2023

WEST ELITE SHOWCASE CLASSIC

February 17 - 20, 2023

Friday, Saturday, Sunday, Monday

ISCA
International Swim Coaches Association

Kiefer AQUATICS

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NOVA

SANCTION:	Approval by Southern California Swimming of USA Swimming: # A23-025 "In granting this approval, it is understood and agreed that Southern California Swimming/USA Swimming shall be free and held harmless from any liabilities or claims from damages by reason of injuries to anyone during the conduct of this event."
CONDITION OF APPROVAL:	The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. In granting this approval it is understood and agreed that USA Swimming and Southern California Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event. Any swimmer entered in the meet, unaccompanied by a member coach, must be certified by a member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmer entered in the meet must be certified by a USA Swimming member- coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with the requirement. Use of audio, visual, or cell phone recording devices is permitted only in designated areas. Changing into or out of swimsuits, except in locker rooms, is strictly prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

CONDITION OF APPROVAL: (Cont.)	In applying for this sanction, International Swim Coaches Association and Orange Coast College Aquatics Pavilion agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Southern California Swimming LSC, the State of California, and Orange County. AN INHERENT RISK OF EXPOSURE TO COVID-19 EXIST IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMEY CONTAGIOUS DESEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION, SENIOR CITZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE. BY VISITING THE NORTH SHORE AQUATIC COMPLEX, YOU VOLUNTARILY ASSUME ALL RISKS RELATED TO EXPOSURE TO COVID-19. USA SWIMMING INC. CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID-19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DESEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPEADING COVID-19.
CAMERA ZONE:	Meet management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, and turn-end of competition course when not in use as a "start end." Meet management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing areas.

IMAGE AUTHORIZATION:	All participants agree to be filmed and photographed by the official photographer (s) and networks (s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses , and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.
TYPE OF MEET:	Short Course Yards, Prelims-Finals on Friday, Saturday, Sunday, & Monday will be Time-Finals. One 10- lane course or Two- 8 lane courses may be used for prelims. Finals will have One- 10 lane course. There will be 8 lanes of constant 25 yard warm-up area.
SCHEDULE:	***Fri-Sat-Sun Prelims 9:00AM; FINALS 5:00PM Monday Timed FINALS 9:00AM*** ***Preliminaries*** General Warm Up.....6:30-8:50AM Meet Start….....9:00AM ***Finals*** General Warm Up.....3:30-4:20PM Specific Warm Up.....4:20-4:50PM Meet Start.....5:00PM
LOCATION:	***Address:*** **Woollett Jr. Aquatics Center** 4601 Walnut Irvine, CA 92604 Phone #: 1-949-724-8295
POOL & FACILITY SPECS:	Competitive pool is outdoors. 25 yard X 50 meters, with Warm/ Warm down being a seperate 25 yard X 50 Meter Pool adjcent to the competition pool.
ELIGIBILITY:	Must be a 2023 USA Swimming YMCA, AAU, and/or a FINA registered athlete.
SEEDING:	Please submit entry times according to the time swum – DO NOT SUBMIT CONVERTED TIMES. (Example: If the time was swum in long course meters, submit the long course time.) Non- conforming meter times will be seeded last according to USA Swimming Rules and Regulations 207.12.7B. **All yard times, even if they are bonus event times, will be seeded for prelims fastest to slowest within the two age group order.** (Example: All 10 & Under yard times will be seeded fastest to slowest no matter if it's a bonus event or not. If it is entered in meters, it will be seeded at the

SEEDING: (Cont.)	end). **PLEASE NOTE THAT THERE ARE NO CHANGES OR TIME UPDATES PERMITTED AFTER THE PSYCH SHEET IS PUBLISHED.** All preliminary events, including relays, will be swum combined slowest to fastest in the 10 & Under, 11 - 12's, and 13 - 14's, with the top 10 of each single age divided out to swim in each night's finals (excluding the 500, 1000, 1650 freestyle, and 400 individual medley). Please note the fastest 10 times across the respective 10 & Under, 11-12, and 13- 14 age groups swum in finals. ***(However, they will still be awarded in single age group divisions.)*** **There will be no positive check-in. Please submit scratches by 5:00pm the evening before the race.** **500 Free & 400 IM:** Events 15 & 16, 42 & 43, 44 & 45, 80 & 81 and 82 & 83 will be swum within the format of their respective preliminary sessions. They will be swum slowest to fastest with the fastest ten girls and the fastest ten boys swimming in the last heat finals. **A/B Flight format:** Dependent on the number of entries, and at the discretion of the Meet Referee, the 400 IM and 500 free preliminaries may be conducted in an "A/B flight" format, which will be fastest to slowest. **1000 & 1650 Free:** Events 1 & 2 and 49 & 50 will be swum at the conclusion of their respective preliminary sessions following a 10 minute break. They will be swum fastest to slowest, alternating girl/boy heats. In their respective evening finals sessions, the fastest ten girls and the fastest ten boys will swim as the first two events in the evening finals. These will be timed final events, so swimmers will only swim the events once. **Relays: Top 10 teams will swim at finals.** All swimmers must be listed on the entry sheet to be eligible to compete on a relay team. **THREE RELAYS PER CLUB MAXIMUM.**
RULES:	**Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.** (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.) No parents will be allowed on the pool deck unless they have 2023 USA Swimming Credentials and are assisting

