

## TCC October BRW SC Meet

Sanctioned by: USA Swimming & Southern California Swimming Sanction No. S18-251  
Sponsored By: TCC & Eastern Committee Received by deadline: 5:00 pm, Wednesday October 3, 2018  
Date of Meet: October 12-14, 2018 Friday night session warm-up at 4:00 pm, start of meet 5:00 pm  
Warm-up: 7:00 am, Saturday & Sunday Start of Meet: 8:30 am, Saturday & Sunday  
**Friday session only hosted at FAC - POOL:** Fontana Park Aquatics Center, 15556 Summit Ave. Fontana 92336. (at the corner of Knox Ave)

**DIRECTIONS:** From the 15 fwy, exit Summit Ave and go east. Turn north at Knox then left into the Aquatic Center parking. From the 210 fwy eastbound, turn north onto the 15 fwy and exit Summit as above; from the 210 westbound, exit Citrus and turn right, then left at Summit, right at Knox.

**Saturday & Sunday sessions - POOL:** The Claremont Club, located at 1777 Monte Vista Ave. Claremont, CA 91711.

**DIRECTIONS:** Take Interstate 10 East or West to the Monte Vista exit. Follow Monte Vista North. At Claremont Blvd. turn left. Or take Interstate 210 East or West to Baseline Rd exit. Go West to Monte Vista and turn left. At Claremont Blvd, turn right. Turn right into The Claremont Club parking lot. The 50 meter by 25 yard pool is directly ahead.

**COURSE:** Outdoor 50 meter x 25 yard with 10 competition lanes. There will be warm-up/warm-down lanes available throughout the meet. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end lane 10=4'6" lane 1=7'0", turn end lane 10=4'6" lane 1=7'0".

**WARM-UP PROCEDURES:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving. The pool will close 15 minutes before the start of each session.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Paul Szuszkiewicz pszsz@hotmail.com.

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on October 12, 2018 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 400 and 800 freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: [www.socalswim.org](http://www.socalswim.org).

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to the following Eastern Committee teams athletes who hold 2018 or 2019 USA Swimming Registration: TCC, BLSC, CCAQ, CHS, DSRT, DUCK, FSON, HDA, JET, MBA, MESA, RST, RAA, SCOR. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

**AWARDS:** Blue Division: Medals 1<sup>st</sup> - 3<sup>rd</sup> place, Ribbons 4<sup>th</sup> - 6<sup>th</sup> place Red Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place  
White Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place Relays: Medals 1<sup>st</sup> place, Ribbons 2<sup>nd</sup> - 3<sup>rd</sup> place

**ENTRY FEES:** \$4.00 for each individual event along with a \$10.00 surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$10.00 each, payable on entry.

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, October 3, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard.

**(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

Email for team electronic entries only: ruszim@hotmail.com

Questions: please contact the Meet Processor or the SCS office (310)-684-1151

MAIL ENTRIES TO:

Jan Szuszkiewicz

23283 Sonnet Dr.

Moreno Valley, CA 92557

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**TCC BRW SC Meet**  
**October 12-14**

ENTRIES MUST BE RECEIVED BY 5:00 PM: October 3, 2018 (Wednesday)

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

10/Under events swum mixed gender.

\*\*\*400 IM and 500, 1000, and 1650 frees will be swum alternating girls and boys heats and swimmers provide own timers and/or lap counters.

**FRIDAY - at Fontana Aquatics Center only for both October meet sites**

GIRLS	min/max	age	distance	stroke	min/max	BOYS
1	2:46.20/	OPEN	200	yd Backstroke	2:51.40/	2
3	3:23.50/	7-10 MIXED	BR 200	yd IM	3:24.50/	3
4	3:08.80/	OPEN	200	yd Breaststroke	3:09.00/	5
6	**2:42.00/	7-10 MIXED	B 500	yd Freestyle	**2:56.50/	6
7	6:24.60/	11-12	B 500	yd Freestyle	6:29.80/	8
9	21:32.10/	OPEN	1650	yd Freestyle	21:51.50/	10

Events will be swum fastest to slowest.

Relays swum time permitting.

This meet is subject to the 4 hour rule per session.

Must be at least 11 for open events with 11-12 blue minimum time.

\*\* 7-10 Use 200 Free Time to enter 500 Free

No awards for open events.

