



Royal Swim Team LCM April Swim Craft

Sponsored by Pacific Committee & RYL

April 12, 2026



Sanctioned by: Southern California Swimming and USA Swimming
Sanction Number: S26-094

Morning Session: Warm up: Sunday - 7AM; Start time: Sunday - 8:30AM

Afternoon Session: TBD

ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM WEDNESDAY, 04/01/2026. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).

DIRECTIONS: George Mannon Aquatic Center, 2320 Crenshaw Blvd, Torrance, CA 90501. From the 405 Freeway North/South, EXIT at Crenshaw Blvd, and go South. Just past the Honda Service Center and before Sepulveda Blvd, turn left into the driveway to the parking lot. The traffic circle is for drop-off only. **NO PARKING IN THE TRAFFIC CIRCLE.** Make sure to park only in marked spaces.

COURSE: An outdoor, 50 meter pool with 7 competition lanes and 1 lane for warm up/warm down. It's a long course swim meet. One lane for warm up and warm down will be available throughout the meet. The competition course has been certified in accordance with 104.2.2(C) and is on file with USA Swimming.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:20 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open as requested at the discretion of the Meet Referee. The pool will close 15 minutes before the start of each session. If split-session warm-ups are necessary, coaches will be contacted by Meet Referee prior to meet.

All swimmers must use a 3-point entry when entering the pool.

MEET REFEREE: Will be in charge of the meet – Mariette Mate matejetta@yahoo.com. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: Current USA Swimming Rules, including the Minor Athlete Protection Policies (MAAPP 2.0), will govern the meet. All Coaches and Officials must complete the CDC or NFHS concussion online course. "All Coaches and Officials must complete the CANRA course." Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 Hour" rule. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Timers are requested to be provided by each team. All events will be swum fastest to slowest. Swimmer may swim a maximum of 4 events. If more than 4 events are entered only the first 4 events of the day will be accepted. No exceptions or refunds.

USASWIMMING MEET 360: Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership. During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted. Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands. Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming. A quality control system has been implemented to ensure that individuals who are ineligible for

participation are unable to participate in his competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online <http://www.uscenterforsafesport.org/report-a-concern>

Various state laws may also require reporting to law enforcement or to a designated child protection agency. For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit <http://www.usaswimming.org/report>

DISABILITY: Coaches entering swimmers with disabilities that require any **reasonable** accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition for 13 and over swimmers. Tech suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet for 12-Under swimmers.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to athletes who hold 2025 USA Swimming Registration. This meet is open to all pacific committee teams and Beach Swim Club - Metro Committee. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING in order to compete prior to the start of the meet.

CHANGE OF AFFILIATION: Club Transfers (unattached or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0.

SUBMITTED TIMES: Times submitted must be the **best recorded times** long course or short course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: ducks for winning heats

GMAC EAP

Event: Royal Swim Team LCM Swim Craft

Location: George Mannon Aquatic Center: 2320 Crenshaw Blvd. Torrance, CA., 90501.

Host: Royal Swim Team

Date: 04/12/2026

Time: SAT: 6:30 AM-4:30 PM.

Host Team Contact: Val Bagri – 818-625-5507 - info@royalswimteam.com

Meet Referee: Mariette Mate - matejetta@yahoo.com

Meet Admin: Judy Shim – judyshim@cox.net

Certified Lifeguard Present: Yes

First Aid Location: Directly next to hospitality, and across from the spectator restrooms.

Facility Director: John Williams 310-744-5538. williams.john@tusd.org

MEDICAL RESPONSE AND LAW ENFORCEMENT

Emergency: Dial 911 / Notify Lifeguard (if applicable) – John Williams/ Torrance Unified School district. Medical Assistance or First Aid: Notify the lifeguard, call 911, control crowds around the victim, and await assistance from first responders. Medical Emergency: Call 911 Fire Department: City of Torrance Fire Department – 1701 Crenshaw Blvd. Torrance, CA, 90501 – Call 911 / 310-781-7000. Closest Hospital: Torrance Memorial Medical Center, 3330 Lomita Blvd. Torrance CA. 90505. (310) 325-9110 – Call 911 / Closest Urgent Care: Torrance Urgent Care: 2195 Sepulveda Blvd. Torrance, CA. 90505. (424) 337-1600 Law Enforcement: Torrance Police Department: 3300 Civic Center Dr. Torrance, CA, 90503. (310) 328-3456 For Civil Disturbance, dial 911, notify lifeguard and meet manager, separate uninvolved parties to a safe area. For Suspicious Persons, dial 911, notify lifeguards and meet manager, maintain a safe distance until law enforcement arrives. responds.

For Missing Person/ Child, notify lifeguards, obtain description of missing person, announce as appropriate for help in locating missing person, contact law enforcement if needed to report missing person.

LIFE SAFETY

Earthquake: Adhere to facility emergency procedures. Notify lifeguards. Notify all occupants to clear the pool immediately. Call 911 if needed.

Evacuate all persons in attendance to parking lot or front lawn away from all buildings. Contact all teams and request an accountability check.

Weather Emergencies: Notify lifeguards. Notify all occupants to clear the pool immediately. If there is lightning in the area, all occupants must leave the pool and the deck for at least 30 minutes after the last lightning strike in the area. Fires: Call 911. Clear the pool immediately. Evacuate all persons in attendance to parking lot or safe area outside of structure.

