



# 2023 Alpha Aquatics Summer Classic Meet

Sponsored by Pacific Committee and Alpha Aquatics

July 1-2, 2023

Sanctioned by: Southern California Swimming and USA Swimming  
Sanction Number: #S23-203

Warm Up: Sat and Sun 7:00 AM Meet Start: 8:30AM  
Afternoon Session will not start before 12:00 PM

ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM WEDNESDAY, 06/21/2023. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). MEET ENTRY AND REJECTIONS ARE SUBJECT TO PACIFIC COMMITTEE ENTRY PROCEDURE AND INTENT FORMS.

**POOL: GEORGE MANNON AQUATIC CENTER** 2320 Crenshaw Blvd., Torrance, CA, 90501. From the 405 Freeway South/North: Exit at Crenshaw Blvd. and go South. Just past the Honda Service Center and before Sepulveda Blvd, turn left into the driveway to the parking lot. Traffic circle is for drop-off only. NO PARKING IN TRAFFIC CIRCLE.

**COURSE:** George Mannon Aquatic Center is an outdoor 50-meter by 25-yard, pool with 8 competition lanes and 6 warm-up lanes. Water depth at start end is 7.6 ft. and the same depth at the turn end. The competition course has been certified in accordance with 104.2.2(C)

**WARM-UP PROCEDURES:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. All swimmers must use a 3-point entry when entering the pool during warm-up except in designated dive lanes. Warmups will be split sessions, with up to 3 warm up periods each session depending on the number of entries. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be in even lanes only. Dive lanes will open 10 minutes before the end of each warm up session. The pool will close 15 minutes before the start of each session. For the split-session warm-ups, coaches will be contacted by Meet Referee prior to meet on the number of warmup periods per session.

**MEET REFEREE:** The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to John Stipanov <jstipanov@sbcglobal.net>.

**RULES:** Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 2.0 (MAAPP 2.0), govern this meet. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the “4 Hour” rule. This meet will follow all State, Local and Facility guidelines as it pertains to Covid-19. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on Start Date of the meet to enter. Timers are requested to be provided by each team. Events will be swum fast to slow. Swimmer may swim a maximum of 3 individual events per day. **If more than 3 events per day are entered only the first 3 events of the day will be accepted. No exceptions or refunds**  
All coaches and officials on deck must complete the CDC or NFHS Concussion course. All coaches and officials must have completed the CANRA mandatory reporting course.

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits may be worn by 13 year olds and older participants. Deck Changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to SCS athletes who hold 2023 USA Swimming Registration. No late or deck registration will be accepted. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted space available; please submit a copy of registration with entry. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING in order to compete. **CHANGE OF AFFILIATION:** Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

**AWARDS: No awards will be given at this event**

**ELECTRONIC E-MAIL ENTRY PROCEDURE:** Electronic entry is the preferred method of entry. Entry zip file will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the email entry.

**Failure to comply will be referred to the SCS Board of Review.** Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY**. New swimmers accepted SPACE AVAILABLE. **DO NOT RESEND AN ENTRY FILE:** A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

Electronic entries are to be sent to [blwmeetprocessor@gmail.com](mailto:blwmeetprocessor@gmail.com). Entry on an SCS consolidated entry card will be accepted. Card must be filled out completely including USA Swimming registration number. No individual meet entry accepted via email. NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED. RECEIPT OF ENTRY WILL NOT BE VERIFIED BY PHONE OR EMAIL

**ENTRY FEES:** An entry fee of **\$5.50** for each event PLUS surcharge of **\$15.50** per swimmer must be received with meet entry. Per SCS policy there will be a service charge for all returned checks.

