MESA RW SC Summerfest Meet

Sanctioned by: USA Swimming & Southern California Swimming Sanction No. S16-244

Sponsored By: & Eastern Committee Received by deadline: 5:00 pm, Wednesday July 27, 2016

Date of Meet: August 6-7, 2016 Start of Meet: 8:30 am, Saturday & Sunday

Warm-up: 7:00 am, Saturday & Sunday

POOL: The Drop Zone Water Park, 2165 Trumble Rd., Perris, CA 92585

<u>DIRECTIONS</u>: From the 215 (north or south), exit Hwy 74 East. Turn left on Trumble Rd. Pool on right side after the baseball park.

<u>COURSE</u>: Outdoor 50M x 25Y with 10 competition lanes. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end 13'10"- to 7', turn end 13'10" to 7'. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on August 6, 2016 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 and longer freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. Swimmer may swim a maximum of 4 events per day.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

<u>DRONES:</u> Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

<u>SWIMWEAR:</u> Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

<u>ELIGIBILITY:</u> Open to all Eastern Committee athletes who hold 2016 USA Swimming Registration. Registration application **must be** received by the meet entry deadline by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

<u>CHANGE OF AFFILIATION</u>: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

<u>SUBMITTED TIMES</u>: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS: Team High Point trophies for 1st thru 6th place based on scoring below.

Red Division: Medals for 1st thru 3rd place; Ribbons for 4th thru 6th place White Division: Ribbons for 1st thru 6th place Relays: Medals for 1st place; Ribbons for 2nd thru 3rd place Events will be scored for places first through sixth and relays 1st through 3rd as follows: Red division: 20, 16, 14, 12, 11, 10 White division: 8, 6, 4, 3, 2, 1 Relays: 40, 32, 28 ENTRY FEES: \$4.00 for each individual event along with a \$9.00 surcharge per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded. Relays will be deck-entered at \$8.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, July 27, 2016. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard.

(Receipt of entries will not be verified by phone or e-mail.)

Make Checks payable to Southern California Swimming Email for team electronic entries only: ruszim@hotmail.com

Questions: SCS Office (800) 824-6206

MAIL ENTRIES TO:

Jan Szuszkiewicz 23283 Sonnet Dr. Moreno Valley, CA 92557

Summerfestival RW SC Meet August 6-7

ENTRIES MUST BE RECEIVED BY 5:00 PM: Wednesday July 27, 2016

This meet is subject to the 4 hour rule per session. Events will be swum fastest to slowest.

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay. 5-8 year olds may swim a distance only once (may not swim the same distance both Saturday and Sunday).

5-8 events swum together awarded separately as 5-6 & 7-8.

*13/up swum together, awarded separately as 13-14 & 15-up

400 and 500 yd events will be swum alternating girls and boys, swimmers are requested to provide own timers, and lap counters (500).

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SESS	ION 1: 5-8 YEA	R OLD SV	VIMMERS		-		
Girls	Min/Max	age	distance		stroke	Min/Max	Boys
1	2:56.80/2:42.01	7-8	200 yd	R	Freestyle	2:56.50/2:41.81	2
3	/18.11	5-6,7-8	25 yd	RW	Freestyle	/17.61	4
5	/52.31	5-6,7-8	50 yd	RW	Breaststroke	/51.01	6
7	/24.01	5-6,7-8	25 yd	RW	Breaststroke	/23.31	8
9	/46.31	5-6,7-8	50 yd	RW	Butterfly	/47.01	10
11	/21.31	5-6,7-8	25 yd	RW	Butterfly	/21.31	12
13	/40.51	5-6,7-8	50 yd	RW	Freestyle	/39.41	14
15	/26.61	5-6,7-8	25 yd	RW	Backstroke	/25.91	16
17	/1:28.61	7-8	100 yd	R	Backstroke	/1:28.71	18
19	DECK	5-8	100 yd	Mixed	Freestyle Relay	DECK	19
20	ENTERED	5-8	100 yd		1	ENTERED	21