	with team functions. If any swimmer needs to have coaching assistance, they MUST go directly to the meet Referee to receive a deck pass and/or a coaching assignment. Age as of the first day of the meet (February 17, 2023) will determine the swimmer's age for competition. Times must have been achieved between September 1, 2020 – February 6, 2023. The practice of Deck Changing is prohibited. Swimmers participating in deck changing could be subject to removal from further competition in the meet.
AWARDS:	***INDIVIDUAL:*** Custom Medals 1st through 10th ***RELAYS:*** Custom Medals 1st through 3rd
INDIVIDUAL HIGH POINT:	Individual High Point Presented to the Top Boy and Top Girl In Each Age Group: • 9 & Under • 10 • 11 • 12 • 13 • 14
TEAM AWARDS:	• TOP COMBINED TEAM • TOP MALE TEAM • TOP FEMALE TEAM
SCORING:	Scored to 10 places in each age group. Points 11-9-8-7-6-5-4-3-2-1, with double points for relays.
WARM-UP:	Enclosed warm-up schedule will be used. Warm-up will be 60 minutes guaranteed prior to the start of each session.
SCRATCHES:	**Prelims/timed finals:** Scratches for events are due at **5:00pm** the evening before the race. No penalty for scratching on the block with the exception of deck seeded events. Check in must be done with the clerk of course prior to the listed check in time to be seeded in that event. Any swimmer properly entered in a deck seeded event, who fails to check in for that event, will not be seeded but will be allowed to swim in an open lane for that event only. No new heats will be created – first come first served.

FINALS:	Any swimmer who competed in a preliminary heat and qualifies for finals must swim the event during finals unless the swimmer announced his/her intention to scratch from the event within 30 minutes of the announcement of the qualifiers for that event. He/she has until 30 minutes after his or her final prelim of the day to finalize his/her scratch with the clerk of course. **Any swimmer not reporting to a final event in which the results were posted for his/her swim will be barred from their next individual event in the meet, PLUS a $25.00 fee will be assessed to swimmers not in compliance with the scratch rule UNLESS relieved for good cause by the Meet Referee.**
ENTRY LIMIT:	Swimmers will be limited to **three events per day** and a total of **10** for the entire meet. If a swimmer is over-entered in a session, any events entered over the three event limit will be dropped at the point of over-entry. **BONUS EVENTS** For 1 qualifying time.....You earn 4 bonus events For 2 or more qualifying times…….. you still earn 4 bonus events **Bonus events must be entered with a time. NT will not be accepted. EVENTS OVER 200 YARDS MAY NOT BE USED AS BONUS EVENTS.**
SPECTATOR FEE:	**Session passes is $15 per day or $60 for the four day event. Pass good for both Prelims/ Finals.**
ISCA ATHLETE FEE:	**ISCA Athlete Fee is $45.00/per swimmer including relay only swimmers.**
DECK ENTRIES:	Deck entries will be accepted to fill heats only. No new heats will be created. Fees are $20.00 per individual deck entry, plus the facility and athlete surcharges if not previously entered in meet, fees must be paid at time of entry. Deck entries will be accepted by the administrative referee or designated representative and assigned a lane no later than **45 minutes** prior to the start of each session. A swimmer may not drop an event to deck enter another event. **The entry limit of three (3) individual swims per day applies (including time trials).**

ENTRY FEES:

REGULAR FEES
Fee per individual event.....$15.00
Fee per Relay Event.....$20.00
Facility Surcharge per swimmer.....$20.00

LATE ENTRY FEES
Late Fee per Individual Event.....$20.00
Late Fee per Relay Event.....$30.00

ENTRY DEADLINE:

DEADLINE FOR THE RECEIPT OF ENTRIES IS FRIDAY, FEBRUARY 10, 2023.
Email entries to: suzshep@roadrunner.com
All Swimmers may enter a **MAXIMUM OF 3 EACH DAY/ SESSION.** Entries will be processed in the order received and accepted to the greatest extent possible. All entry times other than Coach Time (CT) must be achieved, sanction approved, or observed competition. CT entries and "No Time" (NT) entries will be ***NOT*** be accepted.

