

DOLPHIN AQUATICS SWIM TEAM SHORT COURSE BRW AGE GROUP SWIM MEET

Sanctioned by: USA Swimming and SCS
Sanction Number: S19-295
Sponsored by: Dolphin Aquatics Swim Team
Orange Committee

DATE OF MEET: November 16 & 17, 2019
ENTRIES RECEIVED BY 5:00 PM: November 6, 2019 (WEDNESDAY)

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

****This is an Orange Committee Meet, the following teams are eligible to enter: AQUA, AZOT, CMAC, COTO, DA, GSC, LTSC, MVN, SCAT, SET, SOKA, SWRD, WASC
PM Session will begin no sooner than 11:30 AM or 30 minutes (per session) after the conclusion of the AM Session or at the discretion of the Meet Referee**

- POOL:** SAN JUAN HILLS HIGH SCHOOL, 29211 Vista Montana, San Juan Capistrano, CA, 92675.
- COURSE:** SAN JUAN HILLS HIGH SCHOOL POOL is a 25 yard by 33 meter pool with 8 swimming lanes and a warmup area. This competition course has been certified in accordance with 104.2.2 (C). Pool Depth Start End = 7, Turn End = 7'.
- WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.
- MEET REFEREE:** KAREN DAVIS shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to KAREND Davis@VERIZON.NET
- RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2019 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION. Swimmers must swim in their actual Age Group as determined by their age on **November 16, 2019.** All coaches and officials on deck must complete the CDC of NFHS Concussion course.
- SPECIAL NOTICE:** Swimmers may swim a maximum of FOUR events per day. **DA will limit entries to meet the "4 Hour" rule for each session. 7-8 swimmers may enter 5-8 or 7-10 events but not a combination.** Each team is asked to provide timers. Swimmers in the 1650 yard Freestyle and 400 yard IM are asked to provide timers for three heats. You are requested to provide your own lap counters. The 400 IM and 1650 Yard Freestyle will be swum alternating girls and boys. Mixed relays are 2 girls and 2 boys. Relays will be swum time permitting. Relay Events may be combined. Only 11 & Older swimmers who meet the minimum stated time standard may enter OPEN events. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.
- RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, IS NOT PERMITTED in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. The meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.
- DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- DECK CHANGES:** Deck changes are prohibited.
- SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech Suits** with bonded seams, kinetic tape, or meshed seams **are not permitted at this meet.** Please see the Tech Suit Policy on the SCS website.
- RACING START CERTIFICATION:** **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach** as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2019 or 2020 USA Swimming members. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Registration application must be **received by Wednesday, November 6, 2019** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in the SCS Swim Guide, Part One, III, B. Current USA Swimming Rules, including the Minor Athlete Prevention Policy (MAAPP), will govern this meet. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (within 30 days of their 18th birthday) in order to compete.
- CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. **A swimmer may not attach at the meet.**
- SUBMITTED TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
- AWARDS:**
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| INDIVIDUAL EVENTS: | "Blue, Red, White" Divisions: | RIBBONS 1 st through 8 th |
| | RELAYS | RIBBONS 1 ST through 3 rd |
- The following age groups will be awarded: 5/6, 7/8, 7-10, 11/12, 13/14 and 15 & Up, OPEN events will not be awarded
- ENTRY FEE:** **\$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry \$10.00 per deck entered Relay.** E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted by the due date if SPACE IS AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
- ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, NOVEMBER 6, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	DIVANJ@COX.NET
And MAIL TO:	JUDI DIVAN
(Include Swimmer's name and SCS Number)	33561 CALLE MIRAMAR SAN JUAN CAPISTRANO, CA 92675

For further meet Information contact Rod Snyder at SJHWSWIM@gmail.com Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

DOLPHIN AQUATICS SWIM TEAM SHORT COURSE "BRW" AGE GROUP SWIM MEET

Date of Meet: November 16 & 17, 2019

Entries Due: November 6, 2019, Wednesday

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

Times submitted must be **Best Recorded Times short course or long course.**

DA WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

Relays will be swum time permitting. Mixed relays are 2 girls & 2 boys.

Only 11 & Older swimmers who meet the stated time standard may enter OPEN events.