45 MINUTE BREAK BETWEEN SESSIONS

SESS	ION 2: 9-12 YEA	AR OLD S	WIMMERS						
Girls	Min/Max	age	distance		stroke	Min/Max	Boys		
22	2:56.80/2:42.01	9-10	200 yd	R	Freestyle	2:56.50/2:41.81	23		
24	/2:24.11	11-12	200 yd	RW	Freestyle	/2:24.61	25		
26	/1:26.61	9-10	100 yd	RW	IM	/1:26.91	27		
28	/1:17.71	11-12	100 yd	RW	IM	/1:17.71	29		
30	/33.91	9-10	50 yd	RW	Freestyle	/34.11	31		
32	/30.71	11-12	50 yd	RW	Freestyle	/30.81	33		
34	/1:29.31	9-10	100 yd	RW	Butterfly	/1:29.41	35		
36	/1:16.11	11-12	100 yd	RW	Butterfly	/1:18.21	37		
38	/:45.61	9-10	50 yd	RW	Breaststroke	/:45.61	39		
40	/:40.81	11-12	50 yd	RW	Breaststroke	/:41.01	41		
42	/1:28.61	9-10	100 yd	RW	Backstroke	/1:28.71	43		
44	/1:17.91	11-12	100 yd	RW	Backstroke	/1:20.51	45		
46	DECK	9-10	200 yd	Mixed	Freestyle Relay	DECK	46		
47	ENTERED	9-10	200 yd		Freestyle Relay	ENTERED	48		
49		11-12	200 yd	Mixed	Freestyle Relay		49		
50		11-12	200 yd		Freestyle Relay		51		
45 MINUTE BREAK BETWEEN SESSIONS SESSION 3: 13- OLDER SWIMMERS									
Girls	Min/Max	age	distance		stroke	Min/Max	Boys		

Min/Max	age	distanc	е		stroke	Min/Max	Boys
/2:16.11	13-14	200	yd	RW	Freestyle	/2:10.91	53
/2:16.41	15-up	200	yd	RW	Freestyle	/2:04.81	55
/1:14.11	13-14	100	yd	RW	Backstroke	/1:11.31	57
/1:14.51	15-up	100	yd	RW	Backstroke	/1:08.21	59
/29.31	13-14	50	yd	RW	Freestyle	/27.51	61
/29.31	15-up	50	yd	RW	Freestyle	/26.51	63
/1:23.41	13-14	100	yd	RW	Breaststroke	/1:19.11	65
/1:23.91	15-up	100	yd	RW	Breaststroke	/1:15.81	67
/2:40.51	13-14	200	yd	RW	Butterfly	/2:33.31	69*
/2:36.61	15-up	200	yd	RW	Butterfly	/2:21.61	69*
DECK	13-up	200	yd	Mixed	Freestyle Relay	DECK	70
ENTERED	13-up	200	yd		Freestyle Relay	ENTERED	72
/5:36.61	13-14	400	yd	RW	IM	/5:18.21	74*
/5:22.01	15-up	400	yd	RW	IM	/5:01.21	76*
	/2:16.11 /2:16.41 /1:14.11 /1:14.51 /29.31 /1:23.41 /1:23.91 /2:36.61 DECK ENTERED /5:36.61	/2:16.11 13-14 /2:16.41 15-up /1:14.11 13-14 /1:14.51 15-up /29.31 15-up /1:23.41 13-14 /1:23.91 15-up /2:40.51 13-14 /2:36.61 15-up DECK 13-up ENTERED 13-up /5:36.61 13-14	72:16.11 13-14 200 72:16.41 15-up 200 71:14.11 13-14 100 71:14.51 15-up 100 729.31 13-14 50 729.31 15-up 50 71:23.41 13-14 100 72:40.51 13-14 200 72:36.61 15-up 200 ENTERED 13-up 200 75:36.61 13-14 200 75:36.61 13-14 200 75:36.61 13-14 200 75:36.61 13-14 200 75:36.61 13-14 200 75:36.61 75-14 200 75:36.61 75-14 200 75:36.61 75-14 200 75:36.61 75-14 200	/2:16.11 13-14 200 yd /2:16.41 15-up 200 yd /1:14.11 13-14 100 yd /1:14.51 15-up 100 yd /2:9.31 15-up 50 yd /2:9.31 15-up 50 yd /1:23.41 13-14 100 yd /1:23.41 13-14 100 yd /2:40.51 13-14 200 yd /2:40.51 13-14 200 yd /2:36.61 15-up 200 yd DECK 13-up 200 yd DECK 13-up 200 yd /5:36.61 13-up 200 yd /5:36.61 13-14 400 yd	72:16.11	72:16.11	72:16.11

