

Friday, May 23-Sunday, May 25, 2025

Sanctioned by: USA-S & Southern California Swimming Sponsored By: Canyons Aquatic Club Date of Meet: Friday, May 23-Sunday, May 25, 2025 Sanction No. #S25-084 Received by Entry deadline: 5:00 pm, May 14th, 2025 Set Up Times: Friday - 2:00 pm Meet Warm-Up: Friday - 2:30pm, Sat/Sun - 7:00 am Meet Start: Friday - 4:00pm, Sat/Sun - 8:30 am

**POOL:** The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard (20 lane) x 50 meter (8 lane) pool. Competition courses have been certified in accordance with 104.22.2 C. Pool depth at start and turn end is 7'6".

**DIRECTIONS:** Santa Clarita Aquatic Center 20850 Centre Pointe Parkway, Santa Clarita, CA 91350. 14 FWY North: Take Golden Valley exit. Left on Golden Valley. Right at Centre Pointe Parkway. Right into second driveway. From 14 FWY South: Take Golden Valley exit. Right on Golden Valley. Right at Centre Pointe Parkway. Right into second driveway.

**<u>COURSE</u>**: The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard x 50 meter, 8 lane LCM pool. A separate warmup/warm-down 10-lane, 25-yard course pool will be open during the meet. Competition courses have been certified in accordance with 104.22.2(C) on file with USA Swimming. Pool depth at start and turn end is 7'6".

Saturday and Sunday AM and PM sessions will be run on two courses – girls on the North Course, odd events, boys on the South Course, even events. If the entries in an am session do not warrant running two courses, the morning session will be collapsed, running the events in sequential order. All events will be swum fast to slow. Friday session will run in one course on the North Side. **WARM UP:** All lanes will open for USA Swimming Member Coach supervised warm up Friday 2:30-3:45 pm and Sat/Sun 7:00-8:15am. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. Dive lanes will be open 45 min before the start of the meet or at the discretion of the meet referee. The competition pool will be closed 15 min before the start of each session.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Omar de Armas, omarswimref@gmail.com.

**RULES:** Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 3.0 (MAAPP 3.0), govern this meet. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. Meet will limit entries to meet the "4 hour" rule. This meet will be pre-seeded. Coaches need to turn in scratches to Admin, the day before. Heat sheets will be available on Meet Mobile, coaches will have a paper copy. Swimmers must swim their actual age group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on May, 23, 2025 to enter this meet. A swimmer may swim a maximum of four (4) events per day. All coaches and officials on deck must have completed the CDC or NFHS Concussion Course, Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 3.0 (MAAPP 3.0), will govern this meet. Meet check-in may or may not be available depending on the site's guidelines. All coaches and officials must have completed the CANRA Mandatory Reporting course.

**SCRATCHES:** Coaches are responsible for all scratches. It is preferred that coaches scratch the day before. Scratches will close each day ONE HOUR before the start of prelims.

**DISTANCE FREESTYLE:** 800/1500 will be swum FAST to SLOW – Alternating Girls and Boys. There is a POSITIVE CHECK-IN for distance events. Swimmers must check in for the 800/1500 by 9:00am the day they are supposed to swim. Coaches may check-in a swimmer.

**LOCKER ROOMS:** Locker rooms available for athletes only on the competition deck and water slide pool deck. All non-athletes can use the bathrooms between the competition pool and warm-down pool.

**<u>RECORDING DEVICES & MEDIA NOTICE</u>**: The use of any audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are NOT permitted for 5-12 swimmers. Tech suits are permitted for 13-Up. Please see the Tech Suit Policy on the SCS website: www.socalswim.org **DECK CHANGES:** Deck Changes are prohibited.

**<u>RACING START CERTIFICATION</u>**: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to USA SWIMMING athletes who hold 2025 USA Swimming Registration. Registration application must be received by Wednesday, May 14th, at 5:00 PM. by the meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. All athletes 18 years or must complete the free online Athlete Protection Training (APT) to compete in the meet.

**DISABILITY:** Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.



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**<u>CHANGE OF AFFILIATION</u>**: Before the meet, a swimmer may change affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only UNATTACH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be best-recorded short course or long course times from this or preceding swim season (no workout times). After entries close, for seeding purposes only, meet administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standard listed for an event. Discrepancy in the submitted times can lead to disciplinary action.

**AWARDS:** INDIVIDUAL EVENTS: RIBBONS: 1st through 8th. Ribbons will be awarded to the following age groups: 5-8, 9/10, and 11/12. Open events and 13 and over events will not be awarded.

