

MESA November Knockout Short Course BRW Meet

Sanctioned by: Southern California Swimming
Sponsored By: MESA & Eastern Committee
Date of Meet: November 4-6, 2011
Warm-up: 4:00 PM Friday, 7:30 AM Sat & Sun

Sanction No. 11-245
Received by deadline: 5:00 pm, October 26, 2011
Start of Meet: 5:00 PM Fri, 9:00 AM Sat & Sun

POOL: Elsinore High School 21800 Canyon Drive, Wildomar, CA 92595

DIRECTIONS: Take Interstate 15 to Bundy Canyon Exit. Go west on Bundy Canyon to Orange Street. Turn left on Orange Street. Go south on Orange until you reach Canyon Drive. Turn right on Canyon Drive. Drive west on Canyon Drive. Elsinore High is on right (north) side of the street. Parking lot is on the west side of the campus. Park as far north as possible as the pool is in the northeast corner of campus.

COURSE: Outdoor 25 yard pool with 8 competition lanes. 4 warm-up lanes will be available during the meet. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 7.0', turn end 7.0'.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 4:00-4:45 on Friday and 7:30 – 8:45 am on Saturday and Sunday. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule for each session. SWIMMERS MUST CHECK IN with the clerk of course 45 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on November 4, 2011 to enter this meet. Timers are requested to be provided by each team. Swimmers competing on the Friday Night and in events 99-100 are requested to furnish their own timers for three heats and lap counters in events for the 500 and 1650 freestyle events. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day.**

ELIGIBILITY: Open to Eastern Committee athletes who hold 2011 or 2012 USA Swimming Registration from the following teams: MESA, TMEC, STAR, WWST, TVA, VSC, CCAQ, FAC, HVDA, CHN, TCC, LNCR, BLSC, WOOD, RIVY, CCCC.. Registration application must be received by Monday prior to the first day of the meet by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. **REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SWIM SUITS: Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place Red Division: Ribbons 1st - 6th place
White Division: Ribbons 1st - 6th place Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: \$3.00 for each individual event along with a \$6.00 surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks may incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, October 26, 2011. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming MAIL ENTRIES TO:
Email for team electronic entries only: [mail to:ruszim@hotmail.com](mailto:mail.to:ruszim@hotmail.com)
Questions: SCS Office (800) 824-6206

Jan Szuszkiewicz
23283 Sonnet Dr.
Moreno Valley, CA 92557

Media Notice: This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

MESA November Knochout BRW SC Meet
November 4-6, 2011

FRIDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
1*		13-14	BRW 400 yd	IM		2*
		15-up	BRW 400 yd	IM		
3	3:01.30/	11-12	BR 400 yd	IM	3:01.70/	4
5	2:56.80/	7-10	BR 500 yd	Freestyle	2:56.50/	5
6*		13-14	BRW 500 yd	Freestyle		7*
		15-up	BRW 500 yd	Freestyle		
		11-12	BRW 500 yd	Freestyle		
8*		13-up	BRW 800 yd	Free Relay		8*

SATURDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
9		11-12	BRW 50 yd	Breaststroke		
10		7-10	BRW 50 yd	Breaststroke		11
12	1:02.80/	7-8	BR 50 yd	Breaststroke	1:01.20/	13
14*	/28.81	7-8	W 25 yd	Breaststroke	/28.01	15*
		5-6		25 yd	Breaststroke	
16		11-12	BRW 200 yd	Freestyle		
17		7-10	BRW 200 yd	Freestyle		18
19		7-8	BRW 50 yd	Freestyle		20
21*	/21.71	7-8	W 25 yd	Freestyle	/21.11	22*
		5-6		25 yd	Freestyle	
23		11-12	BRW 200 yd	Freestyle Relay		
24		7-10	BRW 200 yd	Freestyle Relay		25
26		5-8	BRW 100 yd	Freestyle Relay		27
28		11-12	BRW 100 yd	Butterfly		
29	55.60/	7-8	BR 50 yd	Butterfly	56.40/	30
31		7-10	BRW 50 yd	Butterfly		32
33*	/25.61	7-8	W 25 yd	Butterfly	/25.61	34*
		5-6		25 yd	Butterfly	
35		11-12	BRW 100 yd	IM		
36		7-10	BRW 100 yd	IM		37
38		11-12	BRW 50 yd	Backstroke		
39		7-10	BRW 50 yd	Backstroke		40
41*	/26.61	7-8	W 25 yd	Backstroke	/25.91	42*
		5-6		25 yd	Backstroke	
43	3:08.80/	Open		200 yd	Breaststroke	
*****30 Minute break or no earlier than 1:00 pm start*****						
45	2:46.20/	Open		200 yd	Backstroke	2:51.40/
47*		15-up	BRW 50 yd	Freestyle		48*
		13-14	BRW 50 yd	Freestyle		
		11-12	BRW 50 yd	Freestyle		49
50		15-up	BRW 100 yd	Butterfly		51
		11-12	BRW 50 yd	Backstroke		52
53		13-14	BRW 100 yd	Butterfly		54
		11-12	BRW 100 yd	Butterfly		55
56	Deck	15-up	BRW 200 yd	Medley Relay	Deck	57
58	Entered	13-14	BRW 200 yd	Medley Relay	Entered	59
		11-12	BRW 200 yd	Medley Relay		60
5 minute break						
61		13-14	BRW 200 yd	Freestyle		62
		11-12	BRW 200 yd	Freestyle		63
64		15-up	BRW 200 yd	Freestyle		65
		11-12	BRW 100 yd	Breaststroke		66
67*		15-up	BRW 100 yd	Breaststroke		68*
		13-14	BRW 100 yd	Breaststroke		

