



# Seahawks

SAN LUIS OBISPO SWIM CLUB

## 2009 Gobbler Classic Swim Meet

<b>DATE OF MEET:</b>	Friday, Saturday and Sunday, November 20, 21 & 22 <b>(FREE WEEKEND – OPEN TO ALL SCS COMMITTEES &amp; OUT OF DISTRICT SWIMMERS)</b>
<b>SANCTIONED BY:</b>	Southern California Swimming and USA Swimming
<b>SANCTION #:</b>	09-246
<b>STARTING TIME:***</b>	Friday Evening Session: 4:30 p.m. (deck opens & check-in 3:15pm/warm-up 3:30 p.m.). Saturday and Sunday Sessions 10:00 a.m. (deck opens & check-in 8:45am/warm-up 9:00 a.m.). <b>If entries warrant, the Saturday or Sunday sessions may be split. Please check <a href="http://www.sloswimclub.org">www.sloswimclub.org</a> the week prior to the meet for any changes to event order and start times.</b>
<b>ENTRY DEADLINE:</b>	Postmarked by Monday, November 9, 2009 or hand-delivered/mailed by Wednesday, November 11, 2009 to the address below. Entries will be limited to meet the four hour rule. No late entries will be accepted. Friday's Open Event (1650 Free) <u>may</u> be limited to the fastest 24 swimmers in each gender who check in. Swimmers not seeded in these two events will receive refunds. <b>Entry cut off times for the top 24 entries for the 1650 Free events will be posted on the SLO Swim Club website prior to the meet at <a href="http://www.sloswimclub.org">www.sloswimclub.org</a>.</b>
<b>LOCATION:</b>	San Luis Obispo Swim Center. From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd.(4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road.
<b>COURSE:</b>	The pool is a 25 yard by 50-meter, 20 lane outdoor heated pool. Six to eight lanes (depending on entries) will be used for the competition and a minimum of 4 lanes will be used for warm-up/warm down. Ample deck space is available for structures and seating. The competition course has been certified in accordance with 104.2.2C(4). <b>If you use a canopy/tent, you must bring tie-towns and weights to secure your structures.</b>
<b>WARM-UP:</b>	Swimmers warming up or down before, during and after the meet must be under the direct supervision of a current USA Swimming coach. Warm-up rules will be announced and enforced. No diving into the pool except for the sprint lanes directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool.
<b>CHECK-IN:</b>	Swimmers must check in with the Clerk of Course for each event entered. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers in the first 4 events each session must check in at least 30 minutes prior to the start of the meet. Swimmers who check in and fail to swim an event will be scratched from their next individual event. Swimmers must swim in their actual age group as determined by age on the first day of the meet.
<b>RULES:</b>	USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. The MEET REFEREE will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. To compete in OPEN events a swimmer must be at least 11 years old and <i>must meet the stated minimum time standard</i> . Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.
<b>ELIGIBILITY:</b>	Open to athletes who are 2009/2010 USA Swimming registered. Registration applications must be <b>received by the Monday prior to first day of meet</b> by meet processor, administrative referee or SCS Office. REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORMS. There are substantial penalties to swimmers and club (see SCS 2009 Swim Guide) if registration is completed at meet.
<b>CHANGE OF AFFILIATION:</b>	Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administration Referee in writing and paying the appropriate fee.
<b>SUBMITTED &amp; QUALIFYING TIMES:</b>	Times submitted must be BEST RECORDED TIMES short course or long course from this or preceding swim season (NO WORK OUT TIMES). All non-conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. "No time" will be accepted for the White division. SWIMMERS ARE LIMITED TO FIVE (5) INDIVIDUAL EVENTS PER DAY. SLOSC will limit entries and relays will be swum <b>time-permitting</b> in order to ensure compliance with the "4 hour" rule
<b>ENTRY PROCEDURES:</b>	Submit one SCS consolidated white entry card per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. Email entry (entry .zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events for entered swimmers may be submitted by hard copy (this includes email) ONLY. New swimmers accepted by SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded. Relay entries will be deck entered and are due before 11:00 AM on each day.
<b>FEE:</b>	\$2.75 per INDIVIDUAL EVENT plus a \$5.50 surcharge PER SWIMMER. A check for the total amount must accompany each entry to the address below. NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY. Relay team will be entered on deck for a charge of \$5.00 per relay team.
<b>DISTANCE EVENTS:</b>	Swimmers in all of Friday's events (200 Free & 1650 Free), the 400 IM and the 500 Free WILL be responsible for providing their own timers and lap counters. The 1650 Free, 400 IM, and 500 Free will be swum fast to slow, alternating girls and boys heats. Entries may be limited as stated above depending on timeline.
<b>AWARDS:</b>	Blue, Red, White ("BRW") Divisions. Awards for swimmers 12 and under only. No awards in the OPEN division.
<b>CHECKS PAYABLE:</b>	<b>SOUTHERN CALIFORNIA SWIMMING</b>
<b>MAIL ENTRIES TO:</b>	<b>Suzu Walz, 321 Montebello Oaks Dr., Paso Robles, CA 93446 email: <a href="mailto:suswalz@gmail.com">suswalz@gmail.com</a></b>
<b>FOOD:</b>	Our famous Turkey sandwiches with fresh cranberry sauce and pumpkin pie will be served, along with other tasty treats. Breakfast will be served Saturday and Sunday.
<b>LANE ASSIGNMENTS</b>	Clubs will be assigned lanes for timing.
<b>FOR FURTHER INFO:</b>	Contact SLO Swim Club at 805 543-9515 email <a href="mailto:office@sloswimclub.org">office@sloswimclub.org</a> website: <a href="http://www.sloswimclub.org">www.sloswimclub.org</a>