**ENTRY FEE:** \$6.00 for each INDIVIDUAL EVENT, along with a \$15.50 SURCHARGE per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks may incur a service fee. E-mail entry (entry .zip file) will be accepted only when received with an attached .pdf file including the electronic signature of the coach and will be dated as "official" at that time. Full payment (single team check made payable to Southern California Swimming) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Outreach athletes are \$15.00 flat fee for the meet. Teams must provide proof of outreach athlete status by including a copy of their team roster when submitting entries.

**ENTRY DEADLINE:** Entries must be received by the processor no later than 5 pm, Wednesday, May 14, 2025. If meet fills before deadline, entries will be rejected – last received, first rejected. You should enclose a self-addressed stamped envelope or postcard if you wish to confirm receipt of your entry. Receipt of entries will not be verified by phone or email. Late/deck entries will not be accepted.

ENTRIES: Make Checks payable to Canyons Aquatic Club; Email for team electronic entries only: alina@dearmas.co

**<u>USA SWIMMING DISCLAIMER</u>**: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**USA SWIMMING MEET 360:** Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership

During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted.

Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit www.usaswimming.org/report.

### MAAPP: CANYON AQUATIC CLUB MEMORIAL DAY MEET

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy 3.0("MAAPP 3.0"), and that they understand that compliance with the MAAPP 3.0 policy is a condition of participation in the conduct of this competition.

#### **OFFICIALS BRIEFING (NO TIMERS):**

- •This meet is conducted according to current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy.
- •Make sure all interactions with athletes are observable and interruptible.
- •Deck changing is prohibited. Report instances of deck changing to the meet referee/meet director.
- •There is a separate restroom for athletes and all other adults. Make sure that you are only using the facility marked for you. The restrooms adjacent to the pool are for athletes only. The water slide bathrooms are open for adults.



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### **COACHES BRIEFING:**

•This meet is conducted according to current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy.

•Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions.

- •Deck changing is prohibited. Make sure you tell all your athletes this. If they are seen deck changing you can expect that someone will come and remind them or you as their coach of this expectation.
- •Remind your athletes of appropriate behavior in the restrooms. Be sure to include that the use of any devices that record or take photos are prohibited in the restrooms.
- •There is a separate restroom for athletes and all other adults. Make sure that you are only using the facility marked for you. The restrooms adjacent to the pool are for athletes only. The water slide bathrooms are open for adults.
- •As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needing, and cupping.

### EMERGENCY ACTION PLAN: CANYON AQUATIC CLUB MEMORIAL DAY MEET

Event: Canyons Red White And Blue Memorial Day Classic

Location: Santa Clarita Aquatic Center, 20850 Centre Pointe Parkway, Santa Clarita, CA 91350

Host: Canyons Aquatic Club

Date:5/23-5/25/25

Time: Friday - 4:00-8:00pm, Sat/Sun - 9:00am-7:00pm

Host Team Contact: Sean Kakumu - (661) 877-3776

Meet Referee: Omar de Armas - (805) 443-7825 - omarswimref@gmail.com

Meet Admin: Alina de Armas - (805) 444-0317 - alina@dearmas.co

### MEDICAL RESPONSE AND LAW ENFORCEMENT

Emergency: Dial 911

Medical Assistance or First Aid: Call 911 / Control crowds around victim / await assistance from first responders Medical Emergency: Call 911

Fire Department: Los Angeles County Fire Department – 27223 Henry Mayo Drive, Valencia, CA 91355 – Call 911 / (661)257-4144 Closest Hospital: Henry Mayo Hospital – 23845 McBean Parkway, Valencia, CA 91355 – Call 911 / (661) 200-2000 Closest Urgent Care: Facey Immediate Care – 26357 McBean Parkway #120, Valencia, CA 91355 (661)222-2643

Law Enforcement: Santa Clarita Sheriff's Department – 23740 Magic Mountain Parkway, Santa Clarita, CA 91355 – (661)255-1121 For Civil Disturbance, dial 911, notify meet manager, separate uninvolved parties to a safe area.

For Suspicious Persons, dial 911, notify meet manager, maintain a safe distance until law enforcement responds.

For Missing Person/ Child, notify meet manager, obtain description of missing person, announce as appropriate for help in locating missing person, contact law enforcement if needed to report missing person.

### LIFE SAFETY

Earthquake: Adhere to facility emergency procedures. Notify all occupants to clear pool immediately. Call 911 if needed. Evacuate all persons in attendance to parking lot or front lawn away from all buildings. Contact all teams and request an accountability check. Weather Emergencies: Notify all occupants to clear the pool immediately. If lightning in the area, all occupants must leave the pool and the deck for at least 30 minutes after the last lightning strike in the area.

Fires: Call 911. Clear the pool immediately. Evacuate all persons in attendance to parking lot or safe area outside of structure. Contact all teams and request an accountability check. Await emergency response outside structure and report to responding personnel if all persons are accounted for.

