

## TMEC End of Summer Sprint Fun BRW Meet

Sanctioned by: USA Swimming & Southern California Swimming  
Sponsored By: TMEC & Eastern Committee  
Date of Meet: August 24-25, 2019  
Warm-up: 7:00 am Saturday & Sunday

Sanction No. S19-262  
Received by deadline: 5:00 pm, Wednesday, August 14, 2019  
Start of Meet: 8:30 am Saturday & Sunday

**POOL:** 32555 Deer Hollow Way, Temecula CA. 92592

**DIRECTIONS:** 15 south take exit Temecula Pkwy. Go right onto Temecula Pkwy. Make a right at Pechanga Pkwy. Left onto Deer Hollow Way. If you go to back of school the pool is next to the tennis courts.

**COURSE:** Outdoor 25 yard pool with 8 competition lanes. Separate 25 yard pool with 6 warm-up lanes. The competition course has been certified in accordance with 104.2.2(C) on file with USA Swimming. Pool depth: start end 7ft , turn end 7 ft.

**WARM-UP PROCEDURES:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Jason Rothlein [jrothlein@gmail.com](mailto:jrothlein@gmail.com)

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on August 24 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in 500 FR events are requested to furnish their own timers for three heats and lap counters. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website:**

[www.socalswim.org](http://www.socalswim.org)

**DECK CHANGES:** Deck Changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to Eastern Committee athletes who hold 2019 USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

**AWARDS:** Blue Division: Medals 1<sup>st</sup> - 3<sup>rd</sup> place, Ribbons 4<sup>th</sup> - 6<sup>th</sup> place    Red Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place  
White Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place    Relays: Medals 1<sup>st</sup> place, Ribbons 2<sup>nd</sup> - 3<sup>rd</sup> place

High Point Scorer award going to those in 5-8, 5-10, 11-12, 13-14, and 15-18 in Saturday Freestyle Events.

High Point Scorer award going to those in 5-8, 5-10, 11-12, 13-14, and 15-18 in Sunday IM Events.

**ENTRY FEES:** \$4.00 for each individual event along with a \$10.00 surcharge **per swimmer must accompany each individual entry card.**

**NO REFUNDS.** Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed.

**Deletions will not be refunded.** Relays will be deck-entered at \$10.00 each, payable on entry.

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, August 14, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

**Make Checks payable to Southern California Swimming**

**MAIL ENTRIES TO:** Susie Sheppard  
11110 Davis Street  
Moreno Valley, CA 92557

Email for team electronic entries only: [suzshep@roadrunner.com](mailto:suzshep@roadrunner.com)

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

**TMEC End of Summer Sprint Fun BRW Meet  
August 24-25, 2019**

ENTRIES MUST BE RECEIVED BY 5:00 PM: Wednesday August 14, 2019

This meet is subject to the 4 hour rule per session.

Events will be swum fastest to slowest, starred events swum together awarded separately

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 2 relay

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

High point scorers awards for 5-8, 7-10, 11-12, 13-14 and 15-18 will be awarded for Saturday combined and Sunday combined.

Based on final numbers meet may reduce to one session.

Saturday							
Girls	Min/Max					Min/Max	Boys
		11-12	25	yd	BRW	Freestyle	1
2		7-10	25	yd	BRW	Freestyle	3
4		5-8	25	yd	BRW	Freestyle	5
		11-12	100	yd	BRW	Freestyle	6
7		7-10	100	yd	BR	Freestyle	8
9	01:46.1	5-8	100	yd	BR	Freestyle	10
11		5-8	100	yd		Freestyle Relay	12
13		7-10	100	yd		Freestyle Relay	14
		11-12	200	yd		Freestyle Relay	15
16	DECK ENTERED	5-12	100	yd	Mixed	Freestyle Relay	16
		11-12	200	yd	BRW	Freestyle	17
18	02:56.8	7-10	200	yd	BR	Freestyle	19
20		5-8	50	yd	BRW	Freestyle	21
22		7-10	50	yd	BRW	Freestyle	23
		11-12	50	yd	BRW	Freestyle	24
25		5-8	200	yd		Freestyle Relay	26
27		5-10	200	yd		Freestyle Relay	28
		11-12	400	yd		Freestyle Relay	29
30	DECK ENTERED	5-12	200	yd	Mixed	Freestyle Relay	30
*****Break Will Be Determined by Meet Referee*****							
		11-12	500	yd	BR	Freestyle	07:05.3 31
32	02:56.8	7-10	500	yd	BR	Freestyle	02:56.5 33