PAYMENT:

Please plan to submit payment for all meet fees via CHECK on-site at the Meet Registration Table on Thursday, February 17th. Payment MUST be collected before an athlete is allowed to swim. Please make checks payable to "ISCA."

FOREIGN ATHLETES:

Foreign athletes are welcome to attend. All foreign athletes must be a registered member in good standing with FINA or USA Swimming.

Entries for foreign teams can be submitted through a HY-TEK file. To receive the entry file, please send a request to info@swimisca.org

COACH DECK PLEASE:

Deck passes for registered coaches are $20 each. Please indicate number of coach passes requested and include with final entry payment. The full number of deck passes allowed for each team in dependent on the number of qualified athletes.

# of Swimmers	# of Deck Passes
1-4	1
5-9	2
10-16	4
17-21	5
22-30	6
31-40	7
41-50	8
50+	10

COACHES/ OFFICIALS:

Coaches/officials must visibly display a valid USA membership card at all times while on deck or show Deck Pass proof. A 2023 coaching member of USA Swimming must supervise each swimmer participating in a Florida Swimming approved/sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer (s) during warm-up and competition. **There will be a coaches meeting Thursday, February 16 at 5:00PM.**

MEET VOLUNTEERS:

As per ISCA policy, all volunteers must present valid photo ID or meet credentials to gain deck access.

TEAM REPRESENTATIVE:

Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet.

INFORMATION:

Co-Meet Director
Doug Fonder
dougfonder@gmail.com
(540) 397.0505

Co-Meet Director
Dave Salo
coachsalo@gmail.com
(213) 725.3012

Co-Meet Director
Kim Hoesterey
khoest@aol.com
(714) 981.1142

Meet Admin
Susie Sheppard

Meet Referee
Janet Knoeppel

Facility Coordinator
Jenn Priest

NOTE:

****Events/heats may be combined at the discretion of the meet referee. Official start times may be amended at the discretion of meet referee. ****

ISCA
WEST ELITE SHOWCASE CLASSIC

WARM-UP SCHEDULE

Lane 1 pace 50 & 100 circle swimming
Lane 2 push off 25s one way only
Lane 3 swim & pulling, push off
Lane 4 swim & pulling, push off
Lane 5 swim & pulling, push off
Lane 6 swim & pulling, push off
Lane 7 swim & pulling, push off
Lane 8 swim & pulling, push off
Lane 9 push off 25s, one way only
Lane 10 pace 50 & 100 circle swimming

Lane 1 pace 50 & 100 circle swimming
Lane 2 racing starts 25s one length
Lane 3 swim & pulling, push off
Lane 4 swim & pulling, push off
Lane 5 swim & pulling, push off
Lane 6 swim & pulling, push off
Lane 7 swim & pulling, push off
Lane 8 racing starts 25s one length
Lane 9 racing starts 25s one length
Lane 10 pace 50 & 100 circle swimming

NO EQUIPMENT TO BE USED DURING WARM-UP

NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET

Swimmers must enter the water feet first with at least one hand on the pool deck.

EVENT SCHEDULE
ISCA West Elite Showcase Classic

February 17-20, 2023

Friday, February 17, 2023

Girls #	Girls Ages	Girls SCY	EVENTS	Boys SCY	Boys Ages	Boys #
1	11/12	12:41.19/12:09.49	1000 Free	12:27.89/11:56.79	11/12	2
3	9/10	41.89/36.69	50 Back	42.29/36.99	9/10	4
5	11/12	3:06.59/2:52.19	200 Breast	3:00.19/2:46.39	11/12	6
7	13/14	2:50.29/2:44.69	200 Breast	2:40.99/2:28.09	13/14	8
9	9/10	1:44.99/1:31.89	100 Breast	1:41.69/1:29.99	9/10	10
11	11/12	35.39/32.69	50 Back	34.99/32.09	11/12	12
13	13/14	31.69/29.69	50 Back	29.29/27.69	13/14	14
15	9/10	6:34.29/6:27.49	500 Free	6:40.39/6:20.79	9/10	16
17	11/12	31.29/28.99	50 Free	30.29/27.89	11/12	18
19	13/14	30.19/27.89	50 Free	27.79/25.69	13/14	20
21	9/10	———	200 Mixed Medley Relay	———	9/10	21
22	11/12	———	200 Mixed Medley Relay	———	11/12	22
23	13/14	———	200 Mixed Medley Relay	———	13/14	23