Hazardous Materials: Call 911. Evacuate all persons in attendance to a safe area away from and upwind of any hazardous material. Electrical Emergency: Call 911. Notify all occupants to clear the pool immediately. Isolate the area of hazard and deny entry. Move all attendees to a safe area away from the hazard.

### EMERGENCY CONTACTS

For life and Safety: Dial 911 and state nature of emergency

CANY Board President: Dustin Schmuldtz - 805-222-6773

SCS Coastal Committee: Steve Reardon – 818-388-8812

SCS Coastal Officials Chair: Omar de Armas - (805) 443-7825

SCS Chair: Stacy Smith: - 818-665-6284

SCS Safe Sport Chair: Shari Stoddard: - (704) 941-7374

Document any incident as soon as possible. Include witness name and contact information, statements, timeline, and facts as happened.

### LOCATION DYNAMICS

**Outdoor Facility** 

One 50Mx25 Yard Pool w/ two SCY courses, One 10Mx25Y Pool w/ 10 SCY warm-down lanes

2 Exits East Side, 1 Exit North Side, 2 Exits West side– Direct to outside

1 additional exit (WestSide) through the restroom/locker room that lead outside

AED Located in lifeguard office



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|    | GIRLS   | 5       | -     | FRIDAY – MAY 23<br>VENING SESSION<br>4:00 PM START | BOYS     |         |    |  |  |
|----|---------|---------|-------|--|----------|---------|----|--|--|
|    | SC MIN  | LC MIN  | AGE   | EVENT  | SC MIN   | LC MIN  |    |  |  |
| 1  | 3:06.50 | ABC     | 12&un | 200 M Individual Medley                            | 3:07.40  | ABC     | 2  |  |  |
| 3  | ABC     | ABC     | 13&O  | 200 M Individual Medley                            | ABC      | ABC     | 4  |  |  |
| 5  | 5:37.59 | 6:25.89 | Open  | 400 M Individual Medley                            | 5:17.09  | 6:04.69 | 6  |  |  |
| 7  | 2:35.59 | 2:57.49 | 9-10  | 400 M Freestyle                                    | 2:34.59* | 2:57.49 | 8  |  |  |
| 9  | 6:57.29 | 6:15.49 | 11-12 | 400 M Freestyle                                    | 6:57.29  | 6:15.49 | 10 |  |  |
| 11 | 5:58.99 | 5:24.09 | Open  | 400 M Freestyle                                    | 5:58.99  | 5:24.09 | 12 |  |  |

9-10 400 free enter 200 free time meeting time standard. All events will be seeded fast to slow • Open events: Swimmers must be at least 11 years old and meet minimum time standard • The 400 IM & 400 Freestyle will be swum alternating girls and boys • 800 & 1500 Freestyle swimmers are requested to provide lap counters and their own timers for three heats • 800 & 1500 for girls and boys will swim on both courses • There will be a total of only three heats for the 1500 for both courses for girls and boys, first come first entered. • Girls will swim the 1500 on Saturday only. Boys will swim the 1500 on Sunday only. • 11-12 Swimmers can swim only one session on Saturday and Sunday. Hotel and restaurant information available on the Canyons website: www.canyons.org

| GIRLS- NORTH |          | SATURDAY – MAY 24<br>MORNING SESSION<br>8:30 AM START |      | BOYS - SOUTH       |          |          |    | GIRLS- NORTH |    |          | SUNDAY – MAY 25<br>MORNING SESSION<br>8:30 AM START |      | BOYS - SOUTH            |          |         |    |
|--------------|----------|---|------|--------------------|----------|----------|----|--------------|----|----------|---|------|-------------------------|----------|---------|----|
|              | SC MIN   | LC MIN  | AGE  | EVENT              | SC MIN   | LC MIN   |    |              |    | SC MIN   | LC MIN  | AGE  | EVENT                   | SC MIN   | LC MIN  |    |
| 13           | ABC      | ABC   | 13&O | 200 M Freestyle    | ABC      | ABC      | 14 |              | 49 | ABC      | ABC   | 13&O | 200 M Individual Medley | ABC      | ABC     | 50 |
| 15           | ABC      | ABC   | 13&O | 100 M Breaststroke | ABC      | ABC      | 16 |              | 51 | ABC      | ABC   | 13&O | 50 M Butterfly          | ABC      | ABC     | 52 |
| 17           | 2:34.89  | 2:58.69   | OPEN | 200 M Backstroke   | 2:25.09  | 2:49.09  | 18 |              | 53 | ABC      | ABC   | 13&O | 100 M Freestyle         | ABC      | ABC     | 54 |
| 19           | ABC      | ABC   | 13&O | 100 M Butterfly    | ABC      | ABC      | 20 |              | 55 | 2:57.29  | 3:23.99   | OPEN | 200 M Breaststroke      | 2:43.99  | 3:10.79 | 56 |
| 21           | ABC      | ABC   | 13&O | 50 M Freestyle     | ABC      | ABC      | 22 |              | 57 | ABC      | ABC   | 13&O | 100 M Backstroke        | ABC      | ABC     | 58 |
| 23           | 21:02.90 | 21:17.20  | 13&O | 1500 M Freestyle   |          |          |    |              | 59 | 2:36.89  | 2:59.19   | OPEN | 200 Butterfly           | 2:26.89  | 2:47.99 | 60 |
|              |          |   | OPEN | 800 M Freestyle    | 12:23.89 | 11:13.99 | 24 |              |    |          |   | 13&O | 1500 M Freestyle        | 20:43.19 | 2:47.99 | 61 |
|              |          |   |      |                    |          |          |    |              | 62 | 12:41.19 | 11:29.29  | OPEN | 800 M Freestyle         |          |         |    |
|              |          |   |      |                    |          |          |    |              |    |          |   |      |                         |          |         |    |