Friday night session hosted by MESA
at Elsinore High School

SUNDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
69		11-12	BRW 100 yd	Breaststroke		
70		7-10	BRW 100 yd	Breaststroke		71
72		11-12	BRW 50 yd	Butterfly		
73		7-8	BRW 100 yd	Freestyle		74
75		11-12	BRW 50 yd	Freestyle		
76		7-10	BRW 50 yd	Freestyle		77
78		11-12	BRW 100 yd	Backstroke		
79		7-10	BRW 100 yd	Backstroke		80
81		7-8	BRW 50 yd	Backstroke		82
83		11-12	BRW 200 yd	IM		
84		7-10	BRW 200 yd	IM		85
86		7-8	BRW 100 yd	Medley Relay		87
88		11-12	BRW 200 yd	Medley Relay		
89		7-10	BRW 200 yd	Medley Relay		90
91		7-8	BRW 100 yd	IM		92
93		7-10	BRW 100 yd	Freestyle		94
95		11-12	BRW 100 yd	Freestyle		
96		7-10	BRW 100 yd	Butterfly		97
98	2:43.20/	Open		200 yd	Butterfly	
*****Break determined by Meet Referee*****						
99	21:32.10/	Open		1650 yd	Freestyle	21:51.50/ 100
*****30 Minute break or no earlier than 1:00 pm start*****						
		11-12	BRW 50 yd	Butterfly		101
102		Open	BRW 200 yd	Breaststroke		103
104*		13-14	BRW 200 yd	IM		105*
		15-up	BRW 200 yd	IM		
		11-12	BRW 200 yd	IM		106
107	Deck	15-up	BRW 200 yd	Freestyle Relay	Deck	108
109	Entered	13-14	BRW 200 yd	Freestyle Relay	Entered	110
		11-12	BRW 200 yd	Freestyle Relay		111
5 minute break						
		11-12	BRW 50 yd	Breaststroke		112
113	2:43.20/	Open		200 yd	Butterfly	2:47.40/
		11-12	BRW 100 yd	Breaststroke		115
116		13-14	BRW 100 yd	Freestyle		117
		11-12	BRW 100 yd	Freestyle		118
119		15-up	BRW 100 yd	Freestyle		120
		11-12	BRW 100 yd	Backstroke		121
122*		13-14	BRW 100 yd	Backstroke		123*
		15-up	BRW 100 yd	Backstroke		

Time meet subject to the 4 hr rule per session

***Relays swum time permitting.

***11-12 swimmers entering the 400 IM enter 200 IM times.

***Event 8 will be swum mixed and awarded separately girls & boys.

***Open events--no awards--must be at least 11 to enter

***swimmers are requested to provide own timers and lap counters for events 1-8, 99-100

***Swimmers 7-8 years old may enter either 7-8 or 7-10 events, not any combination.

***7-10 swimming the 500 free must enter 200 yd free time. Minimum to enter is the 200 yd Red time.

***Events 1-2 will be swum together and awarded separately alternating girls and boys swimming fastest to slowest

***events with a star following the number will be swum together and awarded separately, 5-6, 7-8 and 11-12, 13-14 & 15-up. □

***Swimmers may swim an event only once