Saturday, February 18, 2023

Girls #	Girls Ages	Girls SCY	EVENTS	Boys SCY	Boys Ages	Boys #
24	9/10	1:31.69/1:20.79	100 IM	1:28.89/1:18.99	9/10	25
26	11/12	2:40.99/2:30.49	200 IM	2:38.99/2:28.69	11/12	27
28	13/14	2:30.49/2:25.49	200 IM	2:20.89/2:15.59	13/14	29
30	9/10	41.79/36.19	50 Fly	40.49/35.39	9/10	31
32	11/12	2:47.19/2:34.29	200 Fly	2:40.79/2:28.39	11/12	33
34	13/14	2:36.89/2:24.89	200 Fly	2:26.89/2:15.59	13/14	35
36	11/12	39.99/36.89	50 Breast	39.49/36.09	11/12	37
38	13/14	39.29/37.29	50 Breast	37.29/34.99	13/14	39
40	9/10	2:35.39/2:28.19	200 Free	2:29.39/2:23.09	9/10	41
42	11/12	6:07.59/6:52.19	500 Free	5:57.69/5:42.79	11/12	43
44	13/14	5:45.59/5:34.99	500 Free	5:40.99/5:30.39	13/14	45
46	9/10	———	200 Mixed Medley Relay	———	9/10	46
47	11/12	———	200 Mixed Medley Relay	———	11/12	47
48	13/14	———	200 Mixed Medley Relay	———	13/14	48

Sunday, February 19, 2023

Girls #	Girls Ages	Girls SCY	EVENTS	Boys SCY	Boys Ages	Boys #
49	13/14	20:02.99/19:12.89	1650 Free	19:07.59/18:19.79	13/14	50
51	11/12	1:18.09/1:12.09	100 IM	1:14.99/1:09.09	11/12	52
53	9/10	1:30.69/1:19.29	100 Back	1:29.29/1:18.79	9/10	54
55	11/12	1:27.19/1:20.19	100 Breast	1:24.49/1:17.49	11/12	56
57	13/14	1:19.39/1:15.39	100 Breast	1:13.49/1:09.69	13/14	58
59	9/10	47.49/41.69	50 Breast	46.59/40.99	9/10	60
61	11/12	2:40.99/2:31.39	200 Back	2:37.69/2:27.39	11/12	62
63	13/14	2:28.89/2:22.99	200 Back	2:20.99/2:13.99	13/14	64
65	11/12	1:17.59/1:10.89	100 Fly	1:16.09/1:09.29	11/12	66
67	13/14	1:10.89/1:05.49	100 Fly	1:06.09/1:00.99	13/14	68
69	9/10	1:19.99/1:10.49	100 Free	1:18.79/1:09.69	9/10	70
71	11/12	1:08.29/1:03.09	100 Free	1:05.89/1:00.89	11/12	72
73	13/14	1:05.49/1:00.49	100 Free	1:00.89/56.29	13/14	74
75	9/10	———	400 Mixed Medley Relay	———	9/10	75
76	11/12	———	400 Mixed Medley Relay	———	11/12	76
77	13/14	———	400 Mixed Medley Relay	———	13/14	77

Monday, February 20, 2023

Girls #	Girls Ages	Girls SCY	EVENTS	Boys SCY	Boys Ages	Boys #
78	9/10	3:02.69/2:52.69	200 IM	3:00.69/2:50.99	9/10	79
80	11/12	5:35.29/5:20.59	400 IM	5:30.39/5:18.79	11/12	81
82	13/14	5:13.69/5:03.69	400 IM	5:01.39/4:52.69	13/14	83
84	9/10	1:39.09/1:24.09	100 Fly	1:37.09/1:22.79	9/10	85
86	11/12	33.89/31.29	50 Fly	34.19/31.19	11/12	87
88	13/14	32.00/30.99	50 Fly	30.19/28.29	13/14	89
90	11/12	1:18.09/1:11.39	100 Back	1:15.69/1:09.19	11/12	91
92	13/14	1:09.59/1:05.69	100 Back	1:06.29/1:01.29	13/14	93
94	9/10	41.79/36.19	50 Fly	40.49/35.39	9/10	95
96	11/12	2:17.49/2:12.69	200 Free	2:16.99/2:12.19	11/12	97
98	13/14	2:13.39/2:10.39	200 Free	2:11.79/2:02.59	13/14	99
100	9/10	———	400 Mixed Medley Relay	———	9/10	100
101	11/12	———	400 Mixed Medley Relay	———	11/12	101
102	13/14	———	400 Mixed Medley Relay	———	13/14	102