Minimum 45 minute break between sessions							
34		13-14	25	yd	BRW	Freestyle	35
36		15-18	25	yd	BRW	Freestyle	37
38		11-12	25	yd	BRW	Freestyle	
39		13-14	100	yd	BRW	Freestyle	40
41		15-18	100	yd	BRW	Freestyle	42
43		11-12	100	yd	BRW	Freestyle	
44		13-14	200	yd		Freestyle Relay	45
46	DECK ENTERED	15-18	200	yd		Freestyle Relay	47
48		11-12	100	yd		Freestyle Relay	
49		11-18	100	yd	Mixed	Freestyle Relay	49
50		11-12	200	yd	BRW	Freestyle	
51		13-14	200	yd	BRW	Freestyle	52
53		15-18	200	yd	BRW	Freestyle	54
55		13-14	50	yd	BRW	Freestyle	56
57		15-18	50	yd	BRW	Freestyle	58
59		11-12	50	yd	BRW	Freestyle	
60		13-14	400	yd		Freestyle Relay	61
62	DECK ENTERED	15-18	400	yd		Freestyle Relay	63
64		11-12	400	yd		Freestyle Relay	
65		11-18	200	yd	Mixed	Freestyle Relay	65
*****Break Will Be Determined by Meet Referee*****							
66		15-18	500	yd	BRW	Freestyle	67
68		13-14	500	yd	BRW	Freestyle	69
70	06:59.5	11-12	500	yd	BR	Freestyle	

Sunday							
Girls	Min/Max					Min/Max	Boys
		11-12	50	yd	BRW	Backstroke	71
72		7-10	50	yd	BRW	Backstroke	73
74		5-8	25	yd	BRW	Backstroke	75
		11-12	50	yd	BRW	Breaststroke	76
77		7-10	50	yd	BRW	Breaststroke	78
79		5-8	25	yd	BRW	Breaststroke	80
		11-12	200	yd		Medley Relay	81
82		7-10	100	yd		Medley Relay	83
84	DECK ENTERED	5-8	100	yd		Medley Relay	85
86		5-12	100	yd	Mixed	Medley Relay	86
		11-12	50	yd	BRW	Butterfly	87
88		7-10	50	yd	BRW	Butterfly	89
90		5-8	25	yd	BRW	Butterfly	91
		11-12	100	yd	BRW	IM	92
93		7-10	100	yd	BRW	IM	94
95		5-8	100	yd	BRW	IM	96
		11-12	400	yd		Medley Relay	97
98		7-10	200	yd		Medley Relay	99
100	DECK ENTERED	5-8	200	yd		Medley Relay	101
102		5-12	200	yd	Mixed	Medley Relay	102
*****Break Will Be Determined by Meet Referee*****							

Minimum 45 minute break between sessions							
103		13-14	100	yd	BRW	Backstroke	104
105		15-18	100	yd	BRW	Backstroke	106
107		11-12	50	yd	BRW	Backstroke	
108		13-14	100	yd	BRW	Breaststroke	109
110		15-18	100	yd	BRW	Breaststroke	111
112		11-12	50	yd	BRW	Breaststroke	
113		13-14	200	yd		Medley Relay	114
115		15-18	200	yd		Medley Relay	116
117	DECK ENTERED	11-12	100	yd		Medley Relay	
118		11-18	100	yd	Mixed	Medley Relay	118
119		13-14	100	yd	BRW	Butterfly	120
121		15-18	100	yd	BRW	Butterfly	122
123		11-12	50	yd	BRW	Butterfly	
124		13-14	200	yd	BRW	IM	125
126		15-18	200	yd	BRW	IM	127
128		11-12	100	yd	BRW	IM	
129		13-14	400	yd		Medley Relay	130
131		15-18	400	yd		Medley Relay	132
133	DECK ENTERED	11-12	200	yd		Medley Relay	
134		11-18	200	yd	Mixed	Medley Relay	134

**Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet.**