## 2nd ANNUAL MARILYN BOLTON HIGH POINT ACHIEVEMENT MEET hosted by SET SWIM

DATE OF MEET: November 18-19, 2017

ENTRIES RECEIVED BY 5:00 PM: Sanctioned by: USA Swimming and SCS November 8, 2017 (Wednesday)

Sanction Number: S17-207 Sponsored by: **SET Aduatics** WARM UP TIME: 7:30 AM (Sat/Sun) MEET START TIME: Orange Committee 9:00 AM (Sat/Sun)

The Afternoon Session will begin no sooner than 12:00pm or 60 minutes after the conclusion of the morning session.

POOL: EL TORO HIGH SCHOOL, 25255 TOLEDO WAY, LAKE FOREST, CA. From the North: Take I-5 or I-405 South, exit Lake Forest Drive. Go left to

Serrano, turn Right, Parking and Pool on right hand side.

EL TORO HIGH SCHOOL POOL is an outdoor 50 meter by 25 yard pool with 10 25 yard lanes. This competition course has been certified in COURSE:

accordance with 104.2.2 ( C ) on file with USA Swimming. Pool Depth Measurements at Start and Turn Ends Lane 1 = 8' 6" slopes to Lane 10 = 8'

1", on file with USA Swimming

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be

under the direct supervision of an USA Swimming member coach. There will be NO DIVING into the pool during these times except into the designated sprint

lane(s). WARM-UP RULES WILL BE ANNOUNCED AND POSTED.

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See

2016 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers in the first four events of each session must check in THIRTY MINUTES prior to the start of the

session. Swimmers must swim in their actual Age Group as determined by their age on November 18, 2017.

SWIMMERS MAY SWIM A MAXIMUM OF FOUR (4) EVENTS PER DAY. SET will limit entries to meet the "4 Hour" rule for each session. Swimmers in the SPECIAL NOTICE:

400 IM and 500 Yard Freestyle are requested to provide timers for three heats. All distance event swimmers are requested to provide their own lap counters.

7-8 year old swimmers may enter 5-8 events or 7-10 events but not a combination. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

NO TEAMS ALLOWED TO SET UP ON DECK.

RECORDING DEVICES & MEDIA:

The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video,

web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. DRONES:

Operation of a drone, or any other flying apparatus is prohibited over the venue (pool, athlete/coach areas, spectator areas and open ceiling locker rooms) at

any time athletes, coaches, officials and/or spectators are present.

Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming SWIMWEAR:

sanctioned competition.

DECK CHANGES: Deck Changes are prohibited.

RACING START

CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming Coach, must be certified by a USA Swimming member coach as being proficient in

performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the

swimmer's legal guardian to ensure compliance with this requirement. **CHANGE OF** 

AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

**ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2017/2018 USA Swimming REGISTERED. NO ON-DECK ENTRIES. Registration application must be received by

Wednesday, November 9, 2016. by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" and subject to

penalties in SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.

Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (NO WORK OUT TIMES). After entries SUBMITTED TIMES: close meet administration will convert non-conforming times for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted

times. Discrepancy in the submitted times can lead to disciplinary action.

QUALIFYING TIMES: Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet

"NT". (see 2016 Swim Guide for exceptions). Nonconforming times may be submitted. For seeding purposes only, Meet Administration will convert non-

conforming times after entries close.

HIGH POINT AWARD FOR EACH GENDER/AGE GROUP - 5/6, 7/8, 7-10, 11/12, 13/14, 15 & Up (POINTS ARE AWARDED FOR TIME AWARDS:

IMPROVEMENTS)

**RIBBONS** 1st through 8rd

Ribbons will be awarded by the following age groups: 5/6, 7/8, 7-10, 11/12, 13/14 and 15 & Up

**ENTRY FEE:** \$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry card. E-MAIL entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM

postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO

NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, November 8, 2017. IF THE

> MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or

envelope for return when your entry is received.

