



ARENA July “Last Chance” Invitational July 12 – 13 - 14, 2019

**OUTSIDE TEAMS MAY NOT ENTER OR SET-UP ON THE POOL DECK PRIOR TO 3:30PM FRIDAY
SATURDAY/SUNDAY POOL DECK OPENS AT 7:30AM. All entry through the main entrance.**

Sanctioned by: Southern California Swimming
Sponsored By: SMSC & Southern California Swimming
Date of Meet: July 12 – 13 – 14, 2019
Warm-up: Fri 4:00PM; Sat/Sun 7:45AM

Sanction No. S19-230
Received by deadline: 5:00 pm, W 7/3/19
Start of Meet: Fri 5:00PM; Sat/Sun 9:00AM

POOL: 516 S. McClelland St, Santa Maria, CA 93454

DIRECTIONS: 101 North or South, Take Main Street Exit. Go West on Main St. Left on Miller. Right on Cook. Left on McClelland. Parking in the youth center lot or on street or parking garage. Do not park at the DMV.

COURSE: Outdoor 50m by 25y with 8 competition lanes and 4 25-y warmdown lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 9ft, turn end 4ft.

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 8:00 – 8:50 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 10 minutes before the start of each session. All swimmers must use 3- point, slide in entries into the pool during warm up, no jumping or diving.

MEET REFEREE: ERNIE PETERSEN will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee at ErnieP@kcienv.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the “4 Hour” rule. **SWIMMERS MUST CHECK IN** with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, **SWIMMERS MAY NOT CHECK IN OR SCRATCH.** Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. **Swimmers must be at least 6 years old on 7/12/19 to enter this meet.** Timers are requested to be provided by each team. Swimmers competing in the 1500 & 800 Freestyle are requested to furnish their own timers for three heats and lap counters. **Events will be swum fastest to slowest. Swimmer may swim a maximum of 5 events per day.** All coaches and officials on deck must complete the CDC or NFHS Concussion course.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Outside of LSC; Pacific & Coastal Committee athletes who hold 2019 USA Swimming Registration. Registration application must be received by the meet entry deadline by meet processor, administrative referee, or SCS Office. Late application will be

considered "ondeck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. **Out of LSC ENTRIES ARE WELCOME!** Please submit a copy of registration with entry. ***As of June 23, 2019, all athletes 18 years and older must complete the online ATHLETE PROTECTION TRAINING course, to be able to compete. Athletes must complete the course within 30 days of their 18th birthdate.***

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a Club Transfer form to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the best recorded times short course or long course from this or the preceding swim season (NO WORK OUT TIMES). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times.

AWARDS: *Single division. 1st through 8th place ribbons. 8-under, 9-10, 11-12.*

ENTRY FEES: **\$4.50** for each individual event along with a **\$10.50 surcharge per swimmer** must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN **5 PM, WEDNESDAY, 7/3/19**. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO: Madison Cho, 23622 Shadylane Place, Valencia, CA 91354

Email for team electronic entries only: madisonmcho@gmail.com

Questions: SCS Office (800) 824-6206 - santamariaswim@gmail.com

Friday, June 12, 2019 5:00PM

GIRLS	MIN TIME	AGE	EVENT	MIN TIME	BOYS
1	BRW	6 - 10	200 M FREE	BRW	2
3	BRW	11 - 12	400 M FREE	BRW	3
4	BRW	11 & UP	1500 M FREE	BRW	4

Swimmers in the 1500m Freestyle are requested to provide their own timers and lap counters.

The 400 Free will run Fastest to Slowest and be seeded Boys/Girls together.

The 1500 M Free will run Fastest to Slowest and be seeded Boys/Girls together.

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Saturday, July 13, 2019 9:00AM

GIRLS	MIN TIME	AGE	EVENT	MIN TIME	BOYS
5	BRW	13 & UP	100 M Free	BRW	6
7	BRW	11 – 12	100 M Free	BRW	8
9	BRW	6 - 10	100 M Free	BRW	10
11	BRW	13 & Up	100 M Breast	BRW	12
13	BRW	11 – 12	50 M Breast	BRW	14
15	BRW	6 - 10	50 M Breast	BRW	16
17	BRW	13 & Up	200 M Back	BRW	18
19	BRW	11 - 12	100 M Back	BRW	20
21	BRW	6 - 10	100 M Back	BRW	22
23	BRW	13 & UP	100 M Fly	BRW	24
25	BRW	11 – 12	50 M Fly	BRW	26
27	BRW	6 - 10	50 M Fly	BRW	28
29	BRW	13 & Up	200 M Free	BRW	30
31	BRW	11 – 12	200 M Free	BRW	32
33	BRW	13 & Up	400 I.M.	BRW	33
33	BRW	11 - 12	400 I.M.	BRW	33
34	BRW	13 & Up	800 M Free	BRW	34
34	BRW	11 - 12	800 M Free	BRW	34

The 400 IM & 800 Free will run fastest to slowest and be seeded boys & girls together.

Sunday, July 14, 2019 9:00AM

GIRLS	MIN TIME	AGE	EVENT	MIN TIME	BOYS
35	BRW	13 & UP	200 M I.M.	BRW	36
37	BRW	11 – 12	200 M I.M.	BRW	38
39	BRW	6 - 10	200 M I.M.	BRW	40
41	BRW	13 & Up	100 M Back	BRW	42
43	BRW	11 – 12	50 M Back	BRW	44
45	BRW	6 - 10	50 M Back	BRW	46
47	BRW	13 & Up	200 M Breast	BRW	48
49	BRW	11 - 12	100 M Breast	BRW	50
51	BRW	6 - 10	100 M Breast	BRW	52
53	BRW	13 & UP	50 M Free	BRW	54
55	BRW	11 – 12	50 M Free	BRW	56
57	BRW	6 - 10	50 M Free	BRW	58
59	BRW	13 & Up	200 M Fly	BRW	60
61	BRW	11 – 12	100 M Fly	BRW	62
63	BRW	6 - 10	100 M Fly	BRW	64
65	BRW	13 & Up	400 M Free	BRW	65

ENTRIES WILL BE LIMITED TO MEET THE 4-HOUR RULE

SWIMMERS ARE LIMITED TO 5 EVENTS PER DAY

The 400 Free will run fastest to slowest and be seeded boys & girls together.