CECCI	ON 4: 5-8 YEA	у						
Girls	Min/Max	age	distar			stroke	Min/Max	Boys
77	/1:41.21	5-6,7-8	100	yd	RW	IM	/1:38.51	78
79	/28.81	5-6,7-8	25	yd	RW	Breaststroke	/28.01	80
81	/1:40.01	7-8	100	yd	R	Breaststroke	/1:40.51	82
83	/48.11	5-6,7-8	50	yd	RW	Backstroke	/46.81	84
85	/22.21	5-6,7-8	25	yd	RW	Backstroke	/21.61	86
87	/1:28.41	5-6,7-8	100	yd	RW	Freestyle	/1:25.01	88
89	/18.11	5-6,7-8	25	yd	RW	Freestyle	/17.61	90
91	/1:29.31	7-8	100	yd	R	Butterfly	/1:29.41	92
93	/25.61	5-6,7-8	25	yd	RW	Butterfly	/25.61	94
95	DECK	5-8	100	yd	Mixed	Medley Relay	DECK	95
96	ENTERED	5-8	100	yd		Medley Relay	ENTERED	97

45 MINUTE BREAK BETWEEN SESSIONS

SESS	SESSION 5: 9-12 YEAR OLD SWIMMERS										
Girls	Min/Max	age	distar	nce		stroke	Min/Max	Boys			
98	/2:46.21	11-12	200	yd	RW	IM	/2:46.51	81			
100	3:23.50/3:06.51	9-10	200	yd	R	IM	3:24.50./3:07.41	83			
102	/36.21	11-12	50	yd	RW	Backstroke	/36.61	85			
104	/40.51	9-10	50	yd	RW	Backstroke	/40.41	87			
106	/1:28.91	11-12	100	yd	RW	Breaststroke	/1:29.01	89			
108	/1:40.01	9-10	100	yd	RW	Breaststroke	/1:40.51	91			
110	/34.31	11-12	50	yd	RW	Butterfly	/34.51	93			
112	/38.31	9-10	50	yd	RW	Butterfly	/38.21	95			
114	/1:06.71	11-12	100	yd	RW	Freestyle	/1:06.21	97			
118	/1:14.71	9-10	100	yd	RW	Freestyle	/1:14.31	99			
120	DECK	11-12	200	yd	Mixed	Medley Relay	DECK	120			
121	ENTERED	11-12	200	yd		Medley Relay	ENTERED	122			
123		9-10	200	yd	Mixed	Medley Relay		123			
124		9-10	200	yd		Medley Relay		124			
125	6:59.50/6:24.60	11-12	500	yd	RW	Freestyle	7:05.30/6:29.81	126			

45 MINUTE BREAK BETWEEN SESSIONS

SESSION 6: 13- OLDER SWIMMERS

Girls	Min/Max	age	distan	ice		stroke	Min/Max	Boys
127	/2:36.61	13-14	200	yd	RW	IM	/2:29.01	128
129	/2:37.71	15-up	200	yd	RW	IM	/2:21.71	130
131	/1:11.01	13-14	100	yd	RW	Butterfly	/1:07.71	132
133	/1:11.01	15-up	100	yd	RW	Butterfly	/1:05.11	134
135*	/2:39.61	13-14	200	yd	RW	Backstroke	/2:31.01	136*
135*	/2:33.81	15-up	200	yd	RW	Backstroke	/2:23.91	136*
137	/1:03.41	13-14	100	yd	RW	Freestyle	/59.61	138
139	/1:02.81	15-up	100	yd	RW	Freestyle	/57.41	140
141*	/3:01.71	13-14	200	yd	RW	Breaststroke	/2:50.81	142*
141*	/3:00.81	15-up	200	yd	RW	Breaststroke	/2:43.01	142*
143	DECK	13-up	200	yd	Mixed	Medley Relay	DECK	143
144	ENTERED	13-up	200	yd		Medley Relay	ENTERED	145
146*	/5:59.61	13-14	500	yd	RW	Freestyle	/5:48.61	147*
146*	/5:57.41	15-up	500	yd	RW	Freestyle	/5:34.81	147*