



Canyons Aquatic Club
14th ANNUAL CANYONS MEMORIAL DAY MEET
Friday, May 22-Sunday, May 24, 2020

Sanctioned by: USA-S & Southern California Swimming
Sponsored By: Canyons Aquatic Club.
Date of Meet: Friday, May 22-Sunday, May 24, 2020
Warm Up Times: Friday - 2:30pm, Sat/Sun - 7:30 am

Sanction No. #S20-100
Received by Entry deadline: 5:00 pm, May 13th, 2020
Meet Start: Friday - 4:00pm, Sat/Sun - 9:00 am

POOL/DIRECTIONS: Santa Clarita Aquatic Center 20850 Centre Pointe Parkway • Santa Clarita, CA 91350 • 14 FWY NORTH: Take GOLDEN VALLEY exit. Left on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway. From 14 FWY SOUTH: Take GOLDEN VALLEY exit. Right on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway.

COURSE: The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard (20 lane) x 50 meter (8 lane) pool. Competition courses have been certified in accordance with 104.22.2(C). Pool depth at start and turn end is 7'6".

WARM UP: All lanes will open for USA Swimming Member Coach supervised warm up Friday 2:30-3:45 pm and Sat/Sun 7:00-8:45 am. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will be open 45 min before the start of the meet or at the discretion of the meet referee. The competition pool will be closed 15 min before the start of each session. A separate warm-up/warm-down 25-yard (10 lane) x 25 Meter (8 lane) pool will be open during the meet.

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to this person. Scot Ranslem, scotranslem@discover.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. Meet will limit entries to meet the "4 hour" rule. Swimmers must check in with Clerk of the Course 30 minutes before the start of each session for the first 4 events of that session. After the event has been officially closed, swimmers may not check in or scratch. Swimmers must swim their actual age group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on May 22, 2020 to enter this meet. Each team will be requested to provide timers. Swimmers competing in the 800 and 1500 are requested to provide their own timers for three heats and their own lap counters. A swimmer may swim a maximum of four (4) events per day. To compete in OPEN events, a swimmer must be at least 11 years old and must meet the stated minimum time standard. Host reserves the right to double end the meet based on entries. Host reserves the right to swim two-per-lane for the 400, 800 & 1500 freestyle. The 400 IM, 400, 800 and 1500 Freestyle events will be swum alternating girls and boys. All events will be swum fastest to slowest. 11-12 Swimmers may swim the 400 Free Friday or Sunday – not both. All coaches and officials on deck must have completed the CDC or NFHS Concussion Course, Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. All coaches must have completed the CAT.

LOCKER ROOMS: Locker rooms and changing areas are for athletes only near the 50 meter competition pool and the water slide pool. Adults and coaches may use the designated bathrooms only. Please follow posted signs.

RECORDING DEVICES AND MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. "Tech" suits are not permitted at this meet. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org

DECK CHANGES: Deck changes are prohibited.



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RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to athletes who hold 2020 USA Swimming Registration. Registration application must be received by Wednesday May 22nd at 5:00 p.m. by the meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. All athletes 18 years and older must complete the free online Athlete Protection Training in order to compete in the meet.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only UNATTACH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be best-recorded short course or long course times from this or preceding swim season (no workout times). After entries close, for seeding purposes only, meet administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standard listed for an event. Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: INDIVIDUAL EVENTS: Blue, Red & White Divisions. RIBBONS: 1st through 8th. Ribbons will be awarded to the following age groups: 5-8, 9/10, and 11/12. Open events and 13 and over events will not be awarded.

ENTRY FEE: \$4.50 for each INDIVIDUAL EVENT, \$10.50 for each RELAY EVENT, along with a \$10.50 SURCHARGE per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks may incur a service fee. E-mail entry (entry .zip file) will be accepted only when received with an attached .pdf file including the electronic signature of the coach and will be dated as "official" at that time. Full payment (single team check made payable to Southern California Swimming) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

RELAYS: Pre-entered Relays are preferred. Relays are timed finals events and will be swim at the end of the session with the following exceptions. A club may enter as many relays as they want. Deadline for coaches to turn in deck-entered relay entries will be announced at the coaches meeting each day. Relay only swimmers must be included with the original team entry and pay the athlete surcharge.

ENTRY LIMIT: This meet will have an entry limit of 1100 swimmers. Entries will be processed in the order of first received, first entered.

ENTRY DEADLINE: Entries must be received by the processor no later than 5 pm, Wednesday, May 13th, 2020. If meet fills before deadline, entries will be rejected – last received, first rejected. You should enclose a self-addressed stamped envelope or postcard if you wish to confirm receipt of your entry. Receipt of entries will not be verified by phone or email.

