

Eastern Committee Winterfest RW SC Meet hosted by CCAQ

Sanctioned by: USA Swimming & Southern California Swimming
Sponsored By: CCAQ & Eastern Committee
Date of Meet: January 31-February 1, 2015
Warm-up: 7:00 am, Saturday and Sunday for morning sessions

Sanction No. S15-010
Received by deadline: 5:00 pm, January 21, 2015
Start of Meet: January 31, 2015

POOL: Eleanor Roosevelt High School - 7447 Scholar Way, Eastvale

DIRECTIONS: From the north, take I15 S to Limonite. Turn right onto Limonite, left onto Scholar Way, school is on the right. From the South, take I15 N to Sixth St and turn left to Hamner, right onto Hamner to Citrus. Left onto Citrus to Scholar Way, school will be on left. *NO PARKING IN FRONT OF THE SCHOOL. Use parking lot off Citrus.

COURSE: Outdoor 25 yard x 50 meters pool with 10 competition lanes. 6 warm-up lanes will be available during the meet. Pool depth: start end 7.0', turn end 7.0'. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. The competition course has been certified in accordance with 104.2.2(C).

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on January 31, 2015 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 Free events are requested to furnish their own timers for three heats and lap counters. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 3 events per day.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Eastern Committee athletes who hold 2015 USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season **(NO WORK OUT TIMES)**. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS:
Team High Point trophies for 1st thru 6th place based on scoring below.
Red Division: Medals for 1st thru 3rd place; Ribbons for 4th thru 6th place
White Division: Ribbons for 1st thru 6th place
Relays: Medals for 1st place; Ribbons for 2nd thru 3rd place

Events will be scored for places first through sixth and relays 1st through 3rd as follows:

Red division: 20, 16, 14, 12, 11, 10 White division: 8, 6, 4, 3, 2, 1 Relays: 40, 32, 28

ENTRY FEES: \$4.00 for each individual event along with a \$7.00 surcharge per swimmer *must accompany each individual entry card*. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, January 21, 2105. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming
Email for team electronic entries only: darlys.ankeney@gmail.com
Questions: SCS Office (800) 824-6206

MAIL ENTRIES TO: Darlys Ankeney
2918 Laurel Tree Dr.
Ontario, CA 91761

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Saturday

Girls	Min/Max				Min/Max	Boys
1	/2:46.21	11-12	200	yd	IM	
2		5-6	25	yd	Backstroke	3
4	/26.61	7-8	25	yd	Backstroke	/25.91 5
6	/40.51	9-10	50	yd	Backstroke	/40.41 7
8	/36.21	11-12	50	yd	Backstroke	/36.61
9		5-6	25	yd	Freestyle	10
11	/40.51	7-8	50	yd	Freestyle	/39.41 12
13	/33.91	9-10	50	yd	Freestyle	/34.11 14
15	/30.71	11-12	50	yd	Freestyle	/30.81
16		5-6	25	yd	Butterfly	17
18	55.60/46.31	7-8	50	yd	Butterfly	56.40/47.01 19
20	/1:29.31	9-10	100	yd	Butterfly	/1:29.41 21
22	/1:16.11	11-12	100	yd	Butterfly	/1:18.21
23		5-6	25	yd	Breaststroke	24
25	/28.81	7-8	25	yd	Breaststroke	/28.01 26
27	/:45.61	9-10	50	yd	Breaststroke	/:45.61 28
29	/:40.81	11-12	50	yd	Breaststroke	/:41.01
30	/1:28.41	7-8	100	yd	Freestyle	/1:25.01 31
32	/2:42.01	9-10	200	yd	Freestyle	/2:41.81 33
34	/2:24.11	11-12	200	yd	Freestyle	/2:24.61
35		5-8	100	yd	Freestyle Relay	36
37	DECK	9-10	200	yd	Freestyle Relay	DECK 38
39	ENTERED	11-12	200	yd	Freestyle Relay	ENTERED
Afternoon Session will not begin before 12:00 pm						
	/36.21	11-12	50	yd	Backstroke	/36.61 40
41	/1:14.11	13-14	100	yd	Backstroke	/1:11.31 42
43	/1:14.51	15-UP	100	yd	Backstroke	/1:08.21 44
	/30.71	11-12	50	yd	Freestyle	/30.81 45
46	/29.31	13-14	50	yd	Freestyle	/27.51 47
48	/29.31	15-UP	50	yd	Freestyle	/26.51 49
	/1:16.11	11-12	100	yd	Butterfly	/1:18.21 50
51	/2:40.51	13-14	200	yd	Butterfly	/2:33.31 52
53	/2:36.61	15-UP	200	yd	Butterfly	/2:21.61 54
	/:40.81	11-12	50	yd	Breaststroke	/:41.01 55
56	/1:23.41	13-14	100	yd	Breaststroke	/1:19.11 57
58	/1:23.91	15-UP	100	yd	Breaststroke	/1:15.81 59
		11-12	200	yd	Freestyle	/2:24.61 60
61	/2:16.11	13-14	200	yd	Freestyle	/2:10.91 62
63	/2:16.41	15-up	200	yd	Freestyle	/2:04.81 64
		11-12	200	yd	IM	/2:46.51 65
66		15-up	200	yd	Freestyle Relay	67
68	DECK	13-14	200	yd	Freestyle Relay	DECK 69
	ENTERED	11-12	200	yd	Freestyle Relay	ENTERED 70

