

Eastern Committee RW SC Winterfestival hosted by RAA

Sanctioned by: USA Swimming & Southern California Swimming Sanction No. S19-016

Sponsored By: RAA & Eastern Committee

Received by deadline: 5:00 pm, Wednesday, February 13, 2019

Date of Meet: February 23-24, 2019

Start of Meet: 8:30 am, Saturday & Sunday

Warm-up: 7:00 am, Saturday & Sunday

POOL: Riverside Aquatics Complex. 4800 Magnolia Ave. Riverside. PARKING PERMITS REQUIRED. Permits can be purchased in the following ways: (1) parking attendants (2) at the RAA program booth (3) online at <https://www.credentialsops.com/CGI-BIN/gacgiord.pgm?ALUMPPD01270>; (4) from parking meters onsite; (4) via ParkNOW! mobile phone app.

DIRECTIONS: Exit 14th St. from the 91 Freeway. Go West to Olivewood & turn left. Turn Right on Saunders/City College Dr. and turn right on Saunders (First street on right). The pool is at the end of Saunders.

COURSE: Outdoor 50 meter x 25 yard with 10 competition lanes with a warm-up warm down area. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end: 8' turn end 13'.

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Mike Sheppard cattywampus@roadrunner.com.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on **February 23, 2019** to enter this meet. Timers are requested to be provided by each team. Swimmers competing in 500y events are requested to furnish their own timers for three heats and lap counters. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Eastern Committee athletes who hold 2019 USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS:

Team High Point plaques for 1 st thru 6 th place based on scoring below.	
Red Division:	Medals for 1 st thru 3 rd place; Ribbons for 4 th thru 6 th place
White Division:	Ribbons for 1 st thru 6 th place
Relays:	Medals for 1 st place; Ribbons for 2 nd thru 3 rd place

Events will be scored for places first through sixth and relays 1st through 3rd as follows:

ENTRY FEES: \$4.00 for each individual event along with a **\$10.00** surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, February 13, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO:

Email for team electronic entries only: suzshep@roadrunner.com

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

Susie Sheppard

11110 Davis St

Moreno Valley, CA 92577

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EC Winterfest RW SC Meet hosted by RAA

February 23-24, 2019

ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, February 13, 2019 (Wednesday).

This meet limited to 4 hour rule.

Events will be swum fastest to slowest, relays swum time permitting, starred events swum together awarded separately.

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

500 yd events will be swum alternating girls and boys, swimmers are requested to provide own lap counters and timers.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

Starred events swum together, awarded separately 5-6 & 7-8, 13-14 & 15/up.

Saturday

Girls	Min/Max				Min/Max	Boys
		11-12	200	yd	Freestyle	/2:24.61 1
2	/2:42.01	7-10	200	yd	Freestyle	/2:41.81 3
4	/1:28.41	5-8	100	yd	Freestyle	/1:25.01 5
		11-12	50	yd	Breaststroke	/:41.01 6
7	/:45.61	7-10	50	yd	Breaststroke	/:45.61 8
9*		5-6	25	yd	Backstroke	10*
9*	/26.61	7-8	25	yd	Backstroke	/25.91 10*
		11-12	50	yd	Backstroke	/36.61 11
12	/40.51	7-10	50	yd	Backstroke	/40.41 13
14*		5-6	25	yd	Freestyle	15*
14*	/21.71	7-8	25	yd	Freestyle	/21.11 15*
		11-12	50	yd	Freestyle	/30.81 16
17	/33.91	7-10	50	yd	Freestyle	/34.11 18
19	/40.51	5-8	50	yd	Freestyle	/39.41 20
		11-12	100	yd	Butterfly	/1:18.21 21
22	/1:29.31	7-10	100	yd	Butterfly	/1:29.41 23
24	55.60/46.31	5-8	50	yd	Butterfly	56.40/47.01 25
		11-12	200	yd	Freestyle Relay	26
27	DECK	7-10	200	yd	Freestyle Relay	DECK 28
29	ENTERED	5-8	100	yd	Freestyle Relay	ENTERED 30
45 Minute break between sessions						
31	/2:24.11	11-12	200	yd	Freestyle	
32*	/2:16.11	13-14	200	yd	Freestyle	/2:10.91 33*
32*	/2:16.41	15-up	200	yd	Freestyle	/2:04.81 33*
34	/30.71	11-12	50	yd	Freestyle	
35*	/29.31	13-14	50	yd	Freestyle	/27.51 36*
35*	/29.31	15-up	50	yd	Freestyle	/26.51 36*
37	/1:16.11	11-12	100	yd	Butterfly	
38*	/2:40.51	13-14	200	yd	Butterfly	/2:33.31 39*
38*	/2:36.61	15-up	200	yd	Butterfly	/2:21.61 39*
40	/:40.81	11-12	50	yd	Breaststroke	
41*	/1:23.41	13-14	100	yd	Breaststroke	/1:19.11 42*
41*	/1:23.91	15-up	100	yd	Breaststroke	/1:15.81 42*
43	/36.21	11-12	50	yd	Backstroke	
44*	/1:14.11	13-14	100	yd	Backstroke	/1:11.31 45*
44*	/1:14.51	15-up	100	yd	Backstroke	/1:08.21 45*
46	DECK	11-12	200	yd	Freestyle Relay	DECK
47	ENTERED	13-14	200	yd	Freestyle Relay	ENTERED 48
49		15-up	200	yd	Freestyle Relay	50
*****Break Will Be Determined by Meet Referee*****						
51*	/5:59.61	13-14	500	yd	Freestyle	/5:48.61 52*
51*	/5:57.41	15-up	500	yd	Freestyle	/5:34.81 52*