MAIL/EMAIL ENTRIES TO: Judi Divan • 33561 Calle Miramar • San Juan Capistrano, CA 92675 • divanj@cox.net • Hand deliver: Same

USA SWIMMING DISCLAIMER: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), govern this meet.



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14th ANNUAL CANYONS MEMORIAL DAY MEET

May 22-24, 2020

Entries are limited to 4 individual events per day • All events will be seeded fast to slow • 11-12 swimmers entering OPEN events must meet the listed time standard • 11-12 swimmers may swim the 400 Free Friday OR Sunday – not both • B/R/W events do not have a minimum time standard • ** 7-10 400 FREE – ENTER 200 FREE LONG COURSE TIME; MUST HAVE ACHIEVED A BLUE TIME STANDARD ** • 5-6 swimmers meeting the listed time standard or the following conditions may enter 7-10 events. A swimmer may swim "up" (not "down") one distance if: A. 5-6 swimmers meeting 5-8 Blue standard in a 50 yd/mtr event may enter 7-10 100 yd/mtr event in the same stroke; B. 5-6 swimmers meeting 5-8 Blue in 100 yd/mtr freestyle or 100 yd IM may enter 7-10 200 free or 200 IM. • The 400 IM, 400, 800 and 1500 Freestyle will be swum alternating girls and boys • 800 & 1500 Freestyle swimmers are requested to provide lap counters and their own timers for three heats • Meet may be double ended, and the 400, 800 and 1500 Freestyle may be swum two-per-lane, based on entries • Hotel and restaurant information available on the Canyons website: www.canyons.org

| GIRLS | | | | MAY 22 - FRIDAY EVENING EVENING SESSION - 4:00 PM START | | | | BOYS | |
|-------|----------|----------|-------|--|--|----------|----------|------|--|
| | LC MIN | SC MIN | AGE | EVENT | | LC MIN | SC MIN | | |
| 1 | 6:31.20 | 5:48.20 | Open | 400 Meter Individual Medley | | 6:32.30 | 5:48.90 | 2 | |
| 3 | 6:18.80 | 6:59.50 | 11-12 | 400 Meter Freestyle | | 6:18.10 | 7:05.30 | 4 | |
| 5** | 3:02.70 | 2:42.00 | 5-10 | 400 Meter Freestyle | | 3:02.40 | 2:41.80 | 6** | |
| 7 | 22:11.60 | 21:32.10 | Open | 1500 Meter Freestyle | | 22:10.90 | 21:51.50 | 8 | |

| GIRLS - NORTH | | | | MAY 23 - SATURDAY MORNING SESSION - 9:00AM START | | | | BOYS - SOUTH | | | GIRLS - NORTH | | | | MAY 24 - SUNDAY MORNING SESSION - 9:00AM START | | | | BOYS - SOUTH | | |
|---------------|---------|---------|-------|---|--|---------|---------|--------------|----|---------|---------------|-------|--------------------------|--------|---|---------|----|--------|--------------|--|--|
| | LC MIN | SC MIN | AGE | EVENT | | LC MIN | SC MIN | | | LC MIN | SC MIN | | | LC MIN | SC MIN | | | LC MIN | SC MIN | | |
| 9 | 2:57.70 | 2:37.20 | 11-12 | 200 Meter Freestyle | | 2:58.40 | 2:37.80 | 10 | 55 | 3:25.00 | 3:01.30 | 11-12 | 200 Meter Ind. Medley | | 3:25.30 | 3:01.70 | 56 | | | | |
| 11 | 3:02.70 | 2:42.00 | 5-10 | 200 Meter Freestyle | | 3:02.40 | 2:41.80 | 12 | 57 | 3:30.20 | 3:06.50 | 5-10 | 200 Meter Ind. Medley | | 3:31.20 | 3:07.40 | 58 | | | | |
| 13 | B/R/W | B/R/W | 11-12 | 50 Meter Breaststroke | | B/R/W | B/R/W | 14 | 59 | B/R/W | B/R/W | 11-12 | 50 Meter Backstroke | | B/R/W | B/R/W | 60 | | | | |
| 15 | B/R/W | B/R/W | 5-10 | 50 Meter Breaststroke | | B/R/W | B/R/W | 16 | 61 | B/R/W | B/R/W | 5-10 | 50 Meter Backstroke | | B/R/W | B/R/W | 62 | | | | |
| 17 | B/R/W | B/R/W | 11-12 | 100 Meter Backstroke | | B/R/W | B/R/W | 18 | 63 | B/R/W | B/R/W | 11-12 | 100 Meter Freestyle | | B/R/W | B/R/W | 64 | | | | |
| 19 | 1:50.30 | 1:36.80 | 5-10 | 100 Meter Backstroke | | 1:50.50 | 1:37.00 | 20 | 65 | 1:59.20 | 1:46.10 | 5-10 | 100 Meter Freestyle | | 1:54.60 | 1:42.00 | 66 | | | | |
| 21 | B/R/W | B/R/W | 11-12 | 100 Meter Butterfly | | B/R/W | B/R/W | 22 | 67 | B/R/W | B/R/W | 11-12 | 50 Meter Butterfly | | B/R/W | B/R/W | 68 | | | | |
| 23 | 1:49.70 | 1:37.40 | 5-10 | 100 Meter Butterfly | | 1:49.80 | 1:37.60 | 24 | 69 | B/R/W | B/R/W | 5-10 | 50 Meter Butterfly | | B/R/W | B/R/W | 70 | | | | |
| 25 | B/R/W | B/R/W | 11-12 | 50 Meter Freestyle | | B/R/W | B/R/W | 26 | 71 | B/R/W | B/R/W | 11-12 | 100 Meter Breaststroke | | B/R/W | B/R/W | 72 | | | | |
| 27 | B/R/W | B/R/W | 5-10 | 50 Meter Freestyle | | B/R/W | B/R/W | 28 | 73 | 2:02.40 | 1:49.10 | 5-10 | 100 Meter Breaststroke | | 2:03.10 | 1:49.70 | 74 | | | | |
| 29 | - | - | 11-12 | 200 Meter Free Relay | | - | - | 30 | 75 | - | - | 11-12 | 200 Meter Medley Relay | | - | - | 76 | | | | |
| 31 | - | - | 5-10 | 200 Meter Free Relay | | - | - | 32 | 77 | - | - | 5-10 | 200 Meter Medley Relay | | - | - | 78 | | | | |
| 33 | - | - | 11-12 | 400 Meter Medley Relay | | - | - | 34 | 79 | - | - | 11-12 | 400 Meet Freestyle Relay | | - | - | 80 | | | | |
| 35 | - | - | 5-10 | 400 Meter Medley Relay | | - | - | 36 | 81 | - | - | 5-10 | 400 Meet Freestyle Relay | | - | - | 82 | | | | |

