



# 2019 DOLFIN JESSIE REES MEMORIAL "TURKEY CLASSIC"

## B/R AGE GROUP SWIM MEET Hosted by the Mission Viejo Nadadores

Sanctioned by: Southern California Swimming  
Sanction Number: #S19-207

DATE OF MEET: November 22-25, 2019  
**ENTRIES RECEIVED BY: November 13, 2019 (Weds) 5 PM**

Sponsored by: Mission Viejo Nadadores  
**POOL:** MARGUERITE RECREATION CENTER, 27474 Casta Del Sol, Mission Viejo, CA 92692.

WARM UP TIME: 7:30 AM (Sat/Sun/Mon), 3:30 PM (Fri)  
MEET START TIME: 9:00 AM (Sat/Sun/Mon), 5:00 PM (Fri)

**DIRECTIONS:** Take I-5 to the La Paz exit. Turn east on La Paz, left on Marguerite, and right on Casta Del Sol. Turn right at the first driveway. The swim parking lot is behind the tennis courts on the right with the exit being at the upper level. There is no RV parking in the swim parking lot.

**COURSE:** The LOWER MARGUERITE AQUATIC COMPLEX POOL is an outdoor, 50 meter x 25 yard pool with up to two 8 lane, 25 yard courses. Separate warm up pool available. Both competition courses have been certified in accordance with 104.22.2 (C). The copy of such certification is on file with USA Swimming. Pool Depth Measurement at South End = 2M; and North End = 3.5M.

**WARM UP PROCEDURES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be NO DIVING into the pool during these times except into the designated sprint lane(s). **All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.** WARM-UP RULES WILL BE ANNOUNCED AND POSTED.

**MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to **Mary Jo Swalley, e-mail: mj64bear@earthlink.net**

**RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2019 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. **THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION.** After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group determined by their age on **November 22, 2019.**

**All coaches and officials on deck must complete the CDC or NFHS Concussion online course.**

Younger (5-12) swimmers may swim a maximum of FOUR events per day. MVN will limit entries to meet the "4 Hour" rule for each YOUNGER (5-12) session. 7-8 swimmers may compete in 5-8 -or- 7-10 events, but not any combination. 7-10 500 Yd Free swimmers must enter best 200 Yd Free time that meets or betters the "BLUE" time standard.

Older (13&Up) swimmers may swim a maximum of FIVE events per day.

Timers must be provided by each team. Swimmers in the 500 Freestyle and 1650 Freestyle should provide timers for three heats. You should provide your own lap counters.

ALL events will be seeded and swum fastest to slowest. The 500 Freestyle, 1650 Freestyle, and 400 IM will be seeded and swum fastest to slowest, alternating girls and boys.

### RECORDING DEVICES &

**MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet;

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** **OPEN TO ATHLETES WHO ARE 2019 -or- 2020 USA Swimming members. NO ON-DECK ENTRIES. Registration application must be received by Wednesday, November 13, 2019 at 5 p.m. by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" and subject to penalties in the SCS Swim Guide, Part One, III, B.**

**All athletes 18 years and older must complete the free online  
ATHLETE PROTECTION TRAINING course to be cleared to compete**

**CHANGE OF AFFILIATION:**

Before the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

**SUBMITTED TIMES:**

Times submitted must be **BEST RECORDED TIMES**, short course or long course, from this or preceding swim season (**DO NOT SUBMIT NT (no time), ET (estimated time), or work out times**). For Seeding purposes ONLY: after entries close, non-conforming times will be converted by meet administration. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. As a reminder: no updated times will be accepted after the meet entry deadline.

**ENTRIES:**

Entries must be made on Southern California Swimming Entry form or by electronic entry. **ELECTRONIC ENTRY IS PREFERRED**. E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or \*.pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted only if SPACE is AVAILABLE. **DO NOT RESEND AN ENTRY FILE**. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

**QUALIFYING TIMES:**

Times submitted must be recorded times. Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at the **non-conforming** minimum time (see 2019 Swim Guide for exceptions).