The 400 IM and 1650 Freestyle will be swum alternating girls and boys

This is an Orange Committee Tri Meet the following teams may enter: AQUA, AZOT, CMAC, COTO, DA, GSC, LTSC, MN, SCAT, SET, SOKA, SWRD, WASC

Girls		Saturday, November 16, 2019 9:00am			Boys	
No.	Division	Age	Event	Age	No.	
1	BRW	5-8	100 Yard Individual Medley	5-8	2	
3	BRW	7-10	200 Yard Individual Medley	7-10	4	
5	BRW	5-8	25 Yard Backstroke	5-8	6	
7	BRW	7-10	50 Yard Backstroke	7-10	8	
9	BRW	5-8	100 Yard Freestyle	5-8	10	
11	BRW	7-10	100 Yard Freestyle	7-10	12	
13	BRW	5-8	50 Yard Butterfly	5-8	14	
15	BRW	7-10	50 Yard Butterfly	7-10	16	
17	BRW	5-8	25 Yard Freestyle	5-8	18	
19	BRW	7-10	50 Yard Breaststroke	7-10	20	
21	BRW	5-8	50 Yard Breaststroke	5-8	22	
23	Coach	7-10	200 Yard Freestyle Relay	7-10	24	
25		7-10	Mixed 200 Yard Freestyle Relay	7-10	25	
26		5-8	100 Yard Freestyle Relay	5-8	27	
28	Entered	5-8	Mixed 100 Yard Freestyle Relay	5-8	28	

Girls		Sunday, November 17, 2019 9:00am			Boys	
No.	Division	Age	Event	Age	No.	
57	BRW	7-10	200 Yard Freestyle	5-10	58	
59	BRW	5-8	50 Yard Backstroke	5-8	60	
61	BRW	7-10	100 Yard Butterfly	7-10	62	
63	BRW	5-8	25 Yard Butterfly	5-8	64	
65	BRW	7-10	100 Yard Backstroke	7-10	66	
67	BRW	5-8	50 Yard Freestyle	5-8	68	
69	BRW	7-10	100 Yard Breaststroke	7-10	70	
71	BRW	5-8	25 Yard Breaststroke	5-8	72	
73	BRW	7-10	50 Yard Freestyle	7-10	74	
75	BRW	7-10	100 Yard Individual Medley	7-10	76	
77	Coach	5-8	100 Yard Medley Relay	5-8	78	
79		5-8	Mixed 100 Yard Medley Relay	5-8	79	
80		7-10	200 Yard Medley Relay	7-10	81	
82	Entered	7-10	Mixed 200 Yard Medley	7-10	82	

PM Session will begin no sooner than 11:30 AM or 30 minutes (per session) after the conclusion of the AM Session or at the discretion of the Meet Referee

29	BRW	11/12	200 Yard Freestyle	11/12	30
31	BRW	13 & Up	200 Yard Freestyle	13 & Up	32
33	BRW	11/12	100 Yard Individual Medley	11/12	34
35	BRW	11/12	200 Yard Breaststroke	11/12	36
35	BRW	13 & Up	200 Yard Breaststroke	13 & Up	36
37	BRW	11/12	50 Yard Freestyle	11/12	38
39	BRW	13 & Up	50 Yard Freestyle	13 & Up	40
41	BRW	11/12	100 Yard Butterfly	11/12	42
43	BRW	13 & Up	100 Yard Butterfly	13 & Up	44
45	BRW	11/12	50 Yard Backstroke	11/12	46
47	BRW	13 & Up	200 Yard Backstroke	13 & Up	48
47	BRW	11/12	200 Yard Backstroke	11/12	48
49	Coach	13 & Up	200 Yard Freestyle Relay	13 & Up	50
51		13 & Up	Mixed 200 Yard Freestyle Relay	13 & Up	51
52		11/12	200 Yard Freestyle Relay	11/12	53
54	Entered	11/12	Mixed 200 Yard Freestyle Relay	11/12	54

10 Minute Break at the discretion of the Referee

55	BRW	13 & Up	400 Yard Individual Medley	13 & Up	56
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Swimmers in the 400 IM and 1650 Yard Freestyle are asked provide timers for 3 heats.

83	BRW	11/12	200 Yard Individual Medley	11/12	84
85	BRW	13 & Up	200 Yard Individual Medley	13 & Up	86
87	BRW	11/12	100 Yard Breaststroke	11/12	88
89	BRW	13 & Up	100 Yard Breaststroke	13 & Up	90
91	BRW	11/12	100 Yard Freestyle	11/12	92
93	BRW	13 & Up	100 Yard Freestyle	13 & Up	94
95	BRW	11/12	50 Yard Butterfly	11/12	96
97	BRW	11/12	200 Yard Butterfly	11/12	98
97	BRW	13 & Up	200 Yard Butterfly	13 & Up	98
99	BRW	11/12	100 Yard Backstroke	11/12	100
101	BRW	13 & Up	100 Yard Backstroke	13 & Up	102
103	BRW	11/12	50 Yard Breaststroke	11/12	104
105	Coach	13 & Up	400 Yard Medley Relay	13 & Up	106
107		13 & Up	Mixed 400 Yard Medley Relay	13 & Up	107
108		11/12	200 Yard Medley Relay	11/12	109
110	Entered	11/12	Mixed 200 Yard Medley Relay	11/12	110

10 Minute Break at the discretion of the Referee

111	OPEN	21:32.10	1650 Yard Freestyle	21:51.50	112
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7-8 swimmers may enter 5-8 or 7-10 events but not a combination.