## 2009 SAN LUIS OBISPO GOBBLER CLASSIC SWIM MEET

**FRIDAY, November 20 – 3:30 p.m. Warm-up, 4:30 p.m. Start**

GIRLS	TIME	AGE	EVENT	TIME	BOYS
1	BRW	11&12	200 FREE	BRW	2
3	BRW	10&Under	200 FREE	BRW	4
5	21:32.10	Open	1650 FREE	21:51.50	6

\*Athletes swimming on Friday must provide their own timers and lap counters.

**SATURDAY, November 21 – 9:00 a.m. Warm-up, 10:00 a.m. Start**

GIRLS	TIME	AGE	EVENT	TIME	BOYS
7	BRW	13&14	200 FREE	BRW	8
9	BRW	15&Up	200 FREE	BRW	10
11	BRW	8&Under	25 BREAST	BRW	12
13	BRW	10&Under	50 BREAST	BRW	14
15	BRW	11&12	50 BREAST	BRW	16
17	3:08.80	OPEN	200 BREAST	3:09.00	18
19	BRW	10&Under	100 FLY	BRW	20
21	BRW	11&12	100 FLY	BRW	22
23	BRW	13&14	100 FLY	BRW	24
25	BRW	15&Up	100 FLY	BRW	26
27	BRW	8&Under	25 BACK	BRW	28
29	BRW	10&Under	50 BACK	BRW	30
31	BRW	11&12	50 BACK	BRW	32
33	2:46.20	OPEN	200 BACK	2:51.40	34
35	BRW	10&Under	100 FREE	BRW	36
37	BRW	11&12	100 FREE	BRW	38
39	BRW	13&14	100 FREE	BRW	40
41	BRW	15&Up	100 FREE	BRW	42
43	BRW	10&Under	100 IM	BRW	44
45	BRW	11&12	100 IM	BRW	46
47	NTS	10&Under	200 FREE Relay	NTS	48
49	NTS	11&Up	200 FREE Relay	NTS	50
51	5:48.20	OPEN	400 IM	5:48.90	52

\*Swimmers in the 400 IM must provide their own timers.

If Saturday or Sunday session timelines exceed four hours, the sessions may be split to accommodate more swimmers. Please check club website at [www.sloswimclub.org](http://www.sloswimclub.org) the week prior to the meet for final event order.

*Relays will be swum time-permitting to meet the “4-hour Rule”*

**SUNDAY, November 22 – 9:00 a.m. Warm-up, 10:00 a.m. Start**

GIRLS	TIME	AGE	EVENT	TIME	BOYS
53	BRW	10&Under	200 IM	BRW	54
55	BRW	11&12	200 IM	BRW	56
57	BRW	13&14	200 IM	BRW	58
59	BRW	15&Up	200 IM	BRW	60
61	BRW	8&Under	25 FREE	BRW	62
63	BRW	10&Under	50 FREE	BRW	64
65	BRW	11&12	50 FREE	BRW	66
67	BRW	13&14	50 FREE	BRW	68
69	BRW	15&Up	50 FREE	BRW	70
71	BRW	10&Under	100 BREAST	BRW	72
73	BRW	11&12	100 BREAST	BRW	74
75	BRW	13&14	100 BREAST	BRW	76
77	BRW	15&Up	100 BREAST	BRW	78
79	BRW	8&Under	25 FLY	BRW	80
81	BRW	10&Under	50 FLY	BRW	82
83	BRW	11&12	50 FLY	BRW	84
85	2:43.20	OPEN	200 FLY	2:47.40	86
87	BRW	10&Under	100 BACK	BRW	88
89	BRW	11&12	100 BACK	BRW	90
91	BRW	13&14	100 BACK	BRW	92
93	BRW	15&Up	100 BACK	BRW	94
95	NTS	10&Under	200 MEDLEY Relay	NTS	96
97	NTS	11&Up	200 MEDLEY Relay	NTS	98
99	6:24.60	OPEN	500 FREE	6:29.80	100

\*Swimmers in the 500 Free must provide their own timers and lap counters.