**ENTRY FEE:**

**\$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer -AND- \$10.00 FACILITY FEE must accompany each individual entry card. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY. Entries will be rejected if a check does not accompany the entry card. Please put your swimmer's name and USA Swimming number on your check! E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of a coach and will be dated as official at that time. (5PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. Do not resend an entry file. A REPLACEMENT FILE FOR THE TEAM WILL NOT BE PROCESSED. Deletions will NOT be refunded.**

**ENTRIES DUE:**

**ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, NOVEMBER 13, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.

**NO certified, registered or special delivery mail will be accepted.**

**AWARDS:**

INDIVIDUAL EVENTS: "BLUE" Division: MEDALS 1<sup>st</sup> through 3<sup>rd</sup>. RIBBONS 4<sup>th</sup> through 6<sup>th</sup>  
"RED" Division: RIBBONS 1<sup>st</sup> through 6<sup>th</sup>.

The following age groups will be awarded: 5-8, 5-10, 11/12.

IMX AWARDS: A high points IMX award will be made to the overall IMX female and male high point scorers in the following age groups: 5-9, 10, 11, 12

In order to receive an IMX score, a swimmer must legally swim each IMX event for his/her age level.

5-9 year olds; 10-year olds: 200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds: 200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly



**MAKE CHECKS PAYABLE TO:  
And MAIL TO:  
(Include swimmer's name and  
USA Swimming Number)  
Or EMAIL TO:**

**SOUTHERN CALIFORNIA SWIMMING  
JUDI DIVAN  
33561 CALLE MIRAMAR  
SAN JUAN CAPISTRANO, CA 92675  
divanj@cox.net**

**ALL CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE REJECTED.  
IF SENDING VIA EXPRESS MAIL, YOU MUST WAIVE SIGNATURE, OR THE ENTRY WILL BE REJECTED.**

For further meet Information e-mail: [generalmanager@mvnswim.org](mailto:generalmanager@mvnswim.org) Receipt of entry **WILL NOT** be verified by phone or by email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), govern this meet.**

# 2019 DOLFIN JESSIE REES MEMORIAL "TURKEY CLASSIC"

## B/R SWIM MEET-YOUNGERS

Hosted by the Mission Viejo Nadadores

Date of Meet: November 22-25, 2019      Entries RECEIVED BY: Wednesday, November 13, 2019 5 p.m.

**SUBMIT BEST RECORDED TIMES (SCY or LCM)**

**YOUNGERS MAY SWIM A MAXIMUM OF FOUR (4) EVENTS PER DAY  
YOUNGERS ENTRIES WILL BE LIMITED TO MEET THE 4 HOUR RULE.**

7-8 swimmers may compete in 5-8 -or- 7-10 events, but not any combination.

7-10 500 Yard Freestyle swimmers enter best 200 Yard Freestyle time that meets or exceeds an "BLUE" time.

| Friday, November 22, 2019- 5:00 p.m. |     |          |       |          |                  |       | Boys     |     |
|--------------------------------------|-----|----------|-------|----------|------------------|-------|----------|-----|
| Girls                                | No. | Division | Age   | Minimum  | Event            | Age   | Minimum  | No. |
|                                      | 1   | BLUE/RED | 11-12 | 06:59.50 | 500 Yd Freestyle | 11-12 | 07:05.30 | 2   |