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING

EMAIL: JULSONLL@AOLCOM And MAIL TO: LYNDA JULSON

(Include Swimmer's name and SCS Number) 25552 Loganberry Lane Lake Forest, CA 92630

## 2ND ANNUAL MARILYN BOLTON SHORT COURSE AGE GROUP HIGH POINT TIME IMPROVEMENT MEET HOSTED BY SET SWIM TEAM

Date of meet: November 18-19, 2017 ENTRIES DUE BY 5:00 PM: NOVEMBER 8, 2017 (WEDNESDAY)

## ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

SET WILL LIMIT ENTRIES TO MEET THE 4 HOUR RULE Times submitted must be Best Recorded Times short or long course (Minimum standards listed are National BB)

## YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

400 IM and 500 Free will swim alternating girls/ boys. Swimmers are asked to provide their own timers and lap counters

Girl		Satur	day, November 19, 2016 9:00 AM		Boys
No.	Minimum	Age	Event	Minimum	No.
1	3:15.59	7-10	200 Yard Individual Medley	3:13.19	2
3		5-8	100 Yard Individual Medley		4
5		7-10	100 Yard Butterfly		6
7		5-8	25 Yard Butterfly		8
9		7-10	100 Yard Backstroke		10
11		5-8	50 Yard Backstroke		12
13		7-10	50 Yard Breaststroke		14
15		5-8	25 Yard Breaststroke		16
17		7-10	50 Yard Freestyle		18
19		5-8	50 Yard Freestyle		20
21	7:35.49	7-10	500 free	7:26.99	22

Second session will begin no sooner than 11:00am or 60 minutes after the conclusion of the AM Session						
23		11/12	200 Yard Individual Medley		24	
25		13/14	200 Yard Individual Medley		26	
25		15 & Up	200 Yard Individual Medley		26	
27		11/12	50 Yard Freestyle		28	
29		13/14	50 Yard Freestyle		30	
29		15 & Up	50 Yard Freestyle		30	
31		11/12	50 Yard Backstroke		32	
33	2:35.39	13/14	200 Yard Backstroke	2:25.89	34	
33	2:43.99	11/12	200 Yard Backstroke	2:40.29	34	
33	2:32.39	15 & Up	200 Yard Backstroke	2:19.19	34	
35		11/12	100 Yard Breaststroke		36	
37		13/14	100 Yard Breaststroke		38	
37		15 & Up	100 Yard Breaststroke		38	
39		11/12	50 Yard Butterfly		40	
41	2:37.89	13/14	200 Yard Butterfly	2:26.99	42	
41	2:47.89	11/12	200 Yard Butterfly	2:43.99	42	
41	2:34.89	15 & Up	200 Yard Butterfly	2:20.59	42	
43	6:38.39	11/12	500 Yard Freestyle	6:27.49	44	
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45	6:20.09	13/14	500 Yard Freestyle	5:58.99	46	
45	6:12.09	15 & Up	500 Yard Freestyle	5:45.99	46	

Girls		Sunday	y, November 20, 2016 9:00AM		Boys
No.	Minimum	Age	Event	Minimum	No.
47	2:57.39	7-10	200 Yard Freestyle	2:47.99	48
49		5-8	100 Yard Freestyle		50
51		7-10	100 Yard Breaststroke		52
53		5-8	50 Yard Breaststroke		54
55		7-10	50 Yard Backstroke		56
57		5-8	25 Yard Backstroke		58
59		7-10	100 Yard Individual Medley		60
61		5-8	50 Yard Butterfly		62
63		7-10	50 Yard Butterfly		64
65		5-8	25 Yard Freestyle		66

Second session will begin no sooner than 11:00am or 60 minutes after the conclusion of the AM Session

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67		11/12	100 Yard Individual Medley		68
69		13/14	100 Yard Freestyle		70
69		15 & Up	100 Yard Freestyle		70
71		11/12	100 Yard Freestyle		72
73	2:58.29	13/14	200 Yard Breaststroke	2:45.59	74
73	3:08.59	11/12	200 Yard Breaststroke	3:00.99	74
73	2:54.69	15 & Up	200 Yard Breaststroke	2:36.59	74
75		11/12	50 Yard Breaststroke		76
77		13/14	100 Yard Backstroke		78
77		15 & Up	100 Yard Backstroke		78
79		11/12	100 Yard Backstroke		80
81		13/14	200 Yard Freestyle		82
81		15 & Up	200 Yard Freestyle		82
83		11/12	200 Yard Freestyle		84
85		13/14	100 Yard Butterfly		86
85		15 & Up	100 Yard Butterfly		86
87		11/12	100 Yard Butterfly		88
89	5:39.69	13/14	400 Yard Individual Medley	5:17.39	90
89	5:31.99	15 & Up	400 Yard Individual Medley	5:05.59	90

To enter events with minimum standards, swimmers must HAVE ACHIEVED the minimum standard, or have 3 minimum times in 3 strokes. ALL ENTRIES WILL BE VERIFIED THROUGH SWIMS

High point award for each gender/age group based on time improvements