

# Mesa RW SC Meet

Sanctioned by: Southern California Swimming  
Sponsored By: Mesa Aquatics & Eastern Committee  
Date of Meet: June 23, 2013  
Warm-up: 7:30am

Sanction No. 13-144  
Received by deadline: 5:00 pm, June 12, 2013  
Start of Meet: 9:00am, June 23, 2013

**POOL:** Elsinore High School 21800 Canyon Drive, Wildomar, CA 92595

**DIRECTIONS:** Take Interstate 15 to Bundy Canyon Exit. Go west on Bundy Canyon to Orange Street. Turn left on Orange Street. Go south on Orange until you reach Canyon Drive. Turn right on Canyon Drive. Drive west on Canyon Drive. Elsinore High is on right (north) side of the street. Parking lot is on the west side of the campus. Park as far north as possible as the pool is in the northeast corner of campus.

**COURSE:** Outdoor 25 yard pool with 8 competition lanes. 3 warm-up lanes will be available during the meet. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 7.0', turn end 7.0'. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

**WARM-UP Procedures:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:30 – 8:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 45 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on June 12, 2013 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 Free are requested to furnish their own timers for three heats and lap counters. Events will be fastest to slowest. **Swimmer may swim a maximum of 4 events per day.**

**RECORDING DEVICES & MEDIA NOTICE:** The uses of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to Eastern Committee athletes who hold 2013 USA Swimming Registration. Registration application must be received by June 12, 2013 (Wednesday 5 PM) by meet processor, administrative referee, or SCS Office. Registration application received after the meet entry deadline will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

**AWARDS:** Red Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place; White Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place  
Relays: Ribbons 1<sup>st</sup> - 3<sup>rd</sup> place

**ENTRY FEES:** \$3 for each individual event along with a \$6 surcharge **per swimmer** *must accompany each individual entry card*. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted **ONLY** when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY**. New swimmers accepted **SPACE AVAILABLE**. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, June 12, 2013. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming  
Email for team electronic entries only: [ruszim@hotmail.com](mailto:ruszim@hotmail.com)  
Questions: SCS Office (800) 824-6206

MAIL ENTRIES TO:

Jan Szuszkiewicz  
23283 Sonnet Dr.  
Moreno Valley, CA 92557

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GIRLS	MAX/MIN	AGE		Distance	STROKE	MAX/MIN	BOYS	
1	1:26.61/	7-10	RW	100	yd	IM	1:26.91/	2
3	1:41.21/	5-8	RW	100	yd	IM	1:38.51/	4
5	38.31/	7-10	RW	50	yd	Butterfly	38.21/	6
7	46.31/55.60	5-8	R	50	yd	Butterfly	47.01/56.40	8
9*	21.31/	5-8	RW	25	yd	Butterfly	21.31/	10*
11	1:14.71/	7-10	RW	100	yd	Freestyle	1:14.31/	12
13	1:28.41/	5-8	RW	100	yd	Freestyle	1:25.01/	14
15	45.61/	7-10	RW	50	yd	Breaststroke	45.61/	16
17	52.31/1:02.80	5-8	R	50	yd	Breaststroke	51.01/1:01.20	18
19*	24.01/	5-8	RW	25	yd	Breaststroke	23.31/	20*
21	Deck Entered	7-10	RW	200	yd	Mixed Free Relay	Deck Entered	21
22	Time permitting	5-8	RW	100	yd	Mixed Free Relay	Time permitting	22
*****5 Minute Break*****								
23	33.91/	7-10	RW	50	yd	Freestyle	34.11/	24
25	40.51/48.60	5-8	R	50	yd	Freestyle	39.41/47.30	26
27*	18.11/	5-8	RW	25	yd	Freestyle	17.61/	28*
29	40.51/	7-10	RW	50	yd	Backstroke	40.41/	30
31	48.11/57.80	5-8	R	50	yd	Backstroke	46.81/56.30	32
33*	22.21/	5-8	RW	25	yd	Backstroke	21.61/	34*
35	2:42.01/2:56.80	7-10	R	200	yd	Freestyle	2:41.81/2:56.50	36
*****Afternoon session will begin according to timeline after all entries are received*****								
37*	2:36.61/	13-14	RW	200	yd	IM	2:29.01/	38*
	2:37.71/	15-up	RW	200	yd	IM	2:21.71/	
39	1:17.71/	11-12	RW	100	yd	IM	1:17.71/	40
41*	1:11.01/	13-14	RW	100	yd	Butterfly	1:07.71/	42*
	1:11.11/	15-up	RW	100	yd	Butterfly	1:05.11/	
43	34.31/	11-12	RW	50	yd	Butterfly	34.51/	44
45*	1:03.41/	13-14	RW	100	yd	Freestyle	59.61/	46*
	1:02.81/	15-up	RW	100	yd	Freestyle	57.41/	
47	1:06.71/	11-12	RW	100	yd	Freestyle	1:06.21/	48
49*	1:23.41/	13-14	RW	100	yd	Breaststroke	1:19.11/	50*
	1:25.11/	15-up	RW	100	yd	Breaststroke	1:15.81/	
51	40.81/	11-12	RW	50	yd	Breaststroke	41.01/	52
53	Deck Entered	13-up	RW	200	yd	Mixed Free Relay	Deck Entered	53
54	Time permitting	11-12	RW	200	yd	Mixed Free Relay	Time permitting	54
*****5 Minute Break*****								
55*	2:16.11/	13-14	RW	200	yd	Freestyle	2:10.91/	56*
	2:16.41/	15-up	RW	200	yd	Freestyle	2:04.81/	
57	2:24.11/2:37.20	11-12	R	200	yd	Freestyle	2:24.61/2:37.80	58
59*	29.31/	13-14	RW	50	yd	Freestyle	27.51/	60*
	29.31/	15-up	RW	50	yd	Freestyle	26.51/	
61	30.71/	11-12	RW	50	yd	Freestyle	30.81/	62
63*	1:14.11/	13-14	RW	100	yd	Backstroke	1:11.31/	64*
	1:14.51/	15-up	RW	100	yd	Backstroke	1:08.21/	
65	36.21/	11-12	RW	50	yd	Backstroke	36.61/	66
67*	5:59.61/	13-14	RW	500	yd	Freestyle	5:48.61/	68*
	5:57.41/	15-up	RW	500	yd	Freestyle	5:34.81/	

\*\*\*Swimmers in the 500 are requested to have their own lap counters and timers\*\*\*

\*\*\*13-14 and 15-up Individual events will be swum together and awarded separately\*\*\*

\*\*\*For 25 yd events only, 5-8 events will be swum together and awarded separately, 5-6 & 7-8\*\*\*

\*\*\*7-8 swimmers may compete in 5-8 events or 7-10 events but not a combination\*\*\*

\*\*\*Mixed relays must have at least one member from each sex\*\*\*