| Saturday, November 23, 2019- "Blue" Session - 9:00 a.m. |     |           |      |         |                     |       |         |     |
|---|-----|-----------|------|---------|---------------------|-------|---------|-----|
| "Blue" Session= 5-8 Girls, 7-10 Girls & 11-12 Boys      |     |           |      |         |                     |       | Boys    |     |
| Girls   | No. | Division  | Age  | Minimum | Event               | Age   | Minimum | No. |
|   | 3   | BLUE/RED  | 5-8  | 1:46.10 | 100 Yd Freestyle    |       |         |     |
|   |     | BLUE/RED  |      |         | 100 Yd Freestyle    | 11-12 | 1:12.20 | 4   |
|   | 5   | BLUE/RED  | 7-10 | 1:21.50 | 100 Yd Freestyle    |       |         |     |
|   |     | BLUE ONLY |      |         | 400 Yd IM           | 11-12 | 5:48.90 | 6   |
|   | 7   | BLUE/RED  | 5-8  | 57.80   | 50 Yd Backstroke    |       |         |     |
|   |     | BLUE/RED  |      |         | 50 Yd Backstroke    | 11-12 | 40.00   | 8   |
|   | 9   | BLUE/RED  | 7-10 | 44.30   | 50 Yd Backstroke    |       |         |     |
|   |     | BLUE/RED  |      |         | 200 Yd Backstroke   | 11-12 | 3:07.30 | 10  |
|   | 11  | BLUE/RED  | 5-8  | 1:02.80 | 50 Yd Breaststroke  |       |         |     |
|   |     | BLUE/RED  |      |         | 50 Yd Breaststroke  | 11-12 | 44.80   | 12  |
|   | 13  | BLUE/RED  | 7-10 | 49.80   | 50 Yd Breaststroke  |       |         |     |
|   |     | BLUE/RED  |      |         | 200 Yd Breaststroke | 11-12 | 3:26.20 | 14  |
|   | 15  | BLUE/RED  | 7-10 | 1:37.40 | 100 Yd Butterfly    |       |         |     |
|   |     | BLUE/RED  |      |         | 100 Yd Butterfly    | 11-12 | 1:25.30 | 16  |
|   | 17  | BLUE/RED  | 7-10 | 3:23.50 | 200 Yd IM           |       |         |     |
|   |     | BLUE/RED  |      |         | 200 Yd IM           | 11-12 | 3:01.70 | 18  |

| Saturday, November 23, 2019 - "Gold" Session                                   |     |           |       |         |                     |      |         |     |
|--|-----|-----------|-------|---------|---------------------|------|---------|-----|
| "Gold" Session = 5-8 Boys, 7-10 Boys & 11-12 Girls                             |     |           |       |         |                     |      | Boys    |     |
| "Gold" Session will begin no sooner than 30 minutes after "Blue" Session ends. |     |           |       |         |                     |      |         |     |
| Girls  | No. | Division  | Age   | Minimum | Event               | Age  | Minimum | No. |
|  |     | BLUE/RED  |       |         | 100 Yd Freestyle    | 5-8  | 1:42.00 | 19  |
|  | 20  | BLUE/RED  | 11-12 | 1:12.70 | 100 Yd Freestyle    |      |         |     |
|  |     | BLUE/RED  |       |         | 100 Yd Freestyle    | 7-10 | 1:21.00 | 21  |
|  | 22  | BLUE ONLY | 11-12 | 5:48.20 | 400 Yd IM           |      |         |     |
|  |     | BLUE/RED  |       |         | 50 Yd Backstroke    | 5-8  | 56.30   | 23  |
|  | 24  | BLUE/RED  | 11-12 | 39.60   | 50 Yd Backstroke    |      |         |     |
|  |     | BLUE/RED  |       |         | 50 Yd Backstroke    | 7-10 | 44.20   | 25  |
|  | 26  | BLUE/RED  | 11-12 | 3:01.40 | 200 Yd Backstroke   |      |         |     |
|  |     | BLUE/RED  |       |         | 50 Yd Breaststroke  | 5-8  | 1:01.20 | 27  |
|  | 28  | BLUE/RED  | 11-12 | 44.50   | 50 Yd Breaststroke  |      |         |     |
|  |     | BLUE/RED  |       |         | 50 Yd Breaststroke  | 7-10 | 49.80   | 29  |
|  | 30  | BLUE/RED  | 11-12 | 3:25.90 | 200 Yd Breaststroke |      |         |     |
|  |     | BLUE/RED  |       |         | 100 Yd Butterfly    | 7-10 | 1:37.60 | 31  |
|  | 32  | BLUE/RED  | 11-12 | 1:23.00 | 100 Yd Butterfly    |      |         |     |
|  |     | BLUE/RED  |       |         | 200 Yd IM           | 7-10 | 3:24.50 | 33  |
|  | 34  | BLUE/RED  | 11-12 | 3:01.30 | 200 Yd IM           |      |         |     |