**SATURDAY**

GIRLS	min/max	age	distance	stroke	min/max	BOYS
11		11-12	BRW 100	yd Backstroke		12
13		7-10 MIXED	BRW 100	yd Backstroke		13
14		11-12	BRW 50	yd Butterfly		15
16		7-10 MIXED	BRW 50	yd Butterfly		16
17	55.60/	5-8 MIXED	BR 50	yd Butterfly	56.40/	17
18		5-8 MIXED	BRW 25	yd Butterfly		18
19		11-12	BRW 50	yd Freestyle		20
21		7-10 MIXED	BRW 50	yd Freestyle		21
22	48.60/	5-8 MIXED	BR 50	yd Freestyle	47.30/	22
23		11-12	BRW 200	yd IM		24
25		7-10 MIXED	BRW 100	yd IM		25
26		5-8 MIXED	BR 100	yd IM		26
27		11-12	BRW 100	yd Breaststroke		28
29		7-10 MIXED	BRW 100	yd Breaststroke		29
30		5-8 MIXED	BRW 25	yd Breaststroke		30
31		11-12	BRW 100	yd Butterfly		32
33	Deck Entered	5-8 MIXED	BRW 100	yd Medley Relay	Deck Entered	33
34		7-10 MIXED	BRW 200	yd Medley Relay	Deck Entered	34
35		11-12	BRW 200	yd Medley Relay		36

\*\*\*\*\*Minimum 45 Minute break\*\*\*\*\*

37	2:43.20/	OPEN	200	yd Butterfly	2:47.40/	38
39		13-14	BRW 50	yd Freestyle		40
41		15-up	BRW 50	yd Freestyle		42
43		13-14	BRW 100	yd Backstroke		44
45		15-up	BRW 100	yd Backstroke		46
47		13-14	BRW 200	yd IM		48
49		15-up	BRW 200	yd IM		50
51		13-14	BRW 100	yd Freestyle		52
53		15-up	BRW 100	yd Freestyle		54
55	Deck Entered	13-14	BRW 200	yd Medley Relay	Deck Entered	56
57		15-up	BRW 200	yd Medley Relay	Deck Entered	58
59	6:32.30/	13/up	BR 500	yd Freestyle	6:20.30/	60

If meet timeline exceeds the 4 hour rule each day will be broken up into two sessions (sessions listed below)

Sat 1a: 13, 16, 17, 18, 21, 22, 25, 26, 29, 30, 33, 34

Sat 1b: 11, 12, 14, 15, 19, 20, 23, 24, 27, 28, 31, 32, 35, 36

Sun 1a: 63, 66, 67, 70, 71, 74, 77, 78, 79, 82, 83

Sun 1b: 61, 62, 64, 65, 68, 69, 72, 73, 75, 76, 80, 81, 84, 85

**SUNDAY**

GIRLS	min/max	age	distance	stroke	min/max	BOYS
61		11-12	BRW 200	yd Freestyle		62
63		7-10 MIXED	BRW 100	yd Butterfly		63
64		11-12	BRW 50	yd Breaststroke		65
66		7-10 MIXED	BRW 50	yd Breaststroke		66
67	1:02.80/	5-8 MIXED	BR 50	yd Breaststroke	1:01.20/	67
68		11-12	BRW 100	yd Freestyle		69
70		7-10 MIXED	BRW 100	yd Freestyle		70
71	1:46.10/	5-8 MIXED	BR 100	yd Freestyle	1:42.00/	71
72		11-12	BRW 100	yd IM		73
74		5-8 MIXED	BRW 25	yd Freestyle		74
75		11-12	BRW 50	yd Backstroke		76
77		7-10 MIXED	BRW 50	yd Backstroke		77
78	57.80/	5-8 MIXED	BR 50	yd Backstroke	56.30/	78
79		5-8 MIXED	BRW 25	yd Backstroke		79
80	Deck Entered	11-12	BRW 200	yd Freestyle Relay	Deck Entered	81
82		7-10 MIXED	BRW 200	yd Freestyle Relay	Deck Entered	82
83		5-8 MIXED	BRW 100	yd Freestyle Relay		83
84	2:56.80/	7-10 MIXED	BR 200	yd Freestyle	2:56.50/	84

\*\*\*\*\*Minimum 45 Minute break\*\*\*\*\*

85	5:48.20/	OPEN	400	yd IM	5:48.90/	86
87		13-14	BRW 100	yd Breaststroke		88
89		15-up	BRW 100	yd Breaststroke		90
91		13-14	BRW 100	yd Butterfly		92
93		15-up	BRW 100	yd Butterfly		94
95		13-14	BRW 200	yd Freestyle		96
97		15-up	BRW 200	yd Freestyle		98
99	Deck Entered	13-14	BRW 200	yd Freestyle Relay	Deck Entered	100
101		15-up	BRW 200	yd Freestyle Relay	Deck Entered	102
103	12:58.60/	OPEN	1000	yd Freestyle	13:09.80/	104