AFTERNOON SESSION WILL BEGIN NO SOONER THAN 12:00 PM OR 45 MINUTES AFTER THE COMPLETION OF THE MORNING SESSION.

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|----|----------|----------|-----------|---------------------------|--|----------|----------|----|-----|---------|---------|-----------|---------------------------|--|---------|---------|-----|
| 37 | B/R/W | B/R/W | 13 & Over | 200 Meter Freestyle | | B/R/W | B/R/W | 38 | 83 | B/R/W | B/R/W | 13 & Over | 200 Meter Ind. Medley | | B/R/W | B/R/W | 84 |
| 39 | B/R/W | B/R/W | 13 & Over | 100 Meter Breaststroke | | B/R/W | B/R/W | 40 | 85 | B/R/W | B/R/W | 13 & Over | 100 Meter Freestyle | | B/R/W | B/R/W | 86 |
| 41 | 3:09.20 | 2:46.20 | Open | 200 Meter Backstroke | | 3:11.80 | 2:51.40 | 42 | 87 | 3:31.00 | 3:08.80 | Open | 200 Meter Breaststroke | | 3:31.20 | 3:09.00 | 88 |
| 43 | B/R/W | B/R/W | 13 & Over | 50 Meter Backstroke | | B/R/W | B/R/W | 44 | 89 | B/R/W | B/R/W | 13 & Over | 50 Meter Breaststroke | | B/R/W | B/R/W | 90 |
| 45 | B/R/W | B/R/W | 13 & Over | 100 Meter Butterfly | | B/R/W | B/R/W | 46 | 91 | B/R/W | B/R/W | 13 & Over | 100 Meter Backstroke | | B/R/W | B/R/W | 92 |
| 47 | B/R/W | B/R/W | 13 & Over | 50 Meter Freestyle | | B/R/W | B/R/W | 48 | 93 | 3:05.70 | 2:43.20 | Open | 200 Meter Butterfly | | 3:07.20 | 2:47.40 | 94 |
| 49 | 11:44.20 | 12:58.60 | Open | 800 Meter Freestyle | | 11:43.70 | 13:09.80 | 50 | 95 | B/R/W | B/R/W | 13 & Over | 50 Meter Butterfly | | B/R/W | B/R/W | 96 |
| 51 | - | - | 13 & Over | 200 Meter Freestyle Relay | | - | - | 52 | 97 | 5:47.30 | 6:24.60 | Open | 400 Meter Freestyle | | 5:46.60 | 6:29.80 | 98 |
| 53 | - | - | 13 & Over | 400 Meter Medley Relay | | - | - | 54 | 99 | - | - | 13 & Over | 200 Meter Medley Relay | | - | - | 100 |
| | | | | | | | | | 101 | - | - | 13 & Over | 400 Meter Freestyle Relay | | - | - | 102 |