**2019 DOLFIN JESSIE REES MEMORIAL "TURKEY CLASSIC"**

**B/R SWIM MEET-YOUNGERS**

(Continued)

Hosted by the Mission Viejo Nadadores

| Sunday, November 24, 2019 – "Blue" Session - 9:00 a.m. |          |      |         |                     |         |         |     |
|--|----------|------|---------|---------------------|---------|---------|-----|
| Girls  |          |      |         | Boys                |         |         |     |
| No.  | Division | Age  | Minimum | Event               | Age     | Minimum | No. |
| 35   | BLUE/RED | 5-8  | 55.60   | 50 Yd Butterfly     |         |         |     |
|  | BLUE/RED |      |         | 50 Yd Butterfly     | 37.70   | 11-12   | 36  |
| 37   | BLUE/RED | 7-10 | 41.80   | 50 Yd Butterfly     |         |         |     |
|  | BLUE/RED |      |         | 200 Yd Butterfly    | 3:02.60 | 11-12   | 38  |
| 39   | BLUE/RED | 7-10 | 1:49.10 | 100 Yd Breaststroke |         |         |     |
|  | BLUE/RED |      |         | 100 Yd Breaststroke | 1:37.10 | 11-12   | 40  |
| 41   | BLUE/RED | 7-10 | 1:36.80 | 100 Yd Backstroke   |         |         |     |
|  | BLUE/RED |      |         | 100 Yd Backstroke   | 1:28.00 | 11-12   | 42  |
| 43   | BLUE/RED | 5-8  | 48.60   | 50 Yd Freestyle     |         |         |     |
| 44   | BLUE/RED | 7-10 | 37.00   | 50 Yd Freestyle     |         |         |     |
|  | BLUE/RED |      |         | 50 Yd Freestyle     | 33.60   | 11-12   | 45  |
| 46   | BLUE/RED | 5-8  | 2:01.40 | 100 Yd IM           |         |         |     |
| 47   | BLUE/RED | 7-10 | 1:34.40 | 100 Yd IM           |         |         |     |
|  | BLUE/RED |      |         | 100 Yd IM           | 1:24.70 | 11-12   | 48  |
| 49   | BLUE/RED | 7-10 | 2:56.80 | 200 Yd Freestyle    |         |         |     |
|  | BLUE/RED |      |         | 200 Yd Freestyle    | 2:37.80 | 11-12   | 50  |

| Sunday, November 24, 2019 – "Gold" Session                                     |          |       |         |                     |         |         |     |
|--|----------|-------|---------|---------------------|---------|---------|-----|
| Girls  |          |       |         | Boys                |         |         |     |
| "Gold" Session = 5-8 Boys, 7-10 Boys & 11-12 Girls                             |          |       |         |                     |         |         |     |
| "Gold" Session will begin no sooner than 30 minutes after "Blue" Session ends. |          |       |         |                     |         |         |     |
| No.  | Division | Age   | Minimum | Event               | Age     | Minimum | No. |
|  | BLUE/RED |       |         | 50 Yd Butterfly     | 56.40   | 5-8     | 51  |
| 52   | BLUE/RED | 11-12 | 37.40   | 50 Yd Butterfly     |         |         |     |
|  | BLUE/RED |       |         | 50 Yd Butterfly     | 41.60   | 7-10    | 53  |
| 54   | BLUE/RED | 11-12 | 2:58.10 | 200 Yd Butterfly    |         |         |     |
|  | BLUE/RED |       |         | 100 Yd Breaststroke | 1:49.70 | 7-10    | 55  |
| 56   | BLUE/RED | 11-12 | 1:37.00 | 100 Yd Breaststroke |         |         |     |
|  | BLUE/RED |       |         | 100 Yd Backstroke   | 1:37.00 | 7-10    | 57  |
| 58   | BLUE/RED | 11-12 | 1:25.20 | 100 Yd Backstroke   |         |         |     |
|  | BLUE/RED |       |         | 50 Yd Freestyle     | 47.30   | 5-8     | 59  |
|  | BLUE/RED |       |         | 50 Yd Freestyle     | 37.20   | 7-10    | 60  |
| 61   | BLUE/RED | 11-12 | 33.50   | 50 Yd Freestyle     |         |         |     |
|  | BLUE/RED |       |         | 100 Yd IM           | 1:58.20 | 5-8     | 62  |
|  | BLUE/RED |       |         | 100 Yd IM           | 1:34.80 | 7-10    | 63  |
| 64   | BLUE/RED | 11-12 | 1:24.70 | 100 Yd IM           |         |         |     |
|  | BLUE/RED |       |         | 200 Yd Freestyle    | 2:56.50 | 7-10    | 65  |
| 66   | BLUE/RED | 11-12 | 2:37.20 | 200 Yd Freestyle    |         |         |     |