Sunday

Girls	Min/Max				Min/Max	Boys
		11-12	200	yd	IM	/2:46.51 53
54	/1:41.21	5-8	100	yd	IM	/1:38.51 55
56	/1:26.61	7-10	100	yd	IM	/1:26.91 57
58*		5-6	25	yd	Butterfly	59*
58*	/25.61	7-8	25	yd	Butterfly	/25.61 59*
		11-12	50	yd	Butterfly	/34.51 60
61	/38.31	7-10	50	yd	Butterfly	/38.21 62
63*		5-6	25	yd	Breaststroke	64*
63*	/28.81	7-8	25	yd	Breaststroke	/28.01 64*
		11-12	100	yd	Breaststroke	/1:29.01 65
66	/1:40.01	7-10	100	yd	Breaststroke	/1:40.51 67
68	1:02.80/52.31	5-8	50	yd	Breaststroke	1:01.20/51.01 69
		11-12	100	yd	Backstroke	/1:20.51 70
71	/1:28.61	7-10	100	yd	Backstroke	/1:28.71 72
73	57.80/48.11	5-8	50	yd	Backstroke	56.30/46.81 74
		11-12	100	yd	Freestyle	/1:06.21 75
76	/1:14.71	7-10	100	yd	Freestyle	/1:14.31 77
		11-12	100	yd	IM	/1:17.71 78
79	DECK	5-8	100	yd	Medley Relay	DECK 80
81	ENTERED	7-10	200	yd	Medley Relay	ENTERED 82
		11-12	200	yd	Medley Relay	83
45 Minute break between sessions						
84	/2:46.21	11-12	200	yd	IM	
85*	/2:36.61	13-14	200	yd	IM	/2:29.01 86*
85*	/2:37.71	15-up	200	yd	IM	/2:21.71 86*
87	/1:28.91	11-12	100	yd	Breaststroke	
88*	/3:01.71	13-14	200	yd	Breaststroke	/2:50.81 89*
88*	/3:00.81	15-up	200	yd	Breaststroke	/2:43.01 89*
90	/1:17.91	11-12	100	yd	Backstroke	
91*	/2:39.61	13-14	200	yd	Backstroke	/2:31.01 92*
91*	/2:33.81	15-up	200	yd	Backstroke	/2:23.91 92*
93	/1:06.71	11-12	100	yd	Freestyle	
94*	/1:03.41	13-14	100	yd	Freestyle	/59.61 95*
94*	/1:02.81	15-up	100	yd	Freestyle	/57.41 95*
96	/34.31	11-12	50	yd	Butterfly	/34.51
97*	/1:11.01	13-14	100	yd	Butterfly	/1:07.71 98*
97*	/1:11.11	15-up	100	yd	Butterfly	/1:05.11 98*
99	/1:17.71	11-12	100	yd	IM	/1:17.71
100	DECK	15-up	200	yd	Medley Relay	DECK 101
102	ENTERED	13-14	200	yd	Medley Relay	ENTERED 103
104		11-12	200	yd	Medley Relay	