Contact all teams and request an accountability check. Await the emergency response outside the structure and report to responding personnel if all persons are accounted for.

Hazardous Materials: Call 911. Notify lifeguards. Evacuate all persons in attendance to a safe area away from and upwind of any hazardous material.

Electrical Emergency: Call 911. Notify lifeguards. Notify all occupants to clear the pool immediately. Isolate the area of hazard and deny entry.

Move all attendees to a safe area away from the hazard.

EMERGENCY CONTACTS

For life and Safety: Dial 911 and state nature of emergency

Royal Swim Team President: Val Bagri - 818-625-5507

Royal Swim team Age Group Coach: Amy Okada - 310-402-6376

SCS General Chair: Stacy Smith (818)-665-6284

Document any incident as soon as possible. Include witness name and contact information, statements, timeline, and facts as happened.

SCS Meet Form Rev. 2026_C

LOCATION DYNAMICS

Outdoor Facility

One 8 lane 50 meter pool, One 6 lane 25 yard short course pool.

Torrance Unified School District Lifeguards on duty.

Entrance/exit on West side of pool – Direct to outside

Gate/2 additional emergency exits on North side of pool, 2 on South side of pool.

Swimmer seating on deck along 6 lane pool, on south grassy area

All spectators/parents sit in East bleachers.

ELECTRONIC E-MAIL ENTRY PROCEDURE: Electronic entry is the preferred method of entry. Entry zip file will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the email entry. **Failure to comply will be referred to the SCS Board of Review.** Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY**. New swimmers accepted SPACE AVAILABLE. **DO NOT RESEND AN ENTRY FILE:** A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

Electronic entries are to be sent to – judyshim@cox.net **Entry on an SCS consolidated entry card will be accepted. Card must be filled out completely including USA Swimming registration number. No individual meet entry accepted via email. NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED. RECEIVE OF ENTRY WILL NOT BE VERIFIED BY PHONE OR EMAIL.**

ENTRY FEES: An entry fee of \$6.00 for each event PLUS surcharge of \$15.50 per swimmer must be received with entry card. Per SCS policy there will be a service charge for all returned checks. Outreach athletes are \$15.00 flat fee for the meet. Teams must provide proof of outreach athlete status by including a copy of their team roster when submitting entries.

MAKE CHECKS PAYABLE TO – Royal Swim Team

Please bring your entry checks to the swim meet (please do not mail them).

Contact: Judy Shim – judyshim@cox.net

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



Royal Swim Team LCM April Swim Craft
Sponsored by Pacific Committee and RYL
April 12, 2026

It's long course meters swim meet. All events will be swum fastest to slowest. Swimmer may swim a maximum of 4 events. If more than 4 events are entered only the first 4 events of the day will be accepted. No exceptions or refunds.

MORNING SESSION

Age Group	Girls Event #	Time Standards	Event	Boys Event #
5-10	1	BB MAX	200 Freestyle	2
11-12	3	BB MAX	200 Freestyle	4
5-10	5	BB MAX	50 Backstroke	6
11-12	7	BB MAX	50 Backstroke	8
5-10	9	BB MAX	100 Breaststroke	10
11-12	11	BB MAX	100 Breaststroke	12
5-10	13	BB MAX	50 Butterfly	14
11-12	15	BB MAX	50 Butterfly	16
5-10	17	BB MAX	100 Freestyle	18
11-12	19	BB MAX	100 Freestyle	20
5-10	21	BB MAX	50 Breaststroke	22
11-12	23	BB MAX	50 Breaststroke	24
5-10	25	BB MAX	200 I.M.	26
11-12	27	BB MAX	200 I.M.	28
5-10	29	BB MAX	100 Backstroke	30
11-12	31	BB MAX	100 Backstroke	32
5-10	33	BB MAX	50 Freestyle	34
11-12	35	BB MAX	50 Freestyle	36
5-10	37	BB MAX	100 Butterfly	38
11-12	39	BB MAX	100 Butterfly	40
5-10	41	B MIN/BB MAX	400 Freestyle	42
11-12	43	B MIN/BB MAX	400 Freestyle	44

The second session will start 60 minutes after the end of the first session

AFTERNOON SESSION

Age Group	Girls Event #	Time Standards	Event	Boys Event #
13 & Over	45	BB MAX	200 Freestyle	46
13 & Over	47	BB MAX	50 Backstroke	48
13 & Over	48	BB MAX	100 Breaststroke	50
13 & Over	51	B MIN/BB MAX	200 Butterfly	52
13 & Over	53	BB MAX	50 Freestyle	54
13 & Over	55	BB MAX	100 Backstroke	56
13 & Over	57	B MIN/BB MAX	200 Breaststroke	58
13 & Over	59	BB MAX	50 Butterfly	60
13 & Over	61	BB MAX	100 Freestyle	62
13 & Over	63	BB MAX	200 I.M.	64
13 & Over	65	BB MAX	50 Breaststroke	66
13 & Over	67	BB MAX	100 Butterfly	68
13 & Over	69	B MIN/BB MAX	200 Backstroke	70
13 & Over	71	B MIN/BB MAX	400 Freestyle	72

PLEASE NOTE – 5-10 EVENTS WILL BE SWUM COMBINED BUT SCORED 8 & UNDER AND 9-10 AGE GROUP.

13 AND OVER EVENTS WILL BE SWUM COMBINED, BUT SCORED 13-14, 15 & OVER