| Monday, November 25, 2019 – 9:00 a.m. |           |       |          |                       |          |       |     |
|---------------------------------------|-----------|-------|----------|-----------------------|----------|-------|-----|
| Girls                                 |           |       |          | Boys                  |          |       |     |
| No.                                   | Division  | Age   | Minimum  | Event                 | Minimum  | Age   | No. |
| 67                                    | BLUE ONLY | 7-10  | 2:42.00  | 500 Yd Freestyle      | 02:41.80 | 7-10  | 68  |
|                                       |           |       |          | (Enter 200 Free Time) |          |       |     |
| 69                                    | BLUE ONLY | 11-12 | 21:32.10 | 1650 Yd Freestyle     | 21:51.50 | 11-12 | 70  |

\*\*\* SWIMMERS IN THE 500 & 1650 FREE SHOULD PROVIDE A TIMER TO TIME A MINIMUM OF 3 HEATS IN ORDER TO SWIM.

\*\*\* SWIMMERS SHOULD PROVIDE THEIR OWN LAP COUNTERS.

\*\*\* ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

**2019 DOLFIN JESSIE REES MEMORIAL "TURKEY CLASSIC"****B/R SWIM MEET – OLDERS**

Hosted by the Mission Viejo Nadadores

Date of Meet: November 22-25, 2019 Entries RECEIVED BY: Wednesday, November 13, 2019 at 5 p.m.

SUBMIT BEST RECORDED TIMES (SCY or LCM)

