

First Splash of the Season

PDSC September 16, 2023 "C" Short Course Meet

CHANGE IN VENUE

Sanctioned by: USA Swimming & Southern California Swimming
Sponsored By: PDSC & Eastern Committee
Warm-up: 7:00 am Saturday

Sanction No. # S23-242
Received by deadline: 5:00 pm, Wednesday, September 6, 2023
Meet Start Time: 8:30 Saturday

POOL: Palm Springs Swim Center, 405 S Pavilion Way, Palm Springs, CA 92262

DIRECTIONS: From I-10, exit Highway 111. Turn left on Ramon Rd. Turn left (south) on Baristo. Turn right (east) on Pavilion Way. Pool is located at the end of the cul de sac.

COURSE: Outdoor 50 meter x 25 yard with 8 competition lanes and additional warm-up lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 4'9" to 7, turn end 4'9" to 7'. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming.

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. **All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.**

MEET REFEREE: The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee: Mike Sheppard cattywampus@roadrunner.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on **September 16, 2023** to enter this meet.. Events will be swum fastest to slowest. All coaches on deck must complete the CDC or NFHS concussion course. **In order to compete, all athletes 18 or older must complete the free online ATHLETE PROTECTION TRAINING (APT). All coaches and officials on deck must have completed the CANRA Mandatory reporting course.**

CHECK IN: SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. **Contingency Check In:** If conditions warrant, the meet may be deck-seeded 45 minutes before the start of each session after coaches' scratches or pre-seeded. This meet will follow all State, Local and Facility guidelines as it pertains to Covid-19. Meet check-in may or may not be available depending on the site's guidelines.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Please see USA Swimming Rule 102.8 in the 2022 USA Swimming Rule Book (page 32-34). Only swimsuits complying with World Aquatics (AQUA) swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. 12-Under swimmers are not permitted to compete in a "tech" suit

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Southern California Swimming athletes who hold **2023 or 2024** USA Swimming Registration. SCS athletes must be members of an Eastern Committee Team. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. In SCS, all athletes 18 years or older must complete the free online Athlete Protection Training (APT) prior to the start of the meet in order to complete.

CHANGE OF AFFILIATION: Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS:

Individual events: Ribbons 1st – 6th place
Relays: Medals: 1st place; Ribbons 2nd – 3rd place

Entry Limit: A swimmer may swim no more than **FOUR (4)** individual events per day. The meet will conform to the 4-hr rule. **Entries will be processed in the order of first received, first entered.**

ENTRY FEES: **\$5.50 for each INDIVIDUAL EVENT** along with a **\$15.50 SURCHARGE per swimmer** must accompany each individual entry card. There is a charge of **\$10.00 for each relay**. Returned checks will incur a service fee per SCS policy. **NO REFUNDS. Deletions will not be refunded.** [Please make Checks payable to: Palm Desert Swim Club \(PDSC\)](#)

Entry Procedure: **Team Electronic Entry is highly preferred.** Electronic entry will be accepted ONLY when received with an attached Word or pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check or certified funds) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. **DO NOT RESEND AN ENTRY FILE:** A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Returned checks will incur a service fee per SCS policy. For an individual entry, submit a Southern California Swimming Consolidated Entry Card for each swimmer. Card must be filled out, including entire USA Swimming registration number. To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail). Individual email entry will not be accepted.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, Wednesday, September 6, 2023. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. *(Receipt of entries will not be verified by phone or e-mail.)*

NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED.

To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. Receipt of entries will not be verified by phone or email.

[Please make Checks payable to: Palm Desert Swim Club](#)

For more information: Meet Director Vanessa Capriles, vice-president@palmdesertswimclub.com

Mail entries to: Julie Fredericks, P.O. Box 624, Yucaipa, CA 92399

Electronic entries to: Julie Fredericks, fredies6@hotmail.com

Hand delivery: 36609 Park View Terrace, Yucaipa, CA 92399

Concussion Informed Consent Acknowledgment: Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.

MAAPP 2.0 Statement: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0"), govern this meet.

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**First Splash of the Season
PDSC "C" Meet
September 16, 2023
Palm Desert, CA**

Session #1 starts @ 8:30 AM

Girls	Age	Max	Event	Max	Age	Boys
1	5-8	2:01.41	100 IM	1:58.21	5-8	2
3	7-10	1:42.60	100 IM	1:38.80	7-10	4
			100 IM	1:20.90	11-12	5
6	5-8	26.61	25 Backstroke	25.91	5-8	7
			50 Backstroke	37.90	11-12	8
9	7-10	47.00	50 Backstroke	47.50	7-10	10
11	5-8	28.81	25 Breaststroke	28.01	5-8	12
			50 Breaststroke	42.90	11-12	13
14	7-10	53.20	50 Breaststroke	52.10	7-10	15
16	5-8	21.71	25 Freestyle	21.11	5-8	17
18	7-10	38.90	50 Freestyle	38.10	7-10	19
			50 Freestyle	32.60	11-12	20
21	5-8	25.61	25 Butterfly	25.61	5-8	22
			50 Butterfly	37.10	11-12	23
24	7-10	47.40	50 Butterfly	45.70	7-10	25
26	5-8	48.61	50 Freestyle	47.31	5-8	27
28	7-10	1:29.60	100 Freestyle	1:27.80	7-10	29
			100 Freestyle	1:11.00	11-12	30
31	5-8		100 Mixed Freestyle Relay		5-8	31
32	5-8		100 Freestyle Relay		5-8	33
34	7-10		200 Freestyle Relay		7-10	35
36	7-10		200 Mixed Freestyle Relay		7-10	36
			200 Freestyle Relay		11-12	37

Session #2 Starts 45 min after session #1 ends

Girls	Age	Max	Event	Max	Age	Boys
38	11-12	1:24.10	100 IM			
39	13-14	2:49.80	200 IM	2:40.00	13-14	40
41	15-18	2:44.40	200 IM	2:27.70	15-18	42

43	11-12	38.10	50 Backstroke			
44	13-14	1:16.70	100 Backstroke	1:11.50	13-14	45
46	15-18	1:13.70	100 Backstroke	1:06.20	15-18	47
48	11-12	43.00	50 Breaststroke			
49	13-14	1:28.00	100 Breaststroke	1:21.30	13-14	50
51	15-18	1:24.90	100 Breaststroke	1:15.10	15-18	52
53	11-12	33.60	50 Freestyle			
54	13-14	32.60	50 Freestyle	29.90	13-14	55
56	15-18	31.40	50 Freestyle	27.90	15-18	57
58	11-12	36.50	50 Butterfly			
59	13-14	1:16.40	100 Butterfly	1:11.20	13-14	60
61	15-18	1:13.60	100 Butterfly	1:05.90	15-18	62
63	11-12	1:13.60	100 Freestyle			
64	13-14	1:10.60	100 Freestyle	1:05.60	13-14	65
66	15-18	1:08.20	100 Freestyle	1:01.00	15-18	67
68	11-12		200 Freestyle Relay			
69	13-14		200 Freestyle Relay		13-14	70
71	15-18		200 Freestyle Relay		15-18	72
73	13 & over		200 Mixed Freestyle Relay		13 & over	73