

**Presidents Day Sprint meet**  
**Hosted by OC Riptide Aquatics Swim Team**  
**February 16, 2019**  
**ENTRIES DUE: Wednesday, February 6, 2019**

Sanctioned by: USA Swimming & Southern California Swimming  
Warm-up: 7:30 a.m. (Sat)

Sanction No. S19-040  
Start of Meet: 9:00 a.m. (Sat)

**MAXIMUM 5 INDIVIDUAL AND 1 RELAY EVENT FOR THE MEET**  
**ENTRIES WILL LIMIT TO MEET THE 4 HOUR RULE.**

**POOL:** Westminster High School Pool 14325 Goldenwest St, Westminster, CA 92683

This competition course has been certified in accordance with 104.2.2(C), on file with USA Swimming.

**COURSE:** Outdoor 40 meter x 25 yard with 8 competition lanes and 6 warm up / cool down lanes. The meet will be run in 8 lanes. Water depth, start end 7 ft and turn end 7 ft. The competition course has been certified in accordance with 104.2.2(C).

**WARM-UP Procedures:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:30 – 8:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 30 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

**MEET REFEREE:** [kli0302@computerville.com](mailto:kli0302@computerville.com): Any questions regarding the conduct of the meet should be directed to the referee.

**RULES:** USA swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 6 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on 2/16/2019 to enter this meet. Timers are requested to be provided by each team. Events will be swum fastest to slowest. All coaches and officials on deck must complete the CDC or NFHS Concussion online course.

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence during the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech Suits" are prohibited at this competition. See SCS 'Tech Suit' Policy at [www.scs.org](http://www.scs.org).

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Free Weekend Meet Open to all athletes who hold 2019 USA Swimming Registration. Registration application must be received by **Wednesday February 2, 2019** by the meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by Meet Administration for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

**AWARDS:** INDIVIDUAL EVENTS RIBBONS 1st through 8<sup>th</sup>: RELAYS RIBBONS 1 st through 3<sup>rd</sup>. The following age groups will be awarded: 5, 6,7,8,9,10,11,12. Custom Swim Latex Swim Caps will be awarded to 1st place in all age groups.

**ENTRY FEES:** \$4.00 for each individual event along with a \$ 10.50 surcharge **per swimmer must accompany each individual entry card**. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$8.00 each, payable on entry. **Entry times will not be changed after the entry deadline.**

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, February 6, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).**

To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard.

**Receipt of entries will not be verified by phone or e-mail.**

**NO CERTIFIED, REGISTERED, COURIER, OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.**

Make Checks payable to Southern California Swimming

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

Email for team electronic entries only: [ocpswim@hotmail.com](mailto:ocpswim@hotmail.com)

MAIL AND WALKIN ENTRIES TO: Carol Peña 413 E 212 Th St Carson Ca 90745

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event**

# Presidents Day Sprint meet

February 16, 2019

Entries Due: Wednesday February 6, 2019

SANCTION NO: S19-040

Warm up: Saturday 7:30 am

Start: Saturday 9:00 am

Event		Saturday February 16, 2019			Event	
Girls		Age	Dist	Stroke		Boys
1		5	25	Freestyle		2
3		6	25	Freestyle		4
5		7	25	Freestyle		6
7		8	25	Freestyle		8
9		9	25	Freestyle		10
11		10	25	Freestyle		12
13		11	25	Freestyle		14
15		12	25	Freestyle		16
17		13	50	Freestyle		18
19		14	50	Freestyle		20
21		15	50	Freestyle		22
23		16	50	Freestyle		24
25		17	50	Freestyle		26
27		18	50	Freestyle		28
29		5	25	Backstroke		30
31		6	25	Backstroke		32
33		7	25	Backstroke		34
35		8	25	Backstroke		36
37		9	25	Backstroke		38
39		10	25	Backstroke		40
41		11	25	Backstroke		42
43		12	25	Backstroke		44
45		13	50	Backstroke		46
47		14	50	Backstroke		48
49		15	50	Backstroke		50
51		16	50	Backstroke		52
53		17	50	Backstroke		54
55		18	50	Backstroke		56
57		5	25	Breaststroke		58
59		6	25	Breaststroke		60
61		7	25	Breaststroke		62
63		8	25	Breaststroke		64
65		9	25	Breaststroke		66
67		10	25	Breaststroke		68
69		11	25	Breaststroke		70
71		12	25	Breaststroke		72
73		13	50	Breaststroke		74
75		14	50	Breaststroke		76
77		15	50	Breaststroke		78
79		16	50	Breaststroke		80
81		17	50	Breaststroke		82
83		18	50	Breaststroke		84

Event		Saturday February 16, 2019			Event	
Girls		Age	Dist	Stroke		Boys
85		5	25	Butterfly		86
87		6	25	Butterfly		88
89		7	25	Butterfly		90
91		8	25	Butterfly		92
93		9	25	Butterfly		94
95		10	25	Butterfly		96
97		11	25	Butterfly		98
99		12	25	Butterfly		100
101		13	50	Butterfly		102
103		14	50	Butterfly		104
105		15	50	Butterfly		106
107		16	50	Butterfly		108
109		17	50	Butterfly		110
111		18	50	Butterfly		112
113		5	100	IM		114
115		6	100	IM		116
117		7	100	IM		118
119		8	100	IM		120
121		9	100	IM		122
123		10	100	IM		124
125		11	100	IM		126
127		12	100	IM		128
129		13	100	IM		130
131		14	100	IM		132
133		15	100	IM		134
135		16	100	IM		136
137		17	100	IM		138
139		18	100	IM		140
141		5-6	100	Mixed Freestyle Relay		
142		7-8	100	Mixed Freestyle Relay		
143		9-10	100	Mixed Freestyle Relay		
144		11-12	100	Mixed Freestyle Relay		
145		13-14	100	Mixed Freestyle Relay		
146		15-18	100	Mixed Freestyle Relay		

AGE GROUPS ARE:5,6,7,8,9,10,11,12,13,14,15,16,17,18.

All events will swim fastest to slowest

TEAMS MAY ENTRY ONE RELAY TEAM IN EACH RELAY EVENT

Legal "mixed" 100 free relay will consist of 2 boys and 2 girls.