Sunday

Girls	Min/Max				Min/Max	Boys
71	/1:17.71	11-12	100	yd	IM	/1:17.71
72	/1:41.21	7-8	100	yd	IM	/1:38.51 73
74	/1:26.61	9-10	100	yd	IM	/1:26.91 75
76		5-6	25	yd	Butterfly	77
78	/25.61	7-8	25	yd	Butterfly	/25.61 79
80	/38.31	9-10	50	yd	Butterfly	/38.21 81
82	/34.31	11-12	50	yd	Butterfly	/34.51
83		5-6	25	yd	Breaststroke	84
85	1:02.80/52.31	7-8	50	yd	Breaststroke	1:01.20/51.01 86
87	/1:40.01	9-10	100	yd	Breaststroke	/1:40.51 88
89	/1:28.91	11-12	100	yd	Breaststroke	/1:29.01
90		5-6	25	yd	Backstroke	91
92	57.80/48.11	7-8	50	yd	Backstroke	56.30/46.81 93
94	/1:28.61	9-10	100	yd	Backstroke	/1:28.71 95
96	/1:17.91	11-12	100	yd	Backstroke	/1:20.51
97		5-6	25	yd	Freestyle	98
99	/21.71	7-8	25	yd	Freestyle	/21.11 100
101	/1:14.71	9-10	100	yd	Freestyle	/1:14.31 102
103	/1:06.71	11-12	100	yd	Freestyle	/1:06.21
104		5-8	100	yd	Medley Relay	105
106	DECK	9-10	200	yd	Medley Relay	DECK 107
108	ENTERED	11-12	200	yd	Medley Relay	ENTERED
*****Break Will Be Determined by Meet Referee*****						
*109	/5:59.61	13-14	500	yd	Freestyle	/5:48.61 *110
	/5:57.41	15-UP	500	yd	Freestyle	/5:34.81
Afternoon Session will not begin before 12:00 pm						
	/34.31	11-12	50	yd	Butterfly	/34.51 111
112	/1:11.01	13-14	100	yd	Butterfly	/1:07.71 113
114	/1:11.11	15-UP	100	yd	Butterfly	/1:05.11 115
	/1:28.91	11-12	100	yd	Breaststroke	/1:29.01 116
117	/3:01.71	13-14	200	yd	Breaststroke	/2:50.81 118
119	/3:00.81	15-UP	200	yd	Breaststroke	/2:43.01 120
	/1:17.91	11-12	100	yd	Backstroke	/1:20.51 121
122	/2:39.61	13-14	200	yd	Backstroke	/2:31.01 123
124	/2:33.81	15-UP	200	yd	Backstroke	/2:23.91 125
	/1:06.71	11-12	100	yd	Freestyle	/1:06.21 126
127	/1:03.41	13-14	100	yd	Freestyle	/59.61 128
129	/1:02.81	15-UP	100	yd	Freestyle	/57.41 130
	/1:17.71	11-12	100	yd	IM	/1:17.71 131
132	/2:36.61	13-14	200	yd	IM	/2:29.01 133
134	/2:37.71	15-UP	200	yd	IM	/2:21.71 135
		11-12	200	yd	Medley Relay	136
137	DECK	13-14	200	yd	Medley Relay	DECK 138
139	ENTERED	15-UP	200	yd	Medley Relay	ENTERED 140

This meet limited to 4 hour rule.

**5-8 year old swimmers may not swim the same event on both Saturday and Sunday.

500 Free will be swum together awarded separately.

500 Free swimmers are asked to supply their own timers and lap counters.