8 & Under swimmers may enter and swim either 8 & Under or 10 & Under events, but not any combination (this applies to all days of the meet).

Swimmers entering OPEN events must be at least 11 years old and meet the stated minimum time standard.

Swimmers are limited to five (5) individual events per day.



**Gobble..Gobble..GOBLER!!**

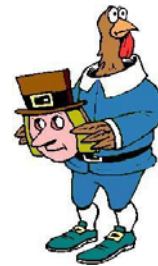
## Hotel Information:

Remember to reserve early... San Luis Obispo is a popular place to visit most times of the year.

The following hotels have helped accommodate our swimming visitors for past meets.  
(Please mention San Luis Obispo Swim Club).

**Quality Suites\***  
1631 Monterey St, SLO  
805-541-5001

**Mission Inn**  
601 James Way, Pismo Beach  
805-773-6020



\*Quality Suites "special discount rate" for the Gobbler: Preferred Rate of \$129 for a King Suite and \$139 for a Double Suite, just mention that you are coming for the San Luis Obispo Swim Club's Gobbler Swim Meet.

## San Luis Obispo Masters Short Course Yards Swim Meet Friday and Saturday, November 20-21, 2009

**Location:** Sinsheimer Pool, 900 Southwood Drive, San Luis Obispo, CA 93401. Outdoor 50 meter x 25 yard, 8-lane course with eight deep water lanes for competition and nine lanes for warm-up/warm-down. Two 6-lane courses with 4 warm-up/warm-down lanes may be used if needed due to a long timeline.

**Directions:** From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd. (4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road.

**Entries:** The pre-entry postmark deadline is Saturday, November 14th. Deck entries for the 1650 yd. Freestyle will close at 5:30 p.m. on Friday, November 21st; all other deck entries close at 2:00 p.m. on Saturday November 22nd. Age on November 22nd determines age group for the meet.

**Seeding:** All events will be deck seeded slowest to fastest by entered time, ages and sexes combined. Check-in is not required in order to be deck seeded, except swimmers must check in to swim the 1650 yd. Freestyle and the 500 yd. Freestyle.

**Relays:** All relays will be deck entered. Relay fees are \$2.00 per relay due upon entry. For each relay swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

**Awards:** Individual: Ribbons for places 1 to 3. Relay: Ribbons for first place.

**Entry Fees:** \$20.00 per swimmer flat fee if you enter by the postmark deadline of Nov14<sup>th</sup>. Deck entries allowed for a total of \$30.00.

### Checks payable to: SLOSC

Mail consolidated entry card, a copy of your USMS card, and check to:  
San Luis Obispo Gobbler Classic, P. O. Box 142, San Luis Obispo, CA 93406.

**Questions:** Meet Director, Philip Yoshida, (805) 543-9515 or [office@sloswimclub.org](mailto:office@sloswimclub.org). Meet info is also available at [www.smpa.net](http://www.smpa.net).

**This is a Short Course YARDS Meet! Adjust your entry times accordingly.**

### Friday, November 20, 2009

1650 warm-up following Age Group Meet 1650 starts no earlier than 6:00 p.m. and no earlier than 30 minutes after completion of Age Group meet.

1. 1650 yd. Freestyle (check-in required)

### Saturday, November 21, 2009

Warm-up following Age Group Meet  
Event #2 starts no earlier than 3:00 p.m. and no earlier than 30 minutes after completion of Age Group meet.

2. 100 yd. Butterfly
3. 200 yd. Freestyle
4. 100 yd. Breaststroke
5. 50 yd. Freestyle
6. 200 yd. Individual Medley
7. 200 yd. Mixed Freestyle Relay
8. 500 yd. Freestyle (check-in required)
9. 100 yd. Backstroke
10. 50 yd. Butterfly
11. 100 yd. Freestyle
12. 50 yd. Backstroke
13. 50 yd. Breaststroke
14. 100 yd. Individual Medley
15. 200 yd. Mixed Medley Relay