Please make checks payable to: Alpha Aquatics –

Mail to – Bettie Williams – Alpha Summer Classic - PO Box 83538, Los Angeles, CA 90083

**Mail entries: Bettie Williams**

P.O. Box 83538  
Los Angeles, CA 90083-0538

**For Information, contact:**

Scott Hubbard - [shubbard972@gmail.com](mailto:shubbard972@gmail.com)

Bettie Williams – [blwmeetprocessor@gmail.com](mailto:blwmeetprocessor@gmail.com)

**Meet Hand Delivery** - 5405 West Slauson Avenue  
Los Angeles, CA 90056

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



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July 1-2, 2023

Saturday, July 1- Warm-up 7:00 am Meet Start 8:30 am							Sunday, July 2 - Warm-up 7:30am Meet start 8:30 am						
Girls	Min. Time		Session 1 Events	Min. Time		Boys	Girls	Min. Time		Session 3 Events	Min. Time		Boys
	LCM	SCY		SCY	LCM			LCM	SCY		SCY	LCM	
1	3:20.99	2:57.19	10&U 200 Free	2:47.99	3:12.09	2	33	3:43.19	3:15.59	10&U 200 IM	3:13.99	3:40.79	34
3	2:49.19	2:28.99	11-12 200 Free	2:23.49	2:44.89	4	35	3:11.39	2:47.29	11-12 200IM	2:43.99	3:08.49	36
5	NA	NA	10&U 50 Fly	NA	NA	6	37	NA	NA	10&U 100 Back	NA	NA	38
7	NA	NA	11-12 50 Fly	NA	NA	8	39	NA	NA	11-12 100 Back	NA	NA	40
9	NA	NA	10&U 50 Back	NA	NA	10	41	NA	NA	10&U 50 Breast	NA	NA	42
11	NA	NA	11-12 50 Back	NA	NA	12	43	NA	NA	12-12 50 Breast	NA	NA	44
13	NA	NA	10&U 100 Breast	NA	NA	14	45	NA	NA	10&U 100 Fly	NA	NA	46
15	NA	NA	11-12 100 Breast	NA	NA	16	47	NA	NA	11-12 100 Fly	NA	NA	48
17	NA	NA	10&U 50 Free	NA	NA	18	49	NA	NA	10&U 100 Free	NA	NA	50
19	NA	NA	11-12 50 Free	NA	NA	20	51	NA	NA	11-12 100 Free	NA	NA	52
Saturday, July 1 - Warm-up Immediately following the end of morning session. Meet start Not before Noon							Sunday, July 2 - Warm-up Immediately following the end of morning session. Meet start Not before noon.						
Girls	Min. Time		Session 2 Events	Min. Time		Boys	Girls	Min. Time		Session 4 Events	Min. Time		Boys
	LCM	SCY		SCY	LCM			LCM	SCY		SCY	LCM	
21	3:02.29	2:28.99	Open 200 Free	2:23.49	2:44.89	22	53	3:11.39	2:47.29	Open 200 IM	2:43.99	3:08.49	54
23	1:28.49	1:17.59	Open 100 Fly	1:16.09	1:26.29	24	55	1:40.69	1:27.19	Open 100 Breast	1:24.49	1:38.39	56
25	1:30.99	1:18.09	Open 100 Back	1:15.69	1:27.99	26	57	5:56.49	6:38.19	Open 400 Free	6:27.49	5:48.69	58
27	6:48.29	5:56.79	Open 400 IM	5:46.39	6:39.19	28	59	3:09.89	2:43.99	Open 200 Back	2:39.69	3:05.19	60
29	3:35.99	3:06.59	Open 200 Breast	3:00.19	3:28.69	30	61	3:10.19	2:47.19	Open 200 Fly	2:40.79	3:06.19	62
31	35.69	31.29	Open 50 Free	32.59	35.69	32	63	1:18.09	1:08.29	Open 100 Free	1:10.99	1:15.49	64
							65	23:55.39	23:07.29	Open 1500 Free	22:37.49	23:25.49	66

1. MAX 3 events per day
2. 11-12 age group can only participate in one session per day
3. 11& Up events will be scored 11-12/13-14 and 15 & Up
4. Running single ended.
5. All 200+ events are BB standard