OLDERS MAY SWIM A MAXIMUM OF FIVE (5) EVENTS PER DAY

| Women |          |         |          | Friday, November 22, 2019– 5:00 p.m.    |         |          |     | Men |
|-------|----------|---------|----------|---|---------|----------|-----|-----|
| No.   | Division | Age     | Minimum  | Event                                   | Age     | Minimum  | No. |     |
| 101   | BLUE/RED | 13-14   | 6:32.30  | 500 Yd Freestyle                        | 13-14   | 6:20.30  | 102 |     |
| 101   | BLUE/RED | 15 & Up | 6:29.90  | 500 Yd Freestyle                        | 15 & Up | 6:05.30  | 102 |     |
| Women |          |         |          | Saturday, November 23, 2019 – 9:00 a.m. |         |          |     | Men |
| No.   | Division | Age     | Minimum  | Event                                   | Age     | Minimum  | No. |     |
| 103   | BLUE/RED | 13-14   | 2:28.40  | 200 Yd Freestyle                        | 13-14   | 2:22.80  | 104 |     |
| 105   | BLUE/RED | 15 & Up | 2:28.80  | 200 Yd Freestyle                        | 15 & Up | 2:16.20  | 106 |     |
| 107   | BLUE/RED | 13-14   | 3:18.20  | 200 Yd Breaststroke                     | 13-14   | 3:06.40  | 108 |     |
| 109   | BLUE/RED | 15 & Up | 3:17.30  | 200 Yd Breaststroke                     | 15 & Up | 2:57.80  | 110 |     |
| 111   | BLUE/RED | 13-14   | 1:21.00  | 100 Yd Backstroke                       | 13-14   | 1:18.00  | 112 |     |
| 113   | BLUE/RED | 15 & Up | 1:21.50  | 100 Yd Backstroke                       | 15 & Up | 1:14.50  | 114 |     |
| 115   | BLUE/RED | 13-14   | 2:55.10  | 200 Yd Butterfly                        | 13-14   | 2:47.30  | 116 |     |
| 117   | BLUE/RED | 15 & Up | 2:50.90  | 200 Yd Butterfly                        | 15 & Up | 2:34.40  | 118 |     |
| 119   | BLUE/RED | 13-14   | 2:50.90  | 200 Yd IM                               | 13-14   | 2:42.60  | 120 |     |
| 121   | BLUE/RED | 15 & Up | 2:52.10  | 200 Yd IM                               | 15 & Up | 2:34.70  | 122 |     |
| Women |          |         |          | Sunday, November 24, 2019 – 9:00 a.m.   |         |          |     | Men |
| No.   | Division | Age     | Minimum  | Event                                   | Age     | Minimum  | No. |     |
| 123   | BLUE/RED | 13-14   | 1:09.10  | 100 Yd Freestyle                        | 13-14   | 1:05.00  | 124 |     |
| 125   | BLUE/RED | 15 & Up | 1:08.50  | 100 Yd Freestyle                        | 15 & Up | 1:02.60  | 126 |     |
| 127   | BLUE/RED | 13-14   | 2:54.50  | 200 Yd Backstroke                       | 13-14   | 2:45.10  | 128 |     |
| 129   | BLUE/RED | 15 & Up | 2:48.10  | 200 Yd Backstroke                       | 15 & Up | 2:37.30  | 130 |     |
| 131   | BLUE/RED | 13-14   | 1:17.40  | 100 Yd Butterfly                        | 13-14   | 1:13.80  | 132 |     |
| 133   | BLUE/RED | 15 & Up | 1:17.50  | 100 Yd Butterfly                        | 15 & Up | 1:11.00  | 134 |     |
| 135   | BLUE/RED | 13-14   | 1:31.00  | 100 Yd Breaststroke                     | 13-14   | 1:26.30  | 136 |     |
| 137   | BLUE/RED | 15 & Up | 1:31.60  | 100 Yd Breaststroke                     | 15 & Up | 1:22.70  | 138 |     |
| 139   | BLUE/RED | 13-14   | 31.90    | 50 Yd Freestyle                         | 13-14   | 30.00    | 140 |     |
| 141   | BLUE/RED | 15 & Up | 31.90    | 50 Yd Freestyle                         | 15 & Up | 28.90    | 142 |     |
| 143   | BLUE/RED | 13-14   | 6:07.30  | 400 Yd IM                               | 13-14   | 5:47.30  | 144 |     |
| 143   | BLUE/RED | 15 & Up | 5:51.50  | 400 Yd IM                               | 15 & Up | 5:28.80  | 144 |     |
| Women |          |         |          | Monday, November 25, 2019 – 9:00 a.m.   |         |          |     | Men |
| No.   | Division | Age     | Minimum  | Event                                   | Age     | Minimum  | No. |     |
| 145   | BLUE/RED | 13-14   | 22:57.70 | 1650 Yd Freestyle                       | 13-14   | 22:35.80 | 146 |     |
| 145   | BLUE/RED | 15 & Up | 22:18.40 | 1650 Yd Freestyle                       | 15 & Up | 21:32.00 | 146 |     |

\*\*\* SWIMMERS IN THE 500 &amp; 1650 FREE SHOULD PROVIDE A TIMER TO TIME A MINIMUM OF 3 HEATS IN ORDER TO SWIM.

\*\*\* SWIMMERS SHOULD PROVIDE THEIR OWN LAP COUNTERS.

\*\*\* SWIMMERS IN THE 500 &amp; 1650 FREE AND THE 400 IM: THESE EVENTS WILL BE SEEDED AND SWUM AS ONE EVENT EACH FOR WOMEN &amp; MEN, SWIMMING FASTEST TO SLOWEST, ALTERNATING WOMEN AND MEN. AWARDS ARE BY AGE GROUP.

\*\*\* ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST