50 Yard Freestyle	34.11	18			
19	18.11	5-8	25 Yard Freestyle	17.61	20			
21	1:29.31	7-10	100 Yard Butterfly	1:29.41	22			
23	Coaches	5-8	100 Yard Freestyle Relay	On	24			
25	Enter	7-10	200 Yard Freestyle Relay	Deck	26			

PM session will begin no sooner than 11:00am or 35 minutes per warm up session at Referee Discretion

27	5:48.21	11/12	400 Yard Individual Medley	5:48.91	28			
27	5:36.61	13/14	400 Yard Individual Medley	5:18.21	28			
27	5:22.01	15 & Up	400 Yard Individual Medley	5:01.21	28			
29	30.71	11/12	50 Yard Freestyle	30.81	30			
29	29.31	13/14	50 Yard Freestyle	27.51	30			
29	29.31	15 & Up	50 Yard Freestyle	26.51	30			
31	36.21	11/12	50 Yard Backstroke	36.61	32			
33	2:39.61	13/14	200 Yard Backstroke	2:31.01	34			
33	2:46.21	11/12	200 Yard Backstroke	2:51.41	34			
33	2:33.81	15 & Up	200 Yard Backstroke	2:23.91	34			
35	1:28.91	11/12	100 Yard Breaststroke	1:29.01	36			
35	1:23.41	13/14	100 Yard Breaststroke	1:19.11	36			
35	1:23.91	15 & Up	100 Yard Breaststroke	1:15.81	36			
37	34.31	11/12	50 Yard Butterfly	34.51	38			
39	2:40.51	13/14	200 Yard Butterfly	2:33.31	40			
39	2:36.61	15 & Up	200 Yard Butterfly	2:21.61	40			
39	2:43.21	11/12	200 Yard Butterfly	2:47.41	40			
41	2:16.11	13/14	200 Yard Freestyle	2:10.91	42			
41	2:16.41	15 & Up	200 Yard Freestyle	2:04.81	42			
41	2:24.11	11/12	200 Yard Freestyle	2:24.61	42			
43	Coaches	13/14	200 Yard Freestyle Relay	On	44			
43		15 & Up	200 Yard Freestyle Relay		44			
43	Enter	11/12	200 Yard Freestyle Relay	Deck	44			

Girls		Sunday, March 26, 2017			9:00am		Boys	
No.	Maximum	Age	Event	Maximum	No.			
45	3:06.51	7-10	200 Yard Individual Medley	3:07.41	46			
47	52.31	5-8	50 Yard Breaststroke	51.01	48			
49	38.31	7-10	50 Yard Butterfly	38.21	50			
51	21.31	5-8	25 Yard Butterfly	21.31	52			
53	1:14.71	7-10	100 Yard Freestyle	1:14.31	54			
55	1:41.21	5-8	100 Yard Individual Medley	1:38.51	56			
57	40.51	7-10	50 Yard Backstroke	40.41	58			
59	46.31	5-8	50 Yard Butterfly	47.01	60			
61	1:40.01	7-10	100 Yard Breaststroke	1:40.51	62			
63	24.01	5-8	25 Yard Breaststroke	23.31	64			
65	2:42.01	7-10	200 Yard Freestyle	2:41.81	66			
67	Coaches	5-8	100 Yard Medley Relay	On	68			
69	Enter	7-10	200 Yard Medley Relay	Deck	70			

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71	2:46.21	11/12	200 Yard Individual Medley	2:46.51	72			
71	2:36.61	13/14	200 Yard Individual Medley	2:29.01	72			
71	2:37.71	15 & Up	200 Yard Individual Medley	2:21.71	72			
73	1:17.91	11/12	100 Yard Backstroke	1:20.51	74			
73	1:14.11	13/14	100 Yard Backstroke	1:11.31	74			
73	1:14.51	15 & Up	100 Yard Backstroke	1:08.21	74			
75	1:16.11	11/12	100 Yard Butterfly	1:18.21	76			
75	1:11.01	13/14	100 Yard Butterfly	1:07.71	76			
75	1:11.11	15 & Up	100 Yard Butterfly	1:05.11	76			
77	40.81	11/12	50 Yard Breaststroke	41.01	78			
79	3:01.71	13/14	200 Yard Breaststroke	2:50.81	80			
79	3:08.81	11/12	200 Yard Breaststroke	3:09.01	80			
79	3:00.81	15 & Up	200 Yard Breaststroke	2:43.01	80			
81	1:06.71	11/12	100 Yard Freestyle	1:06.21	82			
81	1:03.41	13/14	100 Yard Freestyle	59.61	82			
81	1:02.81	15 & Up	100 Yard Freestyle	57.41	82			
83	1:17.71	11/12	100 Yard Individual Medley	1:17.71	84			
85	5:59.61	13/14	500 Yard Freestyle	5:48.61	86			
85	5:57.41	15 & Up	500 Yard Freestyle	5:34.81	86			
85	6:24.61	11/12	500 Yard Freestyle	6:29.81	86			
87	Coaches	13/14	200 Yard Medley Relay	On	88			
87		15 & Up	200 Yard Medley Relay		88			
87	Enter	11/12	200 Yard Medley Relay	Deck	88			