| GIRLS AFTERNOON SESSIONWILL BEGIN NO SOONER THAN 2:00 PM<br>OR 90 MINUTES AFTER THE COMPLETION OF THE DISTANCE<br>EVENTS |         |         |       |                   |              | BOYS<br>SOUTH |       |  |    |         |           |       |                         | -       | BOYS<br>OUTH |    |
|--|---------|---------|-------|-------------------|--------------|---------------|-------|--|----|---------|-----------|-------|-------------------------|---------|--------------|----|
|  | SC MIN  | LC MIN  | AGE   | EVENT             | SC MIN LC I  |               | IN    |  |    | SC MI   | N LC MIN  | AGE   | EVENT                   | SC MIN  | LC MIN       | ł  |
| 25   | ABC     | ABC     | 11-12 | 200 M Freestyle   | ABC AE       |               | BC 26 |  | 63 | ABC     | ABC       | 11-12 | 200 M Individual Medley | ABC     | ABC          | 64 |
| 27   | 2:57.19 | 3:20.99 | 9-10  | 200 M Freestyle   | 2:47.99 3:06 |               | 99 28 |  | 65 | 3:15.59 | 9 3:43.19 | 9-10  | 200 M Individual Medley | 3:13.19 | 3:40.79      | 66 |
| 29   | ABC     | ABC     | 11-12 | 50 M Breaststroke | ABC AB       |               | BC 30 |  | 67 | ABC     | ABC       | 11-12 | 50 M Backstroke         | ABC     | ABC          | 68 |
| 31   | ABC     | ABC     | 9-10  | 50 M Breaststroke | ABC AE       |               | BC 32 |  | 69 | ABC     | ABC       | 9-10  | 50 M Backstroke         | ABC     | ABC          | 70 |
| 33   | ABC     | ABC     | 5-8   | 50 M Breaststroke | ABC AE       |               | C 34  |  | 71 | ABC     | ABC       | 5-8   | 50 M Backstroke         | ABC     | ABC          | 72 |
| 35   | ABC     | ABC     | 11-12 | 100 M Backstroke  | ABC AB       |               | C 36  |  | 73 | ABC     | ABC       | 11-12 | 100 Freestyle           | ABC     | ABC          | 74 |
| 37   | ABC     | ABC     | 9-10  | 100 M Backstroke  | ABC AE       |               | 38    |  | 75 | ABC     | ABC       | 9-10  | 100 Freestyle           | ABC     | ABC          | 76 |
| 39   | ABC     | ABC     | 11-12 | 100 M Butterfly   | ABC          | ABC           | C 40  |  | 77 | ABC     | ABC       | 5-8   | 50 M Freestyle          | ABC     | ABC          | 78 |
| 41   | ABC     | ABC     | 9-10  | 100 M Butterfly   | ABC AB       |               | 2 42  |  | 79 | ABC     | ABC       | 11-12 | 50 M Butterfly          | ABC     | ABC          | 80 |
| 43   | ABC     | ABC     | 5-8   | 50 M Butterfly    | ABC          | ABC           | C 44  |  | 81 | ABC     | ABC       | 9-10  | 50 M Butterfly          | ABC     | ABC          | 82 |
| 45   | ABC     | ABC     | 11-12 | 50 M Freestyle    | ABC AE       |               | C 46  |  | 83 | ABC     | ABC       | 11-12 | 100 M Breaststroke      | ABC     | ABC          | 84 |
| 47   | ABC     | ABC     | 9-10  | 50 M Freestyle    | ABC AE       |               | C 48  |  | 85 | ABC     | ABC       | 9-10  | 100 M Breaststroke      | ABC     | ABC          | 86 |